

# Legacies of Past Civilizations

*These journeys deal with other groups or civilizations besides Atlantis that have had an impact upon life on Earth. See also the volumes on Atlantis.*

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## **The Bowanee**

May 11, 1998 A

JANU: Might we include in this format a journey extending into the realm of diminished presence of those cultures whose legacy to life, to consciousness is that which serves its ongoingness, its expansion. You are correct in understanding the merits of this pursuit and each culture, each society, whether human or not, leaves their mark or their marks on the tapestry of life. And humanity is no exception. Life is rich with the history of these cultures that no longer grace life with their presence except by their contributions to understanding.

One such civilization--or group might be a better term here--existed on a peninsula located as a part of what you call the southern tip of Africa at a time when it nearly bridged what is now Antarctica. This peninsula was home to a group known by them as the "Bowanee" and in fact this was Bowaneeland. They were numbered in the order of, at one time, five hundred or so, slightly less. Their cultural leader was a female. Their political leader was a male. And this group was not indigenous to your world but selected this location to assume a position relative to an off-world orientation with their origin, facilitating communication. Their presence endured for approximately five hundred of your years, with occasional interruptions of five to ten years for a variety of reasons. These beings eventually left a Norwegian influence in the development of the human species at a later time.

Their culture benefited from this brief period on your world, by virtue of freedom from pressures of other cultures. They developed understandings and skills in the areas of mineralogy, weather manipulation, some experimenting in agriculture, and planetary mapping. Their technology base was used sparingly as not to dominate natural possibilities of development. They were Norian in origin, very slender in build, and quite tall, eight to ten feet, yet weighing only 80 to 90 pounds. Their legacy to your world was in the area of understanding nature and reading or recognizing its trends or patterns for the future. They well understood the movement of your surface into new continental arrangements, and chose their location with this in mind.

They left evidences of their discoveries that can be found, both in Antarctica and in southern Africa. These will be in the form of what would appear as technology beneath their abilities if you knew them, but not to draw attention to off-world origins. These were left, in the case of southern Africa, in a cavern three hundred feet below the surface, artificially created, under and near a mountain peak. In Antarctica, natural structures were used, in solid rock, that lined up perfectly with the artificial cavern of southern Africa. This will be the key for discovery, the orientation of these landmasses at that time, sharing a mountain range exactly aligned.

So, our friend, our brother, this is the legacy and the brief history of those who have contributed to the ongoingness of life in your world. There are countless others, and we shall visit them, one at a time. Thank you for this opportunity this afternoon. Looking forward to a continuation of this journey. Namaste.

## **The REESA or REECE**

June 3, 1998

JANU: The Reesa, sometimes called Reece, conducted their affairs in the northern regions of your world at a time when glacial impact held sway. Their involvement with the tundra was during this period of Earth's past, three ice ages ago. They came well equipped for such activity. Their environments for living and working were constructed

in, the tundra itself with research extending many miles into the Earth's mantle or crust. Yes, they were in fact climatologists and were examining the record of such in these wastelands.

The Reesa did not, and do not, populate worlds. They are a research team. The length of their stay varies. In your case, at that time, three to five years. But their research is extensive and intensive. The reason they were selected for a journey was to demonstrate the impact many groups, whether called civilizations, societies, or research groups, have contributed to the Earth's understanding and well-being. Their team's concern and research contributed to those who are involved in successful planet development for many purposes, including the development of sentient beings such as yourselves.

They had their own power sources, non-atomic as you understand it but another energy form, realizing of course that their apparatus was not always electrical in operation. Their probings and analysis of Earth's condition and materials were effective although not always mechanical or physical in nature. They had the ability to read, selectively, layers of energy emanations at great depths and with great precision. Their form of your spectral analysis. The subterranean configuration of their research facilities led to extremely stable conditions. They were able to predict, with great accuracy, Earth-changing climactic conditions, including the movement of ice ages, global stabilizations of certain parameters, and had developed models from other worlds of the development of species as well as global ecology.

Their legacy or contribution to your world was in the form of direct observation information to those who design and maintain the evolution of worlds. The Earth has undergone several corrections or adjustments in conditions for the parameters for life, one such being the ice age cycles, their duration, and magnitude. The Earth has several mechanisms for renewing or refreshing itself and reorganizing its life forms. These beings had some small difficulty acclimating to your world, due to their physical stature, being quite slender and, in your terms, frail of limb and not used to the cold temperatures. They moved about the surface of your world in protective suits, as you would in hostile environments such as space and other planets of non-Earth parameters.

Yes, they were physical, as you understand physical. And their craft resembled a child's toy top, pointing downward although not limited to such configuration. We would have you understand that their configuration in appearance was irrelevant to their pursuits on behalf of your world. That is sufficient at this time as an introduction to this group of beings. They have not returned but will at a later time.

**The island nation of Toka Ri** (a service attunement)

August 10, 1998

JANU: This faraway island of an archipelago in the South China Sea is like a nation unto itself, for it has a culture and a history that belies its size and seeming importance. In its past, it was the center of rule over an area twice the size of your state of Texas. Its power or authority to rule was managed by an incumbent that knew many things but still gave to his people simplicity of life and understanding. This island nation represented a positive step forward in benevolent service through managed authority.

What we serve this evening is the pattern of this collective understanding and reality as a legacy for what lies ahead for your Earth. We at this time raise this pattern for global imprint, for much was gained here to serve the Earth for generations to come. This

land was known as Toka Ri (Toe-ka Ree). There have been a number of other such examples of social experimentation that have generated a complete and balanced set of patterns for world social evolution. This is but one example. There will be others.

### **The people of PAN known as the Taute**

Feb. 2, 1999 A

JANU: We have once more before us an opportunity to reclaim the legacy of another time and another civilization. Let us begin then by examining a culture from your past that existed in the time of the temperate climate of the South Polar regions, or region, known at that time as Pan.

This culture was indeed a continuation of that of Atlantis and many artifacts in time will be discovered from that culture. Its legacy to your world was the refinement of the understandings of Atlantean culture that were worthy of bringing into a new opportunity. Atlantis became a complex society with many factions not always in agreement and even mutually counter-productive. But the critical elements for scientific and social exploration were retained by those of Pan.

The people were known as the Taute (pronounced "taut") and lived there flourishing in the sense of stable survival for a thousand years or so. They enjoyed the mountainous regions and diminished in stature over the years due to a polar existence, with gravitational and other variations from their customary Atlantis, and the growing rigors challenging survival toward the end of their stay. They migrated north at various intervals when they considered that they could bring the best of Atlantis to the rest of the world. They brought some of the technology from Atlantis, that being surface transportation, the technology of consciously focused natural power or energy. They even had technology for boring into the rock face of the mountains to create environments for living. Most technology was based on the use of harnessed concentrations of energy, focused for different tasks, you see. And they had mastered levitation or movement through the air by this means.

What they discovered, when they felt prepared to join once more the cultures of other lands, was that the cultures were ill-prepared to receive the refinements they had achieved and, therefore, much of what they discovered and brought with them were secreted away, made inaccessible to those cultures. Some hidden within the lands of these others, but most retained in Pan. The greater discoveries of the achievements of Atlantis, in terms of evidence physical, remains on the southern continent known as Antarctica at this time. It is not by accident that this region contains the Wheeyah Globes of understanding in those mountain ranges. The polar region of the south proved to be an excellent repository, awaiting the awakening of humanity sufficiently to benefit from them.

### **The Treepa of the star Ora**

March 2, 1999 A

JANU: The contributions of cultures to Earth's history are not restricted to those that existed on your world in its past. The legacies remain and are the subject of these investigations, wherever they take us. For today's legacy of a past civilization influence in your world, we embark upon a journey to a star known as "Ora" in the Orion Cluster or constellation, if you will. This star is accompanied by a number of worlds visited upon by

a small number of beings. Our excursion today addresses one of these worlds known as "Treepa." This nomenclature speaks to the race of beings and their identity on this world.

The Treepa have known of your existence long before you were aware of their place in the heavens. They announce, at this time through this opportunity, their contribution to your world many eons ago. Yes, they are in existence at this time and have moved far beyond their previous state of existence. What the Treepa gave to your world was the stability of the numbers and types of lifeforms that cause or bring about a natural balance for the ongoingness of life in your world. This was needed for the sustaining of the human population and its growth. This understanding was brought to the Earth in the person of the Treepa, seventeen millennia ago. The formula for species mix and number was for a new epoch for humanity.

You ask then how was this accomplished. It is done so by the introduction of, the infusion of, certain species, both plant and animal, that influence or regulate, as they reach their critical threshold of population, the progression of other life forms. Some of the species completed their task and ended their journey on the Earth. Some continue to this day. And some are yet unknown by the discoveries of your sciences. This is a viable and traditional method for influencing the evolution of a world, and has been accomplished on many others.

The Treepa are well-skilled in this. However, their existence has moved beyond the three dimensional journey. The progression of life and its many turns, variations, and complexities, is a science in its own right. It requires profound vision and understanding of long-term developments and interactions to reach desired outcomes. The Treepa accomplished this infusion in approximately three hundred of your years. The introductions primarily took place in what you call the Fertile Crescent and deep within the northern oceans at that time. Many spores were scattered to the winds and took root where they fell.

These accomplishments are achieved, in most cases, by a higher authority than the indigenous life on the world. There are many purposes for these infusions, yours being as described. Let us leave it at this at the time. An interesting course change for the Earth, long ago, results of which are still being achieved.

### **The Quiet Ones and their service called ASonabra Etal≅**

Jan. 13, 2000 A

JANU: I am Janu speaking, encouraging you at this time to engage upon this adventure in a manner best described as a journey into consciousness that was developed at a time preceding the formation of your world=s continental shelves. By this, we mean those configurations of your land areas as plateaus for a new form of life. These undersea configurations were designed to be a stabilizing influence between the movements of two worlds, meaning your seas and the world of land life. This journey into this consciousness of formation brings about an understanding of this legacy. We would have you know at this time that, were this not accomplished, the erosion of your land areas by the movement of the seas would have made it impossible, or difficult at best, for long-term life experimentation on the lands.

The source of this understanding and formation was gifted your world in this way. This formation team, comprised of beings from other worlds understanding fluid dynamics, were summoned by the Hierarchy of Life that directs and holds the vision for the life of a world. These beings formed a coalition, if you will, for a time to measure this

activity in conjunction with a series of other manipulations in the formation of your world.

So you see, their legacy was not in understanding or philosophy or technology. They were called the Quiet Ones and their service was called ASonabra Etal.≡ (So-nah-brah Eh-tal). They remained in the vicinity of your world with their influence for approximately ten thousand of your years. They played no role in the development of life forms, only planetary configuration. The Quiet Ones seldom visit a world a second time, but have done so on occasion and will do so once more for your world in the years to come, for many changes will precipitate the need for new configurations, you see.

That is as far as we will go with this at this time, preparing your understanding for a wider view of the tapestry of the movements of life.

### **A team of scientists from Atlantis leaves a time capsule in the Florida Keys**

Apr. 4, 2000 B

JANU: Let us bring our attention around, then, to a rather small area of the world, a tiny peninsula in the Florida Keys. Much has been said of the fabled Atlantis and yet there is legacy to be seen by those who would see. The Atlantean journey of ten thousand years past left, among other things, a richness and a ritual that speaks to the scientific approach to understanding. Many of the sciences of your day find their roots or at least their heritage, their lineage, through the Atlantean epoch. Science of life in the sea being one.

And at the location of this small peninsula marked by shallow depth of the ocean floor for approximately three miles there remains hidden in these waters a small capsule or container that was left for a future find. This capsule is of a green hue with a uniform arrangement of patterns in relief around its surface. It is three meters in length with an oval configuration from end to end. It is approximately one half meter in width at the widest point and uniform from one end to the other. It is sealed around its circumference at this wide point of its oval configuration. It contains within it an array of technical terminology and findings in the script of that time. There are certain artifacts that will lead to the understanding of their language. Life under the sea, not only in controlled habitation, controlled environments, but with physical adaptation is discussed in this. There are some remnants that bear testimony to these findings. The capsule is oriented north by northeast, with a downward slant of 45 degrees in that direction. It will be found with soundings but not with metal detection equipment, you see. And it will be found by those prepared to continue, by authority of their Atlantean heritage, the Atlantean journey.

This legacy will continue the developing findings of the science of life in the sea, both for its natural inhabitants and that of humanity, that once had understanding of this. It lies in the ocean bottom, the capsule of which we speak, seventeen meters below the ocean floor and was placed there in a cave long ago. This legacy was left by a team of scientists who knew that continuation of this knowledge would not take place in their time but in the future. They were six in number and well established in the Atlantean hierarchy of life and scientific community.

The capsule material is impervious to the sea and to marine life. It is designed to be stabilized by the salt water and its temperature. Removing it from this environment will facilitate its opening, you see. Not quite time yet. But could be within this lifetime of yours.

We thank you for this visit and would convey these understandings to further the awakening and ongoingness of humanity in a constructive manner. We are the Brotherhood of Light and the Atlantean Council upon whose authority this has been given. Namaste, our brother.

### **The Drahbo**

October 23, 2000 C

JANU: We have with us this afternoon an agent or representative of one culture that existed long ago in your time perspective. This one was once a ruler and, as such, instigated many changes in their culture. This one comes before us today to speak on these matters of change and would begin by announcing himself, for he was a male in that lifetime and, for purposes of discussion, will assume that persuasion.

The changes that were made, that are in fact the legacies for today=s discussion, had to do with the submergence of dictatorial rule. And many alternatives to this were tried, including the forum approach, a kind of voting or ballot, a hierarchy of consensus seekers and various approaches to the integration of cultures across the lands. The rights of property ownership were not explored at that time, but the community responsibility for the management of the lands was. This culture, this experiment in changes, was nestled in a region known to the observers of that time in what you call the AFertile Crescent.≡ This episode in cultural experimentation existed for 500 of your years, approximately fifteen millennia ago. These people referred to themselves by the name of their society, that being the Drahbo (most closely resembles the sound). The leader who is with us at this time was the Council Leader and spoke often of his adventures in the council of that time. Their culture was a mixture of those from the eastern regions and the northern. Results of these changes were carried far and wide by those who moved on, some weary of so many changes and unable to adapt so rapidly. So they took that with which they were familiar with them and proceeded with their experimentation, in most cases taking credit for what they knew.

The one who speaks with us today wishes to begin or start another such experiment in the times to come but will do so in a way or manner that approaches the unity of cultures on a worldwide basis, thus bringing about a lifting of humanity, not only in new ways of living but in new ways of being. This one will remain anonymous for the time being, but will draw near as needed.

### **A group of beings known as the Delphapim**

April 9, 2001 B

JANU: For today=s exercise in understanding we shall proceed along the corridor of understanding to the field of energy known as that which gives life=s cohesion. For today=s legacy, let us proceed then to a brotherhood once nestled in the region adjacent to the Belgian Congo as well as Nigeria. This region belonged to, in terms of habitation, a group of beings known as the Delphapim, constructed of a rather amorphous substance that would shimmer in the light. These beings constructed a focus or grid existence that would precipitate out of primal substance a nectar to be assimilated by the body of Earth. There will come a time when this substance will open again the doorways or portals to essential transformation of the basic building blocks of matter, leaving the way open then for Earth to re-organize itself in the patterns of its future.

Now, what this means essentially, dear one, is that there exists within the fine energy realities of your world a dynamic structure that will yield to the collective

pressures for change. What this means for the human journey is an eventual physical transformation into a vehicle that will more easily exist with a more fully developed Light Body. This legacy provides the nectar, or ingredient, necessary for these changes. Its awakening, rather its re-awakening, has just begun to be realized in the fields of consciousness best left to the Angelic Host for implementation and accessibility by those consciousnesses moving in this direction. This structural change is one in a progression of changes.

### **The Katrols**

June 26, 2001 B

JANU: We salute at this time, those who have contributed so much to the development of your world. They are beyond number and have instilled integrity and order in the life of your world. They bring with them each a mounting desire for the progression of life. They understand and live, each to their capacity, service to, and a fascination with, the limitless possibilities of life's richness.

For today's journey, let us continue the tradition of this series and bring to our attention the contribution, the lives, of those who dwelt on and in your world for a time reckoned to be three centuries earlier in your time. These gathered at a point northwest of your coast of Ireland at a site determined by them to include a naval contingent serving as coast watch for their activities. They brought with them a band of scientists and agriculturalists to conclude their research in the area of mining the seas for that needed to support growth agriculturally on the land and in the sea.

Their neighbors were unaware of their presence. They founded a colony to begin land-based research. Their support group visited them occasionally, appearing as distant travelers of unknown origin. Their pretense, in the form of appearance, was to guard against accidental exposure, which never became an issue.

Their contribution and legacy includes several species of plant life, but primarily the mechanisms for various regions of particular nutrition for these, you see. We would have you understand that these were called, by their native world, "programmers." Not in your speech, of course. They were schedulers, bringing about planned exposures and developments in various worlds to further each one's destiny and bio-support mechanisms. They occurred in your world for approximately fifty years of your time. Their influence and discoveries were of paramount importance to those who registered their work in the archives and the scientific community of their world as resource for many others, you see. The Earth has been, and still will be, a laboratory for experimentation coupled with service to its natural progression.

These beings lived in isolation for many years. There were seventy in number and their ocean base could support their living needs indefinitely. They were of a green hue in color, slight in stature, with conventional appendages to your appearance. What they had: prominent facial features and no body hair at all. They bore a close resemblance to some of your writers of science fiction stories anticipation of extra-terrestrial appearance. Their life span exceeded 360 of your years and they were known by other worlds as the Katrols. They were enamored of the beauty of Earth, its rich diversity of life, and favored or enjoyed their stay.

We bring this understanding to light for the purpose of enlightening your understanding of the rich and diverse nature of your world, not unlike many others.

### **Legacies yet to come**

May 8, 2012 A

JANU: I am Janu speaking, looking upon the Earth in this way of past influences and legacies of groups, individuals, and civilizations, as you put it. We would own up to the fact that there comes a time when these legacies come into the fore in human understanding and, when appreciated and fulfilled, more will come in an open way, no longer hidden from human view. We would see this occurring over the next twelve thousand years, in various ways, locales, and times.

The forefront of these will be in the area of managing resources, nurturing the Earth, stewardship and service of all living creatures, lifting their awakening, their experience into more fulfilling realities in a way that honors the life that they are. These first attempts at raising human awareness will become more solidified when humanity begins to appreciate these and welcomes partnership. In twelve thousand years, humanity will have long since embraced other species and other worlds and be able to appreciate more fully their relationship with the Earth. Humanity will learn that not only are they not alone in the universe, they never have been, and will finally take advantage of larger opportunities.

So you see, our brother, this discussion is of legacies yet to come. The struggle for power, survival, dominance, through wars and other manipulations, will be seen for what they are, in the presence of those who have lived beyond these and left them behind. The legacies of a future yield a bright future and adventure in living.

### **The nature and purpose of these legacies**

August 15, 2012 B

JANU: We have with us this morning a team that orchestrates these particular journeys, called “the legacy of past civilizations,” which will illuminate this journey as to the nature of these legacies.

Why then does a world need such diverse contribution from life--other worlds, other species--to begin the investment of so-called indigenous population to take root and flourish? We must confess that such contributions exist primarily for the reason of the progression of the larger life, and we are included in this, our brother, for in the truest sense, we are you and you are us, for we frequently exchange positions in life that we all may grow. These investments in the development of a world and its population go a long way towards preparing worlds to reach ‘first contact’ and yours is not the only one to benefit in this way.

The nature of these legacies is planting seeds and nurturing life everywhere. Life is simple yet vast, filled with variety, diversity, opportunities, and possibilities. The realities of life are countless yet every world’s contribution is significant. We serve the Earth in many ways. These visitations of a physical nature are just one part of a vast complex of services. Understand that Earth and humanity and the species of your world are like a symphony of life, orchestrated by artists, talented contributors with experience and knowledge beyond your world. Humanity flowers ignorant of these, for the most part, and that is by design, our brother, that your own creativity flourishes by its own commitment and desire.

We would have you see that these legacies of which we speak and explore make many things possible in preparation for the awakening of humanity, which is a process, our brother. Humanity is awakening. It is exploring the universe as it may. But a contact with other worlds is a threshold unto itself, but not that far away. How then would one

design the preparation for that threshold in a way that honors and ensures the natural awakening of a world? It is not without great care. By the time Earth becomes a world of multiple species of visitors, it will already be reaching towards moving off Earth into new relationships.

Let there be, then, a growing appreciation of the range of these legacies and their larger purpose, and they will continue, our brother, and not always in secrecy, you see. So let us continue to explore these and be open to the creation of new ones.

### **An understanding of legacies**

Sept. 22, 2012

JANU: We have with us this morning a journey of understanding into the legacies of past civilizations. They are numerous, our brother, and continue to develop, grow in number, yet still, for the most part, in secret. Humanity is still centered in an attitude that it is a supreme reality in life and self-determined in its future, not realizing that its current condition in life was benefited by the wisdom and service of many other visitors to your world.

These legacies are born of a tradition, on many worlds, of expanding life by creating a foundation for the potential of success--this success meaning the realization of potential. The legacies of today, meaning relatively new ones, border on the sublime, for these conditions support humanity's reach for the stars to understand its place in life, its potential, and its discovery of others.

These legacies are formed not in a vacuum but in the history, the civilizations of many worlds, that have grown beyond pettiness, wars, and thieving from each other, not to mention pure brutality. They have a vision for the future of not just humanity but all sentient cultures, humanity being one of a long list of worlds being contributed to. Therefore, their vision of humanity's place in the larger life of the future is well founded from experience, observation, and performance. They reach into humanity's past to bring forward possibilities humanity has yet to discover in themselves. Always done, our brother, with great wisdom and protection of humanity's natural evolution.

But life in your universe, our brother, does not evolve in a vacuum; being connected in many ways, they are all given support and opportunities. Humanity has yet to embrace this understanding, much less open to it. But supported they are, and will be, and will eventually realize how they have benefited.

There are many elements in your culture that profit from the ignorance of others, for they enjoy being seen as 'the' resource for human prosperity, health and well-being, and security. These will resist these coming changes unless they can find profit in them. They will discover in due course that their profit is severely limited by this attitude, and they will fade away.

The models for success in life are changing. Wise is the person and the society that sees this. We would have you understand these things, our brother, the nature of legacies and their rewarding, beneficial role in life. Namaste, our brother.

### **Legacies to come**

Nov. 4, 2012

JANU: Now, to examine this scenario, if you will, of contributions to the Earth, let us understand that not all of these contributions were left in the physical world. Many have been laid down, so to speak, on different levels of reality: your atmosphere for one, the composition of your world from the accretion of the leftovers of the solar system. It was a

combination of natural occurrences and intelligent influences to bring about the Earth as it is today. And they continue, for there are occurrences yet to take place, even beyond your solar system, that have intelligent influences involved.

You ask, “Why then so much attention is being paid to the development and future of this planet?” We would tell that this assistance is not unique to your world but is part of a larger system of life, designed to benefit multiple worlds, platforms of life. For, recognize it or not, our brother, there is a synergism to all of these influences and their results, that fit into even larger systems of evolution and contribution.

Now, back to the Earth, which is at hand in the moment. And we signal that a current contribution is in the form of the foster in the human consciousness of the true gift of mutual support. This is apparent in certain locations in your world, but only a beginning. For, even as the time approaches for contact with other worlds, that foundation needs be developed further for your world to cooperate with another, you see. For as long as the intense divisions exist, these divisions will be the perception of these off-world encounters and will lead to continuation of the results of the lack of cooperation, mutual support.

Let us encourage, then at this time, there begin a dialogue in this area of legacy and eventually even intentional mutual support with those who continue to contribute legacies to your world, and to your life. That which impedes the more rapid development of this human attribute is the reality of distrust and violence and a perceived need for power. How can there be trust when there is so much violence? Your military, enormous in its consumption of wealth and resource, is foundationed upon lack of trust, the need for violence in the name of peace. This does not bear close examination, our brother, as you were wont to put it. There are better ways of life, better models for living, and they exist in the universe. It is a challenge to embrace a new model, when all you have known is the old one.

This is the great legacy to come, of communication and interaction with other worlds, other species, other philosophies and ways of life. Much to come from this, our brother; therefore, the need for preparation to embrace it. We are the Brotherhood of Light, counseling in this way. Namaste.

### **Planetary self-regulation**

Jan. 27, 2013

JANU: Growing, then, in our desire to explore and understand more of life, we continue with this series on the legacies of past civilizations. Now, might we say that the legacies may be past but the civilizations aren't, necessarily, for they continue. The importance of this understanding is the realization that their contributions may continue as well.

What legacy, then, shall we uncover--observe, discover, today? There is one of note, blue in color, that exists deep within the so-called bowels of the Earth. Yes, our brother, even legacies exist there. This blue hue emanates from a region in the Earth's crust influenced by glacial activity and its chill of the Earth for extended periods of time. The blue glow is created by the pressures of subterranean reality kept active by temperature differentials and an energy source, polar. We see North Pole here.

Now, what function is this legacy here? It contributes to the natural Earth regulation of its mean temperature and can be traced to atmospheric and surface weather and, to a smaller degree, the oceans. This condition exists in seventeen locations around the planet, brought to the Earth by beings who regulate their own conditions in this way.

Their reality is of precise control, needed for their stability in the nature of their existence. What they have built here is a system that continues, that regulates through natural processes already in the Earth.

Their presence has long since moved on. Alpha Centauri is their region of existence. We have known of these for some time. Their legacy performs in the background, so to speak, and this supports other regulating systems in your world essential for a stable platform of life to continue. We see no need for your science to know of this. Other worlds have complex regulating systems dealing with external influences that could otherwise disrupt the balances, you see. Earth is challenged in this way, as well.

### **Earth stabilization installations**

March 9, 2013

JANU: I am Janu speaking, encouraging you then to consider the truth of these legacies of past civilizations as they pertain to the enrichment of the opportunity for not just humanity but all life on the Earth to succeed and flourish. They are components of a larger effort to guide the Earth into its full potential. The lesson to learn here is that, for an element of life to fulfill its destiny, contributions of others play a role, as in your own life and your choices, your victories, your challenges.

The legacy of today's interest lies deep within the Earth's crust. There are stabilizers located around the world in difficult areas of surface instability. Now, these do not interfere with tectonic movement, crustal shifts, or the movement beneath the crust as the Earth flows in its motion of life. These stabilizers influence a planet that has a tendency towards eventual self-destruction. This was known at an earlier time, yet the potential for life and evolution justified such a legacy.

These stabilizers respond to differential movement and relax or tighten the crust in that location as needed. There are over two hundred of these around the world. Some have been inactive for long periods of time because of stability. They were left here by a civilization that was known for their expertise in planetary dynamics and the influences between worlds and other bodies in space.

Reaching, then, into this understanding, let us portray their purpose as benevolent and in harmony with much larger schemes of life. They did not form colonies here of any duration but visited more than once to fine-tune the installations and monitor the Earth's behavior. Their service to the Earth and humanity is enormous indeed.

### **The Poonjah**

April 21, 2013

JANU: Legacies, once more, contribute to the stability and security of life for the Earth. These legacies formed many years ago and many continue to serve. For this morning's journey, let us visit a legacy that belonged to a group that existed on your world only a few thousand years ago, a civilization that came and went without much fanfare, so to speak, and lived in the mountains of Bolivia.

Their contribution had to do with enormous quantities of contaminated air from the emissions of an asteroid that exploded. This civilization, although viewed as primitive by some, had extraordinary gifts or powers to affect nature. They were dark in appearance, known to themselves as the Poonjah and were only a few hundred strong. They did not leave the Earth as if they were extraterrestrials, but dissipated into other cultures. But retained their ability to be one with nature, to continue the process of

atmospheric cleansing in many locations. They continue to this day, and, because of their affinity to life, easily communicate one with the other and can transfer their abilities to other locations when needed.

They are a silent group, in terms of their service. Not all asteroids are benign in their effect on the Earth; even the ones that do not explode in the atmosphere leave a trail of pollution, of contamination as they burn through the atmosphere, you see. Earth is a complex reality through its many years of challenges, service, and the abilities of many to support its existence well enough for life to continue. These beings continue to this day and deserve respect and support, although they do not require this. They do what they were born to do.

### **The Legacy of Christ Consciousness continues**

June 11, 2013

JANU: Two thousand years ago, in the biblical time of the one you call Jesus, there had been a visitation of a group of citizens from another world. These beings congregated, already knowing of this birth, with a vision toward his legacy. This group fostered or brought in those that were to hail this as the beginning of a new age.

There were those who would have sullied this event and legacy and favored things to continue as they were. What you call the ‘forces of evil’ have their own agenda and still would bring closure to this legacy. Rightly you ask, “Why? What agenda is at play here?” It is an agenda that would place their own leader into this position to prevent humanity from achieving its best potential. They bring their agenda from another world where they hold sway. The Earth was intended to be an expansion of their influence.

So the legacy we speak of here is not just that of Jesus but others who serve the destiny of humanity for the product of that destiny will serve many worlds, our brother, in times to come. Not with domination and selfish agenda, but with the liberation that strengthens the larger life. This group we speak of achieved this vision, this legacy, with a somewhat constant presence, diligence, insight, and service to humanity, bringing inspirations and revelations to those who struggled so greatly to bring it about.

The legacy is not, by any means, secure and is still unfolding. Much inspiration still needed, for there are elements in human consciousness that hearken to darker times and many are confused as to which is which, and what is the truth. This group has been known by many names: Brotherhoods, the Magi. Let us honor their service, our brother, by supporting the awakening of humanity into its true consciousness to embrace its destiny and fulfill its potential to be a light.

### **The Songs of Life**

Aug. 1, 2013

JANU: There is a legacy being manifested as we speak. This legacy comes from a time when such legacies occurred on other worlds as a tradition of service, experimentation, and development of cultures and creativity. So the Earth, then, you see, is part of a tradition. The legacy we speak of for today, has to do with the so-called ‘song of life.’ There is a tradition throughout the Earth, with all manifestations, that there be the song, or signature, or vibrational pattern in emanation of life, unique to each element. The legacy today is this reality, not caused by the legacy but the shaper of it, the shaper of the legacy.

There is inherent within the song of Earth, a pattern to be attuned to, that helps direct attention to the song of any part of life: individually, collectively, entire

civilizations, nature, any part of the planet. This legacy pattern continues and is supported to this day by those who learned of and observed the Earth's complex vitality and the manifestations. This pattern acts like a focusing lens to those who have attention upon the living presence of every part of life. You think humanity is the only source of inquiring mind and consciousness. It is not. Every part of life of the Earth has this capability and has demonstrated interest and benefit.

So the pattern here helps reveal the songs of life for connection, understanding, and mutual support. For when collective synergism takes place, creativity blossoms in ways that benefit all of life. And how many actually are conscious of their own song of life? This is a grand legacy for humanity, for moving into full consciousness. Discover your own song of life, placing your attention on it and allowing this patterned legacy to focus your connection and awareness.

### **The unending evolution of humanity's purpose**

Sept. 22, 2013

JANU: For this morning's journey let us understand and observe a legacy that defined, and continues to define, the purpose of humanity. Not so much imposed purpose but the purpose of the human journey as it unfolds in the consciousnesses of humanity. This contribution to humanity's purpose in life was discovered by those that signify such in the annals of other worlds. Now, understand this, our brother. Humanity did not begin with the Earth. The origins on the Earth are younger than human history. So the purpose for humanity as understood by others not of the Earth, yet still human, to a degree is a carryover to an opportunity on the Earth for refinement, development, and evolution.

What is this purpose, so much a part of human destiny? It is to become and belong to a unity of worlds with grand purpose to inspire and build new lifeforms. Gems or jewels, you might say, in the collective consciousness of the universe. Now, this is a tall order, our brother. We realize this. But understand that these developments, though regional in the beginning, the influence is felt far and wide, joins with other similar destinies of sentient life. There is a continuing formation, creation, and development of new lifeforms in countless areas of the universe.

The reason for this is that these new lifeforms are constructed, are manifesting abilities beyond humanity and other species. As with new offspring in your own world exhibiting abilities a bit beyond the norm, such it is throughout the universe. New species, new lifeforms with enhanced capabilities for consciousness that develops along new pathways of the realization of potential, potential that is still developing, for life is not a *fait accompli* in its potential to be. It is still unfolding and it requires new species, new lifeforms, new faculties, new capabilities to explore it, manifest it, and gain the wisdom to continue on. It is a system of life that exists from the singularity to the entire universe, and more.

This legacy of purpose, realization, is handed down and continues for those who are still discovering it and what it can mean. So, as we speak of the 'legacy of past civilizations' this is on a much larger footing and is knowable. Let us explore this unlimited view of life as we may.

### **The legacy of change**

Nov. 12, 2013

JANU: For today's journey, let us partake of that which belongs to a race of beings that has long held the view that humanity's destiny is rich beyond its current capacity to imagine.

Now, humanity then is a combination of physicality, with certain capabilities and features, and Light Beings, some of which have experienced incarnations of a completely different sort. Humanity's current model of existence does not include these changes, but all of these changes are opportunities for the Light Beings to evolve and, in due course, create new life never before witnessed or appreciated for new capabilities. This race of beings has pronounced that humanity's destiny, in this point of view, would undergo these changes first in your physicality through the manipulation and stimulation of elements of DNA. Not by accident but through the intelligent design of the incarnating Light Beings. There is a relationship here that is active, creative, and has much vitality.

Human consciousness must eventually open to the reality of life experience that is more unlimited and diverse. So, you see, the legacy of past civilizations is this understanding and experience. The Light Beings have partnered with this race before and accomplished many things. And now it's humanity's turn, if you will, to blossom. Physiological changes and evolution, emotional, mental, philosophical, and consciousness, all to change, and through these changes, new lifeforms, new capabilities, and offspring in time that will little resemble those of today.

Life is changing, our brother. So is humanity. So is its destiny. And this is occurring on many worlds of many species. There will be species with some human heritage in their physicality and in their non-physical existences as well. So as the races are mixing on the Earth, so are they mixing, our brother, with other worlds, and humanity will be part of this. And already has, on a few worlds.

The legacies of past civilizations worth mentioning are the ones of change, both minor and major. Nothing is permanent, including attitudes and perceptions and realities. Life is unfolding and always will, and we welcome these, for even the evolution is filled with life.

### **The Uln or Ulnar: A vision for humanity** (Service)

Jan. 7, 2014 B

JANU: This evening's service incorporates a vision of the past forgotten by humanity that held a vision useful for this time. Not speaking of your famous Atlantis and Lemuria, but a culture that existed with a clearer view of potential and a future than either one. Our service this evening is remembering, bringing it into the present, once again.

This vision for the future was linked directly with a culture known at that time to exist with the Earth when humanity was more ephemeral and understood and enjoyed the natural forces, the miracle of life, and a transitional experience from spirit to incarnation, if you will. For this culture had roots, or a heritage, with another world free of the restrictions of social identity that governs human consciousness on Earth at this time.

The culture we speak of existed in what is now called the South Polar Region when the climate was more temperate and the landmasses were one. Remnants of its existence are there today, but buried. If there ever was truly a 'Garden of Eden,' it existed there, our brother. This was not a technology-based society, but it was a conscious one, very much awakened, commanding natural gifts, creating and controlling their world.

They knew of many things, and were one with life in a larger way and moved with grace with the changes in the Earth and the weather and the gifts of life. They did with expertise, co-created with life more effectively, that you with your current technology would like to do, for your technology is only physically based, and the energies you use are within that limitation. These saw beyond this and had a vision for a culture far less limited in relationships, thinking, and interplay with the forces of nature.

You call this land “Pangaea” and they call it “Uln,” u-l-n would be similar. Some said “Ulnar” u-l-n-a-r, a variation. They were not indigenous to the Earth and did not arrive in ships, but manifested here through an act of will. We convey, at this time, their vision of life for the awakening of human consciousness at this time. Thank you, our brother, and namaste.

### **An energy transponder dome used by the Uln** (Service)

Jan. 16, 2014 B

JANU: What we see here is a dome, flat black in color, about a third the surface of a globe. This dome is impacted in ice. It is located in a region of the Earth that hasn't seen snow melt or ice melt for tens of thousands of years. The surface of the dome is quite smooth and symmetrical. This dome relates to this evening's service and was, at one time, used as a receiver and radiator of transmissions, a collector of solar energy providing heat as well.

Service this evening is provided for those who constructed and placed this dome. This was used by the Uln of Pangaea, but they did not construct it. It was built and placed for them. It could be adjusted to a variety of energies and supplied many needs for their society. It is located on a land surface below the ice and responds to energies as well as light. This evening we control its performance, avoiding premature activity.

Thank you, our brother, and namaste.

### **Weather patterns**

Feb. 23, 2014

JANU: The legacies of past civilizations still exist, and some yet to be discovered, for all serve one purpose, our brother: the evolution and awakening of humanity. Some have been monitored by those who left them, but only occasionally.

The legacy being reviewed today has to do with weather patterns. Now, weather as such is not the legacy. It is the result of it. And that legacy lies in the energetic realities of the Earth, and how they respond to solar influence and the gravitational tugs of other worlds and your moon, and the tectonic movements of the Earth. The Earth's weather patterns and systems play a key role in the health and well-being not only of the planet but of the species, both animal and vegetable and, in some cases, mineral elements. The legacy is the Earth's sensitivity to these influences, for the purpose of survival and continuation.

Understanding that a new world has many changes and challenges over the course of its existence—‘world’ meaning not just the planet but all the life on it and in it—therefore, relationships were enhanced energetically by modifications in the Earth of those elements that create these energies. The legacy set in motion certain energetic patterns around and through the world that it create that needed for its own evolution and continuation in a natural way. Many of these changes or modifications were

accomplished in the non-physical realities of the Earth, for these are more causal, you see, and determine the manifestation in the physical. This system of life is thoroughly understood by those and, as a matter of fact, they function on those levels themselves. So it is a life-process they are intimate in their knowledge of. The weather patterns and their changes are by-products.

These changing patterns should bring you confidence that these systems are functioning and will continue the life of the planet and all of the species and elements of it. Some of humanity's evolutionary changes will be assisted by these conditions, for your bodies are made up of the Earth, you see, and the Earth is evolving.

Thank you, our brother, and namaste.

### **Seeing the truth behind wars and terrorism**

Apr. 19, 2014

JANU: These journeys into legacies of past civilizations represent much of what is to come for humanity, for even then there was knowledge of human potential and interaction with the larger life. This legacy was deposited here by representatives of its origin.

This legacy can best be described as fortuitous for humanity, for it brings fortune upon those who endeavor to exact the best of themselves and humanity for world peace. For without it the waste of resources, time, energy, and lives would interfere with humanity's immediate future. To bring about world peace, humanity must collectively value this above the disturbances and conflicts.

Now, those consumed with the fear of wars and the like blocking their vision, their clarity of workable alternatives, this legacy inspires or encourages humanity to see the beginnings of a viable alternative and demand it of their leaders through non-participation with their decisions of force and destruction, warring, and the economies of these. For where would the current wars be, without the colossal funding borne on the backs of the people who want a better life? This legacy brings clarity to the public perception of the truth behind wars, terrorism, and the like, those who instigate such, and their hidden agendas. Once again, the importance of awakening for the public, the masses, to see the truth, for the leaders of these conflicts are not so inclined to withdraw.

The people are beginning to exercise their power in areas of conflict around the world, but this will grow. Nonviolent non-cooperation will be a component. The True Nature of humanity is in harmony with the ideals of this legacy and is the authority for these changes.

### **Remembering the agreement between the Earth and humanity**

June 24, 2014

JANU: Enamored of humanity's potential, this legacy was created by those who were charmed by the beauty of the Earth and the Divine Plan, so to speak, from the human experiment. The legacy was, and is, a pathway to understanding and consciousness advancement for yet unborn humanity. Not concerned with frailties that come and go and reversals in the path of human destiny, these beings engineered, if you will, in the energetic fields of the Earth, patterns conducive to human exploration of life and what it offers. These beings formed a committee to construct this energetic reality, patterned to be sustained by the Earth itself.

So you see then, our brother, even the Earth in its consciousness was ordained to become the caretaker of humanity, providing sustenance and opportunity to enrich the Earth. Not all of humanity has maintained this vision, but some have, and it only takes one to be a catalyst for the momentum of life force, the energy, the wisdom of this legacy responds to even one. The Earth and humanity are caretakers of each other. Most civilizations on other worlds benefit from this relationship. Those who left this legacy are what you would call masters of this arrangement, even to this day, in providing this opportunity to other worlds.

Let there be, then, an understanding that the Earth and humanity are unfulfilled resources for each other. You see then the wisdom for developing a dialogue, a conscious relationship with the Earth as a living being in its own right, still honoring its agreement with a patience beyond measure. We challenge, then, humanity to awaken to the agreement that was made. No longer the need to struggle on its own, separate from the realities of life, for life is one, our brother, and elements of life do not do well in isolation. Be alert to this and remember the agreement. Both the Earth and humanity will benefit. Namaste, our brother.

### **Seven million year old Australian culture called the Korka**

July 5, 2014

JANU: Seven million years ago, society and culture of humanity, for a brief time, entered into a phase of technological advancement to be recognized by achievements in medicine, materials, philosophy, and relationship with nature, the Earth. This culminated in a self-destructive episode, due to a lack of personal maturity and understanding of the larger life. This society included over one million people, not in one 'city' if you will, but in cooperative pockets of habitation. And, yes, some of these were transplants from other worlds, attempting to transplant some of their knowledge to indigenous humanity, but did not foresee the outcomes due to the immature handling of advanced understandings.

This culture lasted approximately fifty thousand years and the ones who were left reverted to primitive life. The evidence of their existence is long gone. Their language was a composite of that of the visitors and their own primitive culture. They called themselves the Korka, (K-O-R-K-A) located primarily on what is now Australia. So the evidence of their culture and existence is primarily, if it were available, centered in the land of Australia.

Thank you, our brother, and namaste.

### **The Kree: Living in Africa when it was a polar region**

July 7, 2014

JANU: Not unmindful of your interest in this area and, yes, there have been advanced indigenous civilizations before recorded history. Some of these will surface in our journeys. They occurred some previous to the era of dinosaurs and the like, and a few during. For this morning's focus, let us recover the information you seek. We use the abbreviation BP for 'before present' as a point of reference.

Today's journey will include a visit to the ice dwellers in your polar regions. Now, the polar regions of today are not the polar regions of this time. Geographically, at this time they were centered in Africa. These ice dwellers existed for several millennia and became known to the inhabitants as the 'Kree' (K-R-E-E). They dwelled in snow

caves, ice caves. Their food was synthesized from sub-glacial sources. They enjoyed under-ice lakes, pockets of water and thermals. The Earth was mostly ice covered then, so they sustained themselves mostly where they were.

They were survivors of the Earth existence prior to this time of ice, for the Earth had shifted on its axis and their knowledge and technology of survival was retained. So, their industry had already been built but their exploits around the Earth were curtailed. There were areas not covered by ice in their vicinity, maintained by these thermals. The weather was violent and unpredictable for some time, thus the protection of the caves, the ice dwelling.

Thank you, our brother, and namaste.

### **Earth's history**

Oct. 21, 2015

JANU: Today we speak of the history of the Earth and not just physically. Four billion years can accumulate a lot of history. The surface of the Earth has recycled itself a number of times, yet history remains. The Earth has had vegetation and animal life long before the dinosaurs. Looking at mineral and oil reserves, they are still vast, but difficult to reach. These reserves are referred to as 'growing scarce' and some are so, but only those near the surface. There are elements yet to be discovered and, over millions of years, the Earth's core is transferred to the surface, replenishing resources.

Human history is only partially understood. The influence of beings, so-called indigenous and extraterrestrial, predates recorded history far longer than the records, you see. Physically and non-physically, the Earth is composed of the reality of many other worlds, species, humans, and animal life, vegetation, even the oceans and the landmasses are not all originals, so to speak. The Earth has connection with many realities. As human consciousness evolves, there will be a greater sense of this. Attitudes will change, modalities of living. Vocabularies will evolve to deal with the new understandings and realities. The so-called caveman model of existence and heritage was a very isolated point of view.

There are beings now that are involved with the Earth and humanity unknown to most. There was a time when most of the consciousness that now experiences the human existence was not so isolated from the larger life. It included an Earth with so many elements of reality and the consciousnesses from many realities and other worlds mingled, came and went. So the heritage of the Earth's existence for so many years is vast and varied. But focus and destiny became an issue, to create a new range of experiences in the incarnate life, so the consciousness' focus found the larger life a distraction. So the human experiment began and awareness of the larger life gave way to the incarnate life. And life cycles once more and the veils are lifting by the inner desire for awakening to what was once known and lived. Life is much larger than time/space, but includes it.