

ATLANTIS

An Introduction to its Life and Legacy

A series by Lohanna

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The preparation begins with an introduction to Lohanna

February 20, 1998 A

JANU: As we examine this inquiry of yours into the Atlantean experience, let us assume for the moment that this exploration would bring a profound understanding in some areas of human potential and the tapestry of life as it has and is developing on your world. The Atlantean epoch is a window into a major portion of this tapestry. It embodies and imbued life with the quest for knowledge, ownership of technology, science, and philosophy, and an integrated respect for and embrace of the unseen, the larger life if you will.

Now then, let us journey through this window into this rich tapestry of human--and yes, we do say human--experience. Now, human must be understood as a range of manifested existence. Somewhat larger than your current experience. For, although you draw on the heritage of these variations, you do not exhibit them in your current form completely.

We have sought after and requested an ambassador, if you will, to guide us on these journeys of exploration. One has been summoned and communicated with and negotiations are taking place for agreement. We suggest your commitment to and vision of a protracted series of explorations to render this series of journeys far more fruitful than the superficial explorations that have taken place. For we will proceed to the very heart and soul of this epoch, realized through these people. We do have a name for you, for connection with liaison, a representative of the Atlantean culture. His name is Lohanna. Lohanna has background as priest, councilman, parent, community leader, and dabbled in science of the times.

JR: Welcome, Lohanna, my brother. I look forward to many journeys of understanding.

LOHANNA: Thank you, my brother. We will proceed in due fashion, upon proper preparation and foundation for this journey. Returning you back now to your brother Janu.

JANU: Understand this, dear one. This one with whom we speak and make such arrangement re-visits this experience, from his perspective, as if it were re-occurring. This will be the intimacy of clarity and understanding. This is no casual foray and this one has agreed to that needed to make this possible. And deserves our respect and gratitude. It is incumbent on us to follow suit.

(From here on, the greetings and closings between Janu, Lohanna, and myself will be deleted, for the sake of brevity, unless there is pertinent information involved.)

An overview of Atlantis

February 23, 1998 A

LOHANNA: Yes, good morning, my brother. I am Lohanna, servant to this understanding of the truth of a culture some describe as long past, although the truth of this, dear one, is that the culture continues in many ways. I being one example of this and the remnants and continuation of these remnants that exist around your world today. For, understand this, dear one, the culture of Atlantis, the scientific awareness, included much of your world on a global basis. Explorations into realities beyond the Earth were undertaken and fairly well established.

The education of the children and the populace at large was largely in the hands of this class you call "priest." They were the teachers and the disseminators or distributors of the traditions as well as new understandings. I was one of these for a time. I would move in and out of this role as my interests demanded, moving then into science for a while. But every endeavor was to broaden the base of my understanding and serve to expand my qualifications in the priest-teacher role. The priests were highly respected and honored in this culture. There was a camaraderie among them and long standing traditions of excellence as well as schools of thought. The classroom or teaching setting would vary. Many were not indoors and some were. The teaching environment varied, depending upon the subject.

You ask about the mechanisms of procreation and continuation of the race. This was accomplished in large measure by what you call ordinary means. However, there were excursions into experimentation with alternate methods. And yes, we did have contact with life forms from off the Earth, other worlds if you will. But this did not dominate our evolution and our advancement in science and understanding.

These crystals or power stones of your world-wide interest today had their origin in attempts at construction of devices in the direction of their capabilities; however, our contacts from other worlds saw fit to enhance our efforts with these off-world contributions to our society. They were intended, as described before by another of your communications, to be used for and enhance communication between worlds and communication globally for your own. They did serve, to some degree, to stabilize the geophysical conditions during the Atlantean period and, because of their ability to do this, through direction from intent and proper application and orientation, they also had the potential to be misused, for they could disturb the balances as well. And the people of Atlantis with responsibility for their application were warned of this.

We will present more on this subject of these artifacts at appropriate moments in the discussions to follow. As they apply, you see.

Now then, let us examine the philosophies of the different factions and collectively of the people of Atlantis. The cultural philosophy centered primarily on--and realize that we are talking about an evolution in philosophy over many thousands of years and changes in the society--but essentially centered on exploring and inhabiting the entire Earth and mastering the revelations of their science and, ultimately entertained by some, the evolution into enhanced life form.

There was a large agrarian contingent. You must understand that vast areas of the land mass of Atlantis would not support agriculture. This land mass had rigorous mountainous regions and much desert-like dry areas. There were plateaus of significance that provided opportunity for communities and agriculture.

Though understand this, there were many varied interests across the entire population and they varied greatly over the millennia of the development of these populations. There were those who focused largely on developing the off-world contacts, seeing these as opportunity to leap into great advances in technology. There were those who opposed this, seeing it as potentially dangerous and bypassing the necessary stages of evolution for good foundation building and a history of experience and wisdom. It might have appeared to some in your day as being a confusion of interests and social development. The priests, for the most part, understood and embellished upon, when possible, the philosophy of consciousness. But many times this was considered intangible and less practical than the more concrete pursuits.

The living conditions for many were sparse but there were the large population centers with ornate and complex structures and were power centers for the leaders and governors of the major elements of life at that time. The origins of the races involved were varied. Some indigenous, others experiments in population development. The rumblings through the land continued for so long, leading up to what you would call Earth changes, that they became an accepted norm and did not bring fear to the masses as you might have expected. Each community, each strata of population or society, valued and honored their culture and its many forms of expression. Life was fairly calm for long periods of time and, yes, there were warring factions, dissatisfied with certain policies.

What we are accomplishing during this presentation is an overview of the reality of Atlantis. And, yes, we will examine in detail many of the elements of the world at that time. We will remember my family, my contacts in that society and relationships, the motivations and attitudes of its leaders in many disciplines, its sciences, its healing arts, its literature, its travels, and more. What we have accomplished today is an ease of communication and flow of understanding and building a naturalness in our connection.

The politics and the government of Atlantis

March 11, 1998 A

LOHANNA: We continue once more in this journey of exploration of my homeland at a time of its, shall we say, greatness, its prominence in the world, in influence, culture and understanding. We will examine today its political structure, if you will, its government, its leadership, its hierarchy for governing, and its impact on the governed and the direction of its society. These leaders and this political structure were consummated in the earliest times of this cultural development. Born of, according to its records, the tribes, small clusters of people, living on the outskirts of its land mass near its borders, out of necessity for achieving or solving certain challenges to their survival.

Now then, understand this, dear one, as our brother calls you, these beginnings of political structure, of governing and leadership, were seeded in the scatterings of population by those who came at our early times and infiltrated unbeknownst to those indigenous to the land. The culture and politics of Atlantis, for the most part, evolved on its own, by the efforts of the people. However, the impression to begin in certain ways, with certain principles, was seeded into their understanding. This seeding came from those known as "the Blue Ones," or the Nomes, from the direction of Alpha Centauri. This was not understood in the culture until sometime later, not by memory or record but by communication when the society had advanced sufficiently to accept this truth. These Blue Ones had a cast of this color in their appearance, blue with a bit of a gray tone. And, no, they were not the Grays you speak of today. These beings were quite tall, 10 to 12 feet in stature. And in their natural state, appeared somewhat etheric, had a bit of a glow to them. But they did not show themselves in this way at that early time.

The impressions were given what you would call telepathically to the members of those tribes. The understanding seeming to be of their own origin within the people. These tribes first organized among themselves with community leaders being selected by the strength of their influence or accumulations for survival. Eventually, the skills at resolving challenges for others became an honored tradition for leader selection. That which brought these tribes to discover each other and cooperate more rapidly than you might expect was the practical reality that most areas of their existence, geographically, did not support self-sufficiency all that well. So the need for journeying across the lands for resources, bringing

the contact, you see. And yes, you are correct. The environment was, for the most part, hot and humid, quite oppressive to your standards of your day.

Now then, much time elapsed for the development of commerce, building those infrastructures for survival. There was, at one time, a great deluge and many perished. This was a setback, in some ways, for the advancement of the culture and, in others, reshaped the perception of the purpose for advancement, you see. But the political movement remained. Eventually those who gained a broader measure of influence, or power, saw fit to build centers for accumulating and distributing their influence. In the earlier times, the network was not centralized for governing large areas, but accomplished through what they termed "runners."

Atlantis, understand, dear one, was a combination of cultures and political factions. One would dominate for a period of time and then the emphasis would switch to another, as the needs of the population changed but the current focus for governing did not. Some of the priest class moved their loyalties with the political wind and others attempted to unify and bring stability, for they understood that the constant redirection of authority consumed much of the resources that were the support of the populace. The struggle, ages long struggle, between personal gain and collective power existed then as well. Atlantis laid the groundwork for the future of human consciousness to realize the great heights to be achieved through these character building, diverse struggles and, ultimately, settling into unified cooperation.

And yes, Atlantis experienced its class struggles as well. They had a strong servant class, strong in the sense of numbers. There were those within that class that made a name for themselves but could never fully penetrate the barriers. The one group that succeeded to some degree in transcending these social strata was the priest, even though they had their own strata to deal with.

These factions in government, in politics and power, delayed in large measure the opportunity for cultural advancement through cooperation with off-world cultures. The opportunities were presented from time to time but the factions in the politics of Atlantis in many ways could not agree upon how the engagement should play out in their culture. You face the same opportunities in your day, dear one, as a species. The rulers of Atlantis, in many ways, resembled your kings and queens.

Atlantis had many bright and shining moments and achievements to garner respect from those who lived it and those who observed it. And many struggles and upheavals and reversals. Much of the respect for it is due to the fact that it survived and achieved so much in understanding and the overcoming of challenges. Atlanteans were proud of their culture, and their history, and their traditions, and, yes, their leaders. Although an isolated nation at first, it grew in its concern for the reality of that that was the Earth at that time.

The demise, if you want to put it that way, has a singular reality, had several purposes. One, to spread its culture throughout the world in such a way as to allow these influences, these understandings to develop in new ways through the influences of the cultures they seeded, if you will, free of the patterns of the original Atlantis that would hold them in a direction of development more limited, you see. Loss of the continent ended a fertile pattern for evolution that had served its purpose and now the truth of Atlantis could become a world-wide reality once the dominance of its physical center was no more.

So you see, dear one, it seeded the world, as it had been seeded. Its development was not to be the focus as if it was without end. Its greatness had a grander opportunity for

servicing life in this way. And the seeding will continue in ways yet to be realized in times to come. The political leaders, the politics of Atlantis, never really understood this process, although they had glimmerings of the changes and the purpose for them. The priests who knew also understood the process would go on whether the leaders understood it or not. And they reconciled to this and they played a large role in the departure of the wisdom of Atlantis to seed the rest of the world. This was accomplished in part by many journeys by them to remote locations, some that would remain what you call Atlantis and others that never were. And they would search for fertile opportunity in the minds of a few to understand new ways. so, you see, they had planned Atlantis's survival, even though most of the land did not. And in this way, many worlds perpetuate that they've gained, among each other.

We will discuss these things in detail at another time. Thank you for your attention this morning, my brother. I am Lohanna, reminiscing with much joy as to my past and my beloved Atlantis. Thank you for joining me on this journey.

Relaxation and recreation in Atlantis

March 31, 1998 A

LOHANNA: I am Lohanna speaking once more, to begin this third examination into that which was, and for me still is, my beloved homeland. Atlantis, in those days of my reckoning and experience, was a land beset with many challenges and, yes, these are opportunities. But a challenge nonetheless does press you for response. This pressure to engage life, and overcome or succeed, was met with for purpose of balance and rejuvenation. The art and arts of relaxation, recuperation, the relaxing of tensions, of conflict, and the finding of common ground for goodwill, if even only briefly in some cases.

Our forms of relaxation were in theater of our particular flavor, were in athletics, which did not originate as a national sport in Greece as some may assume. We refer to here your Olympics. We had ours as well. Our recreation also included journeys of the mind, of the spirit, of consciousness, in conducive settings designed for such. Some in the out of doors and some not. There were journeys to the mountaintops for the sense of openness and freedom. And there were arduous journeys of physical effort in the remote regions, returning one's focus and attention to simple survival and physical endurance. Believe it or not, these were rejuvenating and relaxing diversions for many.

The inland bodies of water and the seas had there fascination as well. Underwater excursions were not in the form of your personal underwater technology but in the form of underwater craft. The propulsion of these craft was not through the redistribution of water but through changes in buoyancy and manipulation and concentration of fields of energy. We had large maritime universities or colleges, rich with tradition and training opportunity for those who chose these endeavors. One such center was located in the northeastern region at the tip of a rather large inlet and had its underwater component as well as that above land. Much practical research took place here and it was called, converted to your vocabulary, something in the order of "the center for the study of the seas" only we had one word that had this meaning, and it was "A-laureena," two sounds here <short a>.

Now, moving on with our focus for today, the art of constructive diversion. There were many celebrations regionally and in smaller areas that consisted of dance, symbolic art, and costume, and the storytellers of the ancient traditions. And yes, we had our seers as well, that would paint through words and through play their vision of the future of the world as seen by the will of Atlantis. Many of these portrayals have yet to manifest in the world, but many found their truth. Storytelling was a refined and respected art, and watched closely by

the leaders of the day, for they had their storytellers too. And the culture of the people included much humor as to the different view portrayed by those so-called freelance storytellers and those with official sanction. Not always in agreement, you see. These festivities were months in the planning and preparation and brought communities together. There were attempts at these celebrations uniting class differences but there was much controversy and difference of opinion in this area, for each had their tradition, their history, and would dominate their individual forms of these celebrations.

The excursions of the mind and of consciousness became, although not recognized at first as such, a significant resource for the creative genius that was Atlantis. Eventually, there were those who sought out results of these excursions that gained the attention of those who understood their potential. These excursions were not limited to one age segment of the population but ran from the very young to the very old. There became, in time, a certain universal respect garnered by those who achieved a certain consistency in these journeys, and they became respected and, in some ways, untouchables. Towards the latter days of the Atlantean epoch, these became a political force as well. But the leaders really didn't have a game plan, if you will, for engaging this growing segment and their influence.

Atlantis was on the verge of a new frontier, a frontier that may have seemed premature by some when compared to its cultural philosophy and structure. But this legacy will play out again in your world, in time, as an opportunity for collective understanding and cooperation and common vision through humanity. So the range of diversionary interest and play went from those who labored and sought recuperation of gaiety to those who recreated in consciousness and saw a vision for the future. Is there not a parallel in your day?

We will leave it at this, at this time, and find it interesting to observe how one thing can lead to another. Remembering with interest and fond memories and the hopes and dreams of a great people.

JANU: Yes, my brother, I am Janu speaking once more. And, as you can see, there is much to learn of the depth of this civilization, for the plan for your world and its evolution did not begin with your current culture and can be seen through many from the distant past. Let us walk this way again and see what we shall see. Namaste, our brother.

The culture of etiquette in Atlantis

April 6, 1998 A

LOHANNA: We would recount this morning, for this series of revelations or historical accounts, that aspect of that time and world we would describe as the culture of etiquette. And, yes, there was protocol and etiquette widespread through the land and the people. The protocols of life included a formality of acknowledgement, one person to another, not only of office or station in society but of their Atlantean history or tradition. The protocol included what you might call a handshake but included both hands and appear as the grasping of each other's forearms, with the acknowledgement of that known of the individual, whether it be station, or office, individual name, or at a minimum an honoring of national origin. Greetings between men and women were more in the nature of a compliment acknowledging some attribute, stature or achievement. Physical contact during greeting varied somewhat from a brief touch of the hand to an embrace. Those of the more powerful and authoritative positions were never touched in this way. They did privately but not in public, you see, this setting example. Children on the other hand were always embraced affectionately, without that much regard to class distinction.

The family unit was strong and placed high regard and value on the potential within a child, with much intensity on nurturing potential and being alert for it. This gave the children a growing sense of purpose and value, self-worth. Senses for learning were always in the mind and conversation of the people on the affinity of an individual for a specialty guided their opportunity. So there was a protocol of respect in this area.

In the protocol of government, the prevailing attitude never dominated as one of "the people could be taken advantage of recklessly, without consequence." This does not mean there were not those who had ambitions that bypassed this theme. Atlantis maintained its prominence in the world because these internal protocols and etiquettes found favor with other people, although there was some intrigue known abroad of some factions with hidden agendas, seen as reckless and power hungry.

The institution of learning and achievement was for the most part held in high esteem. Atlantis experimented for a time with guaranteeing all free access to higher learning; however, fluctuations in economy and resources eventually interfered with this, so it became the opportunity for those with special gifts and those who could find sponsorship.

Because of the general climate, the protocols and etiquette of dress were somewhat relaxed, according to your current standards of etiquette. The human form and sexuality were integrated more openly with less frustration and the forcing of oneself upon another. Exposure of the body was not seen as invitation to abuse. But the tradition of sports and athletics, health and well-being contributed to a certain amount of pride in appearance, which found common display in the dress of the time. Children were less inhibited by society and occasional nudity, although were encouraged to proper attire in public.

The etiquettes of dining and celebration with food and drink included community feasting, contribution by those attending, and occasional hostings by those in position to do so. These descriptions are an Atlantis of my time. Twas not always thus, for Atlantis went through many changes. But I speak of what I know and lived. Most feasting and communal sharing of food was outdoors, for the climate dictated the architecture and there was not the concealing against the elements and nature of your current structures. There was much attention to celebration of the productivity agriculturally of individuals and groups, the quality of their table. Much pride in this area and honoring of each other for the contribution to the feast. And, yes, there were contests, with elements of reward for achievement.

Romance among the young had its protocols and etiquette as well and there were family traditions of coupling and carrying on the family name. For two to couple from different families required the establishment of protocols and etiquettes of learning of and acknowledging the traditions of each family, by the families, and establishing some links of cooperation and cultural exchange. There were emissaries sent forth from each group to begin the process of establishing these links and eventual bonds where none existed before the process of young coupling. Therefore each tribe or grouping of people held in high esteem, and safe guarded, the development of their traditions of social structure, integrity, and security.

Now, understand, there were those groupings not steeped in such tradition and formality. But ultimately, as they evolved and gained some strength and stature, they chose to emulate these traditions to gain stature and connection and links to gain stature in national society at large. Atlantis was a complex land of various traditions and the comings and goings of the elements of life. Its history and traditions have a duration far exceeding what you are used to in your time. It took quite some time for their to become a sense of national

unity and identification and that was challenged severely from time to time. The brutality and abuses that cropped up here and there were eventually subdued and reminded people to hang on to their traditions of cooperation and mutual support at times where they had taken life for granted in its ease and peace, for they enjoyed their etiquette and protocols and eventually resented brutalities and abuses that rendered them unacceptable.

Generally speaking, Atlanteans were a proud and noble people, varied culture with long history of evolution and changes. The sciences and technologies, advancements in different areas will be addressed in future explorations. The theme of today's discourse to demonstrate a sense of their love for a gentleness being a part of their relationship with each other. Warring factions, the struggles for power, the technical dominances, all of these troubling times eventually gave way to what we have described. And, yes, we will address the end times as well. For now, let us see an Atlantis with sophisticated and well developed culture of etiquette and protocol that it cherished.

Physical appearance and attire in Atlantis

May 25, 1998 A

LOHANNA: I am Lohanna speaking once more from the vantage point of my direct experience with this country and culture you call Atlantis. May we continue our journeying in this way, familiarizing you with what existed at that time in the area of appearance physically and attire or dress, varying of course with lifestyle and function.

We had what we call the hill people at that time, existing with more, as you would put it, yardage, more covering due to elevated climate and for some more natural living. By this I mean less of the artificial dwelling and environment, isolating one from surroundings. The hill people would migrate to the more populated areas from time to time for supplies and, for some, sharing with friends. But they preferred the mountains, you see. Their life was more stoic and spent more in the quiet. There were elevated concentrations of society and technology for the distinct advantage of elevation serving broadcasting of energies and freedom from geologic obstruction. The appearance of these people physically was with dark rather thick hair, some with fine features and others with large brow and protrusions above the eye socket. Stature was somewhat short by your standards but remember that the genetics of these people varied from other locations or tribes not only by time and evolution but by the infusion of other off-world cultures or species, non-terrestrial we would say, and some influence from abroad.

Those not dwelling in the elevated areas were more, in appearance, those represented by ancient Egyptian art and descriptions, being much taller than the hill people, although not always. There was some experimentation with aquatic modification for exploration of undersea development. These experiments in alteration were not designed solely from observation of underwater lifeforms on your world, or the Earth we would say, but more successful colonies of this nature from other worlds. The dress or apparel of the lowlanders was light and airy and draped loosely for comfort but more formfitting attire was used for the professions.

As concerns so many of your researchers, the evidence of this culture in your world today lies mostly in influences in distant and not so distant lands in the many disciplines of society. The Egyptians shared some features physically but not all. The greater population centers away from Atlantis did not stretch as far north from the equator as does in your time. These were the remote areas and were much colder. The economic wealth and resources of

Atlantis lay in the more southern regions and of course the cultural developments there best suited similarly positioned--transferred more easily to locations of similar climate.

Not everyone in Atlantis knew of the many different experimentations in physiology, cross-species development. Some were disturbingly different in result, keeping them more isolated from the mainstream. Some were giants in stature, in intelligence, and in longevity, and with these the attire was the height of simplicity and efficiency. They developed independently, for the most part, their technology, their material resources, and product development. Some of their output was used to further research and development in less advanced areas of Atlantis. These were called the "Naree" and for many were legend and myth and eventually left the planet and did not return. They were in existence in the world for seven hundred plus years and accomplished much. I myself met them once and was amazed and it changed my outlook in many ways, but added to my appreciation of the diversity of tradition and legacy of Atlantis. And I did not speak of these, as was agreed.

I myself lived eighty three years during the sojourn of experience being described. I succumbed early due to an untimely introduction of a retardant used to limit the onset of aging, that proved ineffective. But I had no regrets, for my lives in Atlantis were rich and they were many.

There were some cultures in the world that our appearance allowed us to mingle with freely and unnoticed, and Egypt was one of them. But we had to dress the part and make some changes in appearance and learn their language and learn their cultural norms or patterns very well. It is true, we had craft that could fly and they did not. And we had established hidden storage areas in their country. At least one has been referred to in your speculations and still exists. Not only will you find craft there, but that needed to service them and records of our travels.

We as a culture changed our face many times through the thousands of years. We moved from technology separate from daily living to technology integrated with the daily life patterns of the people. There were Atlanteans who had well groomed, tightly laid back hair, straight, black and shined. They were those typically six to seven feet tall and slender and sun darkened skin. They were Eolina (pronounced e-o-leena). They were reluctant conversationalists but were philosophers, artists, and were of refined consciousness but undemonstrative socially.

Children, on the other hand, in the various cultures and traditions, were in their way the ones who pioneered change and brought these cultures more into cooperation. Some had the wisdom, in those times, to realize that their children were beings bringing brighter enlightenment and new perspectives to old traditions and looked for ways to honor them. This can be an ongoing and dynamic path of natural evolution for any society so attuned. So they become the vehicles for solution rather than conflict and confrontation and misunderstanding. They are responsive to the desire of the elders to value and incorporate their new views. These changes were of such rapidity and diversity, due to this arrangement, that there were national archives of society's tradition that they not be lost to memory.

The Legacy of Atlantis

July 23, 1998 A

JANU: I am Janu speaking, having conveyed your request on this series of investigations presented by Master Lohanna, of the Third Hierarchical Group of Ancient Records. Ancient being a relative term, you understand, but the history of life nonetheless, for your world. Master Lohanna would speak with you directly this morning, stepping up a notch, so to speak, the depth and specificity of these journeys.

LOHANNA: What we will proceed with at this time is more light from Atlantis of a somewhat more intense composition, dealing with its overall purpose and legacy as a composite reality in the history of life on your world.

The sum and substance of Atlantis was a legacy of beginning experimentation with the understanding and implementation of technology through science and intuition, as well as their integration into a reasonable and successful, in the sense of ongoingness, culture. Many of the experiments were left behind, by design, dear one, for they developed into non-supportive paths of exploration. They would spiral away from desired outcome. The legacies that continued were art, to a degree, in the sense of understanding expressed through this form; technically oriented consciousness patterns in subsequent races, progeny if you will, with memory and technical recall. Those not limited to the perceptions and awareness of your dimension have a continuous interest and involvement in these progressions.

Your current culture or society, meaning the more northern industrialized centers of civilization, are venturing into, in the near future and to some degree at this time, the legacy of Atlantis achieved in the last twenty percent of its life cycle. You will, of course, have opportunity to extend the reach of this legacy, and that being the science of consciousness as a precise life form. What awaits you in the not too distant future will require this kind of preparation. So, you see, Atlantis still serves with race memory and pattern and the overseen design or intent for the evolution of the relationship between incarnate host and incarnate being.

There were those in Atlantis who had a vision through inner connection of the possibilities for the journey of spirit through incarnate life enriching the larger life. Those seed thoughts exist today in the hearts and minds of a few in your world. So understand, that as we visit Atlantis and its history on the one hand, this leads to visiting Atlantis as an ongoing influence and contributor to the movement of understanding for humanity. This moves beyond the domain of information for the curious into the domain of guidance and understanding for those who choose to be more directly involved in serving life. And as you may infer, Atlantis was a continuation of previous opportunities and legacies of other times. The thread of life is unbroken.

This presentation this morning has the purpose of expanding the scope of this enquiry and its meaning. Let us journey further with these opportunities from this new perspective. Thank you, our brother. I am Master Lohanna, of the Third Hierarchical Group of Ancient Understandings.

AVURA as Commissioner Barta speaks on Atlantis: a work in progress August 4, 1998 A

JANU: Understand that Master Lohanna draws upon a contingent of those with expertise and authority in this area of exploration. He will, in the future, be sending to this attunement series a number of those of his association that can contribute mightily. Even though they

bring their unique perspectives, they are in harmony with the intent of Master Lohanna's connection with this series of understandings. Today is one such opportunity, as we have just described.

The one who addresses you this morning was a bureaucrat of high order in governmental politics at that time. "At that time" meaning his particular sojourn on Atlantis. His name is, by conversion into your understanding, Commissioner Barta. He was Prefect for a province in the southern sector known as Honaland. He was rather stout in nature, physical appearance, partially bald, abrupt in nature and a penchant for quick decision making, not always well thought out or considerate of the opinions of others. Commissioner Barta's rule of office lasted more than seventy years in your time. He was adept at political survival and was keenly aware of the political pulse under his authority or domain. His reputation with his superiors was one with respect but caution, because of his reputation for his techniques of survival.

COMMISSIONER BARTA (AVURA): Yes, greetings this morning, our brother and friend of one well known to us, the beloved Janu. Much to be known of this great one.

Now then, as to the matter at hand. The reality that was, and still remains, the life and culture of Atlantis in your world. It certainly was another time to experience and to exist in. There are elements scattered around your world that resemble somewhat the collective of the diversity of Atlantis, but no one location embodying all. My particular involvement at that time was for me a time of, by comparison to others, intensity, rapid and full and diverse experience, with a sense of little time wasting for diversions that seemed pointless to me at the time. This was my perspective of my reality, not shared by others, you see. For I had visions for development and for the future for the lives of those whom I served and led.

My vision and my dedication and commitment to government did not allow much for wool-gathering and endless--seemingly endless--circular journeys. I had strong convictions in the area of agriculture, science, comprehensive understanding of philosophy and art. I intended for the development of the structures of civilization and organized society to perpetuate the decision and had much impatience with the outcome. This, I believe, is common in those who are filled with visions of possibilities for future development. They have the impatience that comes with this, for they see little value in avoiding it, or delaying it. Clearly, one of my opportunities for personal growth was to learn balance that accommodates the needs of those served who do not share the energy and the clarity of such visions. The political leaders whose authority I served understood my visions and my energy and continued me in office, for they valued these but realized, in skillful manner, they must control their development. Most of the people or subjects whom I served never fully understood this. Some of that urgency of fulfillment of vision is still with me at this time.

Although I was not aware of it at that time, there were others throughout the history of Atlantis, in various locations, who were driven in this way. For Atlantis was a shaping-time, by the designers and the fulfillers of life and those designs. There were many experiments in scientific and cultural development to bear fruit at much later times, not on Atlantis, you see. I am known in my current position by the name of Avura, will suffice. And you see the legacy of Atlantis remains with me as well, as it does with many who experienced that time of upheaval of ideas and of possibilities, attempting to find their way into the tapestry of life.

We have counsels in our current reality who review, from time to time, their participations in this period of Earth's history, for many of the lessons, many of the

experiments which met with some successes, are part of the formulation of new adventures. Atlantis was, and is, a watermark in Earth's history and reached a pinnacle of activity that incorporated experimentation from many sources, not necessarily of your world. And yes, there are some experiments not yet to be completed, for those with their visions and their commitments are waiting for the opportunity.

I came from humble beginnings in Atlantis during that time, but my visions and energy and commitment propelled me into certain authority, that they might come true. For many in your world, Atlantis is a thing of the past. For many of us still, it is a work in progress. And, I suppose, this is the message I would suggest for this beginning sharing time.

Atlantis as an ongoing reality

October 13, 1998 A

LOHANNA: Atlantis was born, so to speak, to thrust human consciousness into the technology and science of the third dimension. Not separate from the science of the larger life, but to develop the third dimensional counterpart. And Atlantis accomplished this in large measure. Yet the accomplishments still exist that need completion. Needless to say, there were many variations on this theme, as there usually are during experimentations. What comes out of this collectively, dear one, is a body of human consciousness that pursues this thrust still, to your day, and will now merge it more completely with the larger life, finding completeness in that way. Atlantis has summoned the finest minds, many visionaries and many who have achieved that which lies beyond what Atlantis has achieved thus far, therefore the need for continuation. What we are suggesting here is an understanding of the oversight of the initiators, the holders of the pattern for Atlantis and its potential.

You have acquainted yourself this very morning in the area of the many levels of rapid, so to speak, changes visiting your world. Atlantis in large measure anticipated this time that humanity achieve a sufficient measure of awakened consciousness in the science of life. This period of awakening in which you find yourselves has purpose beyond what consumes the attention of many, called changes. Ask the question "Changes into what?" For those who can see, the content and style of that achieved thus far and reached for holds the pattern of what is to come. So, you see, Atlantis is more than a lost civilization and body of land. It is a movement in the evolution of humanity. Much of that developed in consciousness at that time in humanity plays out in many cultures around the world.

So, as we visit that which was, begin to see its reflection in that which is and the direction it points to that which will be. Ultimately, dear one, the union in consciousness of the full scope of the potential of third dimensional reality is realized by consciousnesses that have lived it and understand it in the fullness of their being. Atlantis, dear one, was the beginning of the immersion of consciousness into the full density of your reality. So, from this point on, we will examine this subject, not just as an ancient one but one that is still in motion and yet to be fully realized.

Threshka describes her learning centers and her plans for the future of Atlantis

December 4, 1998 A

JANU: Now then, as we have experienced recently, these discourses will become broader based in their presentation as to source. The source today being the one named Threshka. Threshka comes announced as one who favors the discipline that was prevalent in Atlantis,

the order of society, the structure, the systematic progression of science and thought. Threshka was a ruler at that time of a province known as, in your language, the Plains, or the plains dwellers. Threshka expresses through the pattern of the feminine for this presentation of experience at that time. Atlantis was about midway through its journey and Threshka will speak at this time.

THRESHKA: I am Threshka, the Enlightened One of the Plains Dwellers, using your terminology. It was my ambition and desire to bring this province into recognition, not only in the social order and politics of Atlantis, but be a model for its emergence from my perception of diversity without focus. In order to accomplish this I formed learning institutions, not only for those of my province that could qualify, but for others as well, to develop disciplined thought, and examples--theoretical examples--for the movement of Atlantis into the future. My team in this consisted mainly of the best minds of the time. Our learning centers dealt with managing the development of the individual on many levels. We would have you know that we met with much success and acknowledgement and influence.

These learning institutions were located along the southern borders of the land. They existed for 700 years or so. The name they were given in our time would translate into "whirlwind" or "vortex" in your language, our word being "redonna." These institutions included many demonstrations, through training, of transcendent individual ability. And yes, you are correct. There was some resistance to this concept by those who were more committed to the free form of lifestyle. There were three of these universities. Many misinterpreted the purpose of these learning centers as developing those who would rule over and take advantage of those not so committed to such discipline. Our goal was never the domination of others, but the mastership of our individual and collective resources. This is an endeavor that remains incomplete, as described in an earlier presentation by Master Lohanna. And it will continue into your future.

The name Threshka became synonymous with the true ideal that lead to these learning centers. We did not see individual development and mastership as a random opportunity, but one that demanded the disciplined management of our natures. In retrospect, it is observed that the course taken was well thought out and implemented; however, there were missing ingredients or dynamics to be added at a later time. The time is at hand, brother. That being the reality that affords harmonious intimacy, you call oneness, with each other and the rest of life. That is yet to come. And the learning centers will form again with this new dynamic. And the island of Crete looms in this possibility. That which is on Cyprus you have learned of recently is the memory pattern. This will come to pass, for nothing is truly lost when the surface of your world changes. My vision and dream at that time lives still and we will continue in a more complete way.

The New Atlantis

February 11, 1999 A

JANU: So much of the life of Atlantis speaks to, or addresses, the challenges of engaging and understanding the opportunities of life, even in your time. We would have you know that the patterns of life from that episode remain with you still. Life at that time was harsh by some of your standards of living at this time. Social order was diverse and fluctuated greatly. Conditions for living varied widely. The laws of your legal system, seeming beyond number, for the most part did not exist at that time, leading to confusion during those periods when acceptable conduct and relationships were still being

experimented with. This is not to suggest that the laws of your time are the best solution. That still remains with maturity in consciousness and spirit.

LOHANNA: We of the Council or gathering so aligned with this purpose announce to you at this time that there will be a more focused and visible presence in your world, not immediately recognized for its source and origination, that will demonstrate the ongoingness of these patterns for discovery and enlightenment. The experiments in social order in the science of the nature of life will be extended to more discovery and support for adventures in life beyond your world you call the Earth.

Now then, understand that there has been some discovery of this nature during the time of the continent of Atlantis, but that was a restrained and confined exploration. Not so with that which is to come, for these patterns of interest will merge with and support a more general interest for humanity at large. The focus groups around your world that will come into activity will be composed largely of those who carry the Atlantis experience within their nature. The Atlantis seeds for discovery did not originate on your world but were brought there by the progenitors of life from other worlds and other domains. Most people see Atlantis as an event of the past when, in the larger understanding and truth of it, its journey never ceased. The form and the location of it has evolved. The new Atlantis and its understanding and focus will carry forward the best of that achieved in the earlier times and leave behind the challenges of living that created the most discord.

Now then, what this means for those of us embarking upon this adventure in the physical world once more is that there will be coming a time when the intercession, if you will, of those factions having originated much of the design of Atlantis, and a few new ones will be possible. Atlantis, for the most part, was on its own to begin this process. That will no longer be the case. For, make no mistake, the Earth is moving into a new life and a new adventure, no longer isolated from the interaction of those who share an interest in the Earth journey from afar. There will be a quickening of the memory of Atlantis in many around your world. The real New Atlantis is a continuation of that which we began long ago, that still lives in its progeny and in its designers.

Atlantis: the ongoing experiment

April 9, 1999 B

JANU: The Atlantis adventure is, dear one, that which accumulates an understanding and practice of the science of life. It acknowledged that all of life can be approached scientifically but with the understanding that science is larger than technology. There were many inequities in the earlier experimentations, for at times it was easy to deviate from the core purpose of that experiment and allow the focus to be more limited to an aspect of life.

Now then, we would have you know that there is coming a time when there will be much ado about the apparent rebirth of Atlantis. "Apparent" to those unaware of the continuation, the ongoingness, of this reality. They will attempt to understand the new by bridging it to their limited awareness of long ago, finding correlation difficult at best. Help them understand that the bridge between the two is constructed of an uninterrupted continuation of the Atlantis adventure that has existed. Now, having said this, we leave the floor, so to speak, to the Master Lohanna and his team.

LOHANNA: Now then, what we address this day in this opportunity is the work, if you will use that word, that has been accomplished in the interim period, many thousands of years, in duration. Now then, first of all we would have you understand that the

submergence of the continent of Atlantis in its final stage was an opportunity to elevate the experiment, the adventure, out of some of the quagmire that began to degenerate this noble experiment. Many, or we should say, a number of cultural experiments have terminated physically for this reason in your past. Not the end, you see, of the experiment but of a phase, for various reasons, only to continue once more in another setting.

The efforts that have progressed during the time since have included the sharing of the experience with those of the original design, including those who observe for benefit from other realities. Elements of the Atlantis adventure were continued on other worlds not unlike your own, for purposes of refinement leading to renewal of its manifestation in your world. These experiments on other worlds have yielded a body of understanding and wisdom that will influence that which is to come on your world. Some of the brotherhood, or team as referred to by your brother Janu, have been returning to your locale, your domain, from these various locations. The gathering has included contributions from other realities beyond those of direct experimentation. The elements of the design for what you would call the new Atlantis are nearly complete, with the final decision yet to be made.

A Monument to the Free Individual

May 5, 1999 B

LOHANNA: Let it be clear from the onset that as we have presented this understanding, it be understood that Atlantis is not a dead issue of the past. It lingers still in your atmosphere, that creative climate in which you live. Atlantis was problematic, but what great adventure is free of such things? We would have you know that the movement of life represented by the Atlantis journey is not separate from your own. In many ways, your nation of domicile, as you term it, carries with it much that was Atlantis. So, the so-called demise of the continent was not the demise of the experiment. That is why we refer to, of late, the ongoing interest and upcoming events that are its continuation.

Now, understand that all did not originate with Atlantis, the continent. It was not the genesis of everything to be achieved. Atlantis had its glory and its depravity, as do your civilizations in your time. What we attempt to achieve in these discourses is that there will come a time when the culmination of the adventure will be the return to its source, which did not originate on your world. Now then, let us proceed with this presentation.

To learn of Atlantis is to remember cherished participations in life of which you have had more than a few. One such participation was the building of a monument to the ideal of the free individual, the free spirit, the free heart. This monument was built in such a way that all who embraced it remembered their true freedom and experienced it. How does one, then, build such a monument to the freedom of life? It is accomplished as a vortex of memory of the patterns of life in the record of each one. Touching this vortex monument stirred the memory, opened the veil, if you will, such that the desire, the dream of each one find its match in the memory of their collective being.

We would have you know this, for you long for this still, to build such a monument, only this time within each one wherever possible. The time is coming when this Atlantean experiment will be realized in a new way. Hold to that ideal, dear one, and we will join you in its victory.

A time for reassessment

May 14, 1999 B

JANU: Yes, good afternoon, my brother. I am Janu speaking. And we will proceed at this time with a continuation of that presented by the Master Lohanna on the subject of Atlantis. We conclude at this time, this series of journeys, to be reviewed by all involved, to consider what will follow. This is a necessary step in this progression and will allow for a refocussing to take place. We now welcome the Master Lohanna and his associates for today's presentation.

LOHANNA: In answer to your query as to the future of Atlantis and your nation, America, may we bring clarity. Atlantis reality is larger than the continent of old. That nation was the forerunner of a larger ongoing reality. The new Atlantis of which we have spoken will come in due time. As to its being a replacement for what you have called a decadent American society, simply put, it is a possible alternative. Your current culture has many issues it has yet to outgrow or resolve. But there are many good works across your land, not necessarily represented by your government. The New Atlantis will be populated by those who carry on the tradition and the vision and the dreams of the original design of which Atlantis the continent was a part but not all of.

The reason for concluding this phase of these communications is a matter of timing and reassessment. We do heartily recommend that you review all that has been given thus far and attune yourself to the larger vision of Atlantis and feel its call. The Atlantis project has its connection with realities not of your Earth and there will be ground gained in this area of its reality in what is to come. We work diligently to that end, and others as well. And it is our interest that your potential for involvement be realized.

We thank you, our brother, for this series of communications and look forward to their continuation. I am, we are Lohanna.