

PEACE

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Peace: the solution to all struggles and quests

October 28, 1999 B

JANU: For this evening's journey and lecture the words come to bring peace in the midst of the struggle, for so many, with each day. This journey into peace is the best medicine, if you will, for the strain of the day, for this peace when surviving the moment brings about a new relationship with the struggle and the strain. Being "in peace" exemplifies the Bringer of Peace. Why was this one called the Nazerene, the Peacemaker, the Prince of Peace? For in his words, his presence, and his gift to life, peace was the theme as the center for living and that it includes. Peace remembers all that is said and done. Peace understands the reasons. Peace affords generosity in your dealings. And peace beckons the peace in others.

What and where is this peace then, of which we speak? It belongs to the heart of your true being, as it did and does with the master of your knowing. The Christ in you is the vehicle for this peace. It is the gateway, the window, the path. Peace unfolds in moments of bliss, cherished by many and nurtured by the spirit of your being. Peace, then, understood as the origin and source for divine thought to become your own, you see. In the face of the struggle of a day, in that moment, call on Peace to be the source of your insight into every aspect of that struggle, that frustration, that concern, that need, that confusion. Use Peace as the window for life to reveal itself, no matter the circumstance that life is manifesting at the moment.

Peace is powerful in the sense of intimacy with the diversity of life's expression, you see. The peaceful mind is in harmony with all of life, meaning every understanding and, yes, even the capacity to create. Let, then, peace be your talisman in all you do, and in all you say, and in every emotion, and your life will be transformed.

Divine Presence: a peace offering

August 1, 2000 A

JANU: We have before us this morning an opportunity to speak to or address that which comes before us in the manner of the marshaling of those forces needed to begin the long process of the manifestation of the realization of divine presence in your world by those who inhabit it.

What is this 'divine presence' that must come to the fore in the awareness of the children of light? This presence embarks upon this journey of awakening in the form of a peace offering to the hardened hearts of the world that war against nations, neighbor, and the freedom that is the inherent right of all life. This peace offering shall be told of and held in the hearts of those commissioned to do so and they will be those endowed with a love for peace. The root of the quest for war, conflict, confrontation in those obsessed with this, comes from the need to secure for themselves a place in life. What they do not understand is their place in life is already secured. Therefore the peace offering reveals this place to them with its richness, beauty, and unlimited power. The power of their current quest will always be patterned after the emptiness of taking from life that which finds no resonance in the consciousness.

For this morning's journey, we have foretold of this and this will be visiting your world with greater intensity, permeating life. Even as we speak it grows stronger. This presence, this peace offering, does not require subservience, loss of integrity or freedom. On the contrary, the greater counterparts to these are bestowed. The essential nature of giving is what is realized through this transition. The need to secure life unto oneself is replaced. We beg your indulgence in the development of this understanding and welcome your contribution to it.

Balancing concerns about world peace with the larger reality of the furtherance of the destiny of nations and our world and its preparation for that which is to come millennia from now

October 6, 2000 A

JANU: May we hold, for the time being, in abeyance any causes for concern as to the nature of, the destiny of, the conditions held dear by so many of world peace, for there brings to mind one common goal of all humanity and, for that matter, all life and that is the furtherance of the destiny of nations for your world and its preparation for that which is to come millennia from now. We encourage you to consider this larger destiny for Earth as you consider the plight of so many in your world at this time. We bring this to your attention for balance and for mastering access to the pattern of life that serves all endeavors that serve that destiny, you see. There will be those who come among you to bring their contribution to the welfare of humanity and, in larger measure, that of the complete Earth complex of life, for they know of this larger destiny, as can any who wish to see it.

Assurance as to the future of this world

January 29, 2001 A

JANU: We have prepared an announcement for the benefit of those who will listen, that being a remedy for the concern of so many as to the future of your world, the ongoingness of life on the Earth, to some the inevitability of self-destruction, and the corruption that seems rampant amidst the organizations of authority that govern nations.

The announcement is this, dear one: That there will come an accounting, if you will, for this behavior in the movement of life. The destiny of Earth and humanity is assured by those who govern the course set forth for the life of your world. Humanity's destiny, then, is entrenched in the destiny of other movements of life which are well on their way to becoming the realization of their purpose. Rest assured that the Councils of Life that reach into the resources of life guide the fulfillment of destinies in ways that give ample opportunity for all to choose the course of their life, and lives.

The message at this time is for all to realize and be inspired as to their freedom and power to redirect their lives, no matter the circumstance. Examine carefully your daily choices and desires and choose more wisely by being so aware. The power to choose rests with the power to be and the power to be is within the integrity of all life. So many choose to continue the melodrama of their current circumstance out of fear of the uncertainty of unknown possibilities within and with out themselves.

What price then freedom, dear one, but the leap of faith inspired by the evidence of life itself. We encourage the awakening of humanity in these ways. Test these things by choosing to engage new possibilities imagined by a heart and a mind engaging the adventure called life. Consider carefully what you choose for each day to include. And if your heart and your mind and your spirit agree, proceed. Namaste.

Peace: refocusing the life of earth into its destiny

November 11, 2001 A

JANU: We have this evening that which facilitates the endeavor to grasp the meaning of that which comes our way, known as the opportunity to serve. Facilitating such an opportunity are the Brotherhoods of Light and the configuration of the flows of life that bring about opportunity for loving support in harmony with that particular opportunity.

The peace you have experienced in the centering of your True Nature, needs be rendered within every opportunity to refocus the life of your world into its destiny. Confusion reigns in so

many venues of life, for they serve that which is created by the unawakened journey. Let us do so now, centering then in the pure reality of profound peace and its nature. When activated, it dispels all fears, all concerns of survival and power and deceit. And as these things are quelled, love is allowed once more.

People fail to realize that the consciousness and energy of these selfish motivations create a containment of their life to these very qualities. They are all self-restricting and draw in on themselves, making your world of consciousness ever smaller and isolated. This is the journey that separation has become. Their awakening, then, is the journey from isolation into union, into intimacy with all of life, realizing then that all of life is who we are.

Peace is an understanding of your True Nature with life

February 1, 2002 A

JANU: We have before us this afternoon an opportunity to embrace the road of peace, the road less traveled but beckons still the traveler. What is "Peace" then but an understanding of your True Nature with life? Peace moves in circles. Peace is in motion, as is all else. The manifestation of peace comes and goes in the hearts and minds of humanity. It represents an age when humanity, in another guise, brought such light to the universe that there still echoes the reverberation. It is in your Race Memory, dear one, and would be summoned to live once more in full expression.

Peace gains popularity when others express it. Peace has a momentum that permeates all life. Peace is a matrix of life that heals life's fractures and brings continuity and integrity. Peace gels as a substance in the heart-mind and resides in the windows of the soul you call eyes. Peace brings a vibrancy to the colors and tones of the body and the cells of Light that correspond. Peace remembers all of its journeys and is a living force that echoes the will of life's creator. Peace begets peace and, in the seeming stillness, life is in full expression and knows itself to be. Peace is the great communicator, nourished by love that transcends all barriers to understanding and mutual interest. Peace has no name yet many, and would deliver itself and become one with the name of that which receives it. Peace renders all struggles, all thrusts of life into gestures of beauty and a grand design. Peace is that which brings reason to all issues and points of view. Peace never struggles yet brings beauty to all struggle. So no matter the journey, the difficulty or the ease, peace is your ally and delivers the path to success. So, as tribute to its memory and history, allow peace in your life and all you do. Remember this and you will become that which is eternal.

Peace: its role in life

February 8, 2002 A

JANU: For today's journey, let us continue with the understanding of peace as the harmonizer of the many flows of life that bring about change as a constant in your universe. The understanding of peace, then, and its role in life brings about the confidence that dissipates all fears, all unfounded doubts, all concerns about the futility of life, all misdirection, all anxiety, and transforms your consciousness into one filled with enthusiasm, optimism, new creative understandings and ideas, commitments, a living presence of the power to complete, enjoy, and fulfill any vision. Peace brings the support of all life, not only for your vision, your dream, but that essential nature which sustains you. Peace captures a moment of existence in such a way as to bring about the realization of all of its beauty, potential, and service to life. Peace allows the fullness of understanding and the freedom to be understanding for others and to inspire that in

them. Peace knows no bounds, save those imposed by those who believe in fear and protection from the unknown--unknown from their perspective, you see.

Peace colors life with a wide brush, as you put it, painting indelibly the breath of the Source of Life on the canvas it has created. Peace agrees with the true purpose of all existence and has no favorites or preferences. Peace brings a sense of stillness in the midst of apparent chaos, that explains the chaos, you see, and reveals its purpose and its strength and its beauty. We would have you know these elements of truth and find your relationship with true peace that moves your life in fuller ways.

Peace: the prime directive for organizing life

March 3, 2002 A

JANU: I am Janu speaking, searching this morning for those words that fill the dynamic destiny of human beings. Peace, then, brings about that fulfillment that speaks to the divine destiny of all life. What we challenge this morning is the understanding of Divine Directive, speaking to the hearts and minds of humanity to coalesce, to come together, to bring peace in the Earth, peace on the Earth.

‘Why is this so important?’ you may ask. It is so, dear one, because peace is, as you would put it, the Prime Directive for organizing life, for engaging its will to become its destiny. Only peace allows the insightful inflow of the movement of life to bring reason, balance, order, harmony, and wisdom to the bargaining tables of the world. Only peace opens the doors of the resources of life and, yes, even love itself. For the alternatives to peace create waves of chaos and disorder, disturbing the shimmering pool of love that all might drink from. Peace is the divine initiative to move your world more fully into its light and destiny. Peace remembers the will of the divine which is your nature and your heart’s call. Concentrate, then, on the flow of peace through your thoughts and feelings and your dealings with others. And we will be with you, for it is our common ground and the key to our strength and yours, our brother.

Hope, Despair, and Peace

May 21, 2002 A

JANU: Hope then pertains to today’s journey, bringing with it the climate of the desperation visited by so many in these times of your world. For hope has that effect, you see. It is as a magnet to attract to it that which it may resolve, that strength needed to overcome adversity, the adversity of humanity’s own creation. Hope and despair are the same coin, dear one, in your world of dichotomies. Hope and the lack of it describes your world.

What then to perceive of this reality in which you live? That each has a choice, each has its power and its power is born of common ground. Hope and despair reign where there is confusion about true identity, for even hope is not the end of the journey in the resolution of conflict. As to the circumstance of life, each power of hope and despair resolve to bring freedom to be as an act of will.

Peace is neither of these, for each speaks of struggle, of striving, of reaching for that which is perceived as ungrasped. True peace is the reality in which Divine Creation blossoms. The “peace that passes understanding,” the peace that is the core of your True Nature. Dwell on this understanding, from time to time, bringing relief from the struggle and the power that comes from who you truly are.

The Power of Peace Over the Power of War

October 10, 2002 A

JANU: I am here, revealing the astute understanding, probing into that which proceeds under the guise of advanced or superior knowledge is the underlying threat to world peace and stability by the governments of your world. These ongoing cycles of war and peace bring about a continuance of the snubbing of advancement of the human journey.

As to the war with Iraq, contemplated at this time, let there be among you those who pursue the power of peace over the power of war. Peace can find a foothold in the consciousness of those who fight for their defense of preferred social structures, in a moment of clarity of understanding. Bring then the true power of focused intent guided by the wisdom of the ages for the journey of peace to find a foothold in the many nations of the world whose leaders primarily see strength through enforcing their policies on others. As we have said before, Saddam Hussein is not the problem. More, then, all the conditions that created these struggles in your world.

Peace through understanding is the superior solution, our brother. Rally, then, around this focus, even as the participants clamor for war.

A durable peace in the life of humanity

December 16, 2002 A

JANU: For this afternoon's journey, let us partake of that discipline of the mind and of the heart and of the song of life that brings to the order of humanity, of mankind, a durable peace that rings through the life of humanity in such a way as to bring about a re-ordering of priorities, of values, and of symmetry in relationships, goals and destiny.

For today's journey, let us begin with the precept that this is true and viable and available. Bring clearly, then, into the focus of the heart and mind this premise and energize it. Magnetize it. Enrich it with your true nature's support. Each manifestation of these currents of life, of thought and emotion, of intent and desire are fluid and dynamic and mingle with the other flows of life, bringing about stasis in the sense of direction as pertains to human destiny.

Focus that is embodied with the virtues of the human journey is the great liberator and brings clarity where there has been confusion.

Peacekeeping: an introduction to its nature

July 10, 2003 A

JANU: I am Janu speaking, marshalling our attention to gather together the peacekeeping notions sponsored by so many in the realms of life.

What is "peacekeeping" then? What is its nature? It is the profound awareness that comes from within each one, a raw virtue that brings reality of clear knowing as to the nature of any involvement in life. So many create their circumstance with little or no sense of ramification or motive or purpose. The results of their choices are a mystery, veiled in uncertainty and regret. Peacekeeping, then, is not just peace among most in society, but peace within, from which relationships are nurtured and given character and style. Peacekeeping within the individual is the source of peacekeeping in societies. Individual to be taken as constant. Peacekeeping benefits the organization of the systems of your being. Peacekeeping maintains an order of consciousness that signals to the larger life a capability, a capacity to allow that virtue to manifest and expand, influencing others.

Peacekeeping builds a stability of perception, of understanding, and of engagement that can only be found as one draws near to the nature of life itself. The peace-centered individual knows no panic or fear of timetables and deadlines or the lack of achievements that some would measure the success of life by. Peacekeeping is at once benign and prosperous. Peacekeeping has

a calming influence on human relations that would otherwise be contentious, for the pettiness of conflicts is seen in a way that renders them to be transitory moments, not worthy of prolonged concern. Peacekeeping retains your connection with a more awakened consciousness, full of reason, understanding, compassion, and service. All of these embraced by love. We bring peace that is full of life. So be it.

Understanding peace: an introduction

October 14, 2003 A

JANU: Peace, then, brings that which you know so well of and paramount importance to the climbing of the ladder from despair into light, for peace is a strength that embraces all the nuances of life that cling together in the tapestry of its unfolding. Peace brings order to thought and to expression, and brings continuity to change.

Peace examines the full range of life in such a way as to bring about its complete expression. Discordance will yield pockets of expression that remain incomplete, for their completion remains held in the matrix of the rest of life and the revelation of this matrix reveals all matrices. Organization will always remain incomplete when all elements are yet to be engaged.

Peace renders systemic harmony, which you call health and well-being, and lessens and heals emotional irritations which tend to mask the elements of emotional bliss. Peace regroups separations allowing the maintenance of integrities and purposes and potentials. Clarity of understanding without mindless bias is realized. The will to embrace and encourage and nurture all of life becomes the foundation for being. Peace stimulates growth for it vacates self-limiting eddy currents that continue unabated. Peace unifies life into intimacy and removes the pretense of secrets that attempt to take advantage of another's opportunity, often to their detriment.

Peace brings balance between the systems of life and allows for mutual nurturing. Peace is a condition of being that finds no fault with life, for it is a primary principle of all existence and moves as a unified reality comprised of all realities.

Peace: understanding and giving peace

March 24, 2004

JANU: We have with us this morning, saying a prayer for peace, the wise counsel of Saint Germaine and the Angels of Note and Record. This morning's journey presupposes a neutral counsel with life on behalf of the destiny of humanity challenging, then, the natural order of humanity as an integral part of life and its composite.

Peace as a force and presence, designed in the beginning to challenge chaos, when acknowledged and embraced reaches into the heart, mind, and the spirit, or soul if you prefer, to re-establish clarity of purpose, of potential, of condition. When one is clouded by stress, anxiety, and obsession, peace is the bulwark of the movements of life. Peace regulates fears into reason and constructive response. Peace facilitates the nourishment of the vehicles and the systems of life, for stress and confusion impede these. When you are confused and stressed, you radiate these qualities and add confusion to the nature around you. Choose Peace as remedy for yourself and all you embrace.

The health of your world is not separate from your own and humanity, collectively, greatly influences all that is your world. So, in your contemplations, begin with Peace and bless all life around you with this gift, sanctioned by the Hierarchies of Life.

A monument to peace

April 6, 2004 A

JANU: I am Janu speaking, serving then this morning the opportunity to speak to or address conventional wisdom as it pertains to the building of monuments of peace in your world. What then might be considered such? For it would be equal to all, coveted by the free, revered and cherished by those who reach for such, and misunderstood by blinded eyes and hearts. A monument to peace, then, enriches and is enriched by the goodwill of those who share it. A true monument to peace is the true order of life, for it sees not its own demise but its fulfillment. Peace then contains the joy of living, the blooming of creativity, the joy for another, the nurturing of those that need nurturing. Peace examines itself to maintain its purity and the purity that it brings to that it serves. Peace relishes inclusion, diversity, eternity, sanguine reflection, broad-minded news, and the gentle equations throughout life. True peace has no antithesis, finds no fault, and brings clarity to all pursuits. What monument, then, would you choose, to fulfill upliftment and ideal? Let it be, then, that which binds you to life itself, and its unfoldment, for the universe of your knowing is being fulfilled, served by the peace of its own nature. Be then your own monument of peace and others will know it, not of your speaking but of their own, you see.

The angels of peace and the human psyche

October 11, 2004 A

JANU: We shall not challenge understanding but a development of peace structures in the pockets of human consciousness here and there in your world. Lingering then in each but a moment, reaches into the human psyche in such a way as to bring about an opening door to the influence of the messengers of peace. Those angels of mercy that bring about a release in the heart chakra that re-energizes hope and conviction in the face of despair; these angels bring about these changes in harmony with the natural elements of true human nature. Let us understand these and even participate in this gentle embrace of the Breath of Life as we experience this reality. (Extended pause)

As you can see, their influences are more noticeable in the eyes and demeanor of children. And then in adults, when, for a moment, they ascend to their Inner Child and are open. Encourage this ascension when possible, for it brings about the joy of freedom to be, honestly, and leaves behind the attitude and emotions of inadequacy, failure, and unworthiness. We welcome the angels in all we do. The attraction between angels and people takes this as the elements of the qualities of consciousness are the same for both

Freedom, peace, and war

January 20, 2005 A

JANU: Freedom, then, as suggested in today's <presidential> inauguration, has a greater ring of truth to it when it represents a loving acceptance throughout a society that brings peace to the table to resolve concerns. Peace, then, does not suggest, in this representation, acquiescence to impotence, lack of expression, or denial of being. This is best understood when embraced as a powerful presence that brings into balance and harmony and symmetry the Orders of Life which has been set up. The victories of war and its bringing of peace, this shadow of peace, brings only pauses between conflicts and resolves not their cause.

As humanity continues in the individualistic approach to life, as an emotional undercurrent to the words of unity, peace will remain a shadow. The union of minds and hearts that brings peace to the table of life begins with the union within the individual of heart and mind. For the freedom of the True Nature is the condition by which all resolution takes place.

When engaged, deprivation of comfort and well-being no longer holds sway over the moment. Many cracks or fractures in the philosophical approach to life can be dated to the times when war prevailed over reason.

A Peacemakers's role

March 29, 2005 A

JANU: I am Janu speaking, bringing to this moment an opportunity to assist in a development of portrayals of envisioned scenarios of aggressive behavior that stimulate a reactive life to the detriment of the true power of cooperation. What we see here is a continuation of long held beliefs that there exists within us, meaning humanity, a justification for besting another, triumphing over social image, not realizing that this perpetuates the ongoingness of such illusions of worth and power in those who observe.

Let us say, then, that each one must rise to the occasion centered in the freedom to be true to their True Nature and stand in their own light, responding, then, to life's challenges uncontrolled by them as opposed to reactional. Call then on the strength and wisdom of the light within you in every challenge. This is a Peacemaker's role and a model for others, who avoid confrontation without an alternative conviction. An inner strength that's centered in peace brings a light and an understanding superior to any reaction.

Peace Day

August 16, 2005 A

JANU: Today is forecast as Peace Day for small enclaves of you that have begun to fast from the mundane, to begin anew as resurrected consciousness and commitment to life. Let us begin this opportunity by summarizing this effect on Earth and its neighbors. Realize, then, that there is a network of reality, grids if you will, that connect Earth and its neighbors, and all of you as well. These enclaves represent a tradition in thought and practice that dates back to the time of Charlemagne and, in another form prior to that.

Peace is understood by these as being tantamount to the infusion of Divinity into the world, both by the divinity from without and from within each one. This practice carries some weight or influence in the affairs of Earth's neighbors and strengthens the bond of your solar system to the Grid of Life, the grid of communication and connection far and wide. We support these, for they are not unlike our own efforts in the Hierarchy of Life. So consider this theme of Peace in this day of blessing. Namaste, our brother.

Remember to find peace behind the violence of life

February 17, 2006

JANU: The focus of recent events not intended as distractions; opportunities to grow and gain strength. Relate then these activities to what you call knowledge of being and then extend that gained to these journeys. Remember, then, as you succumb to the violence of life, that peace is behind it all. For love will win out in any contest of the Light and bring stability to life's movement, its progression. Engage then these opportunities looking for these qualities, acknowledging the presence of Spirit, of your being, and reach into the reservoir that is yours.

Peace: revelation as memory through intimacy

June 15, 2006

JANU: Once again, we speak of peace in a way that remembers the ongoing signs of destiny that ring true to the heart, the mind, and the spirit--or soul, if you prefer. This peace has a certainty about it, a steadfastness, a thread that shimmers through everything that is pursued.

Peace is neither a static nor a wavering reality. It is consistent and ever present. To enter its stream or to depart from it, is of course your choice, but bringing your being into this flow it remembers destiny, purpose, presence, and the beauty of life itself.

Peace is a constant in the universe and rings true. It facilitates clarity of thought, balance of emotion, and knowingness through intimacy.

Peace is a direct connection to the root of life. It is conducive of blessing and it is a vehicle of remembering everything. We Receive, then, revelation as memory through intimacy, through peace. Intimacy without reaction brings deeper intimacy and clarity and service.

Remember these, our brother, for they hold true. Namaste.

World Peace

April 4, 2012 A

JANU: Understanding this with depth and a view ranging from the present to the future, we should begin by saying world peace begins with a world at peace with itself. The conflicts that are brewing in your cultures tend to give the false appearance of “this is the way life works.” One finds peace when one embraces life, as has been said before, with non-attachment. The struggles for survival and power, security, wealth, control, dominance are empty pursuits with bitter fruits. What can replace these things? Cooperation, mutual support, generosity, knowledge, understanding, larger view of life, and the realization that your survival as free being has always been guaranteed. Losing sight of this leads one to life decisions in the human journey...leads one into a continuing journey of fear: the fear of loss, of jeopardy, of pain and suffering, and regret.

Decisions in harmony with life and its continuation and expansion bring the reward of experience of the connection, the synergism, the intimacy with all of life. World peace, then, opens these doorways into a future that seems a fantasy to many. A fantasy, our brother, is life *without* these. Now, by world peace, we do not mean a world without adventure, dynamics, struggles, challenges. What we *do* mean is a world with victories, overcomings, a sense of accomplishment, renewed strength and vision, and dreams fulfilled. Let there be, then, movement in this direction, for it exists on other worlds without regret and a gratitude that the old ways have been outgrown.

Insights into group service—peace

April 17, 2012

JANU: The peace of which you aspire to belongs to a group, if you will, of those who begin their work in this dimension, this reality. We would see, then at this time, that that would bring a foundation for continuing inner development of an insightful nature in this group reality. Your request for such insight springs from this reality. Let there be, then, an atmosphere of profound peace, balance, and joy for this group. Inspire this through example in your conduct and your speech and your being. The need, at this time, for specific guidance is more in this area.

You have experienced that profound peace renders distractions impotent. It does not eliminate them but they no longer dominate. Peace allows harmony within the systems of your being. Peace generates a long-lasting, profound respect for each other and the self. Peace renders the entire vehicle alert to, sensitive to, the impressions of life and the grander insights. Peace reaches into everything. And peace restores balance.

World Peace

May 31, 2012 A

JANU: We have with us this morning an opportunity to serve the understanding of that which belies the nature of harmony that is grounded in world peace, of which so many speak. We relay this information for the purpose of disclosing the nature of this.

What is world peace, then, but an organization of life that reveals its potential and brings about order that allows infinite diversity, but cooperation at the same time? World peace comes when world consciousness, concern and sensitivity, and understanding reveals the truth of everyone and that the individual purpose is a harmonious component of human destiny and, we might say, human service, for humanity is destined to serve a larger venue of life. This brings about an acceleration, a quickening if you will, of the human creative spirit, for the need for it has a stage, if you will, to further the plays of life. A great uniting force or reality to this is that humanity sees life in a larger way. We bring these attunements or discourses for that purpose, you see. There exists within each one the ability to see these things, these realities. Let there be then a joining in the efforts and concerns of humanity to embrace and understand a larger life.

Find peace in the flow of life filled with challenges and victories

July 19, 2012 A

JANU: Let there be, then, an understanding that there accumulates or accretes much not understood through the activity of living, creating, enduring, and overcoming. Overcoming is accomplished through the support of all who surround you and lift you up. As you do this for others, that is 'paying it forward,' our brother. Encourage, uplift, and contribute to the movement of life in those you encounter. Every effort, every accomplishment, every overcoming is registered in life itself. Every one. Work with each other to accomplish this and you will find your life supported, encouraged, and victorious in so many ways.

Be at peace with all of your opportunities and challenges and successes. The so-called setbacks are not that at all, our brother. They are re-alignments, adjustments, manipulations, for more satisfying and fuller outcome, you see. Everything you encounter is intended to be there, and in a real way, intended by you. Even your lifetime is full of these and they continue, and life goes on. So continue to move with life and find peace in the moving, in the journey.

Peace

Oct. 19, 2012

JANU: There is a certain key element in the evolution of human consciousness that is characterized by profound peace. Now, by this we mean the peace that persists as a foundation for every endeavor, every quest, every understanding, every relationship, and every journey into the future of the moment. The trigger for this profound peace lies in the realization that humanity is one with life, and each other, united in a profound peace and true power of this understanding.

Let there be, then, an enormous upwelling of an openness to that which brings forward the destiny of humanity in this arena of understanding. Profound, eternal, invincible peace. The power of peace is understood well in many venues of life. It is the home for true strength, conviction, commitment, and ownership of every endeavor and service to life.

Peace reigns supreme above all else as a foundation for success, completion, and fulfillment. Peace allows all of the elements of your being to work as one unit, combining all strengths, all skills, all attributes. Peace belongs to the nature of life, and it is that which allows for profound communication and service. Peace is the victory behind victories. Peace is true strength. And peace, our brother, is eternal.

Where is the peace in the Earth?

Nov. 5, 2012

JANU: For today's focus or journey, let us consider then that which belongs to the movement in your society called 'peace'. Much is said of this in the midst of wars, national conflicts, and economic disasters, if you will.

What role then does peace have in your world today? It is the longing of those attempting to live this way, who are concerned with survival and their families, not concerned with the power-hunger of governments and large businesses. More and more power is the model for these, whereas for the others it is a peaceful and happy family and reasonable sustenance. The power brokers want more power and a society that allows them the freedom to do so, sacrificing their youth to hold back armies and nations and terrorists. Their model of power does not include supporting those families any more than necessary.

What role, then, does peace play in the affairs of Earth? Where does the model exist in your societies to rise above this? The small community churches attempt this, but they are still faced with social consciousness and image. The national and international churches are more a business, absorbing wealth and property at the expense of the people, with doctrines to control. Some musicians cherish peace. Artists cherish peace. Children, unsullied by society, cherish well-being and the embrace of understanding life around them. The monasteries talk of this, but isolate themselves from the world under the guise of preserving those ideals. Where then is the peace in your world? There have been many collapses, in your history, of civilizations. Wars and famine and disease and death, but the wars rage on, the terrorism, the destructive capabilities loom large over the world. And the wars continue.

Yet, our brother, we see a future for humanity that lives in peace and through this peace finds strength, vision, connection, and communication with other worlds and species, blossoming trade, a better life for everyone, and children that are free to pursue the pursuits of children, and families supporting each other and growing. We see all of this coming. Governments will change drastically. National borders will dissolve, in many ways. Churches will be replaced by the love of life and each other, and all that that brings. Goodness, generosity, kindness will grow in the hearts and lives of humanity. A golden age is coming, our brother. Many will not understand it, and fear it, for they have not known this kind of life. But it will come, out of necessity and the will of the people who want a better life.

Peace Talk – Peace Walk

Nov. 17, 2012

JANU: For this morning's journey, let us partake of the avenue of exploration that includes peace talks around your world. Many endeavor to find resolution in conflict and disagreement and warring factions, opposing ideologies, the list goes on and on. What then are the elements of progress in so-called 'peace talks'?

The first element that we address is the ability, the willingness, to truly listen to the other party, or parties; to, in your listening, in your thoughts and feelings, stand in their shoes, truly hear their concerns. Allow these expressions to form, viability in your assessment, not continually thinking your rebuttal while they make their presentation. Doing this is not 'listening.' Wait until they complete their presentation, even if this includes many pauses, reflections, and modifications of position. Consider all of the losses they have suffered, even before the conflicts began. This applies to all parties involved. Let the talks include much discussion as to the nature of the peace they seek, the advantages of peace, the reality of peace,

the true power of peace, the benefits to all parties from peace. A subtitle to ‘peace talk’ should be ‘peace listening.’ And how each other can help manifest each other’s peace goals, conditions, and rewards.

What then is a ‘peace talk,’ our brother, that doesn’t include these? It is but a continuation of conflict. Many have suffered deeply on both sides. This alone should compel the parties to cease the conflicts, for what conflict is worth this, and what are its fruits, other than more suffering? Genius, creativity, art, music, the love of life suffers in this environment. Peace talks without an understanding, a profound understanding, of true peace are virtually pointless. The art of listening is rare and suffers greatly in these talks.

Move, then, more towards a ‘peace walk’: walking in the other person’s shoes, walking through their lives, and theirs through yours. Intimacy of sharing and experience breeds peace. Enlightened beings, awakened beings, recognize instantly the futility of conflict without listening, without peace, without connection, for they sense and can see the results of these in advance. They also are conscious of the elements of remedy.

A key ingredient in awakening, our brother, is profound listening, not declaration of your position and preferences. We would have you understand this and share it where you may, for there is need for ‘peace walks’ in your world.

Peaceful Co-existence

June 30, 2013

JANU: For today’s journey, let us choose to be one with the definitive reality of peaceful co-existence. There are many elements of this around your world, but all have yet to understand this and live this way. Peaceful co-existence is the foundation for continuing existence. Peaceful co-existence does not mean no struggles, no hard work, no long enduring efforts to achieve, no pushing the boundaries of comprehension and capacities to love and learn, no willingness to support another during their hardships, and no compassion. Peaceful co-existence includes all of these, and more.

But it does not include the tearing down of another for any reason. It does not mean diminishing the worth of a child in their own self-awareness. It does not mean elevating yourself at any expense of another. And it does not mean wars.

It does mean conservation and development of the genius in everyone, the mutual benefit of worldwide happiness and hope and goodwill. It does mean acceptance and understanding of the ones of other worlds that are surely to come. It does mean supporting life wherever you find it and the maintenance of each other’s integrity. It means honoring your words, commitments, and intents.

Co-existence is the key here, with the foundation of peace. And a society that no longer feels it has to fight each other to survive, a world where your neighbors help each other realize their dreams, a world such as this is a shining light and the universe, our brother, has need of this. May we all join in the full meaning of peaceful co-existence. Namaste, our brother.

The future is arriving in the Muslim world

July 9, 2013

JANU: For this morning’s journey, let us examine the peace talks yet to manifest in Egypt. The surrounding Muslim countries have a keen eye on the outcome there, for they’re becoming more sensitive to what exists in their own nations, in the will of the people. Fear and intimidation and suppression no longer guarantee the power of the leaders of those nations. A precedent is being set to inspire oppressed populations.

Now, this is all seen as troublesome, destructive, brutal, and confusing. But for those who can read the signs, the future is approaching. And more of this will continue until the people find peace. The collective consciousness of the people is a powerful movement, more powerful than armies, dictators, despots. For without the people, what do these rulers possess? Their own delusions and egos which, in their current state, are self-destructive. So they use control of the people to justify their delusions. Witness Syria.

The people will change the radical interpretations of the Muslim faith. Otherwise, it will not survive in the future that's coming. Change is life in motion and the interpretation of the Muslim faith, and its abuse, is in motion. The Middle East, for many years, has been a festering pocket of old ways, and the future will be designed by the collective consciousness of the enlightenment of the masses. This is the true power of change in humanity. Let it be known that it has always been so, for the pulse of life exists in the consciousness of everyone, no matter the ravings of a few. The future is arriving.

Finding Peace

July 19, 2013 B

JANU: How does one inspire peace in someone not at peace? It is by loving them as they are, with nothing to prove or demonstrate to another, or the pointing of fingers at accomplishments or seeming lack of them. Letting go of timetables for achievement and comparisons and finding the light within, that existing is a miracle of its own. And realizing there are countless other beings, everywhere, that are miracles in the same way. For that light, our brother, is your True Nature and everything else is just experience of a life in motion.

So many have so many reasons they are not worthy to love who they are. And all of those reasons have nothing to do with who they are. They are the presence of a loving life that finds no fault, no condemnation with their existence. So enjoy the peace within and know that you are a Divine being not measured by any moment of any day.

Peace, our brother, and namaste.

At peace in the flow of life

Dec. 21, 2013

JANU: The peace we seek for these journeys resembles calm waters flowing, but gently. Not still waters that are static. Calm waters in motion. Even peaceful life is in motion, our brother, flowing. Even stillness is an illusion, in the flow of life.

A peaceful relationship with life of this nature is best for communication, intimacy, understanding, and, yes, service. Even thoughtful considerations of some interest ride on the foundation of this constant flow of life. Life has vitality, endurance, and unlimited presence. So every disturbance in your life has a foundation of this flow of life, this profound peace that is in motion. Omnipresent and, from its perspective, omniscient.

Acknowledging this foundation of life draws one into the peace that it is, for it is your nature, your resource, and your home. At peace with the flow of life calms disturbances, brings peaceful rejuvenation, and an awakening to the Truth of life.

A Christmas message

Dec. 23, 2013

JANU: I am Janu speaking, urging then at this time there be an acclimation to that which belongs to the scenario of life that extends the consciousness beyond the limitations of physicality.

For those who would suggest that physical experience is real and all else is illusion and not real, do not understand that physicality is by no means all there is to life. Your own True Nature exists beyond these limits. Then they ask, “Then why are we not aware of this?” The answer, our brother, is you have chosen not to be aware of this, to focus your experience, your life, in the physical without distraction, until maturity opens the doors to awakening. More and more of you are knocking on that door and stepping through it, finding your lives enriched and your maturity enhanced and, through awareness and understanding, the struggles and pain of living in the physical are overcome.

Your attention is focused upon rebirth, newness, in the Christmas and New Year’s season. That can exist for you, our brother, at all times. Peace on Earth is mentioned. And what can this mean in reality, but mutual understanding, tolerance, and, in time, a love for each other. For are you not all in the same ‘pot’ of life, stirring it haphazardly? Letting go of obsession for old ways, allowing for the embracing of a new relationship with life and your own being, leads towards peace on Earth and peace within. As peace builds, clarity is increased; decisions are more harmonious and beneficial, as your life unfolds. The key here is the letting go of obsessions with life patterns, of thoughts and feelings, that block your happiness and your peace.

In this Christmas season, may we all re-consider our options in life and choose wisely. Thank you, our brother, and namaste.

Inspiring peace and success in a noisy world

Feb. 22, 2014

JANU: I encourage you to find opportunities to inspire people to find success and joy in their lives as they relate to each other and their circumstance. Success and joy and peace of mind are contagious, more so than despair and darkness. But it needs a beginning, a spark of light, coupled with hope and a sense of promise and that life is with them, each one. Success is understood as achieving potential, enjoying the fruits of creativity, and service to others.

Even in a moment of experience with the creatures of the Earth, that life can be comforting, enriching, and peaceful. Humanity has yet to appreciate that all the noise it creates in life—struggles and conflicts and pitfalls—are done by choice. And the alternative is done by choice. Observe those, when possible, who walk through life seemingly unaffected by the noise around them. Life has the potential for both peace and the clamor, and they co-exist.

Successful and peaceful people do not harbor the energies of the clamor and noise in their thoughts and in their feelings and in their actions. They have little or nothing in common with such discord. Self-examination is required in making wise choices. The more one does so, the more sensitive they become to any disturbance within them and reject it.

Now, even someone in the midst of the noise and part of it, can have a moment of freedom and peace and joy, by the way of your comment, moment of kindness, clarity of thought, and loving presence. Be one of those who walks through life in such a manner and humanity will awaken to its own qualities and nature that free the consciousness, liberate the mind, and heal the being from the results of these disturbances. Crusade for these things in your life, our brother, but in a quiet way, by example and kindness. It is needed, always. Namaste.

A peaceful life

Mar. 8, 2014

JANU: Let us begin then by saying that forecasting the future has always included the entire spectrum of life from what might be called destructive activity to creative and beautiful creation. The most complete forecast of the future is that life will continue, opportunities will continue, the genius of life itself will continue. Worlds will come and go but life continues. So, your sense of security as a being is: the forms will change, new ones created, but life continues. Your weather will go through big and small cycles of change, suiting the needs of your world.

Where is the lesson in all of this, our brother, for surely this is no mystery to the enquiring mind? The lesson is: your core values, perceptions, relationship with being and all of creation is to accept its coming and going as well as your own. In the flow of this, be focused in the moment, invest in life, love yourself and your neighbor, filled with gratitude and joy in the gifts of the moment. Peace and involvement and contribution, marveling in the magic of life, appreciating its eternal presence and the opportunities you are afforded through this.

Life is not about hanging on to anything, or being stuck in repetitive patterns, or knowing ahead of time all of its manifestations. It is about being and doing the best you can in the moment, allowing others and all of creation to partake of their destiny as you do your own. These are the elements of peace, our brother, to be understood and loved. And greet each day with confident anticipation. This keeps you free from being owned by patterns and memories and relationships, for all of these, our brother, come and go and are changing. The only guarantee is that life will continue, and that is what you place your hopes and dreams and aspirations upon.

Always in motion. Always patient. Always allowing. And always loving life into being. Be at peace and namaste.

What is true peace?

Mar. 14, 2014

JANU: We are moving away from, at this time, the need for what could be called 'collective bargaining' in our endeavor to bring about a measure of peace in your world. For peace is not a function of agreements to back away from conflict for the time being. Peace is from within, leading to no need for the social conduct that triggers conflict, rooted in fear of loss not only of life but of possessions and territory and power. Our concern at this moment is the revitalization of awareness of the reality of the innate nature of peace in primary life and disposition of the Light Being.

Let us begin this change by saying that true peace is not a weak position in the face of warring realities of humanity. It is a position of strength greater than warring conflicts, for it induces and invites creative power, realization, illumination, wisdom, and supports productive and strong relationships with each other, other worlds, other beings, and the other creatures of your world. A peaceful nature registers very quickly with other life forms. Few understand the reality of peace, for they confuse it with a cessation of warring or violent conflict or submersion, deceit and manipulation.

So we focus this morning on the true power and nature of peace. As we have said, peace is innate in the nature of life, of which humanity is a part, as we all are. And if so, peace is not created as wars are. It is the opening of a mind and heart that allow your True Nature to express itself as a chosen way of life, with the many benefits and advantages over violence. Understanding that violence comes in many forms, and not just physical attack, it is helpful to recognize the difference in the presence and energy of peace and violence.

Being sensitive to life and your nature is not a sign of weakness, but of strength. Some feel that possessing a weapon of some kind is an act of strength. It is not. It only builds the false illusion of apparent strength through violence, justified by fear and a need for protection. True peace brings an inner glow of confidence, gratitude, and oneness with life.

Let there be then, an upwelling of peaceful consciousness and choice of lifestyle that honors and expresses this. Grow in understanding, experience and the wisdom of peace. Namaste.

The disciplines of peace and universal contact

Apr. 12, 2014

JANU: We would say at the onset that the disciplines of peace are the ability of the management of attention and thoughts and, yes, even memories, and the freedom of unrestricted focus without the constraints of time and space, and a character of honesty, openness, and loving respect for every opportunity. The disciplines of universal contact include these in a growing foundation of understanding and clarity of consciousness to observe life without limiting agenda or preference for the form life takes and its behavior, its philosophy, for life consists of a wide range of manifestations. Witness your own world as an example. And then the discipline of oneness, mature development of this, wise management of this, for much is revealed through this connection to both parties that can strengthen life, enrich it, expand it, deepen it, and continue it.

These qualities are worthy of profound consideration and development as the opportunities arise and the connections are made. Yes, life is a symphony, our brother, with the members in attuned cooperation with each other and a vision for what is gained, what is produced. And the audience is all of life.

The New Peace

June 6, 2014

JANU: What lies before us, then, in this journey of life that bespeaks of a different kind of peace within the human journey? The peace that many consider is the absence of war and violent conflict. In the peace of the future there is no underlying turmoil to bring on the next war, you see. So this new peace is one of inner strength and knowing, deep profound compassion for each other, confidence in the future, at-one-ment with the natural forces of life. From this foundation of love for life and each other will be built a future embracing many other species and worlds, realities of life both gross and subtle, and possibilities of co-creation not dreamed of.

The new peace for humanity will be tailored to the needs of its journey, as it is to the needs of other worlds who have achieved the peace that has no place for war within its understanding. Most have considered violence powerful. The power that is True Peace renders war impotent and a distant memory. It brings worlds together for mutual benefit, prosperity, and journeys of grand discovery. War does none of these, and only leads to more war. Societies that possess vast weaponry do not see the world and themselves the same as those who no longer need them.

The new peace allows humanity profound insight and perception of the truth of each other, the inner agendas, motivations, and passions. It sees genius, which to some degree and in some form is within each one, as something to treasure, to cherish and nurture. The new peace attracts to humanity's awareness so much more of life that it cannot see when living in fear and violent ways.

Would that humanity could enjoy some measure of happiness, optimism, and peace of mind each day, anticipating with relish the possibilities to come. And when does this arrive, our

brother? Its arrival is the moment that you choose this. Choosing alone and embracing cleans up, so to speak, the messes of the past, the debris of destruction, the discord and confusion. These things dissolve through lack of attention that no longer gives them life and perpetuates them. Every day, choose your path and the future you prefer, for the future is now, our brother. Namaste.

True Peace

Sept. 2, 2014

JANU: We are assembling at this time the understanding of True Peace. Peaceful developments in the life include: a natural order in the systems of the body, the mind, and the emotions; a harmonious relationship with the True Nature; and a love with life that allows for life to love you. We would say at this time that through this kind of peace are generated waves of responsiveness in the realities of life. One becomes conscious of True Peace as an organizing principle, as a co-creator moves through life and engages its realities, not just groupings of like patterns but a synergism between them. Without this peace, patterns of life can seem unrelated, discordant, and interfering. With this peace, one perceives the unifying principle of the diversity of life and its motivation to continue. How rich can a life be that has no awareness of, or involvement with, diversity?

A consciousness at peace sees the expressions of life as a natural condition, as part of the beautiful magic of life, and an enriching contribution. True Peace does not seek to control outcomes but to support the process of life, for the consciousness centered in universality, limitlessness, and the eternal nature of life. True Peace is a servant of life, reaching into the depths of creation and connecting the elements of life to work as a system of existence, raising consciousness from a model of being 'for or against' to one of understanding and the survival of the elements of life to fulfill their destinies. This does not bring avoidance to the challenges and opportunities of living, but insight into navigating life and enriching it.

Needless to say, there is much more to this understanding. Let us leave this in peace and remember. Namaste.

The movement of peace has already begun

Sept. 23, 2014

JANU: We are bringing into clearer view the peace that is growing throughout your world. Not easily seen by many for the media does not reflect this. But the peaceful future for humanity has already begun. This movement is not as noisy, if you will, as the conflicts around the world, but its presence is growing. And slowly but surely, at first, it is fulfilling its destiny. And when seen as viable by the masses, it will be embraced fully and nothing less will do.

There is more than peace involved here. Humanity will discover a saner life and, once understood and embraced and manifested, nothing less will do. The insanity of the world will fade away for its course, its model of existence, is self-destructive. Peace will grow strongest, in the early stages, in the newborns, the youth of the world, for they are aware of this movement before incarnating, you see, and it is part of their purpose for being on the Earth.

Violence does not bring peace of itself. So the peaceful movement into the future will not achieve its dominance through violent means. Only peace and harmony and sanity achieve after its own kind. Violence does as well, and its course of destruction continues because of this. So the laws of life, so to speak, apply equally to both paths. The results are quite different, as we have described. Life supports the continuation of chosen patterns and does not choose sides, so to speak, but the results of different patterns of life are unmistakable. Choose wisely your path of life and its outcome is yours to experience. Namaste.

Experience being at peace

Sept. 24, 2014

JANU: Embarking upon a journey is a miraculous moment indeed, for it is a directed activity that resembles the birthing of consciousness, the awakening to more of the Truth of Life. You ask what role the True Nature plays in this embarkation? It plays a significant role, our brother, for it is the core reality of your being and your path to unlimited realization.

The so-called time it requires to achieve these embarkations, from a time/space perspective, cannot be quantified for it is up to the individual, their commitment, their passion. Their capacity in any incarnation to understand and manage their reality to be in harmony with a larger truth is unique with each one. Granted, this is accelerated when assisted by someone who has achieved these understandings. But each one's path is unique to realization of the Truth of Life. As long as one thinks in terms of time, they limit their journey to that understanding, for most of life, our brother, is time-less. So letting go of time and space as elements of journeying in consciousness greatly serves the journeyer. Letting go of a struggle, or the sense of it and the consumption of energy or effort are limitations. Love for life and the life you've yet to discover serves well.

Being at peace, as we have recommended, clears the bodies and the consciousness to journey freely. Not requiring the revelations of life to fit any preconceived perception is being at peace. Understanding life as it is, without judgment of any kind, does not modify the life you discover in any way. Now, returning to the point of embarkation with each journey leaves one with a higher consciousness, balancing that experience and understanding with a more harmonious and peaceful relationship with the incarnate world. So, you see, the achievements of these points of embarkation are a miracle in themselves. And may we enjoy many more. Namaste, our brother.

Humanity's path to peace

Sept. 30, 2014

JANU: We are encouraging a model of consciousness to serve and support the emergence of True Peace around the Earth, around the world, around the culture, around each one, that True Peace become a way of life for each one to choose. The True Natures of humanity support a life of mutual benefit, moving beyond the cycles of repetition focused in disharmony, with attention upon and commitment to true freedom to be creative, happy, and loving, and conscious of destiny and potential and discovery. Embracing all challenges and opportunities with these profound attributes of human consciousness will enrich the human experience.

Many other worlds struggle with similar challenges, and many have resolved them. What awaits humanity, and much more, is to experience and involve with the larger Family of Life. Many worlds and many realities are there and have been. Humanity and the Earth is but one of countless, but still only on the doorstep of such revelation. The peaceful path liberates the consciousness from all cycles of isolation, depravity, and poverty of understanding. So let us continue with this and explore humanity's path to peace and a brighter future. Namaste.

A life at peace

Oct. 1, 2014

JANU: For this morning's journey, let us continue to explore the reality and benefit of profound peace. The peace we speak has more to do with the harmonious relationship between all elements of consciousness, physical being, and other realities of your nature.

So many of your world are dealing with illnesses, disease, outbreaks that keep appearing on the scene, plaguing humanity. The reality here, our brother, is that humanity's consciousness

is plaguing humanity in a world that is designed for its own natural balance, in harmony within its forces, natural energies, and systems of life. So the challenge here, our brother, is not new medicines. They are a band-aid, so to speak, on a festering wound that refuses to heal. In the short term, they bring relief, but in the long term the patterns of creation of disharmony still exist. Stepping up to this plate of responsibility takes courage and a willingness to leave denial behind and accept responsibility for all that your life includes and not placing blame everywhere but with your own patterns of consciousness, preferences, biases, angers and frustrations, lack of self-love.

How many wake up every morning peacefully happy, looking forward to the day with gratitude, expecting discoveries, insights, and a resolution of issues? Profound peace does not ignore the challenges of living but engages them without fear of loss, of discomfort. Profound peace is a foundation from moment to moment that life will continue without end, that you are a part of a Family of Life who have achieved great things and share your consciousness and your peace, to inspire others to a life full of freedom, rich experience, and mastership that will continue to grow. But profound peace is a personal experience as well, bringing enrichment to every moment. Life is very personal, very individual, very present. And the peace we speak of is the same.

Worrying about unforeseen possibilities, negative experience, losses that have yet to occur, is not wisdom, is not peace. Valuing, appreciating, magnifying the alternative brings peace. And when at peace, opportunities open to you, insights, understandings for you to choose from and engage. True Peace rejuvenates by way of the letting go of anything in your life that is not peaceful. The patterns of others, yet to understand, are not yours, but you can inspire others by living your truth through a life of peace and harmony within your being. And life flows more freely, in a natural way.

Peace is unmistakable, our brother, as the flow of life becomes obvious with moments of success, successes that can be shared with others. A life in a world at peace is a rich one, filled with happy moments and a loving life. Be at peace, and namaste.

Be at peace and find true power in your life

Oct. 2, 2014

JANU: We are Janu speaking, communicating at will to explore the benevolence of peace, True Peace. Once again defining True Peace as not the absence of violence, but the harmonious flow with life, allowing all of the benefits, the support, the insight and power to create and serve and love. True Peace does not just benefit an individual, but supports life everywhere. Being at peace is a generous position in life. What it inspires in others, as well as circumstances, is the path to reclaiming your own true power, power over your life, not power over others for that is enslavement and will bring you down.

True power, True Peace, supports all of life. Many in your society battle this and battle that, whether it be false power, each other, illness, poverty. Everything is a battle and a fight in these areas. Some even struggle for sanity. Is it any wonder that depression exists? True Peace rejuvenates, invigorates, brings balance to your entire life. The systems of the body are no longer programmed for weakness, internal conflict, and diminished resources. True Peace is the path to true power and freedom, freedom to direct your life and become more than you have imagined, the true power to inspire others to possess their own freedom, their own True Peace. Creativity blossoms. The presence of loving energy expands. The resources of life are more available to achieve.

Many seek conquest of elements of life, yet the conquest that they need is over their own prejudices, attitudes, philosophy, conduct, and destructive tendencies. Conquer ignorance with understanding, despair with confidence and love. Conquer depression with caring for others. Conquer poverty by being prosperous in your thought and your relationships. Conquer anger and frustration with compassion. Conquer fear with ownership of who you are. Be at peace and find freedom. Namaste.

The path of peace

Oct.25, 2014

JANU: One significant area of service is inspiring humanity towards peace and letting go of that which humanity considers important enough to perpetuate conflict, violence, uncertainty, and a lack of faith in the power of true peace and love of life. How, then, can one take a breath, eat a meal, observe a child and not be grateful? For some, it is being grateful for the next heartbeat, awakening from slumber, being held by someone who loves you.

How does one progress, then, along the path of peace? By recognizing moments of their lack of peace and understanding them and letting go of them. Lack of health, illness, disturbed emotional and mental processes, a life of lack or perceived lack, and doors of opportunity seeming to close at every turn. Evidence, our brother, of the need for change. Correlating these with choices made, associations made, with thinking and emotional processes, always looking for cause and alternatives. The evidence has always been there but not understood or accepted. Much denial, you see. Intense ambition with no concern for the benefit of others or the impact on them takes its toll.

You are correct. Volunteerism is an alternative with great reward. And we do not mean here volunteering for destructive organizations, but those that lift people, encourage them, and serve their well-being. Opportunities for a life with a path of peace are abundant. Difficult to see when consumed with one's own small-mindedness. The more you are engaged in the larger life, the more free you become to be enriched and demonstrate to others this advantage.

Your very next thought, comment, action, decision, is your first step on the path of peace. Peacefulness is a powerful existence, rich with opportunity, solutions, resolutions of differences, creativity and profound understanding. Walking the life of peace has countless benefits, not just to the individual but to the rest of life as well. Be at peace, our brother. Choose wisely, and namaste.

True Peace and True Power

Nov. 5, 2014

JANU: We are noticing that political tension in human consciousness is softening, even in other nations for their concern is for the influence American politics has on their economies. These cycles of worldwide tensions and concerns are a dynamic force, for this contributes to a lack of peace and certainty. Ideally, the next phase is reconciliation and cooperation for the benefit of people. Not always the case, you see. Politics aside, let us focus our attention upon the structures for living successful and happy lives unconditioned by politics and its vagaries.

We would have you know that the real power for moving forward in life is not political but the love people have for each other and the desire for each other to succeed and to fulfill their dreams that can benefit everyone. The real power and vision to realign governments and nations lies with the people. For the insight and understanding the people are privy to is far more sweeping and powerful than the vision of most governments. The evolution of principles and peaceful desire evolves where most governments drift towards chaos, conflict, and devolution.

These are general observations, for with any cultural structure the ingredients include points of evolution. So the conflicts exist in social structures bringing about a release or apathy in many. The evolution of power and its inherent limitations for endurance will still bedazzle many so-called leaders. Let us hope that lessons are learned and the letting go or detachment of the old ways leads to a clearer vision and wiser choices.

As we point toward humanity's potential, destiny, future, much confusion still exists as to what works and what does not. Apparent power is a noisy thing, full of bluster and manipulation, while true power is much more subtle, but far more profound and eternal in its nature, leading to the truth of life and profound creativity. When understood aright, true peace allows true power to flourish in the life, and the challenges that seem overwhelmingly powerful are seen for what they are, mastered, and left behind. And with relative ease, we might say. So many of humanity's illnesses, maladies, are the result of a life not at peace, the struggle to achieve what seems illusive and, even when gained, is not truly fulfilling.

True peace does not bring conflict and struggles, the wasting of energies and resources, suspicions and manipulations. The results of ignorance and unawakened mind, these struggles bring destructions, mutual destructions, resulting from battles, whether at war or in business or even religion. True peace brings solutions, harmonious solutions that truly benefit everyone and open the door for the path of creativity that can be made of life. Why would anyone choose the old ways, when experiencing a life of freedom and expansion and mutually beneficial connection? Not just on the Earth, but everywhere. Life is so much larger and richer than many realize.

So find what true peace means to you, what it can be and bring, and love it into your life. A grand way to serve others and build a future. Namaste.

Becoming stronger by way of True Peace

Nov. 7, 2014

JANU: We are working, in our way, to accomplish a peace that brings fortitude to the many who seek this peace. For peace accomplishes this, clearing the way in consciousness for renewed commitment, strong foundation, clearer vision, and a passion to live nobly in service and in joy. What brings more joy than experiencing sublime peace while being conscious and engaged and realizing your creativity, your purpose and destiny, and connecting with others in this peaceful way, bringing about harmony in the midst of challenges, mountains to climb if you will? A grander view the mountains bring while being mastered.

As you will discover, life has much to say, to communicate, to reveal, and listening while at peace reveals this to you. The flow of understanding, of revelation, proceeds without interruption from doubts and uncertainties. This channel of insight in your being is of great benefit when overcoming disturbances in the body, in the thoughts and feelings, that are the precursors to disease. All maladies have a source, a cause, and a dynamic of living that perpetuates these. So the solution is the alternative to the stress that dissipates your vitality: the true peace that allows the flow of regenerative life to all circumstance.

You will experience yourself becoming filled with gratitude to discover that life has always allowed this. Follow through on your insights and your understandings, your visions, and your capabilities. Consider this deep within and discover who you are. Namaste.

We wish you peace

Nov. 17, 2014

JANU: We speak of peace often, for it is a fundamental foundation for the enriching of life. Peace brings about an alignment of the elements of your being that coordination occurs between these and any other elements of life. When this occurs, a graduated evolution or change takes place, refining the bodies of expression and the synergism that occurs with the rest of life. Peace brings about a recurrence of the joys and blessings of the past and a testament is written in the records of life.

Peace is the great communicator, for its presence brings calm to the lives of others, creatures as well. You have seen this. The barriers to communication soften and are left behind. The protections of self that interfere with loving each other are no longer needed. The perceived need for isolation to avoid involvement with the issues of others is seen for what it is: a limitation. When looking for answers, a condition of peace allows the revealing. The nations at war with each other live in fear, not peace, and the communication barriers are stronger than ever.

We of the Brotherhoods of Light understand this and communicate with you peacefully, yet you marvel at our wisdom and insight. It is Life speaking through us for your benefit, for we cherish peace. It allows the true power of Life to shine through, revealing the Light that is the Truth of Life. When we wish you 'peace' it is a true blessing, to enrich your lives, bring you freedom, insight, and the power to know that is your birthright. Namaste.

The Brotherhood of True Peace

Dec. 9, 2014

JANU: We bring a message from a brotherhood that delivers a service to the consciousness of those reaching for the true power of peace and a connection with the Family of Life. This brotherhood enjoys true freedom and understands that freedom is a shared experience, as all of life is connected, and the lack of freedom in the consciousness of those remains in the life experience of everyone and cannot be ignored.

This brotherhood serves life by being present everywhere, true to its nature of a deepening peace. There is a warmth and comfort to its presence in anyone or any group, and in all of life. Even though this brotherhood lives in True Peace, it is conscious of those who do not but aspire to, and these aspirations attract their attention. So their message, our brother, is not words but that warmth, that living presence of a True Peace that does not find fault but loves life, remembering each one is a divine being not identified by any circumstance or imposed condition of living.

Everyone is a worthwhile and loved being, and accepting this truth clears the consciousness to understand and experience their birthright as a unique and wondrous creation of life and worthy of their love for themselves. Each one is a living miracle, a treasure in the Family of Life, and their incarnation is an opportunity to share this with each other. So share the truth of your being. Namaste, our brother.

Natural Peace

Dec. 18, 2014

JANU: We are unencumbered with regrets of the past, frustrations, obsessions, elements of the human experience, but we are mindful of the challenges these pose for humanity, enduring years without true peace. We see this on many worlds, our brother. It is not unique to the Earth.

It would do well for humanity to construct a reality that people can use to rejuvenate in a state of true peace. For some, this is meditation, which is difficult in the presence of intense

challenges. What you have created, experiencing the Earth and the Sun by lying on a hillside on a warm summer day, is useful. Nature can provide this peaceful experience when one allows oneself to be embraced by it. One is more successful at this when not consumed with denying distractions, for even the denial keeps one connected, you see. Embracing the alternative, in one form or another, fills the attention with whatever the focus is upon. Nature offers many such examples.

Engaging a peaceful reality, whatever that may be, attunes you to what your True Nature already knows. When in this state of consciousness, one is free to roam life and be in harmony with its many truths. Peace exists everywhere, our brother, but seems elusive in the presence of discord. Open your mind, your consciousness, and allow life to bring you to a peaceful reality and linger there. Namaste.

Being at peace in the new year

Jan. 2, 2015

JANU: We are encouraging at this time a reality of peace you choose to experience, not just for yourself, but for humanity. Being at peace is a prerequisite for maximizing your potential as a human being merged with the spirit of your True Nature. The human experience includes the Earth experience, for your bodies are of the Earth and return to it; the True Nature is much larger than that, but imprinted with the human experience, gaining much insight into the nature of life and its processes. Being at peace softens the restrictions that are self-imposed, to be aware of the larger life. Being at peace honors your True Nature.

So many in your society long to find peace but don't know how or where to begin. And that peace is not limited to being quiet, undisturbed, without care and confrontation. It is embracing all of life, everything you choose, with a deepening clarity, understanding, and capacity to move with life and find joy, to bond with others in a giving and receiving way, but true to your integrity and honoring theirs, the integrities of all combining into something greater. True Peace, our brother, is dynamic, expansive, co-creative and uplifting.

The creatures of the earth are your partners in life. They are a grand opportunity for you both to benefit, learn of each other, become stronger, and understand life.

True Peace is an enabler for True Power and enhances true service with something to offer. True Peace begins to unfold in your life the moment you choose it, and open to receive and express it. True Peace is not for leaving incarnation, but to elevate it into its fullest potential. May this grow and deepen for the new year. Namaste.

The power of True Peace

Jan. 25, 2015

JANU: Wisdom dictates, or should we say suggests, that understanding the nature of peace and its application is not just for Earth alone, but its core reality applies universally, for it is one of the keystones of the flow of life. Even in the human physical body, emotional, and mental, in fact, all of the bodies of humanity, subtle and gross, peace benefits. We are not speaking of being docile, here, but a proactive life rooted in True Peace that engages, embraces all of life.

Obsession of endeavor is not peace. Frustration, self-recrimination, and domination of others is not peace. Being in conscious union with your own life force, your True Nature, and the flow of life these exist with, and radiating the true power of this peace in all relationships is peace. Are your bodies well balanced, in harmony, manifesting life and inspiring others, a friend of nature and the Earth? This is peace, powerful peace.

The power we speak of is the intimacy of embracing everything with the love that Life has for everything. Being a light of this truth, day-by-day walking through life, touching others, bringing this power to their lives as they choose, is part of the path to freedom.

We speak of freedom from time to time. This needs no explanation, for one innately knows of their freedom. Primary things in reality are innately known: the presence of love, understanding, the power to be and create the life you choose, caring for another, truth, and more.

True Peace awakens one to the True Nature of life, no matter the form. All of the physical systems in your bodies have a natural symmetry of relationships with each other and within themselves. True Peace supports all of this and finds a balance, rejuvenation. Everything needed for perfect health is already there, but can be disturbed by disturbances in the emotions, and the thoughts, and the physical activities. Live in True Peace and grow in your ability to see the truth in everything. Namaste.

Acclimating to a life of peace

Jan. 29, 2015

JANU: We are serving the need for acclimation to a better life for humanity. Battles that humanity engages in, individually and collectively, reflect the inner turmoil and lack of peace in each one. Acclimating to a life free of inner turmoil is not an easy one for many, for they are conditioned to an attitude of battle, of fighting to achieve victory. Fighting never achieved victory, but True Peace has, always.

So, how does one acclimate to a life of peace but active inflow with many victories? It begins by awakening to, desiring, something more. Not more of the same, but free of the battles within and without. Most have yet to realize that the peace, the answers, the understanding, and the achievement are all within the True Nature that lives behind all of this and beyond it.

Put your attention upon what you can control, you can change. Consider your choices wisely. Have a vision for your future and today. Make choices based on your vision and create them. In time, the experiences will become a way of life and this is the acclimation we speak of. At times, you will become amazed at the speed with which these changes occur and realize that the battles and the fighting are never in harmony with your True Nature and the flow of life. The battles that seem normal, they are not. Only a common experience, observed in your life and in the life of others.

You are a creator. All in your experience is subject to change. So create new experiences with new understanding. Sense the peace inherent in these choices and the quiet power that brings to your mind and to your life and to your emotions. Inspiration will occur to further this. This is the way to join the rest of life, not just other worlds, you see, but the subtler realities as well. The choice has always been yours. Reclaim your power to create and live in peace. Enjoy the adventure and beauty of life by living it.

The path to peace is peace through awakening

Feb. 14, 2015

JANU: We are Janu speaking, hammering away at, so to speak, the idea of the pronounced existence of so-called 'spirit' in physical life. The sequence of realities, as we said before, is not linear. They co-exist. Physicality and its parameters of existence co-exist with the subtler, less dense realities.

You ask, "Where is the evidence of this from the physical point of view?" The evidence exists throughout the so-called physical life thought of as unique and separate in some way from the rest of life. This perception is as the result of unawakened consciousness, to the degree that

sensitivity to what we speak of has become dulled. Many name this evidence as miracles, some kind of angelic influence, fate and destiny, unexplained synchronicity, intuition, and insight. Opening your perception to the reality of these elements of the physical experience as something more than physical and present and immediate and intimate as physicality is a beginning. Not as an intrusion into physical experience, an interference, but a natural co-existence and part of life to be understood and engaged by those incarnate.

What is it, our brother, that is incarnated? It is not the physical you, but the spiritual you, the you that exists beyond time and space. Growing in this understanding is the path of awakening. Take advantage of the truth of this, not for the purpose of power over others and interference in the lives of others, but a way to enhance and fulfill potential and bring others into their awakening, or at least assist. Be an example of the larger life to help others be convinced, through demonstration and shared experience, that they have a larger life as well and together many more miracles are possible.

The larger life is rich beyond your imagination and has always been available. The opportunities for growth while incarnate are enhanced when engaged in this larger way. Relationships with all the creatures of the Earth are more fulfilled and fulfilling, for all involved.

The idea of wars again and again bringing peace becomes absurd, in your understanding. The path to peace, our brother, is peace itself, through awakening. The unawakened mind perceives peace as something weak and inert. It is just the opposite. It is True Power, eternal power, the foundation for true creativity and self-mastery. Manifest your True Power, your True Nature, and your heritage through awakening.

Choosing a peaceful and rich life

Mar. 9, 2015

JANU: May it be known that peace will come to the Earth and humanity will be part of it. Humanity is not the only expression of peace. Peace exists everywhere. Peace itself cannot be harmed, destroyed, lost. It is a foundation in life.

When you observe some human conditions in your world, it does not seem peaceful. Humanity does not create peace but chooses to create the superficial conditions of conflict. Finding peace, our brother, is not creating it but letting go of your creations that hide it. Good health is a natural condition, as well, yet the activities, emotions, behavior of humanity obscure it. These are choices humanity makes for itself.

Choosing to accept and be what is natural in foundation of life takes no effort at all, our brother, or technique or technology. It takes choosing and acceptance of what already is. Live not in fear of the choices of others, that they trample on your serenity. Peace is more powerful because it is eternal, not a creation of disturbed and unbalanced humanity. Be encouraged that peace exists in the lives of many not owned by the pressures of so-called success and power. As there is the reality of a collective humanity, there is the reality of collective peace. So walk through your life grounded in, strengthened by your choices, contributing and drawing on the peace that others enjoy, the source of that peace.

Peace speaks to a life flowing harmoniously through many endeavors, creations, joys, and health. A mind liberated from limitation. A heart expanding and radiating the Truth of Life. A life filled with insight, inspiration, and courage. So the focus here of peace is also the focus of all that is achieved by way of peace. A life rich and not wasteful.

Where is this peace we speak of, that one might take advantage of? It's in the nature of everything, our brother, every reality. It is Essential Life. As with so many truths, they lie within a consciousness that is open to the larger life, not only to receive but to serve as well. Peace is

the gift of life that belongs to everyone and, when engaged, the consciousness perceives its benefit for those who have chosen to live without it. Wishing peace for another is not to force anything, but to encourage and inspire freedom and happiness.

Peace and the flow of life

Mar. 14, 2015

JANU: Moving with the flow of life, as you put it, is a great stabilizer in your life. We talk of symmetry and balance. Symmetry in this sense has to do with harmony, coordination, not sameness. For all of life is unique in its reality in one way or another. The Earth is an example of the symmetry we speak of, for in all of its uniqueness it is a living world with its own kind of balance that continues for the duration of its journey. Your body's symmetry is an example as well, for it continues, yet no two parts of it are the same, no two functions are totally identical, yet it functions and continues. This is symmetry and balance. Consider your thoughts as well in this regard. Can you say any two thoughts are totally identical? But as long as there is balance and the symmetry we speak of, it continues, it evolves, meaning your thoughts. They continue and they evolve, no matter how far afield they wander. Are two consciousnesses identical? They are not. Yet they co-exist in the flow of life, with a symmetry and a balance to continue.

The peace we speak of so often has a nature described in this way. Being in harmony with the flow of life that is infinitely diverse, countless functionalities, yet in harmony in a way that the flow continues. Your societies attempt the same pattern, not deeply understanding the symmetry and balance needed. But they attempt this, desiring that the social structure supports this symmetry and balance. But as these societies are human creations, the human consciousness should be the leader in this. So what is constructed, our brother, is not the source of this symmetry and balance, but the result of what exists and its maturity. So the level of peace that you see in human social structures speaks of the level of peace, symmetry, and balance that exists within each one and collectively.

Life allows its creations to explore the depth and meaning of this flow of life. This reveals the nature of life to itself. Be advised these are human terms, limited to human perceptions and frames of reference. The truth of this understanding is far beyond the words. Your consciousness is free to explore these truths to their fullest depth, past the words. These journeys, our brother, are intended to inspire this, called the awakening of humanity. Namaste.

Understanding True Peace

Apr. 15, 2015

JANU: There are forces of nature that generate True Peace. This is not strictly a human experience, but humanity can become part of it, participate in it, be encouraged by it. Models of harmonious life exist everywhere, and nature is one of them. Some would see nature as in upheaval and violent and disturbed, tumultuous. Others see something quite different.

Earth has existed and evolved for a long time, far longer than humanity that inhabits it. If it were self-destructive in its nature, such as humanity demonstrates from time to time, could it have survived? What some see as violence is natural recycling, self-maintenance. Yet these cyclings have nurtured humanity all of its existence, provided a home to prosper in, bodies to express in. Systems of life in motion. The human experience on the Earth is a boon, so to speak, for the evolution of consciousness through experience.

So you see, True Peace is not a static reality but a dynamic one, filled with creativity, process, and cycles of life. Now, energetically speaking, the Earth is alive in this way as well, as is humanity. And, yes, it exchanges its reality through communication with other realities, as do some humans. Deepen your maturity through awakening and engaging the Larger Life. Life is a

system of enormous diversity and magnitude. Observe the power of cataclysmic events, the birth and death of stars, the re-creation of life. Yet Life continues. And your universe is but one of many in the larger system of Life.

True Peace is everywhere, with many expressions of its reality. It can be found in every part of life. Let it be found in yours and you will understand much of what you see around you and what you explore. Namaste.

The end of wars

Apr. 15, 2015 B

JANU: We are serving then this evening a climate of change. This climate we speak of has to do with the receding of warring conflicts soon to come.

There are changes in the human experience as a result of changes in the structures and orders of Life. The collective human experience in the Earth is heading for a change. The source of this, in part at least, is an awakening within the collective human, deciding on its own to change, realizing that allowing the warring model of life to continue is not profitable and does not bring peace.

This has been brewing in the collective human psyche and consciousness for some time. The manifestation of this will begin to be apparent in the next few years. Faint beginnings in three years. How can there be a battle if no one attends? The human spirit is maturing and in time for many other changes. Remove the funding and the wars go away. We see this beginning in Europe and spreading from there. The Scandinavian countries first.

Controlling funding is the method. Planning for a new future is the source. Never underestimate the power of the spirit of humanity. Namaste, our brother.

Understanding 'being at peace'

May 20, 2015 B

JANU: We speak of 'being at peace' to facilitate harmonious communication. How does one achieve this, reliably, amidst the pressures of living incarnate?

What is meant by 'being at peace'? It means, essentially, being in harmony throughout your being. And your guide and source of this is your True Nature. Allowing your whole being to experience that nature, the source of your life, your wisdom, and your complete You, even if only for a moment, your identity becomes larger than human, no longer limited to the physical life and its perceptions.

In this enhanced state of consciousness, you become aware of more. You allow a larger experience, a larger reality, that already is. No need to create the peace, only to live it. And discovery becomes yours on any subject, in any reality, from any perspective. You become more and more one with the rest of life and your relationship with life deepens. Namaste.

How does world peace begin?

May 27, 2015 B

JANU: We are aware of what has been transpiring in the midst of the clamoring to engage what is professed to be the peace movement on Earth by humanity. At this stage in human consciousness, what is the model of peace on Earth? Does it transcend the borders of nations and groups? Does it truly transcend races? Does it transcend religions and their differences? Does it include individual philosophies and perspectives? Does it include freedom for everyone? Without these things, can it include a respect for other species on other worlds? Can there be a single model for peace among all peoples? And what are the children taught in the home? Where does world peace begin?

How many that profess the need for love in the world, truly love themselves and own all they have been? So does peace in the world begin with peace in the self. And what does that look like, our brother, and where does that come from? What do you draw upon to experience this, to be this?

Could it be the 'divine self' within, the True Nature that is eternal, the 'still, small voice' seldom accepted for its loving wisdom? This is the common ground, our brother, for the human collective, the true meaning of oneness.

The nature of True Peace

June 15, 2015

JANU: We are bringing peace, the peace that liberates the consciousness, brings clarity to challenges and opportunities, the peace that supports the reunification in consciousness of the being. This peace acts as a vehicle of transport through the journeys of life. The faculties are liberated from constrictions. The constrictions of disbelief; limited perception; self-denial; the opinions of others; the negative programming from society, physicians, religions, the media; the outer and inner programming from incarnate life; even the limited perception of longevity.

The peace that supports a larger view of life and your own being. The peace that supports standing in your truth and your integrity. The peace that allows you to know the truth and the shadows that conceal it. The peace that supports an inquiring mind that can absorb more of life. A peace that, by example, inspires others to allow it. The peace that can embrace a harmonious blend of order, clarity, creativity, and change in your life. Peace that allows seeing the Truth for what it is and what it is not. A free and happy being, filled with gratitude and love for life.

Another look at True Peace

Aug. 11, 2015

JANU: How does one experience True Peace within, within the consciousness, within the being, as a foundation for engaging their lives? Meaning all that occurs each day. It is not achieved primarily by analysis, but more by choosing and allowing the peace that already exists deep within your being.

When you are at peace, all that you observe in life, including yourself, is seen for what it is, without judgement, condemnation. For those reactions to what you observe do not occur when you are at peace. Peace is not a separation from, a distancing from the movements of life around you, but a stable state within you of perception, without being 'for' or 'against' it. Pure love and peace go hand in hand.

Life itself, our brother, does not agree or disagree with social or individual behavior. This does not change your freedom to choose one path over another, to choose your relationships and the life you wish to live. But a peaceful relationship with your choices and your relationships allows you to be clear enough, perceptive enough, understanding enough, and patient enough to make wiser choices in harmony with harmonious timing.

Helping another wisely includes all of these, and more. Being of service, whether to others or circumstances or any part of life, is not defined by outcomes. Allow life to unfold as it will. Intimacy with life deepens when not ruled by reactive responses. Intimacy with yourself allows the truth of your being to come to the surface as experiences to understand, accepted for what they are: part of your journey. And grateful for them, for what you have learned. Wisdom is yielded from all of this; knowledge applied to experience.

More to understand, our brother, at another time. Namaste.

Peace of mind and happiness

Aug. 24, 2015

JANU: For this morning's journey, let us pursue the adoption of the Divine within. As a social norm, so many experience life with an emptiness, something missing, confusion and lack of direction, unanswered questions, and missing a connection with someone or something. The solution has always been within, our brother. The True Nature has always been there. Yet many run away from it, for the conscience and the 'still, small voice' seem to always get in the way of social pursuits based upon the 'old ways' we have spoken of. A life alone. Even in coupling, marriage, this exists. How can you give to another what you don't own within? Knowing the truth within your being in your consciousness prepares you to know the truth within another, to see their emptiness and inspire them to fill it, knowing that the solution has always been with them.

Trying to control life from that foundation does not bring the results we speak of. Being in harmony with the flow of life is a superior control reality. The nature and the evidence of that flow is with you every day, but do you see it for what it is, and what it promises, and what it delivers? It knows your innermost desires. The peace of mind you seek has always been an inner choice. It is possible to own nothing in a materialistic sense, but to own everything within. The only true control you will ever find.

People speak of faith, commitment, religious dedication. Direct knowing within transcends the belief in faith systems. How can they teach by imposing on you? The system of life that you are is older and wiser than any of these. Find peace of mind and joy, happiness, not based upon externals but your connection with the truth of your being. Any moment of the day or night, be at peace and happy with all that you are. That is worth owning and will never mislead. Welcome to the larger Family of Life and your True Nature. Namaste.

Peace: a position of strength and a rich life

Aug. 26, 2015 B

JANU: We are addressing the concerns of the day for humanity. Virtually every aspect of human society, with all its cultural elements, is changing in the direction of being at peace with each other.

When looked at globally, the disturbances that seem to dominate the media will be of less and less interest to humanity, with a preference for peaceful alternatives, creative alternatives, enriching alternatives, productive alternatives, more efficient and less wasteful alternatives. These changes are slowly becoming a theme of interest for individuals and organizations, for they are beginning to see that cooperation is far more productive than competition. Vast resources are consumed by competition for power, influence, possessions, and the domination of nations. The genius of many are lost in wars and other activities.

More peaceful pursuits are richer, more durable, more universally beneficial in their productivity and the well-being of people. Generations of children brought up in this way, learning methods and systems of cooperation, peaceful but powerful pursuits, are needed. Social and business activities designed with this in mind is the best teaching example for young minds.

Remember, people are connected to whatever their attention is on. And they give energy and life to the continuation of these disharmonies. As we have spoken of before, life is made up of many systems that survive and flourish when in harmony with each other. Being at peace in this way is a position of power and is far richer. So, yes, choose wisely what your attention is upon and learn the power of True Peace. Namaste.

Co-creating from a place of peace

Sept. 8, 2015

JANU: In a world obsessed with differences, uniqueness, individuality, survival and power, lost in all of this is the simple truth of oneness, connection, mutual support, and individual and universal understanding. The tide is turning, but these attributes are, as you would say, noisy and hold the attention of the media and others who live in fear and separation. There are many communities living and working together, committed to support, tolerance, patience, and combined talents, wisdom, and spiritual connection. We focus on these from time to time, for they are the source of humanity's future.

It is a challenge to live in society that broadcasts negativity, destruction, mayhem, and keep your focus upon the power of peace. Peace works quietly, the quiet that responds to the desire to evolve, and respect and help each other. These patterns of suffering and discord are imprinted in your memory, in your core life patterns, and return for resolution from one sojourn to the next. So it is very practical to resolve these, clearing the way for fewer limitations as your lives continue, that are all connected, you see. So even this moment is a wise beginning point to build a life of peace, introspection, purpose, profound understanding, love for yourself and others.

Build into your life practical peace. Peaceful associations and endeavors rich with creativity bring true power. It matters not the scope of the creation but the nature of it. Humans claim to be co-creators. Creating what? And how? And why? Worthy questions. What would you choose to create? And what has been created you're unaware of? What is the focus of the power of your love?

The power of peace

Dec. 25, 2015

JANU: On this Christmas holiday, many in your world pray for peace, more than those who do not. But understand this, no matter which, the nature of all is peace.

The path to the True Nature has included some strange challenges, curious to many who understand some of the merit of the path to the True Nature to the peaceful life that is full and rich. It is an opportunity for those who cherish peace to radiate it, encourage it in others, to be emissaries of peace. Those who challenge this will not continue in this way forever, for those who live a life of peace will become so strong in their foundation, so successful in their lives, so happy in their existence, the others will see diminishing merit in their choices.

Remember, peace is not a lack of violence, but an evolution of harmony, mutual support, and freedom, and, above all, a loving life. Life loves everyone, or you wouldn't be. Is it asking too much to love each other?

Peace supports creativity, inspiration, new ideas, solutions, and the embrace of new challenges and opportunities. Peace is a powerful reality and rewards the purveyors. Allow your True Nature and all it has gained to blossom in your life through the power of peace and the doors opened by it.

The people of violence are noisy and sound powerful. The people of peace listen, speak wisdom, are powerful by the blessing of their being. So, pray for peace and live in peace and love each other. Namaste.