

# Awakening II

## Associations & Collaborations

*This series explores the associations and collaborations possible through awakening to the larger life. These are my experiences but it is hoped that these will inspire you to take your own journey of awakening.*

<b>1. Seven consciousnesses in harmony as one</b>	Page 3
<b>2. The seven: Patterning a world with peace</b>	Page 3
<b>3. Partnering with the Earth</b>	Page 4
<b>4. Vortexes</b>	Page 5
<b>5. The Ninth Order</b>	Page 5
<b>6. Nature spirits</b>	Page 6
<b>7. Pre-patterning</b>	Page 7
<b>8. Intimacy</b>	Page 7
<b>9. A moment of reckoning</b>	Page 8
<b>10. An approach to engagement of opportunities</b>	Page 8
<b>11. Appreciating the value of each element of life</b>	Page 9
<b>12. Willingness to allow</b>	Page 9
<b>13. True Power</b>	Page 10
<b>14. Inspiration to an awakened life</b>	Page 11
<b>15. Character and the larger life</b>	Page 11
<b>16. Leadership</b>	Page 12
<b>17. Preparing for collaboration with the rest of life</b>	Page 12
<b>18. The rationale for these journeys</b>	Page 13
<b>19. Integrating incarnate life with larger life</b>	Page 13
<b>20. Normalizing awakening</b>	Page 14
<b>21. Absorbing the journey of awakening</b>	Page 15
<b>22. The Flow of Life</b>	Page 15
<b>23. The Orders of Life</b>	Page 16
<b>24. Wisdom</b>	Page 16
<b>25. Awakening and the flow of life</b>	Page 17
<b>26. Reality check</b>	Page 18
<b>27. Larger life and incarnate life are one</b>	Page 18
<b>28. The value of the incarnate life</b>	Page 19
<b>29. Awakening includes all realities</b>	Page 19
<b>30. Why awaken?</b>	Page 20
<b>31. The nature of everything</b>	Page 20
<b>32. Elements of consciousness and the nature of realities</b>	Page 21
<b>33. The power of choice</b>	Page 22

<b>34. Our choices touch each other's lives</b>	Page 22
<b>35. Love—fundamental to awakening</b>	Page 23
<b>36. Freedom from doubt and confusion</b>	Page 24
<b>37. Collaboration with the human journey</b>	Page 24
<b>38. Listening to life</b>	Page 25
<b>39. The process of awakening</b>	Page 25
<b>40. Opportunities through Earth life</b>	Page 26
<b>41. Understanding the journey of awakening</b>	Page 27
<b>42. Proficiency without judgment</b>	Page 27
<b>44. Freedom</b>	Page 28 *
<b>45. Becoming aware</b>	Page 28
<b>46. Transition into and out of incarnate life</b>	Page 29
<b>47. “The Staff” serving the awakening of humanity</b>	Page 29
<b>48. Opening to new experiences</b>	Page 30
<b>49. More on memories</b>	Page 30
<b>50. Who are you?</b>	Page 31
<b>52. The larger life includes the Earth experience</b>	Page 32
<b>53. Being at peace</b>	Page 32
<b>54. Why do we exist?</b>	Page 33
<b>55. Being the pendulum</b>	Page 34
<b>56. What is real?</b>	Page 34
<b>57. Allow adventure into your life</b>	Page 35
<b>59. What is your model for living becoming?</b>	Page 35
<b>60. You are a composite being</b>	Page 36
<b>61. Refining your life</b>	Page 36

Page 37

*\* Occasionally, a journey is specific to me and deemed of little benefit to the wider public, thus a number may be skipped.*

## **1. Seven consciousnesses in harmony as one**

June 28, 2016

JANU: We are Janu speaking, encouraging then at this time a proceeding into the next wave, if you will, of journeys into awakening. These have to do with becoming more aware of opportunities in your life—yes, in the lives of others—choosing the ones that appeal to you and fulfilling them. This is a journey, our brother, into the larger family of life.

This phase of journeys deals with the larger issues and more fundamental in the management of life. So even though life has larger opportunities, subtler ones you are yet aware of, your choices are under your management. The more you function and are conscious as your True Nature, you become more emblematic of the future of humanity and life beyond that. There are many in your family of associations, experience, who await your return, bringing your experience to these associations. They have theirs to share as well, our brother.

Your perspective, your point of view is changing. What is important to you is growing. Honoring your integrity is more important than ever. Who you are is far richer than your human identity and experience. Let us begin this adventure, if you will, by becoming aware of this larger family.

There are seven consciousnesses in your vicinity at this time, holding the Light so to speak, showing the way, inspiring. These associations will remain with you until it's time for change. This is a beginning. These come from diverse backgrounds with a loving nature, whom you have known before. And they know you very well. They know who you are and what you are becoming. And await your invitation to proceed.

JR: Thank you, seven brothers in the Light, for this opportunity. May we fulfill it together, beginning now.

SEVEN: Yes, our brother. We speak with one voice, seven consciousnesses in harmony as one, not unlike you and your True Nature and your beloved Janu. We accept your invitation and are proceeding even as we speak. We are your anchor point on your journey into the larger life, honoring your integrity as you honor ours.

You are correct. We correspond to the seven chakras, the seven levels of consciousness, the seven miracles of existence, and the seven initial paths of awakening to a larger life.

JR: Thank you, Seven. We are one. Namaste. Thank you, my brother Janu and the Brotherhood of Light. Namaste.

## **2. The seven: Patterning a world with peace**

June 29, 2016

JANU: Yes, greetings. We are Janu speaking. The title you have chosen is appropriate: Associations and Collaborations. That is exactly what we embrace. To begin with this morning, let us return to that which has been established, the seven who are one. They have a message and it is this, our brother.

JR: Greetings, Seven. You may proceed.

SEVEN: Yes, and gratefully so, for we are establishing here a pathway to grander things. The associations and collaborations you speak of are not all new, but are ongoing. They dovetail nicely into an expansion of these.

One such association and collaboration includes the establishment of peace and its true reality on other worlds, in other communities. What we visit here at this time is an established effort progressing on a world teeming with life but more primitive than your own. Giving peace a foothold in the development of burgeoning civilization will help bring the wisdom needed to achieve greater things than wars have ever achieved. This world lies within a Barminian cluster of stars and worlds thirteen parsecs from your own.

As you can see, our brother, your associations are not limited to your vicinity. As a matter of fact, your current location of incarnation is more remote than your history.

This world of which we speak has been in existence a very short time, a thousand millennia, but it is developing rapidly. The contribution of peace in this world assists in the organization of basic structure, meaning molecularly and atomically, as well as relationships between the elements of nature. This contribution of peace has a strong bearing upon the rate of development and its outcome for a world.

Contributions in consciousness of this nature are a grand service to life and are creative, for the patterns of existence are patterned by these. We shall continue with this, our brother, as you understand. Namaste.

### **3. Partnering with the Earth**

June 30, 2016

JANU: This morning's journey announces for the first time the group connected to the nature of your world. The True Nature of the life that is the Earth is associated with other realities as well. In its current history of development, the Earth is partnered with non-physical reality that is a consciousness not known by many. So your next association and collaboration is with the life that is the Earth.

The collective consciousness of the planet and its realities is imprinted with countless numbers of beings who have incarnated and otherwise associated with it. And, yes, the Earth has a mission, a destiny that serves life in many ways. Humanity tends to see only animate life as 'life.' A limited view. But make no mistake, our brother. The Earth is animated. It is in motion constantly and its consciousness transcends physicality, as does yours. So, for a time we will journey at one with the world and its totality and collaborate.

On this journey we will meet and engage many beings that are part of the Earth's experience. One being the Solar consciousness. And others with Earthlike consciousnesses, or should we say similar? Humanity as such on the Earth collaborates with the Earth mostly unconsciously. We have spoken of the 'collective human' as a single being. Think you now, then, that the Earth consciousness has a relationship with this and is influenced by it? The system of life includes individuality, collective reality, co-dependency, and shared destinies.

Walking this journey with the Earth awakens our relationship, where one begins to experience oneness with the world and its collective reality. These journeys on this focus seem to fly in the face of conventional thinking and conventional, limited experience. Humanity identifies as being a human being with a physical human body. A body, our brother, made from, at one with the elements of the Earth and its physicality, its

energetic realities, its destiny and consciousness. So to incarnate into the world is to share a destiny and its life.

Open to this reality. Your journey as a human being is one with that of the Earth on many levels of reality. The Earth consciousness and being is one of your many associations and collaborations. Support the destiny of the world and all that that means. This is part of the agreement to incarnate. Namaste, our brother.

#### **4. Vortexes**

July 1, 2016

JANU: We are venturing further then into this larger life to explore the reality of existence, not just of beings but of worlds and universes and other structures of life, and the interplay between all of creations and consciousness.

For this morning's journey, let us experience the creation of a vortex that represents 'creation in motion.' Now, in the universe there are vortexes microscopic and cosmic in stature, a vortex being as a thought in the flow of life, circulating around itself, accruing resources for manifestation. Consciousness, you see, is an integral part of creating anything, whether physical or not. The circular swirling motion of a vortex is in keeping with other movements and flows...nebula, clusters, stars, planets...as they coalesce into the focus of the so-called thought, you see, the spark of creation.

Initiating a vortex is part of creation, the original thought and the flow of life in motion. Witness the rotation, spinning if you will, of most celestial bodies, not the cast-offs and results of collisions or explosions, but the original gathering, you see. When entertaining a new understanding, its natural tendency is to circulate through your consciousness, influencing other vortexes, motions, movements in being. So, you see, the function of the spinning is to explore, integrate. Any creation is an accretion of the resource of life itself.

When manifesting by way of intent and focused consciousness, this principle is employed. It is a basic and fundamental reality in manifestation. Witness atomic structure. Everything is spinning, vortexes of association and the ensuing energetic realities of life in motion. This is a basic reality in perceiving elements of life, other creations, and your own thought processes.

Love is not a linear reality but a vortex of life, accruing, radiating, interacting. This is life in motion and a harbinger of change, rejuvenation, reconstruction, and origination. Allow life's experiences to circulate in your consciousness and bring changes, clarity, rejuvenation, and creations. A fundamental principle of life, our brother. Namaste.

#### **5. The Ninth Order**

July 1, 2016 B

JANU: Let us consider then, on this journey, the nature of beings or consciousnesses, life streams if you will, that are not physically incarnate but journey in other realms or realities. The nature of these is so varied that existence can be undetected by each other of different realities, for the same reason that those incarnate walk their journeys unawares. However, the so-called veil is not as prevalent. It is possible to become conscious of many realities and those that walk them, so to speak.

So, for this evening's journey, let us consider being at one with a selection of these, having to do with the 'ninth order' of reality. This order of existence comes prepared for the dynamics of expression that include shared thought, telepathically if you will, for these are more what you would call telepathic than those incarnate, as a natural

way of life. The 'ninth order' of life is a time/space derivative of existence that shares some of these properties, but not all. These beings, these consciousnesses wander in and out of their reality at will, leaving behind the so-called parameters of their existence to journey in consciousness. The properties of their order include freedom to create or manifest and then un-manifest or transform. Creation is far more fluid, less concrete than your physical counterparts are used to.

The primary reality of the 'ninth order' is the engagement or embrace of counterparts of the physical universe that resemble their order, or take part in it. Just as you explore your physical universe, so do they theirs. Even your Earth, our brother, exists in more than one reality and is known by many in other orders of life.

The 'ninth order' is a peaceful one. Disputes such as yours are of a different era and are more centered in the truth of their reality. Their associations, one with another, reflect this. Therefore the reason for consciousnesses's different realities being somewhat isolated in their awareness, for the temperaments vary so widely and suffer from incompatibility to the detriment of both. So, in taking these journeys, our brother, consider carefully the nature and reality of those that you encounter or seek out.

Collaborations must be sensitive to this for there to be mutual benefit. Walk softly, true to your integrity, honoring that of anyone else. Be at peace in your journeys, and your discoveries, and the fruits of these will serve well. Thank you, our brother, and namaste.

## **6. Nature spirits**

July 4, 2016 B

JANU: We would have you experience the nature creatures of life. Some are small. Some are large. Their existence is more instinctual than self-determined. They exist in your world most everywhere. They are part of the flow of life as a natural element. They draw near even as we speak. Yes, you are sensing their presence as they come and go, and flit about, so to speak. They are calling you to join them, if only for a moment. Being sensitive to their existence yields opportunities to participate in their reality and learn from each other about each other. They are more sensitive to natural energies than most people, for their intimacy and bond with the flow of life is in this way.

Now, nature spirits include those that are much larger and hover in the atmosphere, especially in the upper regions. They participate in storms to draw upon the energies and can be called upon to a degree to manipulate weather. Some of these can change their size at will to bring about changes in perspective. They marvel at your holiday fireworks displays but find them unsettling. They attempt to emulate them but the result is not the same.

These realities of being explore life by mimicking what they experience. They don't know why. It is like a child mimicking a parent, attempting to discover and become. Taking care of nature as a gardener or just a caring individual attracts their attention and they slowly draw near, to understand and at times participate. As with so much of life, those that live in its realities have their roles to play, sharing purpose and contribution to life. As we said, not always understanding why, for their motivations are instinctual, but they are learning.

These are all part of the Earth's consciousness, and have a long tradition. There are countless varieties. They're a part of many realities, contributing to the tapestry of life in so many different ways. Much to learn and become conscious of. A wondrous experience. Namaste, our brother.

## **7. Pre-patterning**

July 5, 2016

JANU: Breaking free of the limitations of pre-patterning is part of the nature of these journeys. As a marionette's strings are pulled, these pre-patterning tugs at you, influence your choices, preferences, and desires. Pre-patterning is part of the natural reality of being imbued with past experiences, relationships, tragedies, and success. Breaking free of these is in the sense of owning them, no longer controlled by them, in deference to your True Nature. Identification with these, mostly unconsciously, is a box of experiences that seems as your whole world. A difficult task for many, to let go of all they have seemed to have known, but journeying into the larger life makes this do-able, if you will.

The journey today is into the freedom of being, not so much continued pre-patterning but recognizing patterns and their alternatives. These tell a story of life, which is part of its richness, but the identifications with these experiences must be seen for what they are, freeing you to move in and out of these as you choose. The journey into the larger life is still the exploration of patterns of life, but in a different way.

You ask, "How does one identify with who they truly are?" By listening, our brother, to the voice of your True Nature. We are not speaking of words here, but perception. Freedom to be whatever you choose, in the manner you choose, to the degree and the duration of your choice.

These journeys, and others like them, are a beginning. Open to inner guidance, consciousness, and conscience. Allow your relationship with life to not be defined only by circumstance and the examples of others. When observing society, choose to understand what is at the core, what is behind, what is the motivator of everything, without preference, predisposition, or judgement. All of life is wondrous, but the expressions of it vary greatly. The pre-patterning that matters is who you truly are, what you truly are, the truth of your being. Namaste, our brother.

## **8. Intimacy**

July 5, 2016 B

JANU: We are summoning, if you will, the greatness of life as expressed through the human journey. Our goal this evening is to connect with and, for many, re-connect with the greatness of the human consciousness, the human spirit if you prefer.

When connecting with any of the elements of life, meaning the expressions, the consciousness of another, what is it that you see? Is it that which initiates, discovers, finds value in everything? Or is the mundane your primary perception? The human spirit or consciousness is with unlimited diversity, not only of expression but of response to the experiences of life, the interactions, the "unfoldments." Opening to this, our brother, reveals associations and collaborations, not just with another human being but other beings as well.

These journeys we are taking have this opportunity to perceive the seeming magic of life and know it. Experiencing the living presence in all of life is to experience your own. Words do not capture this. Thinking does not capture this. Love captures this.

The experience is a growing intimacy with the life in everything. No longer the aloof observer forming opinions, appraisals of varying importance or significance. Much of life, our brother, has this intimacy with you. More than you have with your own being. Yet, as your True Nature becomes your experience and your identity, the intimacy returns.

Allow yourself to become intimate with another in the sense of connection. The deeper this becomes your experience, you know who you are. See beyond the facades, the patternings, the limited identities. Be intimate with the quiet truth of everything. Thank you, our brother, and namaste.

## **9. A moment of reckoning**

July 6, 2016

JANU: Surging forth today in the human condition is the belief that there always comes a time when the reckoning will take place. By 'reckoning' is meant 'judgement day.' But understand this, our brother: the judgement is not from outside who you are but within, and the day is today. Today being the day that you agree to it. Now, the day of reckoning, so to speak, occurs incrementally to the degree you're open to the appraisal of your life, of your consciousness.

Now, for each one, the embrace of reckoning is tailored to their capacity to absorb understanding yet maintain integrity, sanity if you will. A better phrase might be the 'moment of reckoning.' Every decision, every thought, every action is subject to reckoning. And what is the source of this reckoning? It is your True Nature, your conscience, the truth of who and what you are. Not something to be feared, or avoided through fear, but to be welcomed on the path of awakening.

We speak of relationships, of associations and collaborations. This applies to your own being as well, your so-called 'individualized identity.' Allow moments of reckoning in your life. Welcome their clarity, for through these your decision-making improves. A life filled with these moments of reckoning is a life in freedom, clarity, balance and peace, rejuvenation, good health, and a blessing for others through service. Allowing these moments in your day takes a willingness to change, to understand from a different perspective, to explore and absorb a new understanding, to be flexible and modify your life, to grow in wisdom.

Open to a moment of reckoning, our brother, whenever it occurs to you. Namaste.

## **10. An approach to engagement of opportunities**

July 6, 2016 B

JANU: The phrase this evening, the theme, is looking directly into the eye of each opportunity. Now, opportunities on these journeys are contact, engagement with many parts of life. When embracing or looking into the eye of an opportunity, whether another life or part of the structure of life, the gaze of your attention is not to penetrate or be forceful in any way, but to be alert and allow the truth of each existence to be as it is. Gentle honesty and patience without fear or forcefulness. What you present is the truth of who you are and life responds in kind. This sets the stage or the atmosphere for the exchange of understanding and experience. Looking opportunity in the eye, so to speak, is a candid and honest point of view. Allow opportunity to reveal what it will. There are no secrets, but there is integrity.

For this evening's journey, there is an opportunity to experience a Council of Elders as they consider our journeys of association and collaboration. They meet you eye to eye, with their honesty and integrity, and they welcome your participation. Our journeys are not the first they've considered, and they are aware of compatibility with others who journey and are considering opportunities of mutual engagement.



Be not concerned whether your peers understand you or not. They have their destiny as well. The most you can do or be is true to your own. Life is aware of all destinies, our brother, and wastes no opportunities. Be alert to these associations. Namaste.

### **11. Appreciating the value of each element of life**

July 7, 2016 B

JANU: How is it, then, that humanity needs encouragement to embrace the larger life of which the Earth life is a part? It is the nature of evolution, our brother, that element of life that is subject to so many influences yet, at the same time, has a destiny. This is not just a time/space issue, you see, or influence. But one must consider from the larger point of view the countless elements of existence that touch each other. The destiny of any species, and its evolution, does not occur in isolation. The inspirations that we offer are part of this larger tapestry of life, not the only influence or inspiration but part of many. As many individuals that exist, whether conscious incarnate or not, there are constant elements of evolution at play. Even a passing thought, our brother, of interest plays a role. These journeys we take and have compiled are only part of a larger movement of life, and even they are created by so many influences, beings, circumstance, interactions.

So, describing awakening, evolution, and destiny in words is futile. Even the perception of these is limited. So the question becomes: why proceed? Because these elements of life, our brother, are part of the magic that is life and consciousness is raised in so many ways. So compare not any contribution to the raising of consciousness to any other. You proceed because it serves life, without requiring to see the whole picture, you see. The whole picture exists, and is evolving, but each piece of the puzzle is as important as any other to complete the picture. Everything is of value.

The larger life is not defined by time/space. That is only part of it and it all coexists and is one. It is difficult for the human oriented consciousness, conditioned by society, to see everything as of equal value. Learn to perceive, to appreciate the value of any part of life on its own merit, without comparison. A peaceful way to live, free of judgement, condemnation, diminished value. Everything matters, our brother, at all times. On this foundation, explore life, every journey, every encounter, every endeavor. Namaste.

### **12. Willingness to allow**

July 8, 2016

JANU: 'At will' is the theme for this journey, meaning: "What are you willing to be? What are you willing to allow in changes in your life?"

When engaging the larger life, what role does your will have to play, and how does it engage and interact with the willingness of countless venues of life, beings, worlds, realities? Are you willing to have what some humans would call a small or insignificant role or do you require importance? How diverse is your willingness to be part of life? And are you willing to respect the will of another, even the flow of life? What are your desires, as opportunities become apparent?

Even this journey, our brother, evolves. Willingness is not static or fixed. It is very fluid. Listening to life, no matter how it's portrayed or embodied, is as important as expressing your involvement, your being, your desires. Being compatible with the rest of life does not mean being invisible. It is still choices, our brother. And what makes a wise choice?

This understanding is worthy of consideration. When negotiating, counseling, making agreements, contributions, and new associations, allow listening and understanding to blend with expression and decision-making. Listening, our brother, includes far more than words or thoughts. It is an experience filled with sensations, impressions, responses, and touches all that you are. The human mind is dominantly binary, one thing and another. The larger life, the larger consciousness, the larger reality is a mixture of everything, with selected involvements and relationships and, yes, associations.

What we refer to here is a departure from consciousness with borders, limitations, individuality, separation to one with inclusion, breadth and depth far-ranging and adaptable. Not everyone can embrace this in the same way or at this point in their lives. But this is all part of life, our brother, that includes everything.

Whatever journey the consciousness is walking, see the beauty behind it and in its destiny. Your willingness and theirs play a role in the larger life. Be true to your example of being. Allow them theirs. Share what you may. Be as allowing as the flow of life. Embrace the larger life and its realities in this way. Namaste, our brother.

### **13. True Power**

July 11, 2016

JANU: The next in this series on Associations and Collaborations has to do with the diminishing power of circumstance, external influences, over the growing power of consciousness, of being. This would seem a trade-off, undesirable by many who bask themselves in the illusions of their power, the power of their influences over others. It begs the question, "What is the nature of power? Is there more than one concept of power?"

When dealing with others in circumstances and relationships human, there is a tendency, a component, of the thoughts and attitudes of having advantage as the result of a relationship, of gaining some kind of power. In the larger life, one has little need of this, in fact, no need, for the reality of power exists within the being, in harmony with the power of the flow of life, its expansive reality, all pervasive presence, and the reality of being one with everything. What physical or human perception of power is of more value? It depends upon the scope and nature of your world, what you have chosen.

When engaging, exploring the larger life, these are not your concerns. Your desire is to understand, be part of in a positive way the vitality and expansion of life, the continuation, the evolution, the enrichment. This power, our brother, is the epitome of peace. No fear of laws as with the human perception. No fear of disadvantage. In fact, concern is for the well-being and enrichment of the rest of life, other beings, other consciousnesses. For you live a life where all of these are part of you.

The purpose of this morning's journey is the development of a consciousness that intertwines beautifully with this larger reality, and realities of life yet to be imagined. Many speak of love and its many interpretations. The love we speak of includes all and allows all life to be. It finds value in everything, for it is part of everything and, through this, you are as well.

Learn of, understand, embrace, and be True Power. The human misinterpretation or illusion of power is part of this larger life as well, but it is limited. You are moving beyond these limitations, rejecting nothing, embracing everything with your own true integrity and True Nature. Stand in your truth and love all of life, allowing that peace to grow within you. Thank you, our brother, and namaste.

#### **14. Inspiration to an awakened life**

July 12, 2016

JANU: We are putting together then an announcement to bring hope to the millions who journey in their own way of awakening. Let it be known that the larger life is keenly aware of all of these. No one awakens alone. Their journeys in life are known, encouraged, supported, and to varying degrees guided. The larger Family of Life is more than just an unknown number of beings, but life in motion everywhere, in every reality.

To all who endeavor, be of good cheer. The unawakened life has no hold over you. The seeming insignificance of the moment of social activities and interests are part of a much larger reality. Vision, wisdom, strength, understanding is at your fingertips, so to speak. Be enthusiastic and confident that there is more of life in store for you. The seeming ignorance of national leaders, politicians, legalities, and, yes, even religion as practiced have no hold over you save what you give them.

The John Lennon song “Imagine” speaks volumes and is inspiring. Find peace and joy that the larger life is real, everywhere around you and in you. Open the doors of your consciousness to these realities and enter. Namaste.

#### **15. Character and the larger life**

July 12, 2016 B

JANU: Of the reasons, our brother, for incarnating on the Earth is included preparation for, through experience and wisdom-gaining, serving life in other venues. So you see, your incarnate life is one of the many keys to serving in the larger life.

The Earth is a wondrous platform for many of these opportunities and must be considered a significant part of the larger life you are awakening to. Other worlds have their conditions, some like those of the Earth and some not. It is possible to serve other incarnate consciousnesses, beings if you will, in their environment even when not incarnate, as well as in consciousness when incarnate. As you are aware, human civilization provides endless opportunities to experience service and to be served. The true nature of service, our brother, is giving and receiving. Balance is always a part of the motion of life.

As we journey the stars, so to speak, remember that your sun is one of them and the Earth is not the only world in your system with opportunities to serve. Be open to those travelers who visit your vicinity. The true nature of service applies there as well. As you develop greater understanding and abilities to serve and be served, these associations and collaborations will develop. So, you see, our relationship on these journeys provides many opportunities. This is part of understanding life, interactions and relationships ever-changing, evolving, seeming to appear out of nowhere, but there they are.

Kindness is welcomed and provides service wherever you travel. You need not be familiar with anyone to provide this. Be aware of those expressions of being that are universal. Kindness is one; there are many others. Kindness touches the spirit and is remembered, especially the result of that kindness. There are many ways to touch life, our brother. Even listening with a clear heart and consciousness is a great kindness. Allow others to understand themselves and their circumstance and their concerns by mirroring them.

What we are addressing here, our brother, is character and qualities to engage the larger life. Allow your human experience to be only part of your consciousness. Everyone is so much more than they know. Namaste, our brother.

## **16. Leadership**

July 13, 2016

JANU: With rectitude, let us continue this pursuit of reckoning with the prevailing winds of consciousness wafting through life. The confusions remain in the consciousnesses of those who would be leaders of countries, of nations. You ask, “What would focus these individuals on the true destiny of people and society?” Most of their focus is upon social consciousness, traditions, and winnowing through layers of so-called power, politics, and legalities. “Where is the wisdom,” you ask, “the perception that penetrates through so many distractions?”

There are many beings, our brother, who have observed and attempted to inspire those in the position to guide humanity into a life richer in realization of potential and constructive destiny. Another reason for a larger life consciousness, you see, taking advantage of more of the Truth of Life and the constant changes that rejuvenate and show the way. The Earth has been observed and inspired in this way, even before its viability. It has been part of a larger plan, a larger possibility. Awakening, our brother, well-placed reveals this.

Your own True Nature is part of this, so allow that wisdom to be part of your contribution to changes in leadership. Not just at the top of politics and government, you see, but throughout society. There is unrecognized genius everywhere. Your own True Nature is one with this.

What we look for here is enlightened leadership. There are those who are capable of this, but unknown to those who struggle with old forms of power. Let not current representatives of this power bind you in any way from the vision we speak of. The Truth of Life is easy to see when open to it, and is ready when allowed. Namaste, our brother.

## **17. Preparing for collaboration with the rest of life**

July 14, 2016

JANU: We are summarizing then the preliminaries of entering this next adventure. Awakening or becoming aware of the larger life also calls for awakening to the nature of that life and balancing that with incarnate consciousness. The theme being cooperation here, a mixture of the two that is mutually beneficial, harmonious. Challenging, yes, but successful.

Even though a limited consciousness, the human experience is part of the larger. The opportunity and challenge, our brother, is to perceive it in a more enlightened way, for the collaborations we speak of, the associations, have to do with cooperation among discarnate and incarnate consciousnesses. For aren't we all beings in the Light, the Truth of Life, endeavoring to refine opportunities, possibilities, and destinies? No longer with the attitude of physical or non-physical life, but just life, you see, facets of the same thing, all precious elements of the wonder of Life. So allow, in your sensitivities, to experience the presence not just of other incarnate beings but the rest of life as well. So, as you walk or move through your incarnate life, there is so much more.

There is much understanding and wisdom about Earth life, the human experience. It is not limited to those who are incarnate. Being part of a larger team, larger association, is an awakening on the doorstep of so many. Even as a human, there are times when you are aware of the presence of another human without seeing them. The same is true for discarnate beings, as well. These awarenesses and associations need not be overwhelming or a distraction from incarnate life, but a collaboration into a larger family.

These comments are preparation for a larger experience, changes in identity, purpose, and goals. Embrace what already is. Walk thorough life in a larger way, without rejecting anything. Grow in peace, loving life. Namaste, our brother.

### **18. The rationale for these journeys**

July 14, 2016 B

JANU: Unencumbered as we are, we seek to engage the lifting of the veil, so to speak, to our human consciousness. It is an opportunity to serve the incarnate Earth human reality in a way that may inspire individual and collective sovereignty.

It is one thing to speak of the larger life and quite another to walk it. These preparations in perception of consciousness, character, personality, open-mindedness, discernment, and love of life are a preamble, so to speak. These journeys are opportunities to individually explore, for yourself and in groups, of what we speak. One can be led to an understanding, a reality, but the individual or group must walk the truth of this for the experience and the wisdom. Words may point the way, but that's all they can do. As with any journey, all is not discovered or experienced at once. But the magic in any part of the journey speaks of the rest of it.

Freedom can be a giddy experience, but what better gift can you give to yourself? What better way to teach another than how you live? We invite you to understand and experience our realities and the ones that lie beyond. We are all the Brotherhood of Light, in one form or another. We draw near you, all of our brothers and sisters in the Light, and bid you welcome. You have never been alone on this journey of awakening, but your choices have always been respected, for they are part of your freedom, your sovereignty.

Allow yourselves to be close to the truth of a larger life, a larger identity, a larger experience and memory. The veil has allowed humanity to build a perception of separation, an unseen border between incarnate life and the larger life. It is only perception, our brother, for a purpose. A maturing consciousness no longer settles for this, and yearns for more, suspects a reality of life far richer. Leaving incarnation to realize this is not what we suggest. Open to the truth wherever you're at, whatever you are doing, whoever you think you are. Namaste.

### **19. Integrating incarnate life with larger life**

July 15, 2016

JANU: We are forming then conclusions at the onset of this series of journeys that bring into view the destiny of humanity at long last.

When reviewing the human journey, it is filled with, as you say, twists and turns. And, in due course, the nature of the individual says "Enough!" and something new and original is inspired. Something new to the human journey, that is. What we are exploring here is the merging of the entire being into one multi-faceted truth, consciously. The experimentations of the human journey to present give way to something grander: an integration of the larger life and the human experience while incarnate. An interesting opportunity and challenge.

Some would say life is complicated enough, but the complications are born of ignorance, isolated consciousness, and confusion. The truth, our brother, is not confusing. It is revelatory. It brings unexplained thoughts and perceptions into focus, into resolution, opening the opportunity for grander understanding and interests rather than the repetition of perceptions. We continue to explore motivations for awakening and change.

Take a moment, our brother, and ponder and open to a new understanding of anything of interest.

You have chosen sentient life on another world. The beginning of this journey is another world with human consciousness, genetically similar but not a duplicate, if you will. These beings have always had an inkling into the larger life, common knowledge and experience. In ways you've yet to understand, their path encourages, stimulates, and beckons Earth humanity's journey. They are growing in awareness of Earth-like worlds, worlds like theirs, diverse but genetically human, with different stages of awakening.

They have their questions as well. Still confused as to why their progression seems to have plateaued. They have bi-location ability, levitation, and telepathy, stable health patterns, relative peace, but a hunger for more, you see, for their senses detect this and their common desire is to move on, to evolve, to embrace a larger reality. And because life is one, these urges, these desires in their world touch Earth humanity subtly and draw this out of Earth humanity, here and there.

When you attune to the larger life, and open to experiencing its reality, be aware that you will be touched as you touch, and new perceptions and understandings become yours as well. We who are not incarnate have this same experience with many. Life is drawing together, our brother, marshalling, if you will, its resources for new thresholds to be explored and created. The awakening of humanity is but one.

Earth, an island, so to speak, in a sea of life, whose shores are absorbing more of life. What appears as an island is at one with the rest of the world behind appearances while the ocean of uncertainty that seems to hide the truth that lies beneath. Allow depth of your consciousness, your interests and desires, your True Nature to journey, as do we. Namaste, our brother.

## **20. Normalizing awakening**

July 18, 2016

JANU: We are normalizing, then, the perceptions of awakening into as matter of fact reality as possible. Awakened or 'identified as all that you are' is normal, the common experience in the larger reality Family of Life. The human consciousness interlude is an exception or alternative to this that begins with the veil. As we have explained before, the veil is not created by you but agreed to, as part of the contract of incarnation. For incarnation is a structured reality to help ensure common experience, at least at the onset, that individuals relate to each other, for consciousnesses that incarnate are diverse in their backgrounds, capabilities, understanding.

So awakening, our brother, is not a departure from normal. It is normal. It is by far the most common experience. Now the human experience is a precious one, rich with opportunity to advance evolution, in the larger reality of life, a component and element. As we have said, it is normal and desirable to open to a new relationship with the human experience of walking through the larger life at the same time. Far more opportunities that are richer in potential. There are, of course, adjustments to be made in integrating all of these experiences. This is why there is process: time to adjust, time to consider, time to merge, time to measure results, time to be in balance, build confidence and enthusiasm, and history of success.

So, as we have said it is normal, common, in the larger life to be aware of all that you are and your potential as part of the flow of life, life in motion. Unlimited realities, fascinating journeys and encounters, every moment and opportunity to discover not only what exists but your own potentials. You are awakening to normality, what you have

always been. The human journey is temporary, our brother, a moment in time but a rich one. Do not be owned by it but choose to own it, as another element of wisdom to be added. Namaste.

## **21. Absorbing the journey of awakening**

July 19, 2016

JANU: We are beginning then to absorb what it means to be fully conscious. The incarnate concerns of past and future, confusing present, give way to the reality of the Now, which includes all of these.

Let us take a moment to be conscious, be aware of, to have a connection with Life itself. Searching for the truth of anything is a daunting task for the unawakened mind. For the conscious one, it is still a process without focus, allowing, and attention. At times, it is like watching a movie screen without the screen. Connection can be selective and measured. There is a timelessness to being. What you are aware of follows your interests. Memory is experienced more fully, more completely. Associations have an intimacy that is natural. And, yes, there are realities of existence that emerge.

For some, the awakening experience is challenging, realizing that you are well known and always have been. You are not a stranger entering a room for the first time. And you are aware of, you know these who know you. There is a familiarity of returning home, so to speak. No longer experiencing your True Nature as something separate but the identity of inclusiveness in all that you are and have been which you become accustomed to, once more. You are delighted at how rich life is and this physicality no longer confines you to the parameters of that existence, yet the memory remains.

Many changes yet to come, our brother, as we continue. Namaste.

## **22. The Flow of Life**

July 19, 2016 B

JANU: We are encouraged by the sum of the influences created by the seeds of awakening that have been planted. Whenever life is served in an open way, the benefits continue even when unaware.

The flow of life, in reality, carries with it the contributions made by so many. As in the physical body, it is like the life's blood of Life, transporting supportive nutritional, if you will, elements to the creations of life. The flow of life to your consciousness, to your destiny, to your vitality is like the blood of the body. Not just understandings but the energy of life, the communication between all elements of life.

Service in this way is grand indeed. Part of the oneness, the connection between everything. We have mentioned the Earth consciousness, its vitality and reality. It exists in this flow as well, our brother, on many levels. Life in motion, eternal in nature, patterns of life moving as one.

Being aware of, in harmony with the flow of life is part of awakening, our brother. The questions arise: Are the principles you hold dear, fundamental truths, flowing with change, evolving, more profound? Are your relationships deepening with new layers of meaning? Are your collaborations serving life in this way? Are your goals sensitive to changes, new opportunities?

Most think every breath is just like every other. It is not, for more than air takes place in this exchange, our brother, energies, vitalities, many physiological responses that are in motion. Nothing is exactly the same as before. True security, as has been said, is moving with the flow of life, whether incarnate or not, whether human or not, whether

conscious or not. This flow brings change and opportunities, rejuvenation, evolving direction and perception, and, yes, awakening.

Allow yourself to become aware, to make decisions in harmony with true purpose. When achieving this, you are supported in these with resources beyond your current understanding, for life is aware, too, our brother, of everything. Allow any truth you may find in this understanding to be with you. Namaste.

### **23. The Orders of Life**

July 20, 2016 B

JANU: Paying attention as we may, the Orders of Life are referred to from time to time. These are something like protocols, but they are more like patterns of life that are akin to the elements of maturing and evolving, similar to that which comprises childhood into adulthood, the growing opportunities and responsibilities that appear as this unfolds.

The Order of Life we are engaging is that which is called “Embarkation.” Embarking upon what will seem as a new life, for its significance and components have a range, a set of opportunities that are not only unique to that Order of Life but have a heritage linking them to other Orders of Life. We would have you know this, that you be open to more of the, what you might say, structures of life, arrangements, patterns to be embraced and be owned in consciousness in your True Nature.

The True Nature, our brother, is not the end of the journey of awakening but a threshold, an Order of Life that has substance and depth and meaning and a connection with many realities. In many ways, it is as a doorway to walk through, and awakening to this opens the door. The Family of Life includes more than you can imagine. And even that is being added to. Life is so much vaster and richer than many are even aware of.

Incarnate veiled consciousness seems defined by life and end of life, beginnings and endings, limits and boundaries, life spans that seem real and definitive. Consider the reality of unlimited life, engagements, collaborations, creations, experiences, and awakenings beyond what we have mentioned or referred to. And you are still you, our brother, but so much more. When you journey to another country, another culture for the first time, you are ‘you’ entering that experience. But as you experience that opportunity, the ‘you’ is changing, expanding, maturing, gaining wisdom, and appreciating the larger life and, in some ways, contributing to it as you may. Such it is with awakening and engaging a larger life, you see. You are still you, but the ‘you’ includes so much more.

The Orders of Life are worth knowing, experiencing, and discovering. Enjoy these journeys. We guide you in this way, to encourage commitment and a love for life. Namaste.

### **24. Wisdom**

July 21, 2016

JANU: We are patterning today to bring out latent confidences. The challenge is not new understandings, new realities, new capabilities. The challenge is to become them. Remembering previous experience and abilities brings confidence. Realizing you have done this before, many times, melts the barriers of incredibility. So we focus this day on having done this before.

The first approach, the first step, is remembering what was accomplished with these abilities and they bring credibility to the capability. Allow memory, then, of a previous existence in another world where you and your compatriots were the Wisdom Guides for different cultures, tapping into the memories of those you served to bring them their confidence of their own abilities. Now, these achievements were not



calculated, manipulated, or engineered into existence. They came more naturally by opening to their reality without the conditioning of others who had no understanding.

Now, one learns rather quickly that the dispensing of specific wisdom tailored for an individual or small group can ultimately bypass their own efforts and earnings or ability by being an easier path than owned achievements. So, what is wisdom, our brother? Shared understanding, but not bypassing the strength-building, confidence-building reach for awakening.

Yes, awakening is a personal experience with measures of wisdom, of support and inspiration. We of the Brotherhood of Light have long served in this way. It takes patience, thoughtfulness, and a history of experience, with caring and loving monitoring of what unfolds. This is knowledge you already have, our brother, which describes your reluctance to be a so-called 'teacher' in the ordinary sense of your world. We are not here to carry you, but to inspire. Inspiration based upon your deep desires and truth that lives within you.

We speak of associations and collaborations. A developing and deepening wisdom is key to this. The true inspiration of another serves both equally. In different ways at times, but never to the expense of another's opportunity of self-realization. But the march of life goes on, our brother, and no matter your proficiency, the desire remains to be helpful and serve life in harmony with its nature. If one is lifted, one lifts themselves, then all are lifted, our brother.

Ponder wisdom carefully, patiently, foundationed in a peaceful love of life. Namaste.

## **25. Awakening and the flow of life**

July 22, 2016

JANU: What we have in store for this journey is a remembrance of a time when—time being a limited expression here—you were on a world in some ways like this one. Far more conscious and consciously active in the affairs of that world, in the role of guardian of its so-called secrets, looking for opportunity to share these with others of that world. The dilemma, of course, is how much and when and with whom.

The flow of life (*Link back to The Flow of Life*) in any reality is not the conveyance of all there is to know and be without reservation. By 'reservation' we mean being in harmony with destinies, timing, preparation, capabilities, and the many currents of life.

You learned patience on that world, profound caring, and the reality that your contributions to life remain connected with you. There are legacies to your involvement. More than just memories, our brother, but real, active residuals that are not fixed but evolve, as your contributions evolve and expand.

Awakening to and being involved in the larger life is a continuous process, just as life is. Nothing lost; everything gained. Your involvement in the larger life makes your life larger. How can it be otherwise? Your life in this incarnation has become larger, as have your associations.

The theme here this morning is the reality that awakening is the embracing of a continuous movement in the flow of life that evolves and expands endlessly. The brief, limited identity of separation through the veil is very temporary and, in some ways, an illusion. For even under the veil, you become larger. Your life expands, as does your identity and sense of being. The human mind tends to think in terms of steps along the way, fixed plateaus and levels. Life is continuous, our brother. Nothing fixed about it.

Even the illusion of physicality, isolated any way from so-called spiritual life, is a reality within a larger one.

So grow more aware of the expansion of your being, your identity, in all of your contemplations, involvements, and commitments. The movement, flow of life is present in every reality. Namaste, our brother.

## **26. Reality check**

July 22, 2016 B

JANU: We are establishing then a course and a discourse to promulgate what has been happening in these sessions.

What is happening, our brother, is the fomenting of established protocols in the order of life that you inhabit for the re-emergence of your consciousness, your identity into the larger life. These seeming asides to the basic premise of this series are the formation of these, not only in the consciousness but in the record of Life, including yours as well. We turn to these to bring about triggers or catalysts for journeying in the larger life while incarnate. No small task, our brother. So pay attention to these journeys in the light of this understanding and we shall continue with this as we may.

These protocols are not arbitrary rules for engagement. They are part of the tapestry, the fabric of manifest life, the resources and the themes of creation. Kindness, love, patience, peace are still threads in this fabric, this tapestry. But wisdom, responsibility, and respect for the orders of life and life's evolution are paramount. There is joy in this. And, yes, even light-heartedness. But a balance, a refinement of balance in all of these elements of experience.

Your persistence, our brother, is noted. It honors and respects ours. May we continue together these journeys in the Light. Namaste.

## **27. Larger life and incarnate life are one**

July 25, 2016 B

JANU: We are rejoicing with you at the prospect of resumption of associations, involvements if you will, in the human consciousness expanded to meet that of the True Nature. Your involvements, our brother, in this larger life have never ceased and continue to this moment. Such it is with the True Nature. The incarnate life is not your only interest.

When we approach these journeys, we do so paying homage, so to speak, to many traditions of life, patterns of living, and the nature of being. The many contacts that have been made over the years are testimony to this. The legitimacy of these is founded in the reasonableness of the wisdom that is displayed. Grandness of awakening is only realized as it takes place, yet it speaks to the continued calling from within to be part of the consciousness. The human journey is a rich one but not all there is to understand and experience.

Now, this does not suggest that one walk their day in incarnate life with their head in the clouds, so to speak, but a gentle blending of insight and manifest life as needed and as desired, realizing this integration with balance and measure. This is a gentle and beautiful journey, not only a way of life but a way to live. Many journeys of awakening include more than one sojourn, for the achievement of the awakening, you see, is a marriage of incarnate opportunities. Options, if you will, to blend the vast variety of possibilities with the realities of the larger than incarnate lives. They are linked and co-exist and evolve with each other.

The evolving of consciousness into this reality of co-existence is fundamental. In due course, the realization occurs that incarnate life and the larger life are one. Namaste.

## **28. The value of the incarnate life**

July 26, 2016

JANU: We are arranging then this meeting or gathering of the minds, if you will, the thoughts and consciousness of those connected with the promulgation of what you call 'awakening' but what they see as 'quickenings.' The larger life, compared to the incarnate life, is very active, many layers of reality, opportunity, evolutionary support, contributions to the flow of life. And there is interest in those to quicken the consciousness of many to contribute, to be part of, to be one with life. They understand that it takes all of us, all of the elements of life to accomplish the endless availability of ongoing creation.

You ask from the human point of view, "Why the imperative?" As one becomes more attuned to the True Nature of life, one realizes that the imperative to realize potential is unlimited. The reward of engagement in this imperative is beyond description.

So let us address directly these that gather and tune to this understanding. These who gather welcome you, not as just an incarnate human consciousness but as a member of the larger life, with a heritage of understanding and contribution. The heritage of those who incarnate into the human journey have similar backgrounds and the veil, as experienced, is not designed to be an endless journey of 'unquickened' consciousness. However, be it understood that the nature of the human journey is significant and brings with it appreciation of the larger understanding of temporary experiences that bring clarity to larger truths.

These who have gathered, our brother, drawn to this journey, speak not in words but with their presence. A coupling of knowingness shared between you brings familiarity to the truth of this. The truth of your consciousness, of your being is known. As you experience their presence and the memory of association, a clarity of understanding as to the value of the incarnate journey to the evolving consciousness, no longer as separate, as most perceive.

Allow these associations to become your experience consciously and walk the human journey more aware, with greater wisdom and purpose. Thank you, our brother, and namaste.

## **29. Awakening includes all realities**

July 27, 2016

JANU: The overwhelming desire by most to develop their lives into something satisfying and fulfilling has always been there, on the human journey. This calling within, this motivator is born of the True Nature. For the True Nature, our brother, that who you truly are, desired this human journey and it is reflected in this inner compulsion to fulfill a destiny. Returning to a conscious association with the larger you is a theme on this journey of awakening that is compelling. These discourses into understanding the larger truths, the truths within, are not arbitrarily imposed or inspired but come from your own True Nature.

Avoiding this by hiding within the smaller demands of living, the societal encumbrances, is a temporary distraction and is not the fulfillment of motivations to realize destiny. Yes, there are achievements in this course of living and have become

companions on the journey. These societal encumbrances are temporary in the larger picture of the truth of who you are. Enjoy them as you may, but be aware that the deeper satisfactions, the deeper fulfillments that not only are more lasting and more enriching, remain with you.

These journeys into awakening are not meant to be a distraction from the human journey but a larger perspective for the human journey to be part of. Allowing physicality and the larger life to be consciously one in your understanding and your experience is a worthy desire. In time, you see, you perceive the natural essence of everything in the so-called ordinary endeavors. It is all Life, our brother. There is truth to be revealed in the nature of everything and is a key element on the journey of awakening, especially while incarnate.

But this is true for other realities of existence as well. Everything is connected, oneness a fundamental reality. Consciousness transcends and includes all of these. Taking the larger view of life includes the lesser views. Namaste, our brother.

### **30. Why awaken?**

July 27, 2016 B

JANU: We are welcoming again this opportunity to proceed with the journey into the larger life. Some may say the incarnate life is large enough, as they attempt to master it, based on their perceptions. Awakening to the larger life is the resumption of consciousness beyond the veiled incarnate existence and is a return.

Which still begs the question, “How does this journey, this awakening, benefit or enhance incarnate existence in a practical way?” It does, our brother, because solutions to the queries of incarnate life are larger, at times, than veiled understandings. Life is so much vaster and complex, with wisdom, understanding, and experience, it can’t help but bring clarity to unanswered questions.

Human nature is a study in itself, not easy to master for even it is in flux. Imagine the depth and breadth of your True Nature, which has experienced this sojourn and so many other realities. Not only this, our brother. An awakened consciousness has available to it the truth of the past, the present, and the future, anywhere, any time, any Now. How many times must you walk a path to re-invent your experiences, your understandings, but not retaining these consciously? Yes, each journey has its nuances, for nothing is exactly the same no matter how many times it exists.

These questions persist with many and, with patience and repetition, we hope to inspire victories over ignorance. The larger life exists, our brother, and always has. The veiled life is part of it but not all of it. It isn’t just other beings that welcome you home, in a sense, but your own True Nature. Namaste, our brother.

### **31. The nature of everything**

July 28, 2016

JANU: The light is beginning to dawn on a new perspective of life while incarnate. In the search for the larger realities of life, the more insightful, the more liberating, the more eternal are being found or discovered through the realities of the human experience. This perspective, our brother, exists on other worlds as well, where the experiences are not human but something else.

The path here is becoming conscious of the nature of life, the nature of creation, the nature of manifestation, the nature of experience, of thought, of emotion. What is reality, then, but the co-existence of all of this? The so-called veil on the human journey

has its nature as well. Ignorance of these things has its nature, as well. Reality is shaped by opportunity. And the opportunities, not only of discovery but of becoming, are unlimited.

Reaching for opportunities beyond and outside of current circumstance is an illusion, dear one. They only exist in the moment and are ever-present, no matter where and when you are, for the nature of your own being and of all these is eternal, present, ongoing, yet changing. For all of life is in motion, including opportunities, relationships, perspectives. Life cannot be defined by one creation or another, one limit or another, even one opportunity or another. Life is all of these, and the nature of all of these.

So, then, what is a realistic perspective when considering incarnate life in the presence of all of this? The challenge and the opportunity is to experience all opportunities and the nature of everything. To perceive creation only as the creation is to miss the larger truth. So what is the nature, our brother, of a sunrise? The reality is vast. Simultaneously, so many realities are in play, interacting, combining to support that sunrise. Even the perception of it, you see, by your own consciousness and incarnate experience reflect, for a moment, on all that is involved. That is the magic of life, our brother. It is an example of the nature of everything, the object of every inquiry, including the one inquiring, you see.

Life is so much more than a word. The nature of existence is so much more than a word. Being human, incarnate, and all the potential, cannot be encompassed in these words. So, when we speak of the larger life, our brother, it isn't in a reality separate from incarnate life, or the Earth, or being human. It is the nature of everything. That is the larger life.

Engaging life in this way, no matter your circumstance, ultimately reveals the natures of everything, whether on this world or another, whether in this dimension or another. For even though these natures have different parameters, they all lead to one Life that is ever changing and expanding. No matter what world, what universe. That is the magic of it all. So let each moment of wonder, inquiry, and discovery open to the nature of the wonder, our brother. Consciousness and experience is not limited to any one reality, but can roam life gaining and giving what it may. Living in the Now embraces this. Namaste, our brother.

### **32. Elements of consciousness and the nature of realities**

July 28, 2016 B

JANU: We are piecing together again, so to speak, the elements of consciousness and the nature of realities. We have spoken of the Orders of Life, but within these Orders, our brother, their elements are apparently non-linear in arrangement. Life is a simultaneous reality of countless options, creations, interactions, and outcomes.

What we attempt to do in these journeys is to pick and choose these elements in groupings that make sense to the logical binary mind of human consciousness. Access to these in orders of practicality of usefulness is based in part on the desire to know, to connect, to contribute. This is why, when projecting a lifetime's possibilities, it seems to be random, a bit chaotic, and definitely not ordered. So, when embracing the moment, the future, and the memories, consider this, to make sense of it with groupings of reality that seem related.

Your interests and desires, especially when carefully, truthfully focused, are the catalyst of your revelations, the motivator for the groupings of the elements of life into understandable patterns. This contributes to awakening to what we have called the larger

life, that seems even more unpredictable than the incarnate one. But those who exhibit miraculous management of these elements do so with very focused desires and commitments, to the point where belief systems are left behind and the experience of the moment, the intent and desires, are very real and there is no doubt as to the efficacy of possibilities.

The picture we are painting here, our brother, is one of the nature of existence and the life that allows it. A larger and deeper way of thinking and appraising the moment and fulfilling possibilities. Consider this carefully, our brother, and namaste.

### **33. The power of choice**

July 29, 2016

JANU: We are detailing, if you will, the mounting evidence of the larger reality that can be found within the incarnate life. Establishing, if you will, anchoring points in your consciousness and experience to climb that ladder into awareness is what these journeys serve. You ask, "What is an anchoring point?" It is an experience, a memory, a confidence that seems real, making it a foundation to build upon to expand your awareness of life.

Yes, we are here. And so are you. We are one with the incarnate life as well, our brother. Separation is an illusion, born of the veil and the loss of memory to be found again. This is not deprivation for deprivation's sake, but a change in perspective to explore life more deeply and to discover the depth of your own being.

These understandings, these anchoring points, are like rungs in the ladder that you may lift yourself, by your choice, into something greater. For the choosing, our brother, is what builds the momentum to continue, the memory to return, and the appreciation of the life and the nature of everything. The magic you used to assign to the discarnate life only, you are discovering includes the incarnate life as well. Realization, our brother, reveals the true reality of everything, including your own being. Recognizing this truth connects you with, consciously, so much more of life. Choose and allow these fundamental changes in perception and understanding beyond the veil. Namaste, our brother.

### **34. Our choices touch each other's lives**

Aug. 2, 2016

JANU: Pleasantries aside, let us focus upon, deliberate upon what some might call crucial elements or events in the awakening of humanity. There arise from time to time opportunities, some call choices, that influence the direction of a path undertaken. While humanity's path of awakening is filled with such, this current American election cycle, to some degree, is one such. The issue, then, our brother, is not so much the candidates involved but the wisdom of the populace, the people they are intended to serve.

The process of awakening is not a sterile one, you see. It is rich with pivotal choices dependent upon inner values that draw upon the True Nature, whether conscious of it or not. In this instance, it's the electorate and the wisdom of their desires for their future. And this decision-making is not just an influence on this nation, but the hopes and dreams of many looking for a better life around the world.

Decision-making, our brother, is never just for an individual, but for the lives an individual touches. We talk of the Family of Life, more real than you might suppose. Now this perception is not meant to stifle decision-making, but to temper it, to deepen considerations. A moment of pause for reflection. Now, as with any decision, our brother, and course chosen, corrections can be made, adjustments, modifications. But the need for these is greatly influenced by the wisdom of the choice to begin with.

This current election cycle is a test for the maturity of human consciousness for this nation. Make no mistake. Other nations want to influence the decision for their own benefit. This demonstrates the connection that we speak of.

So you see, our brother, awakening is a path not taken alone, but touches the lives of others. Everything is connected. Being conscious of this reality is part of the path, you see. The larger life exists, whether aware of it or not. So, when making choices, take a moment. Consider the impact or the influence your choices make. Make a decision and move on. Nothing is permanent, but everything matters. This view of life will serve you well as you touch the lives of others, and they touch yours. Namaste, our brother.

### **35. Love—fundamental to awakening**

Aug. 4, 2016

JANU: We are portraying, then, a model of excellence in human awakening. The first order of business, if you will, in this model is truly loving yourself and even one other person. This is a monumental achievement for many. The love exists within their being, although not conscious of it, for love is based upon many externals in their lives, reasons for loving. Love needs no reason, our brother, not the love that we speak of. Then, one might say, “But look what I have done in my life: selfishness, cruelty, self-centeredness, untruthfulness.” These are not valid reasons for not loving who you are, for these behaviors are not who you are.

Awakening is coming to terms with this and moving your identity to your True Nature. The human journey is only a small part of this and does not define you. It is an experiment in experiences, causalities, and choices. Being a loving being as your True Nature, walking through life in this way, puts a different perspective on every situation, every relationship, everything you say and do, whether you agree with it later or not.

Your news media focuses upon sensationalism and mayhem and cruelty. What does this tell you about the current human social condition? They give energy to these things by focusing upon them. What gets more notoriety? The mayhem or the beauty of life, the good works of people, generosity, sacrifice, and loving gestures? You ask, “What would it take to change this?” It takes what we have spoken of this morning, our brother.

What does it mean, then, to love oneself? Can this be described? It is a sense of acceptance, of ‘okay-ness,’ of forgiveness, of confidence in your next adventure or decision or relationship or service. It is a faith and a trust in basic beauty of life, the miracle of it. Loving yourself is experiencing a basic connection with life, a life that loves you as well.

Moving in this way of consciousness opens you to an awareness of the larger life of loving reality, the strength that brings, the core values, and the realization that all of this is available to you and always will be. You see life then with new eyes, new perceptions, new depth, new understanding. No longer viewing challenges superficially, but the reason for them and the strength they bring. You begin to see deeper and deeper into life, your own as well, and nothing lies beyond what you can achieve. For you are life itself achieving its potential, not just as a separate individual but as part of a larger reality.

No matter your condition, your circumstance, your memories, or your history, or your patterns, love yourself. Be at peace and happy with who you are. And the true power of life is yours as well. This is a grand step on this journey, our brother, of awakening. Namaste.

### **36. Freedom from doubt and confusion**

Aug. 5, 2016

JANU: Being unencumbered by doubt and misgivings adds to the strength of awakening. As you associate and collaborate with the larger family of life, be aware of this and gain confidence by observing the enthusiasm and commitment that they project.

Awakening from the human condition is challenging. The patterns of veiled experience, or existence, seem set in stone, if you will. Re-patterning is part of this change. Experience creates patterning in the first place; however, as you awaken you will recall and have experiences from before and from beyond. These journeys can seem sporadic at times, but old patterns of consciousness can obstruct. Choose then, our brother, the moments of success in your life, including these journeys, and re-pattern or build upon these experiences. Be open to the reality that all of this has been accomplished before and that life is a continuous experience of challenge, opportunity, and success. Focus upon past achievements and their presence in the memory of your being.

We journey as one, our brother. No need to be initiated by another lifestream, another being, but by your own True Nature, which is who you are. Journeys are taken in cooperation with others, but you are the captain of your ship, so to speak, and decisions are yours. Choose to think and feel, perceive, as a unified being, with all faculties in the mix, if you will.

The veil can cause one to think that ‘awakening’ is for the first time. It is not. It just seems that way. The total you knows otherwise. Identify more and more as who you are. This is true for everyone, to varying degrees. You are more than you know, and your True Nature knows this. Always return to this larger knowing where you find freedom from doubt and confusion. Namaste, our brother.

### **37. Collaboration with the human journey**

Aug. 5, 2016 B

JANU: Let it be known that embarking upon this journey of life enriches your human journey in ways that cannot be foreseen without this larger involvement.

We understand that your desire is to jump into, if you will, relationships and collaborations. These will come in time, our brother, as they have already begun. Your awakening is not ready yet, but it is moving in that direction. Being patient with the natural order of unfoldment of new experience and capability that you call ‘awakening’ is a repeating reminder. Your movement in this direction is known, and others are ready to proceed. But they honor and agree with this preparation time, due to the significance of what is coming.

Your time on the Earth in the human experience does not exist to wander off into larger venues, distant venues. One of the collaborations of this series is between the human journey and other realities of existence and understanding. For the human journey is part of this, you see, this awakening and what it brings about. Too easy, then, to be distracted with fascinating realities and not collaborate with the human experience. So we focus at times, you see, on the merging of the two, for it is needed and is of service.

Hold this model of understanding in your consciousness as a vehicle for the realization of this collaboration. This is part of wisdom, our brother, gained through the application of awareness to experience. The merging of the so-called spiritual and the incarnate life has purpose that fulfills potential. Be at peace, our brother. All is well. Namaste.



### **38. Listening to life**

Aug. 8, 2016

JANU: We are Janu speaking, peace being the theme for this journey. The unrest in the lives of so many is self-perpetuating and loud in the experience, drowning out the miracle of peace. The real power in life is peace, not frustration and anger. See, then, awakening as a journey into peace and, on that journey, discover its true meaning. Even in the presence of violence, troubling emotions, peace is a resource to re-establish harmony, cooperation, and collaboration. Remove yourself from concern about deprivation, unfulfilled dreams, longings founded in a sense of lack, and focus more upon life's abundance. And life is abundant, our brother. Every breath, every heartbeat, progression of thought and understanding, miracles of opportunity, the courage and endurance to engage them, the unending gaining of wisdom, compassion and service. These are the hallmarks of peace, our brother.

The awakening journey is not something separate from incarnate life; it is part of it. The frustrated mind tends to see life as becoming full of challenges and obstacles, unfulfilled ambitions, growing almost daily. This misplaced attention does not see miracles around them, the opportunities within them, and the inherent richness of the resource of life to engage them. Realize, our brother, that each one is an agent of life, a specimen of life, and, yes, a jewel in that tapestry. Awakening brings this to the consciousness to see the truth of this and the magic that comes with it. Be not a magician lacking in anything. Anticipate and relish the next demonstration of the magic within you.

The life that you are is capable of so much more. In the sense of this reality, you already are all you can be. Unmanifest potential is potential nonetheless. Without awareness or consciousness of this, where do your dreams and goals and ambitions come from? What is their source? Achievements begin with a vision, an idea, an impression, a spark of awareness of a possibility and what it affords. You are already these. Become aware of them. Remember: what your attention is on, you are connected to. Put your attention upon who you truly are and all that that means.

One of the markers, the expression of this reality is happiness, at peace, no longer identified as being alone in life but as part of it, at one with it, integrated into the larger family of life, mutually beneficial. These words of encouragement may fall on deaf ears but there are those beginning to listen, for their own True Natures are part of this message. So, listen, our brother, with your mind, your heart, your true being, for life is speaking in so many ways. One need only listen. Life has always been speaking to everyone. Learning to listen and understand is part of awakening. Allow yourself the richness that it brings. And namaste, all.

### **39. The process of awakening**

Aug. 9, 2016

JANU: We are acknowledging being conscious as all that you are. This is a blanket description, if you will, of awakening. The faculties of the elements of your being becoming one, contributing to a collective consciousness with the perception that transcends many levels of reality, individually or simultaneously. Understanding life, those who live it, and, by way of this, more of who you are. This is not a transition of consciousness, but an expansion of it, a merging of it.

The 'who you are' identity requires no approval from another. It is your identity, regardless, and its beauty is inspiring, even to itself. Wherever you are in your human identity, this is yours to experience. What grander teacher to others than to be and live in

the truth of your being! There are many others, our brother, with the same or similar understanding, living their truth, not needing to prove anything to anyone, but at peace with this and moving on. One does not become static to admire oneself, but moves on into the rest of life, expanding in every way, realizing that all expansion is described in your potential. Even life itself, our brother, is alive in this way.

Humanity has accomplished many things under the veil, but awakening enhances all of that. A horse wears blinders so as not to be frightened or distracted. Awakening gradually removes those blinders, as one matures into a larger reality of life and the vision broadens, as does the understanding. And you understand that, and see that, life is richer than you knew.

We seem to dwell upon these elements of awakening, but as we have said, awakening is a process to be absorbed and understood and be acclimated to. These steps are intended to be helpful. As you take part in this process, many others are as well, and slowly you become aware of each other and learn from each other and serve each other. It seems at first they are few and far between that share your journey, but in time you perceive, you realize life is rich with this. And more and more, any desire to return to the veil experience fades away. We journey together in this way and all are welcome. Namaste.

#### **40. Opportunities through Earth life**

Aug. 9, 2016 B

JANU: This second phase of the awakening series, titled “Associations and Collaborations,” outlines to a degree that needed not only in understanding but in experience and the transformed consciousness that are in harmony with the larger life that the total you, the complete being, chooses. Make no mistake, our brother. The life and experience of all that you are, guided by the True Nature, is a choice and a wise one that grows and evolves with the experience and understanding that comes with it.

The True Nature that we are is ancient. By comparison, the human journeys are far more recent. Other incarnate experiences led to the human ones by way of the experience of other travelers of more recent association. By way of research based upon desire and interests, it became known that the Earth presents an opportunity for many kinds of service. And many have taken on the mantle of conscious integration of the larger life of each one merging with the Earth life, raising the consciousness of the world and that of the planet as well. By ‘world,’ we mean its population. Now, this service and its result benefits all the creatures of the Earth in many ways. And understand this, our brother, certain species of the Earth have asked for this assistance, in their way, for humanity has the potential to lift the consciousness and serve the evolution of the Earth and all that it includes. Anchored in physical bodies, they are one with the planet and deeply connected.

So, you see, the associations and collaborations of this series are demonstrated through these. Many such opportunities exist in this Earth experience. So, you see, the reality of the larger life and the True Nature are involved and are present. As you commit to and take seriously the awakening, give the same respect to the opportunities it allows.

Physical life and so-called spiritual life are one. Your human reality and so-called identity, and the rest of what and who you are, are one. We are one, our brother, and are on this journey in this way, as are many others. Namaste.

#### **41. Understanding the journey of awakening**

Aug. 10, 2016

JANU: Awakening, our brother, is an inclusive journey. It is not a choice against incarnate life, but a choice to expand it. Your interests and desires become more diverse, with greater depth, layers of reality, and a greater capacity for well-being on every level. All of your resources at play. The integration of the incarnate life into the larger life, being already a part of it, but in consciousness, you see. The larger life seems a mystery, but the incarnate life has mystery as well, yet to be understood and experienced. We tell you these things to broaden your view. As you embrace another truth that broadens your view, life responds by connecting you with that view that you may explore it more fully and in ways that open you to other realities. A mystery, our brother, is only something unknown to the one observing. But everything is known.

Building a foundation in this way of understanding draws you closer to the realities you consider and are drawn to you. In time, the distinction between incarnate and larger life fades as all that you are, integrated in your consciousness once more, becomes your identity and your world. And by 'world' we mean the sphere of your understanding, the reality of your consciousness. It seems, in your memory, that much of your being beyond the physical life, and including it, you have been what some would call a 'loner.' There are episodes of this in your experience, whether incarnate or not, but it is your way of focusing without distraction. Once understanding is achieved, you share it with others. This is your path of awakening and you hold no patent on this, so to speak, you see. Just one of many approaches to observation, listening, and contribution.

So, you see, awakening is not just the purview of discarnate life. Its potential is present always. You ask if there is awakening in the larger life. There is, our brother, for why wouldn't there be, if life is constantly evolving, expanding, and creating. So this journey of awakening while incarnate, and the lessons learned and achieved, serve well in the larger life as well, you see.

So the journey of awakening is ongoing, as is the journey of life. Making the transition from the body is not the end of anything, except that particular incarnate experience, and even the essence and memory of it lives on within you. So passing on is not a tragedy, in that sense, just life changing. As the commercial in your media says, or asks we should say, with a light touch here, "What's in your wallet?" What is your perspective? What is your take on life, on your life? Namaste.

#### **42. Proficiency without judgment**

Aug. 10, 2016 B

JANU: We are cementing relations, if you will, on this series of journeys, establishing protocol, and earning respect for proficiency. You admire those in the professional music industry. Musicians you see as masters of their craft and lifting the spirits and consciousness of those who enjoy these arts, do inspire one to excel as they may in their endeavors. So it is with these journeys, our brother, mastering the craft, if you will, becoming proficient.

There are those who dabble and those who push themselves to excel. And all of these have worthy involvement. Realize, our brother, that their involvements have history, in most cases. Remember, life is not linear but can appear so, briefly. The growth into proficiency is not limited to the achievements in one sojourn, so comparisons have little merit. Even self-appraisal in the moment does not necessarily reflect the past or future achievements. So, enjoy the moment and the involvement and be grateful for it.

For it remains a part of life to be drawn upon in one way or another. Consign not 'awakening' to degrees. Each moment of experience has merit.

So it is with others you meet and observe and serve. Encouraging others does not exclude encouraging yourself. Be sensitive to the achievements of others, whether they are aware of them or not. Namaste, our brother.

#### **44. Freedom**

Aug. 15, 2016

JANU: This morning in your time, in a sense which is ours as well, we begin with a portrayal of human destiny that speaks to the surmounting interest in freedom. For many, freedom means to exist at all. For others, freedom means the acquisition of wealth. And for a growing number, freedom means to be conscious beyond the norm, no longer limited to social consciousness, dogma, religion, convention, traditions. Free to understand and explore life, unlimited. And for everyone, the freedom to realize their best destiny, to include all of their potential.

So freedom is the theme here, our brother. Freedom to associate and, yes, collaborate with all of life, to experience what lies beyond the Earth and beyond physicality, to engage the consciousness of another being from another world, realizing the enormity of the potential of evolving in this larger reality of life. Conventional thinking in human society tends to be limiting and of slow pace that freedom would rise above.

But where is the model in society for this kind of freedom? How does one begin to explore in this way? The model, our brother, lives within each one and, as we have said before, is their own True Nature. Once again, the reason for awakening, becoming conscious as a True Nature that includes, in part, the human experience. What is this True Nature we speak of so often? It is who you are, a free being, part of a larger life, free to explore, free to consider everything, free to choose and create, free to love without condition, free to evolve without end. So, consider this when choosing to awaken: awaken into a freedom that already exists within you. Touch the consciousness of others and their freedom. Move together in the flow of life, free to perceive each moment of your day with a new perspective.

This does not deny the value of social order within traditions. They are part of life as well. But they are not all of life, and they evolve more fully with a consciousness that is free. Their mysteries understood. Their patterns of repetition, seeming without end, are enriched into something larger.

Ask yourself what it means to be free whenever you choose. Free to be healthy, to be resilient, to care about another, to love who you are. See the Earth and its human population as a caring part of life, radiating, touching the life and lives of other worlds and realities, becoming an evolving blessing. Globally concerned with the human population but no longer limited to just the Earth. Species, population, throughout the universe is vast indeed and this is one of countless universes. Cherish freedom. Then share it as you may. Namaste, our brother.

#### **45. Becoming aware**

Aug. 15, 2016 B

JANU: Becoming aware of each other, no longer limited to the humanity of another but becoming aware of their essential nature, their integrity, their capacity to be loving and understanding, their contributions and commitments, their heritage, and their true power.

Of course, all of this applies to becoming aware of who you are, our brother. Who you truly are is not a separate thing from the incarnate life. Long and deep histories are recorded in the memory of the True Nature, which can enrich the incarnate journey. Those having difficulty and trouble, if you will, with society are in some ways lost to this, but not permanently. The redemption is in the spirit, the True Nature, of each one. Inspiring redemption, in yourself and in others, goes a long ways towards becoming more aware. Employing those qualities in the incarnate life, salvation and redemption, forgiveness and acceptance, beginning anew is a prime feature of awakening.

Becoming aware that you're already free beyond social traditions, becoming aware of that in others is the leadership we refer to, to lead a nation into freedom. There have been those in Earth's history who have accomplished this, and they return from time to time, to begin again and to inspire. Several have already returned to the incarnate Earth life to lead once more in different ways. They have the capacity to be aware of what lives in the heart of individuals that want to serve. They can be met in consciousness to participate. The reckoning we spoke of earlier is useful here. Life is not dormant, our brother, and is rich with opportunity. Namaste.

#### **46. Transition into and out of incarnate life**

Aug. 16, 2016

JANU: Stimulation is the key to many human endeavors. The journey of incarnate life begins with this. The incarnating experience, the transition into physical life, is stimulating for the consciousness responds to the experience. Now, one tends to imagine a virtuous agenda is the stimulus, is the motivator. Not strictly speaking. It exists within the complexity of the consciousness, but as you examine the many human endeavors, even procreation, the stimulus, the motivator is that of pleasure. The agenda of procreation and family and continuation of species is there as well, but not alone. For some, the reality of transition out of the body is stimulating as well. The pleasure of regained freedom, expanded awareness, enhanced journeying, and broader associations are motivators. But much more exists in the experience, beyond the moment. The journeys into and out of the incarnate life have a drama to them but moving in and out of the human experience in consciousness is undertaken by many from time to time. The motivations here are varied as well. Some are framed in a sense of escape from the pain of living. Others are the excitement of possibilities.

Where does this leave us, our brother, in these scenarios? Life is complex, varied, with patterns of experience and memory varied as well. Many are similar to each other and many are not. Hence the mystery of it all. Living in the moment, whether incarnate or not, is the richest for it savors all possibilities, all memories, all potential. Incarnating is as wonderful as passing on and can be revealed in consciousness no matter your state of being.

The range and beauty of life is beyond description. Anticipate enjoying it all. Embrace the next moment as the next frontier of life. Be at peace, and namaste.

#### **47. "The Staff" serving the awakening of humanity**

Aug. 17, 2016

JANU: Assembled then here is what you would call the 'staff' of an organization to, as you put it, serve the awakening of humanity. More than a proposal, a welcoming of those who have incarnated back into the family of the larger life. Most of these beings have been incarnate on the Earth and serve on other worlds. They understand through experience the reality of this. Some have mastered this while incarnate. Their

qualifications, then, you see, are sound. At your request, they have opened to communication in support of this process. They would speak at this time, our brother.

JR: Welcome. May we proceed?

THE STAFF: Yes, brother, we speak. We speak as one and we speak as you. For desiring this service to humanity makes you a partner in this and welcome. We perform in this way not just for the Earth, but other worlds as well. Significant thresholds in consciousness are on the horizon and being accomplished here and there in the universe.

Understand that the awakening of humanity is part of a transition in consciousness wherever it exists. We encourage humanity to become aware of their connection with this larger reality of awakening, of returning home so to speak, a home which in reality they never left. We as group consciousness have never lost connection with those who have ventured into this journey of life called incarnation.

We welcome attunement to what we are attuned to, which is all that lies beyond the veil in either direction. "Welcome home" does not mean leaving incarnate life, but means becoming aware of that life and its place in the flow of life. At first, just be open to experiencing the presence of the Family of Life and the comradeship. The rest will come. The movement into awakening is much larger than the Earth experience. And as each one achieves more and more of this, we all become one consciously.

Serve well, our brother. We are with you.

#### **48. Opening to new experiences**

Aug. 17, 2016 B

JANU: Our natural tendency is to provoke new thought by way of experimentation. Experimenting with awakening by reaching for new experience inspires in the consciousness new thought. So begin a journey by postulating a new experience. Of course, within the integrity of your True Nature. New experiences abound in the larger life, whether incarnate or not. These need not be dramatic, but simple truths, simple possibilities that don't cause instant rejection by being too outrageous, denying everything you hold dear. Allow these to be clarifications and expansions of what you value. Now, new experiences of merit inspire more. One truth leading to another, you see, expanding your perspective and your interests. In time, you will explore new capabilities, new insights, new adventures engaging life.

The body needs nutrition as does your consciousness. Deeper and new understandings rebuild. Serving life reciprocates; blessings that move through you bless you as well. It is the way of life. Intelligent in design and in prosecution. Love is the revealer, revealing everything for what it truly is. This is why we suggest loving who you are, no matter what you perceive. The truth will be known. Loving another is harmless, as true blessings are. Allow these in your life. Basic principles. Happy journeying and namaste.

#### **49. More on memories**

Aug. 18, 2016 B

JANU: We are elevating once more the reality of awakening, revealing as each one proceeds the True Nature of everything, including one's own existence. The memories alone, in the consciousness of each one by way of their True Nature, are an enormous repository of experience. Memories are the record keeping, if you will, to draw upon and

contribute to, even memories, our brother, of journeys and incarnations involving other worlds, other realities.

You ask, “How does one access this repository?” It is revealed to you as you have need of. The triggers are each need and your attunement to, your openness to, and your confidence in, your own True Being. Having a reason for the experience and the memory that supports it that is in harmony with your integrity provide the foundation for awareness. Journeying as we do has its memory support as well, whether locally or in the far reaches of the universe. Wisdom is enhanced by these, for they add depth to understanding and choices, to perceptions.

Memories can seem totally spontaneous but they are direct response to conditions of consciousness. Under certain circumstances, the memories of others can be known. People speak of being connected. This is a small part of it, our brother. And your memories are connected to other memories as well. Associations, you see. Reflecting upon possibilities in your consciousness opens up worlds of understanding and connection. Many dismiss memories, not understanding their origin or the reason for their arrival. Observe your thoughts and experiences, circumstances, when memories seem to appear from nowhere. They are associated with many things. Your True Nature, who you truly are, has a vitality and intelligence, a presence.

A valid question, our brother: What is real? Is reality more than you are aware of? Your memories can reveal this to you. Namaste, our brother.

## **50. Who are you?**

Aug. 19, 2016 B

JANU: We are surveying then the opportunities to serve the awakening of humanity as requested. The agenda speaks for itself, meaning the opportunities available for humanity to awaken. Why not begin then with simple truths such as evidence of a larger life by way of unanswered questions that spring forth from within the consciousness having to do with: purpose? What lies beyond transition? Where does one come from? What is oneness, connection, eternal life? Where are the answers and how can I know what they are?

Consider then, each one, that you are more than you currently are aware of and the true you, the complete you, survives transition. And this survival includes pre-birth. This being true, how do you come to know who you are? The most powerful motivator and revealer at your disposal is loving who you are. That attunes you to, matches your consciousness to, the rest of you. Be as patient as the rest of you is, but endeavor consistently to become aware. Loving any reality of life attunes you to it, you see. Not to control it and manipulate it from a human perspective, but to know it, understand it, honor its integrity, its life, its destiny, its nature. The same applies to who you are, to what you are.

Awakening to this, our brother, is not through technique but through natural ability to become aware. The nature of life is profoundly simple. Your rational thinking mind anticipates complexity. Your spirit, your heart-mind, already knows and lives within you. That is where you own truth, our brother. Spend time in this way and listen, and you will hear and understand and be illuminated and come alive more fully. Thank you, our brother, and namaste.

### **The larger life includes the Earth experience**

Aug. 23, 2016

JANU: Could it be that the term 'larger life,' through awakening, can be focused upon that that exists in the incarnate Earth experience? Awakening to larger life, aware of where and when you are, can be explored much more fully. Yes, there are other worlds and universes and realities but make no mistake, our brother: The Earth is a vast complex of life on many levels and many realities. What you can learn and master where you are can be applied reliably on other worlds and in other realities. The Earth is a treasure of these possibilities.

So, leaving incarnate life or the Earth to expand your consciousness can be a limited point of view, ignoring what's in front of you. How much are people aware, and to what degree, with: species communication; the energy fields and patterns, movements, sounds, that exist and are utilized; the magnetic global reckoning of birds who migrate, sea creatures who migrate, the animals who migrate? The dance of life exists everywhere. How sensitive are you to Earth's energy patterns? Interaction of weather, Earth's atmosphere, temperatures. Interactions of the Earth to solar radiation. The communication between worlds in your own system, and with the Sun. The changes the flower moves through from seedling to blossom to its own regeneration through its seeds. And the collaborations between all creatures, all life forms that promote continuation, mutual benefit, that develop the atmosphere. The footprints of everything, our brother, are intertwined. Living systems, all of the Earth.

The Earth is a rich example of the diversity and continuation, purpose of life. Even the people with their spiritual natures are part of this. You study systems of government and social order. How thoroughly do you understand those that exist throughout nature? Ancient traditions, successful for millions of years. With humanity's wars and conflicts, does it not suggest there is much to learn in their own borders, attitudes, philosophies, and behaviors? Solutions to imbalances in life abound everywhere, to be benefited from with those who are awakened to this. The Earth is a vast untapped resource of life. Look not elsewhere only, to understand. Life is ever present and connected with all of its richness.

Awakening, our brother, includes the larger life that you are already part of. How could you exist at all without it? As you discover the Truth of Life on the Earth become more comfortable in the knowledge that the Earth, and all that it is, is a vital part of all that is. And so are you. Awakening, our brother, is the realization of the Truth of Life including your own. Namaste.

### **Being at peace**

Aug. 24, 2016

JANU: We are moving forward again with this series on awakening. We are not suggesting in any way, our brother, that awakening is a requirement for a productive and happy life, but awakening affords many opportunities otherwise. There is a human tendency to create a framework for living that is defined by timetables, markers of achievement or lack thereof, goals that must be met, and comparing one life to another which includes judging. The larger life, our brother, has no such requirements. Find peace in yourself and your life no matter what.

Being conscious through awakening to a greater degree provides opportunities for engagement and satisfies a natural urge to evolve, to grow and expand, to enrich understanding, and to serve each other, inspire each other into richer lives. In a sense,



these journeys are journeys of your True Nature, the source of these desires to evolve, to learn, to serve. But the human journey is temporary. The wisdom gained is permanent. It adds to who you truly are.

The unawakened human mind tends to fragment its life in the limits of one sojourn, seldom planning or considering a larger perspective to include many on the path of evolving; therefore, the perception of time limits for achievement. This does not bring peace in the sense that everything is all right. Your life is acceptable to the Source of Life, no matter what. Your True Nature never condemns you. By 'you' we mean the human identity, the human personality ego. It is a temporary journey with opportunities. The part of 'being at peace' as recommended is the acceptance of this and allowing others their own freedom to be.

Happier times are coming, our brother, as more and more awaken to the Truth of Life. The choice has always resided with each one. The societies, the cultures, the national order, the military, all of these things are human choices. None are required, but all are allowed to fulfill their destiny of experience and learning. Wisdom is gained through living life and the choices that are made. And all choices, our brother, can be changed. Life adjusts itself, moment by moment, based on outcomes, desires, and choices, and opportunities presented through engagement. Leaders and followers in your society have chosen these courses and they can change from one to the other in a moment. None of this is permanent.

Be the captain of your life, of your course, your path, guided and inspired by your True Nature, the Divine within you. Be at peace. Namaste.

### **Why do we exist?**

Aug. 25, 2016

JANU: The subject today is self-realization, understanding that 'self' also refers to Life itself. The pursuit to knowledge, consciousness, evolution, creativity, loving, building, relationships, mutual support and service, these elements of life encourage their continuation. The question you raise is "Why? What's the motivator? What is the purpose of awakening more and more, to what?"

The simple truth, our brother, is that the Source of Life, of which everyone is a part and is patterned from, has an imperative to realize itself through its potential and manifestation for reality exists in even larger ways than this, our brother. Your reality of existence, as you are understanding, is not just as a human being but as a spiritual being, of which there are countless others. But all of this represents collective life, and even it has a source reality that began it all. "Began" not being appropriate here. That is a human term based on time/space. So how does one embrace infinity, eternity, continued reality of that which has no beginning? These movements in consciousness, these imperatives to evolve, to ask questions and seek answers are issues that are larger than finite purposes. Your consciousness is experimenting, it is exploring with incarnate life, but it's still life, our brother. Micro- and macrocosm are one. Their purpose, their achievements are one. Being in the flow of life speaks to this.

The answer to your questions are larger than the questions, you see, but are inherent in them. The pursuit to understand, experience, and gain wisdom is a manifestation of self-realization, not only for you but for Life itself. Who can answer the questions: What is it? What is all that you can be, and why do you want to know? Why begin the journey? Because you are Life realizing all that it can be, which is an

expression of all that it is. The wonders that arise from these pursuits describe the magic of life. What greater journey is there, our brother, than to be one with all that can be? Welcome to who you are. Namaste.

### **Being the pendulum**

Aug. 26, 2016

JANU: The theme at this time is “looking on the bright side of things.” While observing life’s challenges and the competitions that exist among people, the future can look bleak, because that’s all you see. As you awaken, your vision clears and includes more of life in balance, allowing perception to include the merit in everything. You ask, “How can there be merit in evil?” Evil, like bad weather, so to speak, helps define the range of the possibilities in life expression. Not that one prefers evil but why not learn from it, influencing your choices and observable outcomes. The more you understand through observation and experience, the more balanced your view of life and any circumstance.

Countless beings throughout the universe have these experiences and memories, conclusions, and wisdom gained. These are all a resource, our brother, for those who care to know and understand. Even among humans, primarily of Earth experience, collectively are a resource of vast experience and appraisals. So when looking on the bright side of things, so to speak, choose to see all of it.

The pendulum swings both ways. Be the pendulum, that touches everything yet results in a precision of consciousness that meters out wisdom and resolves the swings into a balanced point of view and appreciation of the moments of life. So, the ‘bright side,’ you see, isn’t so much opposed to the ‘dark side’ but the balanced understanding of both into one consciousness, one unifying perspective that reveals the destiny of things and their potential. The Nature of Life itself.

Many are concerned with the seeming dichotomy of the Earth and aging, deterioration of faculties. You ask, “Where is the bright side in this scenario?” It is that life processes continue on in cycles that repeat themselves, to move ever forward and further into what can be. So, your view at the moment is: understand from a larger perspective that includes that moment, you see. Cycles of life have a strength to them, an ongoingness as life reinvents itself, begins again, a bit more exalted from what has been gained.

When taking the short view, take the long view as well. Be the pendulum that finds purpose through these cycles of life. This is the fruit of awakening, our brother, among many others. Be the pendulum. Be true in your movements, in your conclusions, in your choices, in your understanding, Namaste.

### **What is real?**

Aug. 30, 2016

JANU: We are encouraging then the discovery of the Truth of Life. Your recent ponderings are part of this. The answer to your question is: All of life is real. All that exists, ever changing, ever expanding. The awakening we speak of, our brother, and refer to often is the realization of this. Discovering what is. Understanding it. Appreciating life, and to appreciate something is to increase its value, its worth, its reality. So you are life appreciating itself, expanding its existence, enriching itself. You’re a part of this as well, and it’s a wondrous thing. And, yes, there is beauty in all of it, the miracle of life.

With this growing understanding, one sees everything with new eyes, every time they gaze upon it. Even appreciating and seeing who you are is to see the beauty in your being, the miracle of it, the miracle of its potential. Life is the answer to your query, our

brother, the answer to everything. How can you doubt life, when you are an example of it, the proof of it, the result of it, and, yes, the creator of it? Opening your consciousness to the truth of this reveals unseen mysteries.

And, yes, one answer, so to speak, always leads to another question. This is discovery. This is engaging life. So, ask your questions. Listen for answers. Ponder them. And allow their gift of further inquiry and discovery. Find peace in this. Everything is all right. How can it be otherwise, for it exists? Life does not value one expression of it over another, for the beauty of the presence of life and its gift is eternal. We rejoice in this truth with you and may it always enrich your life, as you enrich life. Namaste.

### **Allow adventure into your life**

Aug. 31, 2016

JANU: We are pushing on then, so to speak, with our current adventure. And adventure it is, our brother, awakening to the reality of life, and who you are, and what you can be, and all you have been. Appreciate every discovery, every understanding as an adventure full of surprise, wonderment, solution, reasonableness, and the passion to continue.

A valuable question one can ask themselves, "Is living an adventure?" No matter the discovery, what a wonderful way to begin each day, looking forward to the adventure. Even if it is only applying what you've already discovered, to reveal new depths to that moment. Sleeping at night, our brother, is one as well. Your interests, your desires, your passions for living influence the adventure, are part of its purpose. Each person you meet can be an adventure, and for them as well.

This brings enthusiasm into the moment and marshals creative energies, activates mental ability, stimulates the mind and emotions, enriches the ego, brings magic into your life. Confusion is replaced with understanding, solution, and new possibilities. This is not a frivolous pursuit, but has real substance and depth, a foundation to embrace life. Part of why many engage in risky pursuits, it is the magic of adventure which energizes everything.

Imagine looking forward, with positive anticipation, to every new day. Every moment of insight, enhancement of faculties, learning how rich you are having nothing to do with money or possessions or so-called powerful friends. The best friend you will ever have is who you truly are. Discovering your nature is the grandest adventure. Awakening within reveals the truth of everything outside of you, so to speak. Allow adventure into your life. Namaste.

### **59. What is your model for living becoming?**

Sept. 1, 2016

JANU: We are delivering, if you will, a message for those who choose to enjoy awakening, a continuous opportunity to blend in with the incarnate life as they become one. Consider this, our brother, that there is a model for living as an awakening incarnate being, where the miracles of living, the magic and wonders, are almost second nature. Humanity is not there yet; however, it is moving in that direction. Not to copy other models but to be one. Being able to perceive the layers of truth behind anything makes for wiser choices, deeper commitments and performance. Difficult to explain. What has been considered as written in stone in human society and experience no longer is. No living condition is inevitable. All life is subject to change, even the concepts, philosophies of so-called religion, government, economies, science, philosophies, so-called laws of nature. All fluid, all changing and new systems of life coming into view.

What is a model, then, for awakening incarnate living? Many other realities of existence that are not physical have their models as well, though the parameters of their existence are not the same. But consider within what your model for living would be and is becoming and this will bring purpose and clarity to the path of awakening. Draw on the inspirations of others and their examples in living that seem successful, but build your own, and together a human model is made and grows.

If the laws of nature, science can change, what changes, then, our brother, and are you part of this? And in what way? How do they come into existence? Humanity is not the only example of awakening. All of life, our brother, no matter what expression, is evolving, becoming more aware of its existence and its relationships. All of life learns from the rest of life. Grow to understand the meaning of uniqueness and oneness at the same time. What is your model for living becoming? Namaste, our brother.

### **60. You are a composite being**

Sept. 2, 2016

JANU: We spoke earlier of a model for living as an integrated awakening conscious being. What we see here is the merging of the so-called human identity and the identity of the True Nature with the capability to change emphasis by choice, in the moment. So, you see, we're not saying one identity or the other, yet they are one. More of a cooperation, a collaboration of faculties, of perspectives in consciousness, of relationships, their nature and parameters. A composite being. Just as the human can change perspectives, attitudes, emotions, and beliefs, so too can the composite being of all that you are.

Awakening, our brother, is not a destination. As we have said before, it is a process, as is incarnate life and its relationship with the True Nature. Now, a composite being can include a variety of realities, not just incarnate life and the True Nature, for there are countless models of living, each rich in opportunities, understanding, and expansion of consciousness. Life is far more complex in its expressions than just one identity or another, you see. That is part of the beauty of it. Think of the possibilities of understanding in this direction alone.

So many hang on to incarnate existence and identity to the exclusion of everything else, for they are unconscious of their larger being. But there are many more, our brother, who are aware of this, as composite beings moving through life and with it. And, yes, there are those in your world who are aware and move in this way. It can seem a lonely path at times, to discover something new and take your life in a new direction to discover freedom through the power of life itself, but that will change.

We of the Brotherhood live this way yet still discover new realities and opportunities, and welcome all who reach for this as we enrich each other and Life itself. You are a composite being and are a miracle of Life through self-realization and service. Namaste, our brother.

### **61. Refining your life**

Sept. 2, 2016 B

JANU: We are encouraging at this time, at this opportunity, reaffirming the purpose of these journeys, which is to support one of many paths of awakening for the human experience. Rich indeed is the legacy of living, the record of which all can read. Games that are played to impress are seen through and even this provides understanding to the

complexities of motives used by people. Some see themselves as teachers, in one form or another, and enjoy the podium and the pedestal. We do not choose to design a legacy here but legacies occur, described by those who take advantage of them, who benefit from them.

So what makes your life of value? Not your design, our brother, but the service it happens to bring. The legacy of those who truly served humanity was not their motivation. It was honing and giving what they had, as the natural order of life. So, how does one refine one's life? It is by caring for others, whether directly or not. Not for fame or fortune, but you are enriched in the same moment.

Awakening, our brother, is a path to refine one's life, one's consciousness, one's understanding, and commitments. The love inherent in all of this, our brother, does not have a name and has always been. Allow understanding beyond the rational mind. Truth and freedom are one. Refine your life in this way. Namaste, our brother.