

CHANGES

1998-2015

(after series The Nature of Coming Changes)

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The Planetary Hierarchy speaks

May 8, 1998 B

JANU: We have made arrangements for this afternoon's journey, speaking more on the subject of prevailing conditions in and around your world and the negotiated outcomes or settlements of conflicts or disturbances in the many patterns and influences affecting your world's changes.

PLANETARY HIERARCHY: The changes to date, for this particular evolutionary phase or threshold for your world, have been milder in a destructive way, from your point of view, than might have been expected due to intervention and a measure of modification largely by those that intercede for worlds in this way and in a lesser degree by changes in the human consciousness. There are identified fundamental changes geologically, energetically, and even in orientation, and to some degree, physical location in your solar system. Your Earth will be aligning itself with unseen new configurations in energy arrangements or grid structures, as you may choose to call them, in solar orientation with respect to rotational axis leading to stellar alignment on a much larger scale. Other changes include repositioning of certain foci of Earth's own consciousness around the globe, due to realignments with the connection to other systems. Atmospheric changes in forms of ongoing patterns of what you call weather, we would call densities and pressure changes, follow a pattern responsive to these realignments as well.

For the most part, the humans collectively on your world are unaware of these alignments and therefore do not contribute to the success of these changes in a conscious way. On the contrary, they impede them to some degree, but will not prevent them. A properly attuned human society would integrate its development of economic and material resource and technology that includes social development and supporting articles of manufacture with these relocation of Earth's consciousness and therefore energy centers and sustaining flows of vital energy. Human creativity for new concepts, product development, and social arrangement would be enhanced greatly if attuned to and moving physically in coordination with these moving focuses of consciousness belonging to the Earth.

Another area of fundamental and necessary change or reorientation is in the form of the distribution of landmass and seawater. These movements accomplish a re-distribution of global geophysical balance, once again supporting relocation of various consciousness foci. You will find in years to come that industrial centers, nationally speaking, will be forced to relocate. Agricultural centers likewise. And your so-called fishing industry will not understand the changes needed to keep up with the migration of these food sources.

Understand that the Earth's largest mass is not the crust on which you live. There are realities for your world that have their evolution and changes and energy life all through your world. In many ways, your superficial physical existence is demonstrated by your Earth crust consciousness and the limitations in both. Some pride themselves in a somewhat--how termed?--holistic approach to understanding themselves and life. And this journey is by no means complete. One element of collective human consciousness is, that restricts the freedom of these movements in changes, is its insistence upon identifying and holding onto, with tenacity, old concepts. Not only do you not understand and communicate with Earth's holistic being, your consciousness does not include its presence and relationship with a holistic universe, much less your solar system. These movements in change for your world are not orchestrated or composed by Earth's consciousness alone. They are in orchestration with many other systems and even larger cycles of traditions of life and movement. There are flows of life change you have yet to discover. And your Earth lives within those flows, as do you.

You may well ask, how does one become appraised of these realities? Simply put, begin by opening your consciousness to and placing your attention on these possibilities and discover their truth in your own way. You are free, once more, to reject them, as you choose.

Now then, that is sufficient for this examination of your current conditions, that describe your ongoingness. There is much to learn of these things and you are welcome to do so, our brother. Good afternoon and thank you.

The Pacific Basin

May 21, 1998 A

JANU: We will proceed this afternoon with an excursion or journey into the relatively unknown areas of the Pacific Basin. This afternoon's study will examine its history of significance for the Earth and for human consciousness.

This land mass spoken of so often as Lemurian, the continent of Mu, is not so much a sunken relic in your time but a gathering of a variety of land masses that have moved from this location, rather than dropped beneath the sea. There have been numerous platforms of life on your world that no longer bear earlier configuration. The Lemurian experience held great promise in potential for the path of humanity.

You must understand that the path of humanity is the path of many cultures not limited to your world, for the Earth is a composite or collective of interests, pursuits, and developments of experience and understanding from many sources. Your world, like your country America, was formed with the intent by design to be universal opportunity for the development of many elements of experimentations with life, the Lemurian being one.

Now, strictly speaking, the remnants of this Lemurian epoch are both under the sea and part of current land mass. The basin of which we refer to moves vertically as well as expanding horizontally. The Earth exhibits many changes of its own will nature, not understood by humanity, providing variable opportunity for the progression of its consciousness through changes and opportunity for the species of life that it enjoys. The basin in the Pacific pushes upward and downward, moving land masses and the distribution of great amounts of the ocean's waters, changing the land and water face of the planet, precipitating changes in the life course of its species to reduce stagnancy of life pattern through new opportunity of changing environment.

This basin will move again in a dramatic way at a time when a new land mass will form adjacent to and extending south from your equator. There will be a migration from the northern hemisphere to this location as yet another cooling period extends into the northern population centers, breaking up stagnancy and old patterns no longer serving movement in consciousness for humanity and the Earth. This will not occur in your lifetime. And there will arrive from other worlds new investments of population to seed this opportunity and move consciousness forward, taking the best achieved thus far with it. Earth will become populated with a humanity that is truly universal in consciousness and in species. The sign for this coming will be the upward push of this Pacific Basin. This will exist where no land mass exists at this time above the water.

You ask how far in time will this occur. We would say in 6 to 7 thousand years. These are projections in time based upon human capacity for embracing cosmic or universal embrace of life. Many will say this information does not impact your reality at this time. For those with a larger view of life, it does. The new land will be named by those who come from other worlds. This will continue civilization through the next what you would call Ice Age. A timely reminder on a larger scale than most are used to.

The Family of Life Prepares For The Coming World Changes

June 25, 1998

JANU: There are those among you who have demonstrated unwavering singularity of purpose in serving the Light. There are those who have given their lifetimes, and lives, to the betterment of humanity. There are those who have journeyed into your sphere voluntarily, from a much more enlightened and free estate. There are those who wait still to do so. There are those who achieve an understanding of life that holds the keys to freedom that many of your civilization have yet to appreciate or take advantage of. There are, placed around your world, key figures in understanding that together comprise a reservoir of knowledge and access to vast realities, setting the stage for major shifts in the world and human condition. And, yes, there are those among the other species of your world similarly placed according to their consciousness links and arenas of influence.

The stage has been set, dear one, for a major movement of progression for life in your world and it's still being set. There are masters of these changes in your atmosphere. And by that we mean Earth's domain. Far more has taken place and been established than most imagine, although many are gaining insight into this preparation. Understand this, dear one, your world you call Earth and its dominion is a collective life reality that includes the investments, the presences of consciousness, the histories of involvement and interaction of so many beings in the interests of other worlds and the legions who have passed through that domain and the patterns of unfoldment larger than your system. Just as we have said that your journeys in life are never alone, neither is that of your world. The Family of Life, as you term it, is beyond number and scope imagined.

Your involvement, in time, will reveal much of this to you, for your sojourn in your world at this time is not limited to, in its scope of service, the affairs of the human physical condition. We would have you understand this and prepare yourself, with our assistance, for return to fuller engagement of your capacities, long established. At this point, the greatest challenge is the disassociating with identity as a third dimensional being and lifestyle. Your powers of precipitation, understanding, and interaction are multi-dimensional and essentially without limit, due to your heritage of connection with

the Family of Life. Honor those who serve in any way available. All who serve the ongoingness of life are your kin, so to speak, in the larger family. Much has transpired since you first entered your current existence.

Earth Changes: a positive perspective

July 17, 1998 B

JANU: We have that interest before us in the form of the accumulation of those that are gathering for what your contemporaries have called "Earth changes" but those that have gathered see it in a slightly different way. Their take, if you will, on that which is unfolding is not so much change as it is expansion.

When one expands in consciousness, as well as a world, it's less in the form of altering a current condition but more taking on a larger view and grasp of life, bringing a different relationship with that condition. So nothing is destroyed, really, dear one, but everything is enhanced or expanded. And that's what life does, exploring itself. When one truly expands their world, they don't see it as grabbing hold of something to change it, but no longer being identified with a more limited awareness.

The gathering on all levels, if you choose to call their understandings "levels", sees this more as process, and not crises or crisis, and the wonderful promise of grander adventure. Look at your own journeys of recent months, expanding your awareness in so many areas. These times at hand for your world are like that unfolding. Those in a limited point of view perceive this process as the end of times. It is more a beginning, dear one, a richer embrace of life. Many who have arrived to observe and assist have achieved this stage in your process and observe to learn more of its nature.

Many see themselves as alone in a struggle for survival, not realizing there are so many available to them to show the way. When your heart is constricted with fear and uncertainty, the channel is closed, making assistance difficult, convincing you further of your isolation and helplessness in the face of expansion you call change. The simple choice we have described, or alluded to, makes the difference.

There will be those gathering in larger numbers in your midst who have chosen the brighter side of this seeming dilemma. Look for them. You can see it in their presence and in their relationship to life during these discussions of what you call change. Discover for yourselves why they seem so free, lighthearted, and enthusiastic about life, when others around you are forecasting dire experience. Make it a point in your inner journeys to greet those who are experienced in, and have mastered, the expansion of life. It is their joy and their opportunity to enlighten you. It is a bit of a puzzlement, from their perspective, to observe so much dismay on the part of humanity, when their collective is filled with celebration at what lies ahead for you. Why not join with them in the celebration?

Subterranean shelter and power generation

Dec. 8, 1998 A

JANU: The nature of our discussions at this time shall include the progression of the equinoxes, the solstices, and the lowering of the temperate climate. There will be a time in your future when your calendars will be changed. What you call summer and winter will be reversed. The durations of these and their characteristics will be made new.

There will be an increased attractiveness to the greater uniformity of subterranean dwelling, much as one of your submarines weathers the storms at sea. This will find favor with only a few, for it seems so unnatural. We suggest you do not rule out possibilities

for life's ongoingness. There are ways to utilize the differences in energy form and intensity from above ground to below ground, to supply the energies needed for your ongoingness.

Now, we are not suggesting here a catastrophe of such nature to warrant mass migration in this direction. What we are suggesting is, one consider the advantages at a time when world resources of a conventional nature are stranded (strained). One would do well to accumulate information into these possibilities as an alternative. Any difference in temperature and pressure and electric charge, or gradients in energy of any kind, whether gravitational, electro-magnetic, or degrees of inertia, provide energy. Your world is composed of these differences and they are a constant resource for you, if seen in this way. Even the warmth of the sun through the cycle of the day can raise and lower, through varying temperature and pressure, components of apparatus and generate energy. Much of the accomplishments and research to this day in so-called "free energy" accomplish this by the fundamentals of what we speak. There are more ways to harness energy and meet your needs that you are not using, than you are using at this time.

Human Destiny and its Accelerated Awakening

Dec. 11, 1998 A

JANU: There has come to our attention the need for balancing, integration, and speeding up of the time frame, if we may put it that way, of the ingredients for change to some degree, in your world at large, but to greater degree in the awakening of humanity. Now then, let us proceed in this way of understanding.

We are aware of and honor decisions that have been made to bring into greater clarity and focus humanity's destiny coming to point in these pivotal times. Humanity must come to recognize its obligations, that it has chosen in freedom, in understanding, and in full agreement, that serve the movement of life called Earth. The spirit that embodies as humanity is at one with the advancement of life. There are those around your world engaged in the awakening of which we speak and they are being alerted, and have been alerted, as to this quickening of this pace of awakening. It is incumbent upon those who gain such insight and develop capacity to serve in this way to love humanity into its awakening.

The next seventeen years will seem as highly accelerated movement in consciousness for humanity. But understand this, dear one, that <that> lies ahead beyond that time will make those seventeen years pale by comparison. The times will come when the evolution of life will be less disturbing at these times of change, for the change will be continuous throughout these periods of advancement. Humanity is moving forward and will become more unified in its understanding and contribution to life. There are pure hearts all over your world ready for understanding and the return to the full awareness of their true estate. Be alert to every opportunity to inspire in others the consideration that they are so much more than they are currently aware of. And their awareness of this is at their doorstep and it will be wonderful. It is time for this, dear one. Let this be part of your sharing and inspiration for others.

Changes in Life Itself

Dec. 15, 1998 B

JANU: The object of this afternoon's discourse and journey are the prophecies that spell out Earth's destiny as offered by so many. Now, understand this, dear one, that generally speaking most of them have merit, elements of truth destined to unfold. But only a few

capture the essential nature of this destiny. Those you have been studying recently examine much of the infrastructure of this path of destiny. But the infrastructure, dear one, does not speak fully of the life of it. What we would have you know at this time is that life itself, meaning that within which the changes take place will be metamorphosing, mutating if you prefer, its reality in such a way that all of creation must follow. Life is gathering itself up and perceiving in a different way. This understanding is the call of life that its elements engage life in a new way as well. This compels you to be open to your foundations for integrity, ongoingness, models of perception, values, relationships with all of life take on expanded meaning and purpose.

The kingdoms of nature will be silent no longer to humanity

Jan. 20, 1999 A

JANU: I am Janu speaking for a communication based on a need that is current. This need entails the surveillance of those conditions that bring about a remedy that satisfies common need for humanity to succeed in general. The surveillance begins as we prepare ourselves for what some have called a New Millennium.

This New Millennium is most interesting in the sense that it will yield for humanity a growing number of obstacles to the old ways of the previous one, you see. These obstacles are in the form of entirely new approaches to understanding and engaging the life that is your world. For the first time in human memory, humanity will become aware of communication with life in its many forms in, on and of the Earth. No longer the apparent silence as man explores the nature of the life of its world. Life now will be speaking back to mankind through awakened perception. Not only that it is alive and viable, but has requirements for the performance of humanity. In a more intimate and cooperative way, for the life of your world is advancing to the point where it will be mute no longer to humanity.

It is imperative for this understanding to begin to find its way into human awareness. It is incumbent upon you to master the Wheeyah Code opportunity and a number of others you have begun, for many will not understand the new communication and its meaning. Please proceed with this perspective in your researches and in your contemplations. Does this not give practical purpose to your current pursuits in understanding?

Greater Support for and Cooperation among the Elements of Change

Jan. 22, 1999 A

JANU: We see here at this time the culmination of events leading to a victory of sorts moving in the direction of alliances with certain forces. These forces represent the design criteria for the movement of Earth into its immediate destiny. There are those who oversee these times you call changes and orchestrate, to a degree, the elements of change. Now, we would have you know this at this time, that the wisdom and the authority for such what you might call intervention but we call implementation is in harmony with those forces or realities that construct life that you hold dear and revere. This that we refer to has achieved a degree of cooperative alignment with the many factions assisting and inherent to your world.

What does this all mean then, dear one, to humanity and its future, so-called? Most immediately, it means that the efforts of those around your world to fulfill opportunity in service to and connection with the forces of life that make up your world will have greater assistance, clearer connection, and more direct support. Encourage your

brethren to take up the mantle, so to speak, that carries within it the Earth signature, which is the promise of its destiny. Encourage others that their position is strengthened, and even more so, it is time to unite in this movement into your future.

**The 'Redona' bring cohesiveness and completeness
to the new elements of understanding being revealed**

Feb. 8, 1999 A

JANU: The name you seek for correctness is the Redona. Their message at this time is one of superlatives for the efforts of those who reach for greater understanding and assimilation of the reality of these into their consciousness and into their contribution to their fellow humans. As with so many progressions of new understanding, there are the few in the beginning who carry the torch of the light, if you will, sometimes with uncertainty and even sometimes with elements of confusion. But this is to be understood. What the Redona bring at this time is the clarification of those insights and urges to move forward in the scheme of life to the hearts and minds of those who recognize these opportunities. They bring cohesiveness and a completeness to the seemingly disconnected elements of understanding being revealed at this time. The uncertainty perceived by those who spread the light as to effectiveness and possibility of reception is based mostly on the vagueness of response in those who listen. Understand this, dear one, there is no vagueness in those who present these understandings. Much as a teacher in a classroom of children reaching to young minds and hearts with an understanding not supported by, in their perception, a tradition of education, the Redona offer that support at this time. That is correct. It is appropriate at this time to acknowledge the light presence of the Redona. And this having been accomplished, they will speak at this time.

THE REDONA: Good morning, brother. We announce ourselves as the Redona, bringing to your Earth at this time the message of healing the minds and hearts of those in confusion as to the nature of and the destiny of these new understandings of the truth of life that challenge the old ways so completely. We come before you to announce our intention and to bring peace of mind through understanding.

Now then, as to the matter at hand, focus if you will with us at this moment on the outcome intended for these changes in understanding and patterns of living. What is seen here is a life no longer focused on survival, at any cost, of the physical vehicle at the expense of your neighbor, your moral code or core, your sense of honor, and rightness. These changes that are coming in fuller expression reveal survival based on the true creative genius at the core of who you are as a conscious being. Having lost this awareness so long ago, humanity has replaced it with relatively unenlightened consumption of the resources, though temporary and limited, of everything around them, including each other. Imagine, then, if you will, a world free of this, where the way of life is more centered in "What can I help you achieve?" "How can I serve life, including the Earth from whom we've consumed so much?"

These journeys in understanding bring into focus and expression the true power and genius that lives in each one. Those who rally against these new understandings do so in the fear of the loss of those methods of consumptions for survival, which is the only reality they understand. We of the Redona have witnessed and encouraged this transition in understanding and way of life many times before. It is time now for humanity to make these changes. Imagine, if you will, other cultures on other worlds observing the current condition of humanity's need to consume that which is around them to survive at the peril

of those resources. Why would they choose to be another resource for you, dear one? Greet your brothers and sisters in this new enlightenment from the perspective of assisting their true nature to make this change. See them achieving a true independence through self-sustaining inner creativity. These changes will yield insight to be gained in more constructive and natural engagements of the activities of living. You will see the genius at work and employ it in the most mundane and seemingly trivial pursuits. Every element of human achievement, whether art, so-called religion, sciences, botany, agriculture will be transformed and express this change in perspective. Your media broadcasts in this time mostly perpetuate the old concepts and the fears that challenge survival through consumption of your resources. Every part of your living will be seen differently and gain a new relationship.

These changes taking place at this time among the few are more powerful to the human experience than any upheaval in the Earth and in your social structure, for these change everything and nothing is left untouched. Humanity is the creative aspect of consciousness for your world. It is in consciousness the catalyst for change whether abrupt and apparently catastrophic or gradual. In either case, deep within the psyche of collective humanity is the determining factor. It is time to awaken that the depths of your true nature come to the fore and humanity stands in its true light. To this end, we serve at this time and we will continue with this, welcoming each opportunity. We are Redona, who come at this time to serve the new light. Thank you, our brother.

Moving from fear about survival to the miracle of the changes

July 14, 1999 B

JANU: May we begin this evening by announcing coming changes in this time of change that will precede that which concerns so many as to geological instabilities in your planet, in the sun, and in other related realities of energy and other forces. Reality in this area is best understood as the negation of those tendencies due to the cyclic nature of the movement of planetary and solar elements, physical and other physical forces. These tendencies have been described by your scientists, and other seers into the mysteries of life, and we would have you know at this time that there are efforts at hand to dramatically alter this cycle.

Now, by that we mean that the cycle continues on another level, raising the consciousness of your world which commands the life forces acting upon it, and in it, to outpicture the cycle in a different way. Now is the time for humanity and, yes, the rest of life in your world to awaken to this change in the changes, if you will. The changes are coming and are here. Make no mistake. But they come with a different appearance, a different message, and a different influence in your lives. The old cycle results in the perpetuation of fear, of survival, and the status quo of the living circumstance. We would have you know that there is no status quo and never was, and survival is a larger issue than you imagine. The message of this change in the changes is to elevate your flow in life to a new plateau that itself is even in motion. Be a responsible caretaker of your existence in your world and your place in it.

Those who fear for their existence and see these changes only as a threat in that arena miss the opportunity through the mask that fear places over the beauty of the face of life that reveals itself through these, and many, changes. Life is moving up an octave, dear one. Moving with it, mastering its opportunity, and participating in its design and implementation, is not accomplished through fear and mortal thoughts of susceptibility

and frailty. It is time to mature into a larger life once more. The larger cycles of change do repeat and seem to many to be immutable, and they are not. One can step in and out of any cycle of life at any time. The cycle of your experience is of your choosing.

These coming times, which are upon you, are rich beyond your imagination with opportunity, understanding, and interaction with many other venues or platforms of life. Fear of survival must give way to loving and joy filled anticipation of the embrace of new life. Change must be seen in this way or you will only see behind you. Look into the future and be part of its wonder.

Atmospheric conditions of change

Sept. 15, 2005 A

JANU: We hold together this morning that which confirms the announcement of an anomaly in the surveying of conditions that are right for significant changes in Earth's atmosphere and prevailing winds. The enormity of that which best describes these changes relies upon the investigation of causes reaching into Earth's history and humanity's thrusts to its destiny. These atmospheric conditions of change best relate to, for understanding, movements in human consciousness and the forecasts of doom and gloom by those who do not understand the nature of change. Humanity is destined for greatness and so is your world. But greatness is seldom achieved systematically, automatically, and without turbulence.

How then does one best relate to these coming conditions? By adopting a change in consciousness open to the so-called rigors involved. Embracing them for the life they hold, the vitality, the insight and clarity that is revealed. Be stimulated by the prospects of change. Change in understanding; change in priorities; change in purpose, in meaning; changing relationships, circumstance. Moving forward in this way of open acceptance and embrace brings with it insight into adaptation, advantage, rejuvenation, and prepares one for inspiring others.

Allow yourself the feelings of change: anticipation and confidence that this is a flow of life that adjusts everything, including you, into the future. Be not enamored with those who build empires, whose foundation is based upon old ways, intractable, for these empires will crumble. Let us speak then to the immediate nature of this subject and realize that it is not new, it is not just beginning, but has always been and moves in waves and currents and eddies, predictable only by a diversity of life in motion. Connecting then with, in an intimate way, with this natural condition reveals your oneness with life itself and all of its creation. Move forward, then, our brother, in this way of understanding and embody that which is your nature and the nature of life. So be it and namaste.

Embracing change

Sept. 25, 2008

JANU: Away, then, with the doubts and fears of so many as we proceed upon and pursue change. For change is what your world is embracing at this moment. Change that becomes you, for it brings rejuvenation, modification, refinement, and clearer purpose and direction. These changes are necessary, for they bring with them opportunities not possible in your current world's state of affairs. These opportunities must be met with change and the manner of the opportunity is known and guides the changes, you see. So let go of that which cannot survive and embrace a new reality.

One worries, is concerned about, the continuation of their wealth, yet do not realize that the opportunities to come carry greater wealth. Let not current wealth blind you from these changes and their rewards. What you need will survive. And what you do not need will not. Pull together, then, with the best within you and embrace what's to come. Combine your strengths that continue through changes. For those who seem to falter, they too have much to offer in the new reality. Be supportive in the direction to come, where you can, where you may.

Everything will change, in its own way. Much more than economics, you see. There is a oneness to it all, a synergism, a collective life, if you will. Diversity is strength, when united. As the changes, which are many, arrive, look for ways to connect them all. The collapse of old systems is caused by the weight of their own corruptions and misdirections. You must let them go. Not to create a vacuum or a void, but to open the doors of the future.

Earth Changes

Oct. 28, 2012

JANU: For this morning's journey, let us partake of that which is attuned to conditions in and around the Earth, including rotational stability and the stress of coming weather patterns and the forces they bring upon the Earth.

Concern for extremes in weather is relative to the history of the planet, reckoned by humanity's experience. These seeming extremes are yet mild compared to Earth's history. The changes that are coming, our brother, and the stresses on the planet will be significant. The poles, the landmasses, the oceans are vulnerable to these forces. Even the movement of the so-called tectonic plates will be adjusted.

What is one to make of these movements? They will bring about a redistribution of resources, for humanity has been consuming these in a way not balancing or in harmony with these changing realities. There will cycles of cold temperatures that will seem to be out of control and cataclysmic. There will be periods of frozen ocean surface, coastally located. There will be dust storms of long duration, many geophysical anomalies. The cause of these primarily is turbulence throughout the world, as the Earth adjusts itself to a new configuration. It does this from time to time, for it is an organism, physically and energetically on the move.

What to become of humanity, then, during and after this? It will continue, but with new perspectives in all areas of its life. A returning to essential values for survival and mutual support. Current pettinesses must give way. National squabbles must give way.

Yes, this current storm of your concern, you've called Sandy, is part of this, but a small part, precursor. The message here is also: Do not live in fear of this. Clear thinking and preparation, and a willingness to adjust your priorities and what you value will carry you through this. Be at peace in everything that you face, and the solutions will come. Always remember that the Earth is always in motion, in a variety of ways.

Many Earth changes to understand and deal with (service)

Jan. 8, 2013 B

JANU: Your world is going through many changes at this moment in its cycle of life, regulating its own realities, energies, conditions, forces. Humanity has yet to realize the intimate relationship between the subterranean Earth and the thin shell on which

humanity struggles to live. These patterns of change that concern so many, and rightly so, are tied to vast movements that exist in the subterranean world. These changes within, for the most part, are very gradual compared to humanity's relationship with the rate of movement in their lives and powers of perception. These Earth changes, so to speak, in climate seem rapid but took ages to be realized from within. These ebbs and flows on the surface have their connection to the complete reality of all that the Earth is. There are convections throughout the Earth from its core to its surface and these currents of movement and the eddies they produce—temperature fluctuations, density shifts, and many anomalies—bubble up, so to speak. And then there's the influence of solar radiation, solar winds, and gravitational anomalies.

Yet humanity has the self-indulgent position of thinking somehow they are causing all of this. There are forces at work here, our brother, that pale the influences of humanity and they will continue. In a way, humanity is like a small ship at sea, bobbing around with every wave and current. But humanity has undergone this before and will survive, but not without disruption.

Knowing this in advance prepares one to modify their lives successfully. You will assist in this when asked, to a degree. But there are reasons, our brother, humanity has chosen to continue to exist on the Earth and these reasons will not be thwarted. Our service this evening is education, understanding, and preparation. Let it be so.

Understanding and taking part in climate change

Jan. 26, 2013

JANU: We have with us this morning that which portends to be a great breakthrough in understanding as to the nature of so-called climate change. There is a similarity to the human experience of breathing. The exchange of air and other gases, and the nurturing and calming effect this has on the other systems of the body. There are subtle energy exchanges as well, for the individual, while breathing. And if you can see your energy fields, of which there are several, they are interacting and exchanging as well. Much is the same for the Earth. Your world is very dynamic, not static in the least, and these changes, so-called climate, are a natural pattern of the Earth's movement, incorporating all the elements of its nature.

Now, then, the awakened, enlightened, and wise individual sees these as a reminder to harmonize their individual changes, their respirations, with that of your world. "How is this done?" you ask. By visualizing and valuing the two merged as one. When this is accomplished, the rejuvenations within the Earth are yours as well. No longer alone but in harmony with a system of life that agrees with you as you agree with it, and you have in common all of the benefits. At the same time, our brother, allow the calming and the resolution of those conflicts on many levels within the being, within the system, as does the Earth, eliminating the energy depletions and disturbances and strain on the healthy systems, you see.

Accomplish this together, and you will learn much of the nature of worlds and other species. This is not unique to your world, our brother. So, allow your bodies to include the experience of the world and other connections will take place, including purpose, clarity of understanding, of relationships, and those with other elements of life, other worlds. So, from time to time, our brother, walk together, be one with each other. For even the human, and the DNA, are changing, evolving, as is the Earth. Grow

together, evolve together, and benefit each other. Why do you think humanity exists? Certainly not to walk life in isolation, but as part of it, and a contributor. The Earth is your partner in life, in many ways. Namaste, our brother.

Dealing with a life in motion

Feb. 9, 2013

JANU: Weathering the storms in the northeast of you, there are many who despair, feeling that nature has turned on them. Nature, our brother, takes care of itself, in the sense of accomplishing its task: the natural life of the world and all its creatures.

You choose to live in structures that are susceptible to the normal movements of nature. You place your power grid above ground to save money. Your ports are not built to accommodate changing sea levels and storm surges. Life is always in motion, our brother, yet your structures, networks, communications do not accommodate shifts in the earth, the land, and the seas. Nature is moving, as it must and always has. Yet, when your needs collide, you blame nature.

Much as it is in your personal lives, you build routines anticipating no changes, relationships you trust will continue indefinitely, attitudes, philosophies, plans that are locked in, so to speak. Understanding the profound reality of true non-attachment would serve well. Difficult to find peace when the movement of life constantly challenges fixed attitudes and perceptions.

What we suggest here is flexibility, adaptability, contingencies, and non-attachment, embracing life in motion, always changing, but always life, our brother, as are you. Flexibility, adaptability, and non-attachment: a good foundation for meeting the challenges of a changing life.

Serving the ability of creatures to sense changes in nature (service)

Feb. 18, 2013 B

JANU: Humanity in general has yet to awaken to this. Humanity talks of change in the weather without understanding its true potential for change in many areas of life. Humanity's societies are quite fragile in the face of this, for when confidence shifts instability is the result. Your government refuses to inform the people of what it knows in this direction for that very reason, you see, our brother, wanting to maintain stability economically. However, this position does not allow the people to prepare for coming change, causing greater instability than would otherwise occur, you see.

The creatures of the world survive by their relationship with nature. Their relationship is not based on science and technology. It is a living relationship of exchange and sensitivity. It seems simplistic, but your birdfeeder observations alert you to the birds' sensitivity to these weather changes; therefore, their eating patterns have intensified. The species that arrive, if you knew their normal migratory patterns at different times of the year, would reveal much more. Be alerted by the behavior of these creatures and attune to them. They are part of nature's way of communicating to humanity.

Life in motion: the rise and fall of civilizations

March 13, 2013

JANU: For this morning's journey, let us take a look at that which began the decline of civilization in many locations around your world, in the past and in the present. The reasons are many, from corruption, greed, mismanagement to a loss of interest in the

community and the opportunities of that civilization to the end of a cycle of experience, learning, productivity, and creation.

Many such civilizations have come and gone, but the signs can be unmistakable. To understand this, one must examine what makes a new civilization work or be viable, progress and grow. Growth factor is not always required, for often there are limited resources and small population. Isolation is a contributing factor here. Whole worlds have walked this path.

Now, some may consider this a loss, tragedy. And others see it as renewal, new opportunity, a fresh start so to speak. What is important here is not the size of the civilization, but its quality, character, and contribution to the evolution of consciousness and the mastering of life. These gains are so varied in elements that generally no one civilization can contain them all; therefore, the opening and closing of doors, the ever-changing expression of life. So, when a civilization declines, our brother, examine its gifts more than its decline, and its adaptability to change.

Witness this dynamic in small groups of people, clusters of animal population, different species, of family units, and hierarchies. This dynamic exists everywhere and is well to be understood when surveying life. Even in the life of an individual, interests change, opportunities are exhausted, completing their journeys.

This is life in motion, our brother, and be at peace with it and learn from it. Even this relationship on our journeys has gone through changes and eventually you will grow beyond these. That change will be obvious and accepted and welcome, even though you cannot see this now, for this relationship is yet to be exhausted or completed on its path.

Life in motion, our brother, is a sign of good health, reasonable balance, and give and take. Let this be so, and namaste.

Understanding and adapting to change

July 15, 2013

JANU: There is a natural tendency in human consciousness to anticipate change with foreboding, seeing only the change and its immediate influence and not stepping back for the larger picture, you see. Change allows life to recycle itself, and for the individual to do the same, seeing these changes then as an opportunity. How can one see stasis as an opportunity? For what, our brother? For everything to stay the same and become stagnant, with no rejuvenation, no refreshing, and no growth or expansion of understanding and experience?

These weather changes are stressing humanity's consciousness and perceptions of their stabilities in living. We have talked of peacefulness and the nature and power of peace and never suggested that this includes "no change." As the natural changes of the Earth accumulate, look for patterns of what they reveal for potential and benefit. Then, look within your own life for opportunities of rejuvenation, reconfiguration, and new possibilities. Not just physically, our brother, but in consciousness and in relationships.

Even as you consider an embrace, new contacts beyond the Earth, other realities, allow the changes to take place in perception, consciousness and awakening. For as you awaken to more of life, awaken to more of the life within you. They are one. Awakening then a subject without limit. For the more you are aware of and embrace, the more alive you are, for you are more of life consciously, with greater intimacy.

The Earth has never stopped changing. The weather has always been changing. Nature is changing. And so is humanity. Look for the patterns of change and what they

reveal. What turns into something else? What continues? What is enhanced? And what is discontinued? Fret not about the weather changes, but adapt to them. And step back from them and see the direction life is moving in. Become more flexible, adaptable, and creative. The nature of everything is revealed as it changes.

Food production (Service)

Sept. 25, 2013 B

JANU: We have with us this evening that which belongs to an anomaly of sorts that requires steadfast attention. This attention we speak of has to do with the scale of impact on agriculture and food production for the Earth. It suffers greatly from many kinds of pollution all over the world and the forcing of crops to produce beyond what the Earth provides for them.

These challenges to the balance between plantings and what the Earth naturally provides, involving balances of resources more sophisticated and complex in their interactions than the so-called experts realize. For on an energetic level there is quite a bit of stress and this will not continue without consequence. What we suggest here is that farmers and nations look for better ways to minimize waste and the weakening of crops due to unnatural farming, genetic experimentation. Mega-farms, so to speak, with vast distribution systems are part of the problem. Locally grown is the key here, minimizing the need for these extreme procedures to preserve crops artificially.

Our service this evening is the balancing of those energies involved that are stressed and the enlightenment of those with farming systems, distribution networks, geneticists with better methods. The true nutritional value, not just chemically but energetically, has diminished and people's health suffers. Humanity does not realize yet the direct connection between health and so much else going on in nature. The mega-farmers are convinced this is the only way they can meet demand. The world's population is still growing, and the food supply is diminishing in its ability to sustain health. As we said, this cannot continue indefinitely, but nature is a living system and will take corrections. Less suffering if humanity would take on this responsibility.

Life can no longer be perceived from only the physicality of existence. Nature is far more than that, as is humanity. Thank you, our brother, and namaste.

Changes coming soon to nations

Dec. 6, 2013

JANU: Let us begin then this morning by declaring that there will come a time when, not too distant, the collective prayers of the peoples of nations will be heard worldwide. And the manner and character of those leaders of nations, their policies, their traditions of rule, will fall away. The opportunity here will be the leadership needed in these nations to emerge with a vision for the future of the people that will endure, encourage the genius and creativity that is within them, and they will become empowered with their own inner gifts to life. And they will unite, not in sameness but in common respect, value, and love for each other, for their nation, and for humanity.

This change, already begun to some degree, will become worldwide. This will pave the way for the new Earth that is the promise of its heritage and potential. This change will be a joy for those who welcome it, difficult for those unaccustomed to the new ways of living. This will not occur in one day, but rapidly over a short amount of time. The foundation of this change will be the reason for the redistribution of wealth, a solution for those who suffer to the point of death, you see. Life and living will be the

theme for improvement and more. No longer consumed with being against old ways, but embracing the new and enjoying what is produced.

See every uprising of the people demanding freedom and a better life and every government unwilling to do so falling away as a sign of these changes. No nation is immune to this, for humanity will become a conscious, caring, and loving collective, moving forward in life with strength and compassion. Fear-based investment of resources will give way to creative endeavors earmarked for social improvement and the dignity to be valuable and creative and the enjoyment of life for everyone.

Harmonious Earth changes (service)

Dec. 13, 2013 B

JANU: What we have this evening is a pathway to an understanding that the service that extends from the smallest to the most widespread influence is the same service, in the sense of tradition and the love of life.

Service this evening moves into the arena of the anatomy of the Earth and the weather patterns. They are, in their way, Earth changes needed for its evolution and redistribution of energies and forces. Humanity at times feels like pawns in the midst of these changes. Would do well to better understand the Earth, its dynamics, and its need for these changes. When attuned to the patterns of these, they can guide humanity into accommodation and, at times, service to the Earth.

For this evening's service, we support this relationship and thank the Earth for including humanity in these changes, for they quicken or awaken human interest in the environment and these markers of change. The changes have always existed, our brother, taking different forms depending upon the evolution of the world. Peace on Earth, our brother, does not mean a bland life, but harmony in the midst of vitality and changes. Allow the Earth to nurture you in its own way and nurture it when inspired to do so.

Agriculture changed by an educated public (service)

Dec. 19, 2013 B

JANU: We are aware of certain agricultural situations in your country and around the world, having to do with not just soil depletion but biodiversity issues as well. The natural cycle and relationship of food crops with insects, animals, birds, cooperative relationships with the Earth, and their ability to nourish have all been damaged. Yes, there have been exceptions around the world but the mega-farms and food processing procedures contribute to a steady decline. And this decline is revealed with this: the advent of degenerative diseases and aberrations in human behavior, general well-being, and optimism for the future. The people who work small private farms still have a sense for the natural part of agriculture, but the mega-farms have slowly taken over that market to generate many more crops that are less nutritional and the Earth suffers with their methods, as do the creatures of the Earth and the air.

What service, then, can be rendered to the path that humanity has chosen? What we see here is an educated public growing in its ability to discern and require better natural nutrition, taking charge of their lives and their health, relying less on drugs and surgery, and what have been called 'dead foods.' An enlightened public is the path to change, exercising their universal influence of the marketplace. This we encourage and serve this evening. Namaste.

Serving Earth changes

Dec. 27, 2013 B

JANU: I am Janu speaking, serving then this evening with the knowledge that the Earth is going through some changes that will impact humanity to a degree, in the area of the movement of landmasses, tectonic shifts if you will. The reason this occurs from time to time is that the Earth needs those who influence the world and its creatures, at times in a negative or destructive way, dispersed from high-density population areas, reducing the tendency to focus their influence in one area. This creates imbalances that are more difficult for the Earth to deal with.

Humanity tends to think of tectonic shifts as occurring only over long periods of time. That is not always the case, our brother. Landmasses can shift in a matter of days. The Earth is aware that humanity has experiments occurring in remote locations for privacy and security reasons. They are not immune from Earth changes.

What we serve this evening are the needs of the Earth and its well-being.

An increase in worldwide ice melt

May 4, 2014

JANU: For this morning's journey let us keep our attention glued, so to speak, to the changes that are coming, seemingly grouped from time to time, for the thresholds of change are not linear but occur as a response to the conditions of consciousness and realities of life.

The focus on change for this morning's journey has to do with the prevalence of the ice melt around the Earth, here and there. There will be an increase in the rate of this in a few years to come. During that time, of course, major changes in salinity in the Earth's oceans, affecting ocean currents, temperatures, and the well-being of many species in the oceans. This ice melt we speak of has occurred seventeen times, earlier in Earth's history, yet life goes on. Each time in the past there were species that did not survive, species that mutated, species that were born, if you will, or initiated.

There will be other significant changes coinciding with this one: weather patterns, of course; the density of water; vertical currents in the oceans. There, in time, will be a movement toward underground dwellings, which have challenges of their own, but most will not move in this direction.

Rethinking dwellings in light of weather changes (Service)

May 20, 2014 B

JANU: We are serving then this evening in a new way of understanding with probability as a guideline for each service into lives and Life, constantly changing, revolving, recycling, in countless ways of achieving destinies. So probability becomes an important ingredient in the nature of any service, for outcomes are not guaranteed, our brother. For these services do not interfere with the freedom to be and choose, but offer enlightenment as a foundation for each one's choice. There is a probability that humanity will respond to an endless stream of insights into the truth of its nature. So, we continue with these services, honoring probabilities.

The probabilities are high that the Earth will continue with its changes and structures will still be rebuilt in the same locations, primarily of the same materials. Storm shelters will help with survival of the people, but not of the homes or other buildings. Architecture will need to change to something more durable and we see an

upsurge in underground structures in the mountains, if you will, on the leeward side of prevailing weather. For even those that resist the wind on the surface, are still subject to high-speed projectiles.

What is needed here is new thinking, and willingness to change to something that affords more than survival, but continuation of new lifestyles. So we continue to offer the insights for a clearer vision of reality all over the Earth.

Changing with the Earth changes (Service)

May 19, 2014 B

JANU: Service then, this evening, is called for in the area of that which belongs to the Earth, Gaia if you will. The service this evening is in the nature of assisting and supporting the changes that are here, not to stop them but to support their integrity, their contribution to all that the Earth is. Everything about the Earth is changing in so many ways, and always has, our brother. But these changes run in cycles and these cycles can explain the changes.

Instead of perceiving changes as from one stable state to another, see them as a continuous movement of life, for the Earth is a very active world. Some movements humanity is aware of, understanding some of the cause. And other movements humanity is not aware of. Yet they are all connected, in a very dynamic world. Even the Earth will be destroyed by the Sun, eventually, for your sun is changing as well and always has.

Individually, human lifespan is very brief and tends to see ebbs and flows in the changes of the flow of life of the Earth as, at times, stable and quiet. And compared to human lifetimes, this is so. But humanity's lifetime on this world is much longer and collective humanity would be wise to grasp the significance of a world that is living and changing as a destiny and will eventually move on to something else.

What we serve this evening is a large view for humanity to appreciate the world they live on, understand it, and adapt to it. The legacies of your lifetimes can contribute to the collective humanity's consciousness and appreciation of changes in a larger way. Humanity is blessed with an opportunity to exist, enjoy life, and expand consciousness on a world very special, indeed. Be grateful for every day and an Earth that will support you for many generations to come. But it lives and it moves and it evolves always. So let your life live with its life and change with it.

Event Horizons

Aug. 15, 2014

JANU: Beginning then with a dialogue that consumes much of our interest: the event horizons of so many opportunities for humanity and expanding consciousness. These event horizons correspond to the genuine interests of consciousness. And as they approach awareness one can sense change on the horizon. Of course, that sense is within. The True Nature is aware of these, a tradition of life, and can nudge awareness in the direction of these with seed thoughts and energetic confirmation when consciously considered.

What is an 'event horizon' then but the range of influence of any reality that has vitality and is in motion. Event horizons have always existed. So when sensing the approach of change, reflect upon your current interests and your commitment to them. Now, one does not consciously manipulate these horizons, but allows them to approach and fulfill your committed interest. Yes, it is true, more than one approaches at a time, so

to speak. And, of course, choice still prevails, to engage or not one or more of these. These event horizons are coupled with an unlimited assortment of opportunities to engage life in so many ways.

This is part of the tapestry, our brother. Life is a rich and busy, if you will, reality. Namaste.

Cycles of change

Sept. 5, 2014 B

JANU: For this evening's journey, may we observe cycles of change for the Earth and its population. These changes are easier to observe in the weather patterns, more difficult to observe in the pressures within the Earth's crust, temperature changes in the core, gravitational anomalies. As we stated earlier, changes in humanity will be a different model for the majority's relationship with those who attempt to advance themselves through violence, by containment rather than conflict until they wear themselves out, so to speak, and no longer find profit in their violence. Many of Earth's changes can be observed through non-time/space vantage. There is an overall pulsing of vitality, compression and decompression, that is part of the Earth's cycles. And there are patterns of these within patterns, within cycles, that vary with physical and energetic outcomes that match these patterns.

The Earth's pattern is lowering in frequency, slightly, with several physical changes, one of which is the weather, pressure buildups within the Earth, shifts in the movement of the core, and some dimensional instabilities in the shape of the planet. All of these observations are barely detectable to humanity, except the weather and some tectonic activity. Slightly more difficulty with orbital craft to maintain their geophysical position.

The purpose of these observations is to realize that the Earth is a dynamic reality. It is when one begins to observe life in a larger way, the dynamics of the Earth being fluid, one begins to realize that their own changes are connected. Being part of the life around you and through you can't help but change your perspective on the reason and purpose of your existence and relationships with each other.

Understanding change

Sept. 21, 2014

JANU: Life does move in cycles, our brother, whether on a planet such as yours or not. There are many rhythms to consider when 'flowing with life.'

Let us begin this journey by attuning to a rhythm of life that carries from one journey to the next, for no journeys are a reality only unto themselves. Now, in a time/space reality these rhythms can be perceived as almost instantaneous to slow beyond detection. But your True Nature, our brother, is aware of these and influences your consciousness through cycles and rhythms. The opportunities are boundless, for countless rhythms and cycles are moving simultaneously, ebbing and flowing, providing a symphony of life, if you will, of their co-existence, leaving the consciousness free with an opportunity to choose any cycle or rhythm at any time.

The point of all this, our brother, is the refreshing nature of life through diversity. The unawakened mind considers their reality as solely their experience, and new experiences arrive from a vast, unknown, nebulous reality of unknown origin. When embracing these rhythms and cycles of life, the open mind does not require any rhythm or cycle to repeat itself to appear as the continuation of a past experience.

Even in our journeys and their preparations, our brother, everything is in motion. The consistency factor is constant change. You will be reminded of this from time to time, as needed. Our journeys are not routine. Even though life is always present, it is always different. Be at peace with this, our brother, and the changing flows will arrive more naturally, openly, and free of preconception. The next moment will never be the same as the last. Thank you, our brother, and namaste.

Change is coming soon

Oct. 24, 2014

JANU: The moment is rapidly approaching on the journey of humanity to proclaim itself, its existence, of having purpose and integrity as a viable and contributing member of the larger family of life. Claiming this consciously, with deliberation and sincerity, will quicken the process, blossoming in the light with rapid but doable changes in consciousness raising and social development. What we are speaking of here is a threshold in consciousness of moving from one reality to another.

These changes will set the stage and the dynamics, the definition of government, leadership, service, and meaningful brotherhood. Humanity is concerned with survival in a limited way, meaning physicality and culture. What is coming, our brother, is not just slow evolutionary change, but a kind of quantum leap forward. It is not difficult to notice the intensity and depth of conflict in ideologies around the world. This is a symptom of the imminent arrival of the threshold of choosing. Let us assist in the preparation for this change by announcing it, explaining it, preparing the soil so to speak for the planting and taking root and the growth.

Change is coming, not as a thing outside of humanity but from within it, for the inner reality of humanity is much more connected with the larger life than the outer perception of so-called reality. Those who are awakened can feel this coming. We sense it and know you are part of it. Their opportunity is to love humanity into this threshold with the courage to declare it and recreate society. This is nothing to fear, but to anticipate, look forward to, and find peace in this next step up the ladder of life. Each rung on the ladder achieved brings greater vision, deeper insight, and a growing awareness of the path of awakening into the next threshold. Change is coming, and it is soon.

Shining light on the seeds of change

Jan. 8, 2015

JANU: The path of victory for humanity is in the arena of rethinking, opening hearts in acceptance of the truth of the current reality of being. This path of victory includes the transmutation of aggression and forcefulness to commitment, determination, and manifesting richer life.

Many in humanity are becoming weary of the conflicts, the mayhem in the world, and it will only continue as long as humanity entertains it. Change occurs when people grow weary of the current circumstance and begin to understand that new possibilities are percolating in their imaginations, in their desires. Changes need not be waited for to occur like the wind, but are created through an act of will and commitment, granted by inspiration and a vision.

Nature succeeds through evolution, mutation, and comparatively slow but deliberate change. Humanity has the potential to make rapid changes through powers of perception, the discovery and development of faculties, which unfortunately can appear

as self-destruction and limitation. These are the path of ignorance, self-gratification, and fear-based perceptions. An inquiring and intelligent mind would ask, “Why choose this path when so much more is available?” Awakening and enlightenment reconnects human consciousness with the larger realities of life leading to wiser choices, raising the principle of cause and effect leading to a more positive result. Humanity will eventually learn that incredible power, True Power, is theirs when in harmony with the flow of life, all of life. Conflict and self-destruction, mutual destruction seem very powerful. They are not for, by definition, they are self-destructive, mutually destructive, and this pattern of living, of thinking and feeling, defines and limits the future, and certainly does not bring peace.

So let us continue to support the awakening of humanity, encourage wiser choices and an understanding of the True Nature of love. Honoring, of course, at the same time those who are moving in this direction that they inspire others. The seeds are there, our brother. They need only be nourished and the light shone upon them. Namaste.

Changing patterns of life

Mar. 23, 2015

JANU: We are surveying the damage done to certain regions of the Earth due to weather, natural causes. See this more as a shifting of circumstance, conditions, configuration, and function, not only to the Earth, to nature, but to humanity’s dwellings as well. See this less as destruction but more as movement. How much does your life allow for movements such as these, not only physically but in consciousness, priorities, and life function? This is life in motion and motion means change. Not always orderly, from human perspective, but more natural than one might consider.

As we mentioned comfort as a seductress in a previous discussion, let us remember that nothing stands still and even comforts are on the move, reconfiguring. You ask the question, “How does one progress life, build upon life that is always in motion?” By building a new model for living, our brother, based upon change and shifting. In due course, one becomes aware of pending change and prepares. Comfort is modeled after things remaining the same, no longer requiring observation and reconsideration.

Have patience, confidence, and a trust in life that is in motion. New opportunities are revealed through these, so one’s life restructures and that that is stagnant is left behind. One can attempt to preserve the status quo, if you will, but the result is always the same. The flow of life is irresistible and, on the contrary, is your benefactor.

Becoming one with life in your consciousness helps you perceive change as part of destiny and the patterns of life become known. Even the patterns of your own life and its movements, and its opportunities, are known to you. But remember, dear one, these patterns are not forced but the result of countless interactions and other patterns. This is how the future is foreseen and dealt with successfully. Namaste.

The recalcitrant human

Apr. 6, 2015

JANU: Many are recalcitrant when it comes to openness to a larger life, even though the resolution of their conflicts, concerns, and fears is enhanced by such an openness to the larger life.

Let us begin this journey by saying that the issue is the embracing of change, natural life flowing change, in the face of fears of the unknown and the truth of their own nature, for many consider their human experience as being flawed and limited as to who

they are and will somehow govern the experience of change. And if the experience resembles what has gone before, the devil they know, so to speak, becomes the safer bet and the least painful. The human condition is well understood and they are not the only lessons in life that other worlds have and are experiencing.

So we are here to represent the positive side of change and the courage and faith and freedom that occurs with it. Learn to allow one moment, one instant of insight or miracle in your life to encourage you to be open to the next. Becoming a way of life, rather than an isolated moment, you see. And even though the next moment may look much as the past, be not discouraged. It is only the process of change, letting go and the embracing in the flow of your life.

The journeys you are embarking on have been walked before, some of them by you, and all of them by so many in the larger Family of Life. Fear keeps you where you are or have been. Faith in yourself and the love of life has its reward. Remember, you are not the human entity. You are more than this, experimenting in the flow of life. You are truly eternal and have walked many of these journeys. You will outlive them, but the wisdom you gain is yours forever, and the service you give blossoms like the flowers in the field, enriching life.

Be confident in your future and who you are, with the patience of life itself. Your True Nature understands this. Communicate with it often, for you are truly one. Namaste.

The cycles of change

Apr. 9, 2015 B

JANU: For this evening's journey, let us partake of an understanding as to the nature of cycles. The cycles we speak of have to do with the cycles of change within the awakening human. This is part of the pathway into the future of humanity.

These cycles come and go but they are not independent of the larger life. They are patterns of living that regulate in some ways the relationships of the elements of your being. The True Nature is involved as well and more keenly aware of these cycles of change. Some of the changes we speak of have to do with the ability of insight, direct knowing, the ability to bring balance and heal the body, and a growing awareness of your True Nature. And an ability to see outside of all the perceptions and leave them behind, not forgotten but no longer limiting.

These cycles of change are not unique to humanity. They are part of the flow of life. Their content and individual purpose or function is determined by the individual's ability and willingness to embrace them. Focus for a time on the reality of the presence of the cycles of change within your life experience and unfoldment of destiny. Become sensitive to each one's purpose, presence, and your ability to respond. We call them cycles for they have duration, in a sense, and the flow of changes in your life, on many levels, are numerous. Namaste.

Life ahead

Apr. 21, 2015

JANU: Coming events will challenge humanity to find its true center, its core reality, its essential nature. We are speaking of weather events, geological changes, and economic turmoil, not to mention the darker side of the human equation: the conflicts and wars, terrorism and the like. All created by humanity through lack of conscious connection with its loving True Nature.

These challenges we speak of have already begun. The time of wandering in the darkness is closing. What we and many others are achieving points in a new direction.

Let us be steadfast in what we are achieving. It is a foundation for a new beginning when humanity turns to the truth within over the glamour and illusions of the life they have created. Difficult and challenging times for many. For others, a welcome relief from what they've been disenchanted with for so long.

All of this is the path to a better life, greater freedom, inner enrichment, peace of mind, and a joyous heart. Be diligent, our brother. Maintain the course. The results are coming. Namaste.

More Earth Changes

May 8, 2015 B

JANU: Many speak of a so-called 'big one' that's due any time. The 'big one' is in the form of a growing number of earthquakes and volcano activity, so the magnitude they anticipate is not from one event but a growing number of significant events.

The Earth is changing in many ways. Solar activities, magnetic field--and other fields of energy--of the Sun and the Earth are changing. The system of life of which we speak is rearranging itself. The weather is part of this as well. These changes will occur over the next five years and then abate for a while. Then the next significant changes will be in vegetation and behavior of the creatures of the world. They will sense their lives changing though humanity will not, except in a superficial way.

These changes will cycle and generations of humanity yet to come will be far more sensible in their relationship with the Earth and its resources. These changes are a wake-up call to humanity, to be a better partner in life with the Earth. Humanity sees itself in charge of everything. It is not. Humanity has yet to embrace a flow with life that is mutually beneficial. The outcome of these Earth changes will benefit humanity as it chooses to benefit the Earth. Look for patterns of change, not just within one life system but between all of them.

This insight was offered following the 7.9 earthquake in Nepal.

Understanding change

May 26, 2015

JANU: We are hailing that part of human consciousness that does not embrace change. When one observes all involved in their life, where does change, embraced as reality and a benefactor, find a home? Are there parts of your life you wish never to change?

Now, change can mean many things. The leaving behind or the modification of or something new; the changes brought by benefiting the lives of others by way of understanding or physical benefit. The educational system is an interesting study in methods of teaching, methods of learning, and the application of what has been learned. When observing any part of life, consider the role of change, the possibilities it brings.

Many think in terms of investment, stability, and return on investment by way of the life structure created. How many seriously risk profits anticipated to take on change? Even your own physiology is constantly changing, but how much effort is expended to prevent it, seeing more benefit in holding on to than letting go and embracing what comes. Is change always understood for the better, or as loss? Maximizing change requires adaptation of perception, of thought, of circumstance.

There are those who wait for change, those who embrace, and those who create it. Let change be a key ingredient in your creativity, your day, and your future. What in your life would you change? And into what? Much to consider, our brother. Namaste.

The future of religion

June 16, 2015

JANU: On today's journey we shall include the forecast of sorts into the area of world religions. The re-examination of religion will be occurring around the world, not just by individual people but by the organizations as well. A growing realization that the purpose and need for a deeper understanding as to the nature of existence, of life and individuals, is called for. Many people already know this but without the details. Religious organizations will continue to find dwindling participation. The fault or cause does not lie with the people. The organizations have not evolved but the people are evolving.

The organizations will encourage people to find the truth within them and the organization is no longer presented as the only pathway to understanding the nature of life. Every being has a connection with this truth within them, but not encouraged to be drawn upon. The organizations will make these changes, but those who are the authority in these organizations must realize this within themselves and be an example to the people they would support. A teacher must always be capable of more than they teach. That is leadership. That is example and is an inspiration to those who are growing.

Petty bickering, fault finding, and differences between religions and their so-called leaders must give way to unified expression, broad-based, multidimensional, that can inspire and serve and uplift everyone to find their own truth. Religions have become growingly irrelevant in the lives of people and, in some ways, the people have grown beyond them. But we all benefit from each other and so it should be with those who would serve the people and each other. The old understandings must give way to the future. And they will.

Change is the theme here, as always, but wise change, enlightened change, profound change. As we have said before, genius lives within everyone. Help each other find it and all of humanity will benefit. Each one a Temple of the Truth and an understanding perfect for each one, as they evolve. Namaste, our brother.

Models of changing awareness

June 18, 2015

JANU: Be it known that there are individuals and groups of humanity around the world embracing awakening with a vision toward spreading this Light, with a concern for the awakening of all of humanity. Awakening is a process of many forms and countless elements of understanding and inner and outer change. These individuals and groups around the world are mastering their own consciousness and growing together, sharing insights, supporting each other through times of confusion or misunderstanding.

These awakenings are growing and, to a degree, those who oppose this are becoming more and more aware that this will challenge their model for living and thinking and feeling, realizing that they will slowly lose their grip on the lives of others. More and more people realize the true power of consciousness and connection with each other. When change occurs from within, it touches others and is more powerful and contagious.

As this consciousness grows, of enlightenment, there will be a change in focus for the media. No longer seeing the destructive side of unenlightened individuals as powerful and fearsome but as self-destructive, weakening. Seeing those who live in the Light, and the fruits of their existence as the true power from within. Realizing that sharing their stories will inspire others to claim that power for themselves. Paying it forward, so to speak. Social organizations and media will awaken as well and cast their net into the sea

of life to be part of these changes. And many of their workers secretly welcome the change.

How to reach for and grasp the reality of this new direction is the question when not understanding the alternatives or how to begin. The models for this change are everywhere, unspoken moments in individual lives where the heart, the consciousness, and the True Nature are given their due.

Helping others selflessly is rewarded with joy and peace of mind and a glad heart, anxious to do more. Peace of mind and satisfaction with the life you have lived have no price and you are richer for it. Serve each other and marvel at the outcome. Namaste.

Weather changes

June 24, 2015

JANU: Let us move in the direction of climate change. Much the topic of the day. Many dance around the issue of ‘Is there or isn’t there climate change?’ Of course there is, our brother. Climate is always changing. It goes through cycles of change, of short and long duration, and has many times in the past. The human sojourn is not long enough to perceive these, save at the cusp of a change.

When one lives consciously in harmony with life, and that includes nature, adjustments are made due to understanding climate changes. Anticipates, even as nature does, these changes. Gradual adaptation has always occurred within humanity. In earlier times, humanity was more attuned to the climate and the movements of nature, for their daily existence depended upon this and their life was not obscured by technology.

What is occurring at this time is completely relevant to these cycles. Yes, humans do influence to a degree with their pollutions, but these changes are exaggerated in human perception by a growing lack of adaptability and acceptance of what is natural for the Earth. If your skin is susceptible to damage from exposure to the sun, reduce the exposure. If your diet is consuming your health, change the diet. Don’t be one who says, “I love the sun and have been doing this exposure for years.” Let go of that, our brother. Be current in the times. Be free to live in the moment.

Mastering your environment does not mean controlling it beyond its natural course, but adaptation, accommodation, and insight. These are the keys to navigating weather changes. Engage all of your life in this way, changing your attitudes, perceptions, preferences, as called for. Your spirit will survive all of this, and more. The physical body is of nature, of the Earth, of the environment that is changing. Help it adapt and cope and prosper, with an open mind and a growing knowledge of what is taking place with the body’s limits and the body’s needs. If the ground is shaking under your feet, change your location.

Create a life for yourself that is adaptable. Be one with your environment, for it is the only one you have for the moment. Change is not a mystery, our brother. It can be foreseen, understood, and its influence mastered and be grateful for each day. Namaste.

Facing new directions

Nov. 12, 2015 B

JANU: We find strong root in the understanding that it is possible to be in harmony with altered states of consciousness bringing a larger truth and perception into the human octave, so to speak. This is not to replace the human experience, but to enhance it.

Humanity finds itself, in many cases, groping for the unknown, looking for solutions, when the understanding is part of their nature. So-called ‘experience’ has taught humanity that achieving understanding, insight, and communication is a long way

off, requiring complex discipline, ritual, and altered states of consciousness achieved by so many rituals. This being true, for humanity has convinced itself that it is; therefore they require it. Figuratively speaking, it is no more complicated than turning around, facing a new direction, and allowing it to be.

Facing new directions is a wonderful way to understand change. What direction would you choose? It can be as simple as a happy day; peace of mind; clearer insights; loving someone, including yourself; better health; clearer mind; balanced emotions; understanding animals and life on other worlds. There are no limits to this, our brother, but be clear as to your desires and your motives, and allow it to be. Namaste.

Ice Age

Nov. 27, 2015

JANU: This morning's addition to our knowledge base has to do with the snow events unfolding for the Earth. Another ice age is returning to the polar regions of the Earth. The next few hundred years will see a fairly steady change in world temperatures, brought on by cumulative effects, including the human pollution of the Earth. But this would occur in any case.

In this instance, there will be some low level mountain peaks nearly inundated. It will force major changes in human priorities involving Earth resources for survival. There will be a development of undersea complexes for survival. A major reduction in atmospheric pollution. The Earth will recycle and rejuvenate itself, to begin anew.

Yes, there will be colonies on Mars and other locations, but difficult to support. They will be designed for self-sufficiency.

This ice age will be a few degrees colder than in the past. Many species will not survive. In comparison, the current global warming will be brief. This occurs in advance of an ice age.

Community and national interactions will be affected by surface conditions. There will be attempts to tap into geothermal resources. Food production seriously curtailed but life will continue. New technologies, more efficient use of resources.