

The True Being or True Nature

This series started off using the terms True Being and True Nature interchangeably. Also, between the first and second of the attunements within this book, a series entitled The Collective Consciousness of the True Being (also available as a PDF) was completed. However, by the end of that year, the term True Nature was being used almost exclusively. This is presumably a result of the limitations of language, rather than indecision on the part of Janu and the Brotherhood of Light. The reader simply needs to understand that the terms are used interchangeably, so as to avoid undue confusion.

1. Identifying with your true nature
2. The Talisman of Life
3. The nature of communication with your own
and the True Being of others
4. Connecting, through love, with the archetype
of your true nature
5. The True Nature is the Seed of the Divine
6. The True Nature: a wholesome reality
7. An introduction to the language of life of
the True Nature
8. What it means to awaken into the reality
of your True Nature
9. The Nature of Love: the true nature
10. Expressing the True Nature

Identifying with your true nature

June 18, 1997

JANU: I am Janu speaking and have heard your inquiry at to the wisdom, the preparation, and the manifestation of full consciousness, as you put it, of your true nature during this sojourn. Might we examine this in this way of understanding at this time.

To sojourn in your world is an accomplishment in itself. It is mastery of the shifting of consciousness and vibration into your octave. This element of your creative ability and your adaptability to opportunity speaks well of the soul's or spirit's development. Now then, as to bringing the memory, the connection, the vitality of the soul's or spirit's identity and motivation into the consciousness during such sojourn, requires an examination and grasp of the forces, of the powers, those delicate balances that make this sojourn as you put it possible.

There is a hierarchy or network of sorts that oversees, sustains, regulates if you will, that needed for sojourn experience. This structure or hierarchy operates in a continuous way supporting, nurturing designs within designs within designs for experience and outcome. To experience and identify with the fullness of your true nature requires a grasp, a respect for the awesome nature of these structures of life, these designs for living. For along with this achievement, dear one, comes power and responsibility. It finds, at its essential nature, the love that is life.

Understand the need, then, to evolve into, grow into, mature into this consciousness relationship with your true nature. Loving completely who you truly are is the key to bringing to your consciousness the fullness of that reality. For this connection, dear one, connects you with the wisdom of the Orders of Life.

How, then, does one recognize movement in this direction, realization of this course, once set upon? You become aware of, consciously, your connection with the depth and the breadth of these realities of life, these many orders, these perspectives. For as your soul, your spirit, your true nature is so attuned, so do you become. Accept those challenges to old ways of perceiving and lovingly engage and accept the changes necessary to engage life more completely. You can do this, dear one, for you recognize these pattern shifts and their benefit, having met them from time to time and made those changes.

This is the path to the enlightenment of which you speak. Emulate the truth of your true being. Invite it. Love it. And accept its wisdom. It is a journey, dear one, of shifting preferences in the direction of preferring to be whole and conscious and in full memory and faculty, at one with your true character, your true nature. This we have shown you with glimpses many times.

Return, then, to this grand estate of embracing all that life has to offer, as the creator of it, and join with your family who understand this and live in this way. Engage all life in perfect freedom of spirit, realizing that your ongoingness is not based on owning these things in a material way. Acknowledge and identify with the reality of your true nature and find great value in this journey of awakening.

The Talisman of Life

March 17, 1998 B

JANU: There is a light so pure and so, shall we say, deep within the consciousness, within the being, that it is that that cannot be sullied by the twists and turns and contortions of life's journeys. This core truth is that which all is held up to as example. This purity within your being possesses all the gifts of truth that you conceive of, that you imagine, and far more. This talisman of life has been lost to many in the sense of unaware and for many others it is the shining example of what you would call perfection. Its perfection, dear one, lies in the truth of its reality that is so pure in its nature that it and the source of all life are completely one.

This talisman of life is at the heart of your true being and is your true power of being. It is hidden to many, by virtue of its great power and purity although available to that which is pure. The true being that animates your current journey is a projection of this truth. The journey or path to conscious union with your true being is the only path to realize this talisman of life. So, you understand the rightness of the emphasis on this direction of awakening. Your true being can impress in your awareness a measure of this truth. This truth is absolute sovereignty. It transcends all universes, all creations, and all individuality. In the beginning, your understanding and experience and impression of this truth will be in its purity. You have a direct connection or path or thread of life to this talisman of life. As you appreciate and achieve your connection with your true being, know of its source of its truth and that the path to absolute sovereignty does not end there, but only through your true being will you come to know this truth.

We have given you this glimpse, this small taste of the absolute. It is time to mark in your journey another threshold in your awakening. Thank you, our brother, for this opportunity to reveal this to you. It is time to take this journey, for it serves all you do. Namaste, our brother. We are one in this truth.

The nature of communication with your own and the True Being of others August 3, 1998 A JANU: Understand that the nature of the true being, of which we and you have spoken of, is source consciousness for all experience. Now, although the True Natures or Beings of different species and lifeforms have the same origin as such, they do not have necessarily the same patterns or make up, if you will. So the communication with your True Being and that communication with the True Being of another may be entirely different in experience and form or manner. To communicate in the manner you have described with your True Being is possible in the sense of the energetic patterns for engagement of life and incredible presence and authority in your life.

The verbal communication which these attunements are so heavily based on is a matter of interpretation and transformation of the causal nature of understanding and the lowering into this mode of communication. Our communication is a process and product of these lowerings, which are possible through our transformational, or transformer-like, structures in our nature for adjustment to levels and forms of life. The True Being does not operate this way. Neither yours nor ours. To communicate or be aware on that level is an individual experience that transcends these lower processes.

So, you see, the offering, the availability of the presence of the True Nature is more in the direction of sustenance of life in the patterns of creation or creative ability. What the True Being gleans or absorbs from your journeys in life is not words or the forms of engagement so much as the relationships of energetic life. As long as it has projections such as your ego into realities, it possesses at those levels those forms congruent with that form of life. But when the form is withdrawn and placed elsewhere, what is retained is not the forms or the language but consciousness that results from these.

So, we communicate one with another, thee and we, to serve the ongoingness of true consciousness that will be transformed into knowingness that is the nature of True Being. It is possible to communicate consciously with your True Nature, but the communication is a different form than what we have enjoyed in our travels together. The question then becomes "Is one so prepared and conditioned to leave behind a requirement for verbal expression and enter into the world of the True Being?" Many insights in understanding that people have gained are brought about by the assistance of others attuned to their need and their inquiry on

many levels, as well as the subtle body and consciousness mechanisms for the lowering of understanding and its transformation, innate in each person.

Our references to 'connecting with your True Being' are based on this understanding and yet are still encouraged as achievable, and more and more essential to the evolved nature of future journeys. This is an introduction to this life relationship, according to your inquiry. This is a journey worth taking.

Connecting, through love, with the archetype of your True Nature

Dec. 21, 1999 C

JANU: I am Janu speaking, continuing then this afternoon with a discourse projecting into the realm known as "Surveillance." Now then, to what do we "survey" this afternoon? We "survey" a condition known as archetypal behavior and existence. What this means, dear one, is the primal pattern of your being that guides, that is the archetype for each sojourn.

As we journey into the surveillance of your archetypal nature, the patterns to be revealed are those that combine for this existence and are hand in hand with those that lead into the next millennium, you see. Now, after the character and nature of these, what we see here are the beginnings of the stage of development for you that will manifest in your lifetime as true teacher and servant of the words of destiny for humanity's next adventure. In order to accomplish this, one must avail themselves of the magic and majesty of the true power of their archetypal true nature or natural being. To do this, one must embrace--and by this we mean "connect through love"--this archetype, and we do so at this time with you. And let us proceed at once.

(Extended pause)

That is correct. This is as a pearl of great price for your journey in life, for without it the life drifts in many directions without continuity. That is correct. The vision now turns to great clarity of human destiny, leaving behind a vision of its current malaise and dilemma.

(Extended pause)

Man's destiny in the next millennium is to become conscious, to prepare themselves for the role in life of creating in harmony with its symphony, with its pace and nuance, with its destiny in so many aspects they are beyond number. Humanity's destiny is to reach for the stars and take its place in the movement of life that is larger than the isolated perceptions of desire and need from individualized existence. Mankind's destiny is to reveal to itself its own destiny. The Orders of Service have prepared this understanding, to be declared to those who will receive it. And to this end we concur and comply.

The True Nature is the Seed of the Divine

Feb. 9, 2000 A

JANU: How best, then, might we address in a more complete way, or inclusive way, this journey? We have announced, from time to time, the beginning of adventures too numerous to mention, that appeal to the imperative from within, the urge of life, to excel and to expand. We do so again at this time, and agree to surrender to you the mounting evidence of life revealed through these journeys. Today's revelation shall include a journey into the center of the core nature of your reality, meaning your True Nature. We do so at this time as a result of your inquiry and preparation to do so. It is clear that your established ideal to gain completeness in this way is unmistakable. So then, our brother, let us proceed.

What then is the nature of your True Nature? It is, simply put, the seed of the Divine, the collective reality of all life, the journey of Divinity. To touch your core nature in a conscious

way, from your current platform of life, is to embrace the vitality of the Divine, not only to create but to be at one with all life and know the magic of its existence and its True Nature.

We will touch for a moment, at this time, that which is to be beheld in this theme of understanding. Prepare, then, to meet the truth of your being.

(Extended pause)

Yes, you are correct. The journey is over. We will proceed with this at another time.

The True Nature: a wholesome reality

September 14, 2001 A

JANU: What then is this True Nature that you speak of, that you wish to know and embrace, that you hold in high ideal and honor greatly? It is, dear one, that which precedes you and gives rise to your inquiry and your movements in life. These changes that come, by natural selection of those elements of its experience sought after by the collective you, are orchestrated by the True Nature of your being. This orchestration does not dominate the natural unfoldment of these interests by the elements of your consciousness but allows them to unfold or proceed as they are capable. The True Nature, then, designates that which will be embraced, that which will be encouraged, that which will be fulfilled.

The True Nature is a wholesome reality, meaning that it is complete unto itself in the sense of its continuation and its ability to contribute to the larger purposes of life itself. The reality of the True Nature is designed to be one that exists as a living presence, a self-luminous radiating reality, that is the representative, or agent so to speak, of the essential nature of life. Its correspondences with the totality of life are immutable, as is life itself. This cannot be corrupted or removed by the lesser creations of life for the thrust of life and its origin are the founding reality of the True Nature. It disposes of all influences to the contrary.

To reach for a full engagement on a human conscious level with this nature, with its nature, is to bring about a transformation of the climate of life for the human adventure. One must bring into their consciousness the holistic reality of this nature to embrace it as pattern if not in totality into the life. Allowing, then, your relationship with the life of your current awareness to be patterned in this is truly one that lifts all of humanity; therefore the quest of this realization in the human journey is laudable to the finest degree.

We bring about these understandings to serve this purpose and encourage you to proceed in this way. The True Nature of life must and will proceed and the examples of its manifestation eventually fulfill their destiny in this reality. We thank you, our brother, for this time to proceed in this way of understanding and encourage you always to gain further in your quest.

An introduction to the language of life of the True Nature

March 14, 2002 B

JANU: I am Janu speaking, meeting this challenge. And challenge it may be for many to assume the responsibility for the connection you seek, that being the True Nature of your being. We would summarize thus far our body of understanding to be that of addressing the fact of the True Nature and its reality. But, more than this, you have sought the True Nature to be of a more, shall we say, influential role consciously in your life. To proceed with this element or aspect of your relationship, we must agree to some terms of understanding having to do with very pronounced feelings, emotions if you will, and the activity level or vitality level of the chakra and the impact this has upon those around you, including nature itself. The terms we seek here for understanding embellish upon these influences by forecasting the richness of each.

So let us begin then with the first term. This term reveals the true strength of the True Being and that term is: Freedom. The Freedom of Understanding brings intimacy, connection,

opening the door for engagement and influence to every aspect of life. The Freedom to Be carries with it the counter-reality of withdrawal. The purpose of this withdrawal is to perpetuate the freedom of the choice of beingness.

The second term is: Species Preference. Now, this covers the complete range of life manifestation of consciousness and co-creative ability. The nature of this and its purpose is the control of choice, and this will always be guided by the inherent nature of being, beingness.

The third term is: the Coexistence of Selective Understanding and Collective Understanding. The essential unity of all perceptions and their subsequent experiences. We call this reality "pi-na'-shah."

Proceeding then to the fourth term. Let there be no degree of radiation of influence as monitored by the complete presence or wholeness of the prime mover of life, and this results in Expression, Measured Expression. And for this we use the pattern or tone: REESUK (pronounced 'ree-sachk' with hard guttural h at end).

What is being presented here is fairly universal patterns of vibration or sounds that stimulates connection with these qualities, these elements, for the purpose of enhanced connection, rejuvenation, and clarity. Some of the words or patterns suggested are within your language and they are not there by accident, you see, for the True Nature has its influence.

The fifth and final term for this session has to do with the cycle of life that seems unending for each expression of it, but it is a cycle, dear one, and it has its beginnings and completions, paving the way for new expression. We use the term: WHEEOH (wee'-oh). Expressed effectively, the 'whee' is on the out-breath, the 'oh' is on the in-breath. The two merge in the consciousness as one and the cycles of life become one.

We will continue with this at another time. This is but a beginning of learning the language of the life of your True Nature. Respond well, our brother, and we shall continue with this. Namaste.

What it means to awaken into the reality of your true nature

April 19, 2002 B

JANU: The True Nature of any individual reveals itself purposefully as one demonstrates a willingness to grow in that expression as a conscious nature. The True Nature is not separate from your current awareness but includes it. Your True Nature's grasp of life is revealed steadily as the journey through life progresses. It does so nurturing its life projections, of which you are one. Its relationship with its projections is not unlike the Source of Life and the intimacy it has with all of creation, for they are one. What this means to the individual is that the oneness of all of life can be experienced as an individual through the nature of this relationship with your True Nature, for as you expand your ego, your identity, the True Nature is you.

What, then, does it mean to the individual to become as True Nature to a larger degree? It means a rejuvenation of those egocentric elements of your existence. It means a clarity of purpose for everything you do, not apparent before. It means perspective of life's preciousness, not to be wasted, not to be characterized with thoughts of futility and destructive acts of consumption. It means a deepening harmony with endless other purposes you now are consciously connected with at all levels of life. It means profound science not limited by perceptions of impossibility framed by rigid concepts of natural law, both Earthbound and cosmic. It means a growing capacity to be and express compassion, understanding, and inspiration. It means a caring for others with deep understanding and a view of their destiny and the richness it adds to your own, you see.

These are but the beginnings of the awakening into that you truly are. We would have you understand this, embrace this, and live this to fulfill your quest in this area.

The Nature of Love: the true nature

Nov. 4, 2008 A

(This is part of another series, available as a PDF, [The Nature of Love](#). As it addresses issues of the True Nature, it is also included here.)

JANU: The nature of love embraces a profound reality that anchors itself in the heart of the first principle of life: the expression of pure being and all of its potential. The nature of love transforms and transcends what is to become of the first principle of life. It begs the notion that the first principle of life is a continuation on the road to a larger venue.

Now, to journey into this understanding, one must prepare oneself for a deeper and less confined experience. For love itself, even on this level, is expanding on its manifestation of its potential. For there is love reality larger than your universe. All of life is in motion.

Now, as to the nature of this more immediate to the human journey, let us say that we would expand your understanding to a point. The tapestry that love reveals its nature through, by expression, is characterized by the returning to a consciousness and experience of engaging life's patterns of expression as if you were they. Each expression speaks to survival, even when one avoids the responsibility of their creation. "But survival of what?" you may ask. And it is the survival of the true nature of love that your own True Being embraces.

When one has fear as the basis for their conduct, their decisions, its nature is the fear of disconnection, of separation, of being alone, of uncertain survival in the sea of life. But the fear masks the joy that lives in your True Nature that is seamlessly intertwined with the magic and the beauty, the true power, of the love of life. When one feels fear, surrender that to the peace and joy of the living presence of love that is your nature. Allow its presence to regenerate a powerful love of who you are, as you are. Feel the warmth, the companionship, and the peace. This opens you to clarity and understanding and resolve.

Expressing the True Nature

Mar. 28, 2012 A

JANU: I am Janu speaking, beginning, then, in this way of understanding to bring forward that which pertains to the feeling of, the nuance of, and the presence of your True Nature. Let us fill in the missing gaps, if we may, to some degree. That being that which underlies the organization of what some would call Spirit in your life.

That richness of being belongs to a group of truths that spreads across time and space and realities, dimensional and otherwise. For it is the essential nature of life, and yours as well. This essential nature springs forth into the outer life when there is opportunity to influence, guide, inspire the outer ego. The mirroring of the True Nature in the outer life resides in the desire to be complete in awareness. When realization occurs that the human consciousness is somehow lacking in realization of larger reality, there springs forth the True Nature into expression.

Let this become, then, a growing reality in your life. Reach into the depths of your being, the cares and desires, and your service. Let it paint or texture your conversations and your thoughts. And let it touch your earthly vehicle as well. In time, identity shifting occurs, and you are that you are.