

The Nature of the Coming Changes

A series of attunements given during February and March of 1999

- The Nature of the Coming Changes
- An Introduction to the Reality of Changes
- The Announcement of an Agreement between the Council of Artifacts and the Arbiters for Humanity
- A Continuous Part of Life
- The True Power to Effect and Maximize the Potential of Life in the Currents of Change
- The Earth's Journey
- Individual Growth through Coordination with other Elements of Life
- Free Will and the Natural Environment
- An Overview of the Coming Changes
- Change as a Vehicle for Communication
- The Rules of Change
- Nature
- The Personal Role in the Progression of Change
- Aligning with the Reality of Change
- The Seed of Change in the Time-space Continuum and Dimensional Evolution
- Choice and Change
- Cherished Understandings Challenged by Change
- The Tonal Signatures of Change and their Meaning
- Conclusion

The nature of the coming changes

February 9, 1998

JANU: We would take this opportunity this morning to address an area of concern that needs some attention at this time. This area we speak of holds the attention of the world community of servers and seekers after truth. This area focuses upon the subject of enhanced progression for your world.

Now, then, what do we mean by this? Enhanced progression means the close examination and delicate fine-tuning taking place at this time and under advisement and negotiation through the coordinated effort of the world planners and those who project outcome. Many other worlds or systems are keenly interested in the progression of events sponsored by these described here. Your perception of this activity for the most part has been limited to the challenges of change within your perceptions, thought processes, environmental circumstances, and the struggles in community living. However, this is about to change, and change it must. For the commands have been given, the orders issued. The dispensations of energy and the materials of creation have been assigned. In a sense, in truth, your world is being re-manufactured or reproduced on a scale that will have its impact felt for millenniums to come.

The nature of these changes, this restructuring, is in the form of alterations in the nature of matter, virtually all types of energy, and the ability to modify the parameters of their existence by the consciousness of those who function within them. This daring and, as some might have said, risky change will make available the capacity to create and evolve far more grandly as well as the annihilation of the structures of reality for individuals and groups. The relative stability and safety of the parameters and properties of matter and energy being rather invulnerable to conscious manipulation in your world is nearing an end. You are moving into a time or era when the consequences of your choices, your manifestations, your powers to create, will bear immediate results. Therefore, the need to gain much wisdom and connection with the systems of life that demonstrate ongoingness in the midst of these new freedoms to manipulate the structure of reality.

Everything is changing, dear one, because you will be given the freedom to change it, more so than before. It is incumbent upon everyone to bear the responsibility more immediately, more impactfully, of their own creations and not to be understood only in what some might perceive as a negative consequence but in the beauty and the grandness of the fullest potential of life. These many journeys we have taken thus far bear witness to this by virtue of the power of their nature. These are not given for curiosity satisfaction, but in preparation for these changes. Understand this clearly, dear one, and, from this point on, bear this in mind as we explore and discover and assimilate and embody these understandings.

An introduction to the reality of changes

February 15, 1999 A

JANU: May we proceed with the expansion of this series. This is timely and needed, especially in a more complete form, bringing recognition to others of the dynamics involved, the potentials and the possible outcomes, not to mention the true nature of such. We have addressed, from time to time, a glimpse here and a glimpse there into this area. But now let us proceed in a more complete way.

To begin with, the nature of the coming changes is the movement of life. Now, why is this movement seemingly more distressful and filled with trepidation than the movement

of life as demonstrated by routine living? The movement of life is not linear and because of this there are focuses of change or movement that appear to be more condensed and intense than others. The reasons for this are the closures of opportunity and the opening of new ones. This process of closing and opening brings to point the loose ends of the journeys of life into focus for meaning and resolution. These times also gather the resources needed to prepare for and engage new opportunities. These are joyous times, especially for those who anticipate these movements and prepare for them. Those who garner the wisdom of life from each moment in their journeys, for they have foretelling of these times in the pattern of the wisdom gained moment by moment. For those who move through life less consciously, things seem to overwhelm them in a sudden rush. The fact is they have not been paying attention to life and its movements.

In either case, these special times of life benefit those who journey in it. The nature of the engagement of these times is up to each one. Many warnings or indications of change are made available, for those who participate in and maintain these opportunities serve life that they succeed and realize the potential of life that has been offered. There will always be those among you who regain this vision in time to assist, and others who have never lost it for various reasons, appropriate to each one. It is quite true what has been offered by Ruen, that the changes are here. The transition time is in motion.

Now, wise are the ones who recognize this inevitable movement of life, see its potential for new possibilities and draw upon the vast resources of life within them, and from others, to meet these changes with success. In a larger perspective still, those who are aware recognize that their awakening and their vision is fulfilled even more as they serve others in their awakening and their success, for they gain the more direct assistance and wisdom of those who function in a larger life to facilitate this movement. Only those in ignorance, who are unaware, fear change for they find security, although temporary, in the illusion the familiarity of the status quo when in fact their insecurity deepens and is repressed. So the invitation goes out, brothers and sisters all. Awaken to the richness of the completion of journeys and the joy of discovering new ones. This tradition of the movement of life is ancient beyond years and you have experienced many such.

The announcement of an agreement between the Council of Artifacts and the Arbiters for Humanity

February 17, 1999 A

JANU: We would begin this morning by announcing an agreement between the Council of Artifacts and the Arbiters for Humanity, those that act as representatives, to concur on a range of subjects that remain outstanding for the course of humanity. Now then, these are those that deal with humanity's responsibility for Earth's current conditions on many levels and the best opportunities for reconciliation and implementation of the designs of those among humanity with a larger view. This agreement directly affects what you have called the coming changes, and this announcement paves the way for the implementation of certain patterns or designs and the forces they command to begin to play a role in the form of these changes.

Those representatives of humanity, and their embodied counterparts, are now being positioned to engage the vision of long ago. That vision being a dynamic and fluid course for humanity and the Earth that will yield full opportunity for life exploration. This vision is in harmony with that held for humanity and all life in the universe by the Creator. This is why the Earth experiment is so significant. It incorporates the extremes of, compared to each

other, free will engaged in the depths of outrageousness as well as the peaks in living. The Council of Artifacts manages and, in some ways, orchestrates the resolution of the depths of outrageous living by humanity. Those that represent humanity and its destiny maintain the vision that is in harmony with the original intent of the Creator of the universe. There are many of great wisdom who still endeavor to interpret and understand that intent to finest degree and carry on the manifestation of it. There are those in your world so endowed with vision, with this vision, that they complete the circle of thought, light, creation, and return. So, join, our brother and those who hear this call, with those who maintain this vision of life and become one of the legion that help bring about the future of humanity.

A continuous part of life

February 19, 1999 A

JANU: Now let us proceed with what we have begun, that being an understanding for the purpose of enlightened engagement of that which is in the offing for humanity even as we speak. More appropriately we might refer from now on to these opportunities as "the changes," for they are here. And in a larger sense, they always have been, for we would bring to your attention that these patterns of change are not intended to be isolated events in the flow of life but the nature of life itself. Would that we could instill in each one's understanding that change is the nature of life, and consciousness and movement and experimentation and discovery and understanding and relationships and service are all realities of life that describe change and change describes them. Would that each one could find a measure in their lives of finding comfort, confidence, increased capacity for experiencing life, in such a way that change is honored and anticipated as being as natural as breathing.

These changes which are occurring have been since the beginning. They are the forms of change or the manifestations of life in motion. In a still body of water, it appears to be without change. But as your hand passes through it, the currents set in motion swirl and mingle and spin and turn and interact in such a way that the body of life is never at rest. The stirring of the waters of life are accomplished by the movement of consciousness from the creator handed down to the rest of life and continued by each element, bringing each one's unique character and pattern. What a marvelous symphony of life in motion.

Allow yourself the freedom to embrace life as it is and enjoy the currents and stirring you bring to merge with many others. As the river of life moves downstream, every occurrence it experiences influences the entire river in some way. The momentum of the river is set in motion by its environment, that being the consciousness of the creator.

Now then, let us move along to another venue for understanding. We would bring to your attention at this time some specific changes that are progressing. Humanity itself is merging into a reality of conscious union or cooperation, if you prefer. Your worldwide communication system is a natural response to this interest and desire of the collective consciousness of humanity. Much can be foretold by observing carefully the development of your world wide Internet. You already can observe within it the highs and lows, the range of human diversity in consciousness but now, as you observe, all are becoming aware of the diversity and forming conclusions and convictions as to their perceived well-being and of the Earth and the direction it is taking. New possibilities are being explored based on this added awareness. This activity is one of the early barometers of change.

More people will perceive their lives with reference to global human conditions and, in time, will prioritize their individual identity such that parochial interests are no longer the

first concern. The more that individuals achieve an inner sense of the larger life within them, they will gain the freedom to expand their understanding and their engagement of life to include the reality of other venues of life, meaning other worlds, other realities seen and unseen. This is a needed and pivotal movement in human consciousness coming at this time. As a result, humanity will become aware of grander opportunities for life involvement and attract the attention of those willing to participate.

The healing arts in your world are making a paradigm shift from external remedy to the inner strength and intelligence for well-being, with understanding of cause and ownership of it. Wise will be the practitioner of the future to guide people into this understanding, teaching and encouraging self-healing coupled with life management that no longer creates disease. The model of the helpless victim of illness must give way to the model of enlightened self-healing.

The true power to effect and maximize

the potential of life in the currents of change

February 25, 1999 A

JANU: Life changes for the advancement of life. And what does it mean exactly to advance life? We would sum it up in this way. And, yes, summon it up in this way. The advancement of life is the path of realization of its potential for expression. The potential of life has its root in the potential inherent in original thought. Even life as you understand it, in itself, is the expression of potential of original thought. Now understand this, "original thought" in its purest form has no beginning or end. It is a permanent reality. The original thought for your universe had a beginning as a focus for realization through expression. The pure original thought possessed that potential for unique expression and always has and always will.

The continuation of life to which we have referred as "the nature of change" is the accumulation of the currents of life on the outbreath of original thought for your universe. Change and the elements of it, the elements that compel it, can be appreciated or engaged, understood as the currents of life carrying the original imperative for motion of expression. So these changes that you observe and anticipate did not spring up from nothingness, to be feared, avoided, manipulated, and otherwise contained or diminished. They are the natural currents of life, with many eddies and swirlings and mixings and spawning of what appear to be new currents.

Now the relationship with these currents of change of life is the prerogative of individual and collective consciousnesses. And that is the subject of our interest in these discussions for your edification. How then best to manage the currents of life that are the nature of its ongoingness, or at least the vehicle? One accomplishes this by acknowledging the reality in finding correlation within your own being through the divine thought of imperative for expression as it lives within you, therefore finding a relationship with what might appear to be these external currents of life. When understanding through intimacy is achieved, one gains the wisdom of the divine plan and joins in true partnership with life's movement, intent, and outcome. The changes then are less perceived as something imposed upon you but more as an expression of your true nature, and life completing its many paths to realization through expression.

This may seem abstract and even nebulous to those with a more concrete and physical perspective and concern. But understand this, dear one. The true power to effect and maximize the potential of these currents of change is accomplished by understanding and being one with them, more than just a third dimensional observer. Why be buffeted by

the wind only, when you can be the wind and enjoy the freedom that it brings? The wind lives within you and without. The two merge in the divine reality that you truly are and then is mastery achieved of the elements of life.

The Earth's journey

February 26, 1999 A

JANU: These changes of which we have spoken as to their nature have dealt primarily with movements in human consciousness and its receptivity. Now we will delve into that which presents itself, the nature of planetary changes and understanding its imperative to be in motion.

Now, the Earth, dear one, is that magnificent orb you have seen from your craft, but much more. Earth is a living presence in the scheme of things in the heavens, if you will. Earth has a nature, a style, a character, a focus of expression for living and a will and desire to engage life more fully and demonstrate its potential. Now, changes on this level or focus have more to do with its robustness, its life dynamic or dynamism. The Earth and its presence are moving into a further development of its true nature described as a hierarchical platform of life. Now, understand this, dear one, that your true nature is not limited to your physical vehicle, and neither is the Earth's. But the physical planet is a platform for its journey through life. For this reason, humanity's awareness primarily of the physical aspect of your world is such a limited view of the life of Earth. Your world possesses a guiding, initiating, motivating, spirit or consciousness that enriches itself by sharing life with so many life forms and their experience.

How then does one relate to the true spirit consciousness of a world, from the point of view or perspective of humanity, that more fully reveals your partnership in life? This is accomplished, dear one, in the same way that you appreciate and come to know life of any other focus, and that is to appreciate and connect with its awareness, its presence, and its authority for living. The intelligence and depth of consciousness of an individual human being is far vaster than the personality normally embraces. So it is for the Earth. How then does one capture the essential nature of a world without capturing their own? This is why humanity for so long has viewed the Earth as only materiality as resource for their consumption and disposal. The Native Americans and other earlier cultures of your world embraced this understanding of which we speak, not yet fully realizing its scope but moving in that direction. The limiting factor has always been the conscious perception of the true nature of the one who attempts to appreciate the true nature of another.

One of the significant elements of change or motion of life for your world at this time is the movement in the direction of greater intimacy and conscious awareness of the fuller reality of the life of the Earth and its nature and, in turn, those who share it by living on and in it. It is in Earth's interest, and all the creatures and species who share its life, for the Earth and all its inhabitants awaken to their true nature. Only in this way will Earth become a fully realized expression of life. This one aspect of change will alter all other endeavors, human and otherwise. Take the time in these precious times, to awaken to your full nature and as you do, by that authority, awaken to and connect with the true nature of your world and all who share its life. This will bring such light and radiation to Earth's presence in the universe that it will awaken others to grander opportunities of cooperation and engagement.

Earth is not the only world embarked upon this path. The more you learn and become aware of your true nature and that of your world, the more you are in position to be

aware of the rest of life. Earth and humanity have never been truly alone in the scheme of life. Embrace the adventure called change, which is without beginning and without end.

Individual growth through coordination with other elements of life March 2, 1999 B

JANU: We have a suggestion to examine the properties of that which constitutes the moving forward of your world. Now, this does not suggest that the world is not moving forward at this time. What lies ahead are significant moments and movements that mark or delineate those preparations needed for new adventures. The properties, then, being those attributes or elements of the building blocks or structures that have been so arranged as to describe the new journeys. These properties include precise application of thought and right use of emotions, the activation of certain aspects of your being and the ability to coordinate creative impulse with others. The individual must come to realize that moving forward individually truly is accomplished through coordination with and benefit to other elements of life.

Most are unaware of the arrangements of life that refine these conditions for movement, these protocols, and the order and symmetry they bring to the guided life. The larger venue of life honors and embraces the infinite diversity of life's elements, including humanity. On the other hand, the elements of life benefit from the synergism and synchronicity of the collective. So be an individual that honors the rest of life, contributes to its integrity, and its ongoingness. Much can be gained from awareness of, and embrace of, the diverse perceptions of life across your world and the universe.

As you gain greater ability to access more of life, the properties and the building blocks of the structures of your consciousness must evolve to meet these new opportunities. Such it is for the individual and for humanity. So much is in store in the not too distant future. The common perceptions and arrangements for living, established in this time in your world, must be in motion with conscious direction and understanding.

Free will and the natural environment

March 10, 1999 A

JANU: Let us proceed to that element of change most immediate to your interest and that of humanity. This element we refer to relates to the nature of your atmosphere, your water, and the soil for the production of foods. Now, understand this, dear one, that the chemical and mineral make up and balances that exist in your world at this time are in flux. As humanity changes group or mass consciousness, there is a corresponding response in the make up (of) your world, physically, energetically, and in consciousness, that responds to this change. The atmosphere will reconstruct in its components to clear the mind, to support a less dense physical vehicle, demonstrating through changing weather and atmospheric conditions the turmoil that exists and continues in the emotions and the thoughts and the actions of humanity.

Now, mankind would prefer to perceive Earth conditions as subject to his or her desires and preferences for life. It is not completely so, dear one. The designers of life, the authority for the evolution of worlds, especially yours, as relates to your experiences, initiate changes that not only support humanity's choices in consciousness but encourages their modification by inducing opportunity for a different experience. Humankind's cherished free will is not a separate thing from the rest of life. Your free will, dear ones, extends to your relationship with the free will of the rest of life to create, interact, and experience. The changes of which we speak are bound up in these interactions of choice and involvement.

The single lesson for humanity in this discourse, which we refer to in the beginning, is a new understanding of free will interaction between all of the elements of life. Even your true nature, referenced this morning, is honor bound to the flow and stream of life which is, at the same time, its source and its legacy. Such it is with humanity, dear one, when--realized when integrated in its free will choices with the larger venue of its own beings. Individuality, experimentation, sensitivity, and cooperation co-exist harmoniously to the benefit of each in the awakened life.

So, understand this, that the changes are the ongoing product of a constant flow of interaction between the free will choices and engagements of all the elements of life. Does this not speak to you of life's richness and unlimited opportunity, ever changing, ever being born anew and recycled with infinite variations? Change is the nature of life, dear one, and the ongoingness of a universe. Sense and know your connection with these many changes and choices of the elements of life, and choose wisely.

An Overview of the coming changes

March 11, 1999 A

JANU: The changes of life for the Earth, humanity, the solar system, and beyond is a worthy subject for pursuit, as it reveals to those who explore it the opportunities that await for those who create them and benefit from the creations of others. The interaction of opportunities generated by elements of life is a fascinating understanding. Much is said of life's connected-ness and oneness, without fully understanding and appreciating what that means.

What it means is this, dear one: That all of life is touched, registers every nuance in its movement, in life's movement. Now, if you seem unaware and insensitive to your touching of other elements of life by your thoughts, emotions, and engagements of your opportunities you have created, then consider that you may well be unaware of the many interactions of the choices of the other elements of life upon your own. Now, in this ocean or sea of interactions, it is within the authority of each element to manage or chose the degrees of influence or engagements of these many influences. One can soften or intensify these many patterns to join in your own creations to shape outcome and experience. So even changes, movement of life, is subject to influence by every element of it.

Those who predict their future experiences based on the stars, without regard to their authority over every moment of their created experience, chose, by that choice, to live the patterns of others only and relinquish their authority for change for that moment to manage their relationship. To do so is not an incorrect thing, but it is wise to understand your choice and maximize the benefit to you and that you choose to experience.

When you engage a dear one of the Light, you call "in spirit," this opportunity still applies. Our particular arrangement, my brother, is one of mutual sharing of each other's pattern and choices for experience honoring each, assisting with new patterns and experimentation when requested. You are correct to perceive that you may be of assistance to me and the Brotherhood in the same way. A new understanding for you at this time. And we welcome it, should you choose.

Change is everywhere. It's in the wind. It's in the rock. It's in the thought. It's in the nature of life. It is infinitely rich with variations and themes. It is profound and simple in its beauty and purpose. Without change there is no movement and life is inert and stagnant. When you choose to embrace its reality ever fuller in your life, you become more alive, more engaged with its infinite possibilities and influences. Change is life in motion. And all

life is, dear one, otherwise it would be called something else. The issuing of the initiating imperative of the first principle of life for your universe was to establish life in motion. All of creation is the manifestation of this imperative.

Many attempt to find comfort and peace in stillness that they perceive to mean no change, sameness, repetition. The purpose of this pursuit best serves when it is seen as an opportunity to reassess engagement with the motion of life. But even that episode of experience has motion as its nature, for you are changing from one relationship to another. An apparent illusion that serves a purpose, you see.

Change is the vehicle through which life and all its elements renew themselves constantly. Rebirthing, if you will, rejuvenating, reappraising, and reaffirming the purpose of life. Change is as vital to life as the breath you take and the breath you exhale. Renewal, dear one, exchange. Embrace assimilation and the outcome of a new pattern of life. What a wondrous and magical journey is a life at one with change.

Change as a vehicle for communication

March 12, 1999 A

JANU: What is communication, then, but that which continues and enhances the awareness of all the elements of life to its motion and the results of its movements. As we said earlier, change is life in motion, and motion communicates through its touching of its pattern, its changing patterns, to the patterns of the rest of life. Change communicates by alerting elements of life that movement is taking place. There is, in a form of technical vocabulary, an electric-like field generated by life in motion. This energetic field, on certain levels, instantaneously communicates its motion, its presence through the systems of life. It is understood best when examining the tiny organisms in the sea, that, when physically stimulated or put in motion, generate a soft glow or light that radiates instantly by comparison into the sea. Life in motion, change, accomplishes this energetic stimulation and radiation throughout life.

When one cherishes an understanding or a principle that they have gained and that has been held traditionally for long periods of time, the light, the vital field of it diminishes the more it is held onto in a fixed way. Even an understanding has a life vitality and it is strengthened in depth and meaning through its evolution, evolution in richness and depth and scope, through application to life and through the wisdom of experience that ensues. Change keeps alive and vital and expanding all of your cherished understandings, all of your cherished relationships, all of your self-concepts, all of your hopes and dreams and plans. Change keeps these things in harmony with the pace of the rest of life.

Allow everything in your life to move, for the motion through the generated light field stimulates all other elements of your life and they change as well, generating their stimulating field of light which returns to the element that enhanced it. Change does communicate and pass on the richness of each element of life to the rest of life through this vehicle of pattern stimulation response. For the response, dear one, is not just the return of the initiating pattern but that and more, for it includes the uniqueness of expression and change of the responding element of life.

One direct observation of the condition of your life or that of another is a sense of the vitality of the field of light generated by the change in their life or in yours. How vital is your involvement with life? And, yes, this contributes to what you have termed enhanced living. It is time for humanity to understand and employ change and all that it offers.

The rules of change

March 15, 1999 A

JANU: There are rules, make no mistake about that. These rules convey the meaning and purpose of change into the process and outcomes of such change. Needless to say, the rules are many, for change is such a variable and constant and diverse reality. To understand the need for rules directing change, one must examine the fundamental principles of the laws of life and their intent or meaning. These fundamental rules of life are designed, created, implemented with what you might term a long-range view, but on the other hand, have a nowness reality imparted in such a way as to bring about change that allows for instantaneous and constant influence of redirection and composition. So, on the one hand, realize that the changes you embark upon in your life are not yours alone in the fuller reality, for they too must obey the structure of life in which they reside and carry out their journey.

The diversity of life even in this area you call change is so vast as to make it seem random, independent, and free wheeling, if you will. It is not. Imagine what it is like to be aware of and involved in or connected to virtually unlimited diversity in the motion of life and recognize that even what some perceive as chaos is indeed order and connected with the rest of life. The reason for this element of this series presented this morning is to embark upon an understanding that change is not arbitrary and chaotic, for it is, in reality, not isolated life, as some would perceive. It is, instead, embraced by all of life from the farthest most expression to the source of it.

It is worthwhile in the life, dear one, to examine its many elements and recognize their changing reality. To do so reveals a vision of the course for your life and outcomes can be projected and redirection instituted. Remember, we said earlier that change is the vehicle of communication and all motion has direction and pace and the message of all influences given and received. When you wish to understand yourself or another or some circumstance of life, touch its motion, which is its vehicle of communication called change. Every motion in life is communicating, through the fields generated as described earlier, its presence, its direction, its intent, and its experience to all of life.

These are some of the basic principles or rules for change. They are agreements with life for the opportunity to journey through all of it. No life expression, dear one, exists for its own edification and ongoingness. All of life serves all of life. And life extends well beyond human understanding. So the message of the motion of your life is communicated to realities in life you are yet unaware of, and you are known of. This is how life connects with itself from one moment to the next.

Nature

March 16, 1999 A

JANU: Now then, let us examine this morning that which comes before us in alignment with the natural order you call "nature" in your world. How do changes apply here, in accord with the larger scheme of life? Nature understands motion. It thrives on it. It finds no discouragement in embracing it. The small blade of grass or a flower growing from a crevice of rock speaks to this enthusiasm for the motion of life. Human beings exhibit this from time to time but they vacillate in this motion of life. When life's motion is clearly embraced and understood, it communicates as described earlier life's direction, life's intent, and its many possible outcomes. It also reveals the giver of life, for the motion of life is initiated by and nurtured by, as well as received by, the giver of life. Nature knows this in its way and therefore feels no separation from this complete system of life.

Now, a rock and a tree and a creature have unique identities, patterns of living, life experiences. But they know of each other through the communication or the motion of life called "change." They are keenly aware of and sensitive to the changes around them and in them. Humanity, in an attempt to find some relationship with these, does so from a perception of separation and fixed position in life. Seldom does their attempted relationship bring success to these other elements of life, for they do not seek in their relationship to nurture the motion of life in these, for they do not understand or recognize their own.

As we have said before, change rejuvenates and reaffirms life's relationships. Stagnation brings disincorporation and nature loses its diverse beauty and vitality when conditioned this way by limited human perception and motive. Humanity fears change because it does not understand it. Nature has no fear of change for it lives in this way. Humanity surrounds itself with symbols of permanence and it would have its structures last forever, if possible, unwittingly limiting themselves to the past.

Nature is truly life in motion and we would have you consider appreciating this quality of its ongoingness. Humanity admires the durability of the old growth forests, the giant redwood and sequoia, but for what reason? The fear of impermanence and loss in a rapidly changing world, for humanity does not understand the motion of life. A liberated human renews themselves every day, new outlook, new understanding, new perspectives on their hopes and dreams, new appreciation of the richness of life and their own nature. The liberated human has no fear of change, more to welcome it and infuse the life experience with its richness and vitality, for nothing is lost in change, dear one. You own forever your experience, your understanding, your path of life in motion. A ship at sea at calm in the waters has no direction and eventually consumes its resources and disincorporates. Your life's journey maintains its cohesiveness, its pattern for ongoingness through the rejuvenation and reaffirmation of the motion of life. Please understand this well when you see everything around you, and even your own cherished perceptions, taking flight.

The personal role in the progression of change

March 17, 1999 A

JANU: There is need for the building up of confidence in those affected by these changes, that they are indeed responsible for them and responsible over them, in cooperation with the rest of life. The need, then, in this morning's journey is to shore up, so to speak, the perception of those as to their role in the progression of change.

Many perceive the current times as an episode of change. It is more than that, dear one. It is the ongoingness of eternal change. The sooner people will perceive and engage the reality that change is constant, no matter the form or the degree or the pace, the more they will understand change as a vital element of life, including their own. To touch life's change, flow, with your own is to embrace the rigors that many anticipate and feel through their particular form of engagement and realize that they are your brothers and sisters and sons and daughters. They are your family of light, struggling with that they do not understand, yet engaged in, seemingly without choice or influence. This experience with the flow of life, life's motion, reinforces in the sense of powerlessness and domination by the forces of life. It is true in any situation in life, dear one, whether in business or family or spiritual as described by some, or in the larger venues of life. The negotiation of combined relationships with the motion of life is not only possible but is the path to success.

We would have you know that those who are engaged consciously with the movement of life encourage your and other's efforts to bring on line, if you will, the

consciousness of those yet to be awakened to their true estate, for it makes the experience of change more successful for everyone. Help others see and experience that in the changes of life they become more powerful, more engaged, and more facilitated by the many flows of life. It is a rewarding, enriching, and empowering reality, not to be feared but to be enjoyed, anticipated, and created. In this understanding and way of life you leave behind all stagnation of thought and emotions and old patterns of limitations and repetition. Where do you think the infirmities of the body and mind and emotions stem from? Your patterns for living are not being rejuvenated and renewed and reaffirmed in synchronicity with the natural motion of life.

Help people experience connection with the rejuvenating and reaffirming connection with the movement of life through these alignments. Change is like a supply line of materials and sustenance transported to those engaging life from the source of life itself. Ever moving all that you have achieved forward into fuller life is life in motion.

Aligning with the reality of change

March 18, 1999 B

JANU: May we find comfort and peace in the reality that the changes bring to the life experience. As we have said before, changes are for growth and renewal. When you are troubled with a condition of experience in your life, align yourself with change and its reality, bringing your experience into motion in the direction you choose. The changing reality of life was never intended to confuse and dismay but to renew life's vitality and reaffirm its validity.

The seed of change in the time-space continuum and dimensional evolution

March 19, 1999 A

JANU: We have with us this morning that which presents an anomalous perturbation in the fabric of life, its tapestry, such that all of our attention is attracted to it. Now then, what of this anomaly? It presents itself as a condition in the fabric of time and space, and this anomaly achieves its victory of sorts as a seed, if you will, of influence beginning the process of significant change in that continuum.

Now how does one perceive changes in the continuum of time and space? This is accomplished by recognizing the simultaneous synchronicity of cause and effect. You have begun to notice this in your experience as well and have attributed it to the awakening process. The awakening process enhances the perception of this change but does not cause it. At least the change of which we speak. There are thresholds of accumulated advancements in consciousness reformation that trigger these anomalies and step up, if you will, those continuums or fields of life into new parameters of reality for them. Such is happening at this time, with the time-space continuum. The dimensional shift of which so many speak, meaning the fourth and fifth dimensions, are evolving, as is the third reality. However, understand this, that dimensions, for lack of a better term in your vocabulary, evolve also. And your third octave or reality itself is transforming into the next. Now then, one asks, from linear perspective, "What of the third, then?" And this is accomplished, dear one, up the ladder from the second, and the first renews itself in its way.

In one sense these are unique life realities and in another they are part of a whole body of life renewing itself, in motion, allowing the reality and vitality of each of its realities to ultimately experience movement into the completeness of the body of life. It is a never-ending circle of life expression and completion and this is how humanity and all life moves

through the many realities of life. The anomaly of which we have referred to this morning is one of many accomplishing the opportunities for movement in the fields of life, such that the elements of life have opportunity to continue their thrust into new experience and expression, ultimately embracing all of life. See it in this way and the challenges to comprehension about the human journey into the next realities becomes more clear.

In a larger way of understanding, one does not leave one dimension for another, but the field of their experience evolves in cooperation with the deepest desires of the true being, to embrace more of life. Those who wish to linger in their current experience are afforded this opportunity through the renewal of their current field of adventure. So simultaneously, from one perspective the third dimension continues, but from another has moved on to a larger life, all at the same moment. It is important for understanding to perceive the looping, continuous reality of life, constantly renewing and expanding at the same time. Understanding change in this way prepares you for understanding greater things than these. In time we will discuss how your own true nature exists in this way.

Choice and change

March 23, 1999 A

JANU: There comes before each of us a point of decision-making and opportunity to move forward or to continue to visit, or revisit, that which we are experiencing. Even this is a change, is it not, of interest, direction of attention, perspective, and engagement? This point of decision-making precipitates an examination and appraisal of the degree of completeness or the completion of our interest in our current experience. Is our new interest an added dimension of reality to our current journey, or a departure?

Decision-making is an opportunity of change. Understanding and employing those elements necessary for change in decision to take place are best well understood. The element of choice in decision-making amplifies so-called free will, which in itself is an involved area of understanding, not the simplistic presentation of some. The experience of choice, when explored fully, revisits the authority of your beingness, for it is an exercise of the power to create. To examine and evaluate a choice includes an awareness of your current experience and, to varying degrees, a progression of it into outcome and possibilities. Choice brings about subtle changes in the chemistry of the body, the alignments of the subtle vehicles, energetic configurations, the chakra, and quickens or intensifies various elements in these. Choice makes many things into consideration, that being the element of surprise, of unexpected outcome, a determination of the degree of manifestation or nature of expression of the new involvement. Effective choice understands the systems of life and their capacity for compliance and interaction. But of great importance, the experience of choice is the realization of your freedom to engage or detach from any experience, whether created by another or by yourself. Now, choosing wisely incorporates a system of thought and awareness that brings to bear many elements on the object of your interest.

Change, then, understood in this way, is an intimate occurrence that honors and acknowledges the journeys set in motion by many others and other realities but understands that, in the midst of these, freedom of choice remains and is, in itself, an unlimited reality. The power to choose and the power of change are intertwined in such a way as to reveal not only your relationship with life but its ongoingness, which includes expansion, recycling, vitality, and common origin of its elements. Change is a victory, dear one, not a defeat. Change is successful living, not a failure. Change liberates, and does not imprison. Change is the movement of life and is the voice of its vitality and expression.

Cherished understandings challenged by change

March 24, 1999 B

JANU: I am Janu speaking and deliberating this afternoon on the subject of the changes one has brought with them, an accommodation of sorts to implement a change in understanding on this subject for those who will partake of these discourses. That change being one of coming to terms with the releasing of the old for the new.

Now then, to explore this further, let us presume, or assume, that when one reads or hears of these presentations one will feel challenged to accept that which does not comfortably fit with cherished understandings. We agree that this can be a dilemma for many but would still pursue a change in understanding for the understandings of the new, or the exploration thereof, expands the life past that realized by the old understandings, you see. To change one's perspective reveals much about the intransigence playing a role in a sense of security based on a point of view.

At last meeting we discussed the power of choice, with change as one of its components. The same is true for exploring new understanding. It does not take lengthy analysis to reveal that to avoid an evolution in perspective ultimately reveals limitation in the range of life experience and the opportunities to engage grander adventures. The pattern of the source of life you call God is the unlimited example of such motion of life, and only appears intransigent in the lives of those who choose to experience the illusion of stasis, in the face of the natural pressures--or the pressures of the natural course of life. Once again, we discover that to embrace change as life in motion even your perspectives are subject to that motion. Even the standards on which you base your explorations and self-examinations are in motion and must be to keep pace with the changing reality of life and who you are.

The tonal signatures of change and their meaning

March 25, 1999 A

JANU: The perspective for this morning's exploration will include the journeys of other worlds that parallel your own and are replete with many dynamics of change that would clarify the understanding of your own.

We journey now into the region known as what some call Betelgeuse. This area has undergone massive transformations in the recent past and will, in the near future, continue such. The actual alignment of the stellar bodies in that area have shifted to promote electric and other energetic changes that will stimulate, or provide opportunity for stimulation, of even new life forms as well as existing enhancements. The arrangement of solar bodies plays a key role in other configurations of the structures of life through the arrangements of the fields that exist as a result. Many opportunities for exploration into new arrangements take place on this level by those who operate in this way.

The signature tone of a region and its elements is contributed to with these arrangements and becomes a pattern of engagement from the smallest to the largest expression of aware life. When you attune to another element of your universe, acknowledge the tone of its life pulse and pattern and larger patterns always contain the pattern of its elements. One can know the changes taking place, pace and type, through these shifting tones. Understanding their language reveals precisely what life's motion includes. An exploration as another series would be welcome in the direction of the tonal signatures, and their meaning, of celestial bodies. Changes in your own locality are not separate from larger patterns of life and these can be known, as we have indicated, across the spectrum.

Communication in this way of recognition and understanding speaks more to the language of life than the words we use in this moment of understanding. Your complex structures of individuality and expression constantly generate their signature tones and the resulting composite, if you will. Your precise moment in life is completely known and can be understood. How is it that people cannot hear and understand their own language of life? Practicing these connections and understandings with life around you will help you to understand and grow accustomed to the signature tones and their communication of your own existence. And how is that for a change in understanding, dear one, as the frontiers of living and understanding life move toward you? This will be the language of life we refer to in understanding the language of your Earth as we investigate further and it will serve you well for other venues of understanding and communication.

As to the Betelgeuse phenomenon, we would only say this, those changing arrangements of celestial bodies will be happening here in your location as well. When attuned to, one can experience the changing tone of your world and your solar body as well as your own.

Conclusion

March 26, 1999 A

JANU: The changes we speak of are born of the consciousness of those involved. They always have been and will be. The changes are not imposed; they're self-imposed. The changes are the manifestation of the desires of so many to engage more of life.

These presentations we have gathered for your understanding have been to provide a basis for accepting your authority for the reality of these motions of life, for you are in truth the embodiment of life in motion and we would have you know this. Your vitality of interest for discovery and engagement of life is the moving force that perpetuates life from the beginning to the next journey. Layers of journeying and multi-faceted embrace of life is the way of the ancients and those to come. Life is rich beyond measure and becoming richer with every moment. Its richness is described by you. One cannot avoid change for one cannot avoid their own creation. And why would they want to, dear one? For it was their desire in the first place. Change perpetuates life and, as we have said, is the vehicle for communication and exchange and intimacy all across the universe and through all realities. Change honors you and, through it, you honor life and so shall it be.

We have enjoyed this journeying with you, to embrace the truth of that which you are and that which you accomplish. We join you, and invite you to join us, in a life in motion, growing in its richness and completeness and beauty. Embrace the changes you have created and embrace them well, with honor and dignity and profound understanding and joy. We leave you with this at this time, wishing you many changes to come. We are the Brotherhood of Light. Namaste.