

# Manifesting Change

This is a series that follows from the attunements on The Nature of the Coming Changes and on Changes in general. As the attunement process has developed, it has become very apparent that ‘change’ is a constant part of life, for life is in motion. As humanity awakens to its full potential, it becomes apparent that we are co-creators with life. Thus, we create or manifest this change. This series of journeys develops this concept. Again, you are invited to consider what I have received with Janu and to take your own journeys, to discover your own truth.

1. An Introduction
2. The Climate
3. A talisman that speaks to life’s nature
4. Manifesting change begins with the quest for discovery,  
the desire to know, the love of vitality of life, and  
the awareness of your connection to it all
5. Embracing many realities
6. Advancing a conscious relationship with change
7. Transposing life to manifest change
8. The nature of change is revealed in all of the  
motions of life
9. What you change changes you
10. Changing your perception of your own awakening
11. Allowing the currents of life to share your thoughts,  
emotions, and conduct
12. A change in the relationship between consciousness  
and the motion of life
13. Maturing the power to manifest
14. The assistance of many orders of life
15. An exercise in the process of life through creation
16. Co-creators guide the natural flow of change
17. Manifesting change is the redirection of motion
18. Create in every way that interests you
19. The nature of manifesting change
20. Change changes the changer
21. Manifesting change in an ever changing life
22. Understanding Co-Creations
23. The call to change

- 24.Maintain your life through manifesting change
- 25.Change has many realities
- 26.Observing change
- 27.Being involved with change
- 28.Participating in change

## An Introduction to Manifesting Change

August 4, 1999 A

JANU: We have, commencing this evening, an opportunity to proceed in the direction of the lament of so many as to the configuration of life in the years to come for your world. As is seen from our perspective, we would announce that life to come for your world will be quite different, even in your lifetime. The differences that will remain are in the areas of communication, finance, and, most importantly for some, an understanding of the nature of life beyond your world. For this one factor alone cannot help but influence the maturing of the consciousness of humanity in the reality of their own existence and their relationship to the larger life and to each other.

These changes that are coming will be announced from time to time as they begin to firm up into what can be perceived as viable differences, you see, from that which has prevailed in the past. The collection of these understandings as presented in the book you contemplate publishing are an early foundation into this developing understanding. It will not be, necessarily, your only offering on the subject to the world at large but is intended to be an introduction to the movements in life that humanity undoubtedly will become aware of as time moves on. These changes will bring about a new understanding of life, not just as observer but as co-creators of it, not only among each other in humanity, but with the forces and designs for life that most are yet unaware of.

Key to the success of all of these is the development of the awakening of individual and collective consciousness to their true estates in life. This will be accomplished more and more by embracing the core realities that give authority to your thoughts and feelings that mark you as a spiritual being. As we have said, we will announce these developing changes as they occur, bringing understanding to your purpose and their opportunity. Tonight's is the first and we will watch this carefully and closely in the months to come.

## The Climate

August 8, 1999 A

JANU: I am Janu speaking to that which comprises a subject of many topics, including the natural feeding of recent events in your world having to do with climatic changes. Now, having said this, what we mean here is that, taken globally, the accounts of world climactic conditions and their severity distress many. But as humanity is not limited to the realities of an individual, neither is global climactic conditions described well by one regional condition. Taken globally, the world's weather is governed by the circulatory needs of rejuvenation, distribution, and repositioning of surface elements of climate for your world.

What we serve this evening is the events in northern Africa as well as on the peninsula adjacent to the Straits of Magellan and the undersea equivalent of climate at depths not frequented by human curiosity in the deep trenches of the oceans. What is being served here is the anchoring points for global shifting of weather patterns, restructuring the Earth's climate. Let us proceed at this time.

(extended pause)

In some cases, ocean conditions such as La Niña are contributed to by a change in conditions in the deep ocean trenches, which are more easily manipulated due to their isolation from the more rapidly changing interplay of the surface conditions. The deep

trenches are cycling waves of change in ocean currents due to temperature shifts or differentials at this time.

As to North Africa, there will be a cooling trend in the deserts for the next five years. And at the Straits of Magellan will be an atmospheric pressure drop of several isobars for periods of seven days correction, from time to time.

These reconfigurations will bring about dramatic changes in the global organization of the climate of the oceans, the land, and the atmosphere.

We conclude this evening's service at this time and reconfigure that which has been established for this evening's service. Please return to this configuration as there is need.

### **A Talisman that Speaks to Life's Nature**

October 29, 1999 A

JANU: I am Janu speaking of another talisman, that being "change," for it is a talisman of life that speaks to life's nature which is always in motion. Change and its characteristics, its patterns, its movement, is a measure of life's vitality, diversity, and unfolding evolution of its potential. Examine your own life, if you will, and measure its vitality, purpose, and movement in realizing its potential. If there is any area without change, it will diminish and be left behind as non-life through non-viability. Even these attunements, dear one, must change by this definition. And everything about them falls under this understanding. To change is to inspire vitality and expression in all elements of life. We would have you know this, especially in these coming times. And by this we mean the times of awakening, the times of exceeding current thresholds of movement.

To manifest change, then, one must acknowledge this truth and claim the co-creative power sourced from the core of your being to facilitate change in the name of life itself. Examine your life and its elements and ask the question "What is overdue for change? What is stagnant? What patterns have repeated and continue, revealing no expansion in understanding and expression?" Manifesting change produces new insights, new understandings, and an imperative to perpetuate this movement of life. The majority of life is unrealized potential. Therefore, manifesting change continues the awakening or the realization of life's potential. This serves the Source of all life, for only through this process does life know itself. And, yes, even the Source of this universe is evolving.

This series will delve into the elements that contribute to creative change, your powers of perception and facility to engage the fields of creation, for change serves life on more than your physical world, but in many other realities as well. Much to explore here, to understand and to develop the gifts for.

### **Manifesting Change begins with the quest for discovery, the desire to know, the love of the vitality of life and the awareness of your connection to it all**

December 16, 1999 A

JANU: I am Janu speaking and manifesting indeed is the subject for this discourse, for what greater service to life than the manifestation of its evolution, its destiny. Manifesting change, then, speaks to what some see as an anomaly in the stability of life, in the constants that they describe when in fact, dear one, there is no constant that is not changing. What we deal with here are the powers of perception and preference. Manifesting change looks at, as a series, the culmination of accumulated or collective

thought, intent, desire, and passion on the part of humanity and all elements of life to the imperative to realize all of life's potential. Manifesting change, then, deals with understanding and embracing this quality of life as we have described before. Joy being the flower of love, creation and its outcome is the flower of Divine love. And the collective consciousness of all life, of which we all are a part, carries the divine imperative to blossom. Manifesting change is being in harmony with this imperative and its ensuing process.

Now then, as to the more direct application of this understanding to those who wish to enjoy this motion of life, manifesting change begins with the quest for discovery, the desire to know, the love of the vitality of life, and the awareness of your connection with it all. Moving through these many journeys we have shared together awakens this. Learn to touch life intimately, thoroughly, with reverence for it, and respect for its mystery. Each person has vast mystery yet untouched. This intimacy within the awareness of self enables you to touch the rest of life with understanding and compassion, patience, and freedom that honors its integrity. For one is not possible without the other, you see. And manifesting change begins in this way of connection with yourself and the rest of life, for what change would you see manifest, that was not part of the destiny of yourself and every part of life? The Earth on which you live understands change. Learn from it and assist it and, in so doing, you will understand the destiny of any change. Be the master of life's motion, first with your own life.

There is a livingness, a vitality, a presence that is the nature of change. Allow that into your embrace for the power to manifest a life in motion. Change is guided by wisdom. Allow this wisdom to be yours. In the area that concerns so many, called physical health and healing, perfect health is not a static condition and, for it to continue, its reality must evolve to changing conditions within and without, for as your consciousness expands and embraces more of life, the nature of your health must adjust to accommodate it, you see. Witness the influence of contradictory thoughts and emotions and actions. They impede the health you seek but, even still, your health accommodates these conditions. We will continue with this at another time, leading to further understanding.

### **Embracing Many Realities**

Feb. 15, 2000 B

JANU: Manifesting change, then, can be examined in a number of ways. The best for the purposes of this discourse being the creation of life's opportunities using the realm of your current sojourn, benefiting those who would partake of these understandings for life enhancing. A development of creative abilities. We would have you know at this time that the power to change comes when one's creative ability is in alignment with the destiny or purpose of the object of that change. When wisdom prevails in manifesting change, a vision and an understanding of the destiny of any element of life is achieved. Therefore, the act of manifesting change is successful with this primary ingredient.

Bringing about then a further understanding of today's focus, we would have you understand that change is not accomplished in a vacuum, so to speak. It enhances the motion of life by taking into account that which is already in motion. One might infer, incorrectly, that individual initiative and its results in the area of change is a non-reality.

The goals of these understandings in achievement are a process that themselves are in motion and embrace or utilize with a skill level that is also in motion.

Manifesting change embraces many realities. Manifesting change fulfills the promise of life to realize its potential. This includes yours as well, you see, so manifest change in your life with this theme and it will bring about a growing access to more of your potential. To assist another's relationship with their life, one must know the will of another to change, for your will to change is not the issue or the authority for the involvement, you see. There are ample opportunities in the day to test this understanding. When you desire for certain achievement or acquisition, it's operating. Shed this light on such desire to draw on this for its timing, character, and implementation.

### **Advancing a Conscious Relationship with Change**

Feb. 24, 2000 A

JANU: Manifesting change, then, begins as we have described earlier, with the coming together of motive and understanding with the purpose of life. For what purpose then do you serve when manifesting change in this setting? The purpose served, then, is fulfilling the potential to be realized by virtue of the divine gift inherent in that which continues the motion of life. Now, the worthiness of any manifesting of change is not based upon apparent scope of diversity or timing. All manifestation of change carries the same authority, the same essential nature, and the same essential purpose. Understanding this comes about through the acceptance of, with understanding, the true nature of creator and creation as being one and the same.

Now, understand that contributing to the manifestation of change is not something that one engages or disengages. It is always engaged, for to be part of life is to be in motion. And this is the definition of change. What one aspires to is a conscious relationship with this reality. This is not to say that unconscious manifestation has no purpose or value. But what it does say is the enrichment of life is fulfilled as the awareness of itself grows more complete.

This can be experienced on an individual basis for, as one becomes more aware, the experienced personal enrichment and the freedom to create in more deliberate and diverse ways not just for their benefit but for the benefit of all of life as consciousness moves up the scale of ownership of its being, completing its journey, preparing for new thresholds of adventure. Collectively, all expressions of life are incomplete in a sense of 'journey's end.' And expanding awareness is awareness in motion and assists all other life in its quest for realization of its full potential.

Manifesting change under this scrutiny frees an individual to own their creations and not be owned by them. Manifesting change then, in these discourses, will examine the elements of the power to manifest the vehicles of that creative power and the system of constant feedback called 'outcome.' Therefore, you are following and advancing your mastery to create.

We will continue with this series in this vein of the personal elements, for each one can manifest change. We are aware of your question: If change is constant, what are you manifesting? Manifesting change refers to your contribution to the interactions and balance and symmetry of its outcome and opening of new venues for fulfilling life's promise and destiny. We will continue with this at another time, my brother.

## **Transposing Life to Manifest Change**

Feb. 25, 2000 A

JANU: Let us begin, then, this morning's discourse in the area of transposing that which has been to that which is to come. And in many ways that is the nature of what is to come. For, in truth, life is recycled, if you will, into new expressions. What does it take, then, to transpose that which you are experiencing, that which you understand, that which you feel and know, and that which you observe, into a new opportunity of life?

Transposing consists of journeying in consciousness to a more elevated state that embraces a view and relationship with the potential of all we have described. A vision for the future, as some would call it, is no more than a view of unmanifested potential for any given element of life. How then does one perceive this potential? All life, dear one, has intelligence and awareness. You need only progress any element of life into a revealing of its potential. This includes your life as well.

Now, the movement in this direction of potential by any element of life is a process. Whether apparently instantaneous or of long duration, this process includes a path of awakening or enlightenment for that element of life, no matter what it be. We would have you know that accomplishing this transformation or transposition calls for, in a certain way, a cooperation of willingness for that that is involved. To solicit that willingness, one must presume that an imperative exists, embedded in the pattern of that element of life. To progress, many have a tendency to perceive the forms of life as lifeless and therefore must be forced into new forms of manifestation. This is not so. All is life, all is intelligence, and all is aware. And all forms of life, including your own, can communicate with each other.

As in music, transposing modifies the octave. The same can be said to be true for the vibrations of life that exist everywhere. In many ways you are striking harmonic chords in these rhythms which, when absorbed by the manifestation, restructures it. How many times has someone said "That struck a chord in me and changed me"? Take, then, this understanding into the depths of new relationship of moving with the rest of life.

## **The Nature of Change is Revealed in all of the Motions of Life**

Feb. 25, 2000 B

JANU: I am Janu speaking. And we are holding for you an understanding progressed along the lines of the subject at hand, "manifesting change." For change is a progression. And progressions include linear and nonlinear realities, for that which moves through change from one reality to another does not require that each be built one upon the other by direct connection. The link between the two realities is that which is experiencing the change. Your movements from one lifetime to another can have this component as well. Not all experiences are directly linked to previous engagements. Most human thinking is based on linear progressions, therefore judging one person's worth based on current involvements and not understanding that a person in a perceived lowly estate can be a grand and powerful being.

Manifesting change, then, brings about a revealing of the nature of change. The nature of change is revealed in all motions of life and must be understood to master the flows or motions in your life. Change accommodates intent and desire. It accommodates the pressures of motion of all life. And it accommodates the parameters of initiated creative influence. Therefore, manifesting change accommodates the dynamics of variations on preordained destiny which brings about the richness and diversity of life.

## **What You Change Changes You**

April 24, 2000 C

JANU: Manifesting change, then, procures resources of life, diminishing their neutrality or preference for outcome or creation. This process of manifesting change brings about changes even in the source of those resources, leading to patterns of recognition upon certain calls for the manipulation of the fabric and forms of life. We would have you know that manifesting change changes you as well. For as you alter life, are you not altered in the larger sense of things? Therefore, be mindful of this reality when involved in this pursuit. We would have you know that there comes about a time when you realize that manifesting change is a continuous reality without starting and stopping points. It is a constant work in progress, if you will, on the order of magnitude best described by the change you are willing to experience.

Now then, to initiate additional change to the flow of life, examine your willingness to be part of that change. For when you hold in your ideal bringing to the condition of another enhancement of their conscious freedom, are you willing to be one with that manifestation, to the point of agreeing with all that that results in? As creator, you are the instrument as well, bringing about that which is undifferentiated into manifestation. We would have you know that to do so forever changes you, as it does the source of all life. This is not a warning, but more an encouragement to embrace the responsibility for the outcome you initiate.

Change builds you, through experience and ever increasing diversity in the nature of your consciousness. Be then, an engaged creator in the movement of life, a vehicle and an embodiment of change. For are you not one with all of life?

(Editor's note: This topic was revisited Nov. 10, 2012)

## **Changing your Perception of your own Awakening**

October 19, 2000 A

JANU: In this series of somewhat profound elements of understanding--profound in the sense of their potential for impact in the movement of the consciousness of participants--we challenge directly, then, this opportunity to progress in such a state or manner as to agree with the fulfillment of destiny for humanity. To say that we are well motivated to continue with this series is an understatement.

Let us proceed, then, with today's excursion, becoming more personal then in our approach to manifesting individual change. What more personal element of change can exist than the awakening to the truth of self? We would have you know this, that all of your choosings that shape your life experiences are enhanced by this particular change. These words can be a mask to this reality when seen only superficial and not experienced directly. We would have you, at this time, consider bringing about a change, even as we speak, in the direction of your embrace of the notion that you are a limited human being attempting to awaken. For even this path of perception has its own self-fulfilling destiny based upon the limitation of linear progression of the movement in awakening. It is possible and, at times, preferable to step outside of this model and we would have you do so at this time.

As you can see in this moment, you are looking, in a sense, back at your human experience, witnessing that experience moving slowly toward what you are already aware of. So it is possible to witness change from both directions, you see, being imminently practical in allowing potential when understood and perceived to set the stage for the movement in awakening. The impatience, then, of the human struggle to awaken is overseen with the patience of knowing its inevitability. Take a moment and step outside

of the framework of your existence in your life and see its potential and embrace the flow of change in that life as a master of it. No longer the slave of it, you see. This will take some getting used to but is achievable and eminently more fulfilling.

### **Allowing the Currents of Life to Share your Thoughts, Emotions and Conduct**

February 6, 2001 C

JANU: As we discussed during our last journey, awakening to one's own true nature is a profound experience in the reality of change, for change we all must. To appreciate the fullness of a moment, the magic of life, the symmetry of wisdom, and the compelling nature of love. These are born on the flow of life and give testimony to the vitality of all life in motion. Manifesting change, then, is best understood when seen in this way. As to the nature of life and all of its avenues of expression, change brings about the breath of life which passes through your consciousness, revealing the full capacity of the wisdom of the Source of all life. Change manifests, for there is no manifestation without it. So the phrase 'manifesting change' is, in fact, a manifestation of change itself. Even the stillest moment in your reality is in motion. Therefore, manifesting change, you see, is choosing to allow these currents of life to share your thoughts with you, and your emotions, and your conduct. Even a thought rides on the wind of change and manifests by shaping life and its currents. The thought of change brings about fear to many, for they see it as an unknown, uncontrollable, unpredictable, and fraught with the possibility of disastrous consequences. Engaging change as the way of life brings light to these uncertainties and confidence in life's wisdom. Allow, then, your awareness to touch these flows of truth and change will become part of your path to freedom.

### **A Change in the Relationship between Consciousness and the Motion of Life**

May 3, 2001 B

JANU: We have before us this afternoon to proceed in the line of reason we have called "Manifesting Change." This subject matter holds dear to the hearts and minds of those who choose to embrace a better life, for manifesting change is the key to engaging life.

Manifesting change, then, agrees with life's imperative, meaning its thrust for ongoingness. Manifesting change predates all civilization and all known vehicles of expression. We would have you understand at this time there will be manifesting changes in the character of the manifestation of change, giving way to new realities yet to be achieved since the beginning of time. These changes are brought about when there comes into focus in the flow of life movement in the orbital velocity of conscious thought. What this means, dear one, as the cycles of life and consciousness change their rate <of> absorption and expansion, the character of change evolves. What this precipitates or affords is a change in relationship between consciousness and the motion of life.

Your Earth will experience, in due course, including human consciousness, the ability to affect change much more rapidly upon the essential fabric of life, altering reality, you see. Your notions of the stability of the orders of life remain only when the conditions that govern these are held in position until no longer needed or suitable for the current explorations of life's potential. Realize, then, that the manifestation of change is not a fixed reality but changes its character from time to time.

## **Maturing the Power to Manifest**

October 14, 2002 A

JANU: Manifesting change, then, in little ways brings about change in big ways. For the whole spectrum of life, you see, is pivoting on this. What, then, creates change, my brother, but that which enables the motion of life to re-create itself. Which it does, continuously. What we describe here is one of the primary principles of life, and that is 'self-realization,' the innate thrust to explore that which is innate.

Now, then, this would suggest that change is an automatic process. It is not. It is a function of the desire to explore or discover more of life. And this desire is real in all forms of consciousness, from the smallest to the largest. What do you think, then, is the cause of boredom? Repetition, sameness, static life brings boredom, which is a manifestation of the desire to know, the desire to create, the desire to become.

Expand, then, your understanding of this concept beyond the human condition, for there exists this imperative in all of life. Take a moment, then, and attune to this imperative in many forms of life and discover for yourself what you have in common. Now then, the nature of a maturing consciousness in this area of manifesting change and the thrust to live, the imperative to know and understand, demonstrates a desire to serve this need in all of life. For the maturing consciousness understands that all of life is its family, its heritage, and its future.

Manifesting change, then, has added to it the flavor of cooperation, co-dependency in a sense, and mutual benefit. The Source of Life understands this and so will all of creation. What we are laying here is the foundation for building a premise for the maturing of the power to manifest.

## **The Assistance of Many Orders of Life**

April 1, 2005 A

JANU: Well defined are the issues commanding the manifesting of change. Structures involved are harmonious with results that stream life, and the manifestations of it, on a course of destiny as decided by the participants and provided for by life's potential, in its design, you see.

Manifesting change is not accomplished in a vacuum, so to speak, but through the assistance of many orders of life. Manipulating life, your experiences, your accomplishments is a handshake arrangement with the structures of life which loop all creations through the Source of Life. Manifesting change brings about a delivery system that creates enormous movements of the power of potential as resource of that change.

Now, understand that change is an ever-present unfoldment of life that continues unabated. Your perceived powers of manifestation of change are the redirection of flow or the currents of life that are vast in nuance. Now, specific change without consideration of ramifications brings about randomness in relationship to the orders of life with results more of a disturbance than an enhancement to life. What we suggest here is an alignment here with the resources of life and its growing wisdom to support original thought.

Life is ordered, in its vast, diverse way, with purpose co-existing with freedom, originality, and endless possibilities. So, embrace your desire, your creative insight and reach into the vast resource of life, of which you are a part, and choose to see and understand the clarity of vision, wisdom, and life enhancement. You will attract those of considerable power to contribute. You will activate and vitalize resources within you.

And your vision will crystallize in the creative fields of life and reveal to you understandings beyond your vision.

A purpose of change is the revelations that come from the new experience. You understand then, to a measure, why life, why creation is always in motion.

### **An Exercise in the Process of Life through Creation**

April 15, 2005 C

JANU: Light then resembles change as it pertains to the amount of progress or progression along the path of destiny. Arguably, change and the manifestation thereof is paramount to the manipulation of, the focusing of, the redirecting of the continuous ongoing movement of the flow of life. Change marks the beginning of the dynamic of life, which is the dynamic of thought, the Initiator. Understand that thought reality has many phases, and the common one in your current understanding is but one of many. Therefore, manifesting change is an exercise in the process of life through creation, and creation is a manipulation of thought into differentiation in the tapestry of nuances.

Now understand this, that during the process of thought, coexistent, is a change in the flow of life, always in motion and, as a result, responds instantly. Now the difference between sequential process of manifestation and instant manifestation, by comparison, is the intimacy of connection of thought to the fields of creation, determined by the fineness of the plateau of life thought is initiating into change. Therefore, the influence of thought centered in the finer chakra or vortexes of energy in life determines that connection, that plateau, that platform. And one chooses which connection to make, consciously. So the nature and character of manifestation is directly related to the plateau of life, or consciousness, one chooses.

Now, each plateau has its own characteristics, its own parameters of expression. Now the wise application of any thought change initiation reflects the appropriate platform of consciousness and its properties. Now, one does not create in a vacuum, so to speak, or initiate change, we would say. Therefore, the wisdom to guide such already exists and is available in the record of life and those who are one with it, for each level, you see. Your attention is your connection, your motive is your authority, your purpose and the wisdom for it are one.

Much more to be understood here. We are through with this.

### **Co-creators Guide the Natural Flow of Change**

Oct. 25, 2005 B

JANU: Yes, a valid question, our brother, on the subject of ‘Manifesting Change,’ What is the manifestation of change in a field of life that is always changing? What role is to be played and what purpose?”

Change is inevitable. The many paths it takes are not. The role of the co-creator, the conscious individual is to guide this eternal movement for the purpose of realization of life’s potential. Many variables come into play, none of which are to be taken for granted. One variable is timing. The evolution of the nature and character of each path, pathway open to an evolving wisdom through experience and the influence of the encountering of other pathways. A limited understanding is in the direction of the organization of life or the channeling of change guided by purpose, insight, and the wisdom of life, which is expanding.

Manifesting change, then, appears as initiating the movement of life, but is more, co-creating the pathways of expression to manifest potential and the enrichment of life. We began this series to move in this direction of understanding in the hope that enlightenment in this area would serve humanity's awakening to the co-existence of eternal being, eternal change, and bring humanity into a clearer understanding of participating in life's unfoldment, as well as its own, our brother. Manifesting change is a real part of the vested interest, original thrust for life, as in self-realization.

### **Manifesting Change is the Redirection of Motion**

Nov. 8, 2005

JANU: Manifesting change, then, requires an anomaly in current human understanding or thinking that in its nature attaches not to other than the moment. For manifesting change is neither about the past or the future. It is about the flow and movement of the Now. For the Now is dynamic, energetic, and constantly manifesting this motion, this movement. Now, the energy involved in this is a cyclic energy that remains within the Now, in that reality, and becomes the change in the sense of the motion of it. Now, what has changed, and to what it is changed into, is another layer to grasp, for changes are in motion as well, and never fixed or inert. So, what then again is manifesting change but, or other than, the redirection of motion? And, in the third dimensional view, varying degrees of rate of change. However, in other realities, this rate of change is understood differently, more as a progression.

How then does one become involved with this process? Change can be cyclic return approximating a previous state, for all change moves deeper into the lifewave of potential. For the realization of the potential of life marches on, you see. Change can also be modified through vortex relationships, vibrational shifts of countless patterns. For change is not linear, you see, although it can be made to seem that way through the influence of rate. All change has its root in the past and its potential in the future and, through the looping of life, completes itself.

Understanding these elements enables one to become them, so to speak, and manifest change with a more integrated and harmonious understanding of its relationship to the rest of life. Also understand, any change you manifest is ingested in your being and is part of you. For change is the nature of life, life in motion, of which you are a part. So you understand that manifesting change is an intimate relationship with the flow of life. This one understanding is a key to the initiation of change.

### **Create in every way that interests you**

August 19, 2012

JANU: Manifesting change is a core reality in the fabric of life, dealing with the process of continuation. This process activates, energizes the fabric of life, the fields of creation, and all manifestation that exists. Change is manifested by the life that lives it, and is born of a desire to explore, discover, realize, and embrace life's richness. Now, our dear brother, this exists from the smallest to the largest, from your perspective, reality of life, every dimension, every nuance, every subtlety, even every thought and emotion. The creative process and the manifestation of change are one. Why, then, would one concern themselves with creating anything, but for a refreshing of the view and understanding of life, a richer world, a richer day, and moments of beauty that are never forgotten?

Change is a process that organizes and reorganizes the elements of life, and no creation is immutable, no law, no principle, no relationship. Change brings freshness, new perspective. And, yes, part of this is forgiveness, for is not that a change as well, our brother, from one point of view to another. Change breeds change, for with each possibility manifested, the revealing of others takes place.

We would have you understand that manifesting change is agreeing with life and all it can be. When seen more globally, this universe is sparkling with an infinite variety of creative moments, everywhere. It is alive with it, and it is a thing of beauty. So each one's life is such a beauty, in its way, as it realizes and manifests change. Would that you could see this in each other. It would unite you in purpose and mutual appreciation and support, for creativity is everywhere and it is an ongoing part of life, essential to its nature.

So, our brother, create in every way that interests you and we will share our creations together and enjoy life. Namaste.

### **The Nature of Manifesting Change**

Sept. 28, 2012 A

JANU: Yes, an important distinction, our brother: 'change manifesting' as opposed to 'manifesting change.' For most who do not understand or grasp the significance of manifesting change, they observe change, do not understand its nature, and see it as something occurring as if by accident. Let it be known, our brother, that change manifesting is never by accident. There are those manifesting change all over the universe and humanity is no exception; however, humanity's relationship with this truth is one of being subservient to it, guarding against it, and seldom maximizing it.

The reality of change dictates that life is in motion, and this motion registers as modifications and creations in the fabric of life and the dynamics of each one's journey, destiny, and path to freedom. Let it be understood that manifesting change is the birthright, so to speak, of any creator. And creators we all are, whether consciously or not. Manifesting change is important for it brings into focus the creative capability of any consciousness. Humanity underestimates its creative ability but uses it to a degree.

And even more interesting study is the ramifications of change. How does one, then, foresee more and more of the ramifications of the movements of life, and their evolution? It is accomplished, our brother, by attuning to life itself, its elements, its substance, its structures and forms, its cycles, its currents, and the many consciousnesses involved.

The focus of interest or intent in this discovery dictates that which is revealed, so the breadth and scope of your inquiry and your powers of perception will control the breadth of the revelations. So be concerned, then, our brother, for your own development, on every level, for this sets the foundation for the range and depth of your perceptions, your grasp and understanding of the ramifications of change. Decide to know all that you need to know to be a conscious part of life and a co-creator with it.

## **Change Changes the Changer**

Nov. 10, 2012

JANU: The subject for this morning's journey, 'Manifesting Change,' continues developing your understanding of the nature of change. A subtle perception here is that the one changing is the one being changed. For changing life in any way, changes the changer. That is the theme of our understanding this morning.

How then does this occur? It occurs because, our brother, your True Nature is everything you observe. To change any observation is to change oneself; therefore, success in this, or what you would call positive outcome, is determined by the elements employed for the change.

Now, what of these elements, our brother? They include a fundamental love for what is observed and for the self, the nature of life and its continuation, its refinement, its realization of its potential. Also included is a perception of the ramifications of change, from the smallest to the largest, even into the future, you see. And this is accomplished by a growing foundation in being conscious in the fullness of the moment, the Now, where all is revealed. Seeing the Now as the source of knowing, all else comes from this, is created by it, and is united in it.

Manifesting change is a continuation of the flow of life from the moment, the process of becoming, of fulfillment, of realization, and yes, even life experiments, trying this and trying that, and appreciating the outcome, for the outcome reveals and inspires the next change, you see. What a wonderful circus you see, of display, of performance, and achievement. Creativity flourishes in this environment. Don't you see, our brother, how life is inspired to produce after its own kind? Manifesting change is the process. From the carpenter nailing two boards together, to the dreamer who inspires hope and faith in the hearts and minds of others, manifesting change is the magic of life.

We would have you know this and honor this and embrace this. We are the Brotherhood of Light, living life in this manner, even as we speak. We join you in the magic of life, manifesting change. Namaste.

## **Manifesting Change in an Ever Changing Life**

Dec. 24, 2012

JANU: We welcome this opportunity to discuss once more the reality of manifesting change in a world and a life that is always changing. What then of this relationship between the conscious will to manifest change and a life flow that is designed to be ever changing? Our influence, our brother, is to direct change, to fulfill a desire to create. Creations are born of life that is changing and can be changed. A changing reality, manipulated to further unfold life's potential, the unmanifest.

What roles does this serve, then, in the scheme of life, to manifest change in a sea of change? It is a service to life, our brother, to create, based on your interests, your concerns, and your service. This is how life realizes its potential, gains wisdom, and evolves. That is the purpose of all manifestation, all realities, our brother, to fulfill life.

Now, individually speaking, it is a grand service to desire for another the fulfillment of their desire, their journey of change, realization, creativity, and wisdom. This is when life shines as a star, when its elements support each other. A life of an individual whose theme is helping others realize their dreams is a rich life indeed and worthy of much acclaim, even though not sought after. But life knows, our brother, all

who serve, all who enrich it, and all who have yet to understand and relate to a life of service.

So, grow into the qualities of your True Nature, and as you understand and achieve, use this achievement that others might also gain this and find their greater freedom, the freedom to be. The changes yet to come, our brother, are magnificent indeed, and usher in thresholds of life and experience and wisdom to give a more profound meaning to ‘love for life.’ Climbing, then, the ladder of life has many rewards and you reach new heights with each rung, each step upwards, each achievement. What greater measure of love for life than to give your life to it?

### **Understanding Co-creation**

Feb. 2, 2013

JANU: Manifesting change, then, is the direction we pursue this morning, and would have you understand that the process or function of manifesting change is as previously stated: changing Change, for life is ever-changing, as you understand. So, manifesting change in the light of this understanding means being one with the flow of life changing, with a creative understanding of contribution and possibility or outcome, in endless ways and purposes. So, where and how does one begin? Well, ‘begun’ has already begun, our brother, for living manifests change. For how can you be part of life and alive and not bringing changes to the flow? So this answers the question “*Where do you begin?*” for beginning has already begun.

Now, what further is there to understand? Effective change, effective manifestation, with clarity of purpose and its relationship to everything already in the flow. Understanding and engaging the manifesting of change realizes the reality of creative intent and discovering purpose, exploring the potentials for outcome and the creativity to be revealed as these take place. Now, understand, our brother, that life has memory and consciousness and your involvement is not unnoticed. In fact, life, our brother, sees you as a resource for its own realization. Now, by ‘life’ we mean collective life, all that is. So engage the wisdom, the memory, and the intelligence, and the purpose that life already exudes, and find your interests, your passions, and your creative inspiration there. Guidelines for creative outcome do exist, our brother, for a seeming eternity of experience is available. So, as you embrace life as a co-creator, allow your consciousness to be one with what already exists. Let it become part of what *will* exist, consciously, with intent, and embrace.

Focus, then, our brother, on the depth of this understanding and you will learn that serving life and serving your own quests and needs are the same thing. Enjoy the awakening, our brother, and namaste.

### **The Call to Change**

March 14, 2013

JANU: Life as you understand it merges eventually and continually into other realities that are life in a different sense but belong to a group of realities that blend into one light to begin individual journeys anew, as the elements of your current life existence expand into something quite different, as you can and are beginning to understand that life in the third dimension is a finite reality and evolves in repeating patterns of life engagement.

So, in one sense, individuals have the perspective of pushing into new discoveries, the quest to awaken, but in the larger understanding the life beyond is pulling these individuals into their true nature and the journeys of the future. When one so attunes, one can sense the pull and with the pull comes contact, understanding, and the development of that which is being pulled. “Pulled into what?” you ask. Pulled into a more complete existence, consciousness, relationship, eventually beyond all dimensions and form.

So your original focus of manifesting change is seen in the light of a coin that represents manifesting change on one side and the call to change on the other. This call is best understood as that which compels consciousness to include more of life. When one understands the flow of life, the journey becomes more effortless, less the pushing, more the allowing as the call to awakening manifests your change, so to speak.

### **Maintain your Life through Manifesting Change**

April 27, 2013

JANU: I am Janu speaking, welcoming you then to this morning’s journey into manifesting change. An interesting focus when you consider that life is in constant motion, which is constant change, refreshing its existence eternally.

So, what opportunities exist for humanity in this understanding? As we have stated earlier, manifesting change is a redirection of life in motion. This redirection serves many purposes, primarily to be understood as: the manifesting of change is part of life in motion. So, when a consciousness, through an act of thought and will, manifests a new structure or form in the flow of life, it is still life revealing itself, knowing its potential. Now, if life is already in motion, does not one participate and benefit from the momentum of this motion in the creation of new form and through this new experience, and through this new wisdom, and through this, the enrichment of life?

Understand, manifesting change is a partnership in the ongoing motion of life. These momentums of life’s motion are rich with energy, experience, and even, in some ways, tradition. So, as your attention is upon your object of change, let it also be sensitive to what is changing, what sustains it, and, yes, what guides it.

Even change in your health is subject to this co-creative influence. So let your attention move from imbalance to the alternative: balance and harmony with the natural movement of life and its power to support change and manifestation. All that you are is life in motion. And your return to health is just a re-direction in the flow of life. Allow the power of this, the momentum to manifest the health you desire. Allow it to be real for you, and own it. It is your right to do so. Where would life be if only chaos could exist?

So, manifesting change, our brother, is much more than building an object. It is also the maintenance of your life, your existence, your well-being. Ponder this and absorb its truth. Good day, our brother, and namaste.

### **Change has Many Realities**

June 19, 2013

JANU: I am Janu speaking, with the focus being ‘Manifesting Change.’

“Changing from what to what?” you may ask. In the presence of the motion or flow of life, which is the balance between entropy and creation, change moves in both directions, the coming together for new expression—or modified expression—and the dissolution which allows for new creation, new expression. For balance is the key in the

motion of life, in its flow. And as you ponder and participate in change and creativity, creation, life finds its balance. So dissolution and creation is a constant in reality. So, one must consider this when insisting upon creating change. It is not an evil thing for one to consider the end of a cycle of manifestation, for this too is life in motion. See it then as life finding balance.

You ask then, "What of the True Nature?" that you have considered to be eternal. It too, our brother, has its cycles of change and is in harmony with the balance of life as we have described it. Not all change, our brother, is instantaneous in time, but in a life, a reality that is neither time or space influenced, a different understanding must take place. The True Nature embraces a reality of life that is its true nature, and as it returns to the source of its life it becomes one with the cause of life in motion and therefore transcends the cycles of time and space and contributes to something larger than its own journey.

So even the understanding of the process of life in balance, meaning life in motion, allowing life in motion, must be understood differently. For even your own Beingness, our brother, has its counterpart in what you might call Eternity, which is another subject altogether. So, the subject 'Manifesting Change' has many levels of understanding, many realities, even when considering the reality of the Source of all life.

### **Observing change**

Aug. 9, 2013

JANU: This morning's subject, Manifesting Change, warrants a development of sensitivity to observing change to help understand, appreciate the process of life in motion. For, at times, unobserved change is already in the process of manifesting the change that you see, in a natural way. Natural meaning all ramifications and influences have their voice.

One can observe gross changes in terms of, in the form of construction of buildings, landscaping, protecting wildlife, developing strains of vegetation, technology and science and the arts, human relationships, and the list goes on. But some changes are more subtle than these, our brother, and are worthy of observation. And they include expansions of consciousness, movements in philosophies, so-called religion or theology, physiological, and Earth changes. Not to mention, consciousness opening to the introduction of other species, other cultures, other worlds. So-called aging is defined by many changes. Entropy and creation, the motion of life, is constantly changing manifestation. Subtle energies, radiated by everything and utilized by everything, mostly go unnoticed, except for a few.

There can be rapid changes in the countenance of an individual from external and internal sources. Informative to observe the changes in emotions, openness or restrictions of individuals, in a moment, in a day, in a life. Some consider that basic colors are fixed. They are not. The individual perception of color changes.

Even lightning, electricity, is considered a constant. It is not. It is a composite of a complex of frequencies and energetic realities that are drifting to and fro, depending upon many conditions, including the conditions that allow or created the electrical discharges and the various frequencies of manifestation.

Consider, then, everything that has been thought to be stable and permanent, icons of stability, when observed closely are in motion. Observing these many changes in life reveals more of the nature of life, its potential, even its creations yet to be observed.

Many of which have existed for long periods of time. Much to consider here, our brother, in observing change, before one gets too consumed with creating it through intent and design. Change is a vast arena of life and, as you attempt to embrace its scope, it changes before you.

### **Being involved with change**

Sept. 30, 2013

JANU: Manifesting change is not an activity or process unique to life. Life is manifesting change constantly, and being part of life, each one is part of this. And they manifest change whether through design or not, whether through intent or not, whether conscious of their activity or not. Change includes process development, past, present and future. Life cannot unfold without it. And change is life in motion.

So, what does one consider when contemplating changing anything? Wisdom suggests that a clear observation as to changes already taking place in the area of interest and whether change is necessary, initiated by an individual. Now, of course, the answer is yes and no, but to know the difference is significant and calls for awareness and understanding. And what about outcome, once change is initiated, in a field where change is constant, constantly occurring? And what changes does that outcome contribute to?

Now, understand this, our brother: once change is initiated and occurs, corrections can be made through the same process. And this occurs through life, as well. There are many who inspire with great degrees of wisdom and insight, causing many changes in consciousness, the manifestation of worlds, and other realities. And at times corrections are made, for in a universe of many realities, change impacts, influences other realities not considered, and, when observed down the road, so to speak, corrections are made by way of more changes. So, as much as possible, consider ramifications of any change you initiate as to outcome of influence. At times some changes will terminate another reality. And this may be a desired outcome; however, not always.

Now there is the element of insight in terms of the knowingness to initiate a change. And one must follow through on these with the best of intentions and clarity. And the results of these let one know the wisdom of their choice.

So, you see, is life not only changing continuously, but the feedback is continuous as well. What a wonderful process life is. Your government calls it ‘checks and balances.’ Why not, when appreciated and engaged for their true merit? So living in fear of unknown results, failing to take any initiative in life is counter-productive. For life allows for what you would call mistakes, or a lack of wisdom, or a lack of information. But life moves on, by those taking bold steps. Steps based upon a love for life. When change is at hand with your participation, the inner urgings will come, the insights and the beginnings of understanding, for life is ever mindful, so to speak, of your nature, your heart’s desire, and the clarity of your purpose. And you are part of it.

### **Participating in change**

Nov. 20, 2013

JANU: We have considered, in previous journeys, the manner of manifesting change individually initiated. Let us speak of this morning participating in the manifestation of change in larger venues of life, cooperatively with others, larger movements of life.

For this morning's journey, let us embrace the understanding that there are manifestations of change occurring, and about to occur, that influence the boundaries and realities of physicality, the physical universe and other realities as well. There are many instances of the boundaries of physicality and other realities waning, merging, one reality merging with another. Now, at times the individual integrities of these realities must be maintained. At other times, they are allowed to continue for a variety of purposes. To be part of life in these areas of change, one must be open to larger realities of consciousness, capability, and an understanding of the structures and systems of life, for it is a consciousness imbued with your True Nature. It is possible to move across these borders of reality, these boundaries, and to be a part of life and its movements, virtually in any reality.

How does one then become aware of and engage movements of change that have been initiated or are being considered? This is accomplished by an interest and desire to be a part of a larger life, without agenda or personal preference, but to become one with, merge with, a variety of life's movements. See these changes in consciousness as a natural part of life, a natural part of experience. No longer a stranger to these things. We are not talking techniques here, manipulations, but allowing and engaging with genuine interest and a desire for participation.

So the focus here is not so much the process of change but the outcomes of change. Experiencing life's unrealized potential and the countless eddies and currents of flow, interaction, revelation, and creativity, discovering along the way the limitless range of life and its beauty, and that all of it co-exists and is simultaneous, and that your life and your consciousness is integrated with all of this.