

# Awakening into the Larger Life

## (Awakening IV)

*Awakening is a process, and has become the basic premise behind these journeys over the past several years. In 2016, a series was begun on the basic process. This then switched to looking at associations and collaborations with the Family of Life, although studies of the process itself also continued. As this second series became unwieldy and lengthy, it became apparent that a shift had occurred again, more towards a focus on the reality of a Larger Life, so another series was begun. There is, of course, some overlap between these two series, but as many of the journeys had already been posted as part of the second series, it was too complicated to sift them out. The last three journeys within "Awakening II-Associations and Collaborations" are duplicated in this, but don't assume they are the only ones relevant.*

*In case the curious reader wonders at my math, "Awakening III" is a series of journeys which are particular to my personal growth and not of interest to others.*

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## **1. Experiencing who you really are**

Aug. 30, 2017

JANU: Pairing up, then, has to do with connection. How does one consciousness connect with another? It is by means of common interest and compassion. Why does one care for another? And not for another? It has to do with that which binds a family: a sense of being part of each other, connected, and over time a history of relationship. Some encounters remind one of these feelings, these times, and there is a natural motivation to feed and nurture these connections.

You ask if one can turn that attention to oneself to find peace, confidence, and connection with who they are? The answer is yes, our brother. Accomplishing this to some degree revitalizes compassion and connection with others. For most, these connections are personal. To establish them with strangers is a challenge. The larger life of consciousness provides perspective on doing just that. So, loving one's self is a product of understanding who you are, knowing who you are, remembering who you are. Your True Nature is part of this, for there is the wisdom, the memories, the understandings, the history of being, of countless encounters, associations, and performance.

This understanding, this connection is beyond words. They limit you and channel understanding into limited venues. They are poor substitute for direct experience. Allow memories to blossom, re-establish themselves in the consciousness. They bring understanding with them. Do not filter them with words. Choose to know directly. Allow this richness to flow freely from the core of your nature and be, once again, who you are.

Your True Nature is an expression of life, unique yet one. Understand others in this way. Namaste.

## **2. Cycles of Life**

Sept.15, 2017

JANU: You ask, "How large is the Larger Life?" Life is in cycles, our brother. The Larger Life referred to is the current cycle. Even life renews its expression, its presence, its journey, its evolution and outcomes. So even the term 'Larger Life' is in motion. However, the journey in this cycle plays its role in experience and wisdom for the continuation of these cycles of life. There is a thread, you see, connecting all cycles of life that is a theme full of oneness. Oneness in principle and purpose and potential.

You ask if there is consciousness or continuity not limited by any one cycle of life. There is, our brother, but cannot be described in these limited words. Most of the content of a cycle of life is beyond words.

Wisdom is gained through experience. So how does one then experience most fully their journey in any cycle of life? By awakening to the experience, its full depth and breadth, and its potential. The awakening of humanity is essential; otherwise the life cycle continues to replicate itself in smaller cycles until fully experienced by the consciousness of life by those that walk its journey. Awakening is the clearest path to the full experience of living through the cycles of life. This is why 'awakening' is the theme of these journeys, to become more conscious of the Larger Life that you already are.

Now, the grand experiences that are most useful to you do not come with a sign advertising their merit. Follow your instincts, your intuition, your inner guidance when choosing whether to or not engage an opportunity, for there is a part of you that

understands potential and its expression through opportunities. Enjoy awakening. It is a rich path of discovery, realization, and an evolving consciousness. It enriches the cycles of life. Namaste.

### **3. The reality of awakening**

Sept. 18, 2017 B

JANU: We are acknowledging the purpose of these journeys: in a larger way the awakening of humanity. Now, who is to say everything that includes? But the direction is fairly universal: being more conscious of who you are in the larger life, the integrity of the True Nature.

The elements of this vary beyond number, but the theme is the same. Profound connection beyond petty differences, a wholistic view of life and oneself. Understanding the differences that make up the tapestry of life, the changing patterns that create new ones. Understanding the diversity of life and the strength that brings. Exploration and achievement that enriches life. The oneness of the micro- and macro- realities. Awareness of reality beyond space/time. The coexistence of everything and the relationships that exist of these. Generosity, patience, peace, love, endurance, commitment, confidence, and wonder, joy and light-heartedness, the transformation of struggle into achievement. Awakening is all of this and so much more. Namaste.

### **4. A larger perspective**

Sept. 19, 2017

JANU: Being at peace, one can survey any part of life and understand it, without agreement or disagreement, but the isness of it. Each part of life has a guiding principle, meaning its potential. The results of these principles are the diversity of life, its 'net sum' so to speak, and its evolving potential. Walking the journeys of life, some call sojourns, brings direct experience and a measure of ownership. The True Nature records all of this as it evolves as well. True Peace finds no condemnation of the diversities of life, but understands them and their role in Life's tapestry. The net result of life is beyond wisdom and experience, which words cannot describe, but the evidence of it is the life that you can. So the larger view we speak of renders perspective for all that it contains. Namaste.

### **5. Physical and non-physical networking**

Sept. 19, 2017 B

JANU: The term 'domain name' comes to mind, relating to those of the Internet set. Each one has a 'domain name' in their nature identifying their human journey. A domain name is unique to the individual. It can be read by anyone, but not altered. The integrity of the domain name is maintained by the authority for it, which is your True Nature. The domain can receive messages and deliver them. The domain can be added to, modified, enriched, and intentionally blocked to whatever degree from time to time. The Internet is a reflection of a part of the larger life of being and communicating.

Corruption is not a viable reality, but can appear to be so in the realm of human consciousness subject to fears, misperceptions, misdirection, abuse, psychiatric and physical illness. So true identity, true domain reality for each one can always be returned to for restructuring, reorganization, rejuvenation of the human consciousness, the human psyche, and physicality. The natural equivalent of the Internet has many more capabilities and is changing and evolving.

The reason we refer to this is so that many can relate to the larger life, of which the incarnate life is a reflection, in some ways. There is networking, our brother, in non-physical reality beyond time/space. But even there integrity is respected, for without this

chaos would ensue. Eventually, technology in the human experience will render the physical Internet a place of integrity, especially as humans awaken and discover their own. Once again, the benefit of awakening to the larger life. Namaste.

## **6. Life beyond time/space**

Sept. 20, 2017

JANU: Important is the significance of the human journey as it pertains to the expansion of consciousness. Scattered through the universe, incarnate beings exist beyond number. Yes, there are clusters of them in some areas, but most are widely spread, some distance from each other. Humanity is such a one. As consciousness evolves, distance becomes more irrelevant where connection is made, understanding and experience shared, and diversity of life more and more revealed.

Humanity's contribution to this, in its potential, is the quest for brotherhood. Grouping for mutual benefit and strength through diversity are human hallmarks. The seeming isolation between worlds presents a challenge. A challenge embraced by humanity. Distance as a function of time/space is overcome by awakening to the journeys of the larger life. Humanity has these abilities, when awakened to them, taking exploration and wisdom gaining to higher levels.

Humanity's achievements in this direction will be a catalyst for many worlds moving in this direction. Everything will change. As the nations of the Earth fight each other for dominance, physically, economically, grouping will dominate these petty differences as a model for joining other worlds. In the journeys of consciousness, the technology, so-called, of consciousness will contribute to discoveries more rapidly than physical technology.

The distances and their challenges between worlds finding common ground and experience has its purpose. There are alternatives to these physical distances and the challenges they present when employing more of the True Nature. Once again, the need for the awakening of humanity to take a larger view of resources yet to be discovered. Not created so much as discovered and employed. Many possibilities exist beyond a time/space perspective. Only one among many that coexist. And the human consciousness and its larger reality has access.

The human journey and experience is not the beginning of everything, but a step along the way. The True Nature is a wider, larger reality of who you are. Expand your time/space perspective of life to include this and enjoy the discoveries. Namaste.

## **7. More on a larger perspective**

Sept. 20, 2017 B

JANU: We are continuing, as we may, a diatribe on the evolution of life. What sustains it? Does it have a beginning? And is there reality larger than it?

What we see here is an addressing of that which belongs to the arcane of the arcane, reaching into the depths of non-being. You might ask, "Why explore this?" The reason, our brother, is that even-mindedness is useful when observing and experiencing Life's many diversities and apparently or seemingly counter-productive realities that include violence and suffering. How can all of these coexist: self-destruction, regeneration, creativity? And what is love? Does it play a role in the activities, consciousness and perspective, the creations of everyone and everything? And is the role different somehow in non-physical realities?

Life is discovering the answer to these questions through its creations. All this observed, recorded, and continued by choice within the parameters of each existence. For

life is designed to continue, to manifest everything no matter the reality. Awakening to the larger life is a journey into the reason for the questions and the answers, as even they evolve. Everything plays a role in the Tapestry of Life and then moves on, to play another role.

As we journey these many realities, our brother, find peace in their existence. A peace that allows, understands, and serves everything. And yes, every no-thing. Namaste.

## **8. Understanding integrity**

Sept. 21, 2017

JANU: What is integrity, then, that sustains the evolution of life, its infinite diversities and levels of reality? Integrity is a sustaining of pattern, life patterns. Even though they evolve and change, they have integrity. As your thoughts change, your mind has integrity and it evolves as well, you see. Even the illusion of stasis has integrity. The wind is changing constantly, but it is still wind.

So how does integrity relate to your own consciousness and being? Life in motion is the pulse of life, change, evolution, re-creation, rejuvenation, modification, but it is still life. And where does that integrity come from? What is its origin, not as a beginning but as an ongoing presence? Without integrity, what would you build upon as a co-creator? The universe has integrity. With all of its changes, destructions, and re-creations, it is still the universe. When a person, a human, explores life, stumbling and falling, rising again, even if this means death and rebirth, integrity allows this to be. So it is with your True Nature. Its integrity is the foundation for incarnation, but the integrity of this is in combination with, cooperation with, the integrity of the Earth, of which the physical body is part.

So, you see, our brother, integrity is everywhere and all-important. Your life expresses integrity, which gives it meaning and purpose. This is why all of life, all of its creations, all of its expressions, interactions, are allowed. It is the fundamental integrity of life to be and become. Integrity is everywhere, every when, every reality.

Let this understanding guide your decisions, your relationships, your self-love, your caring for another. Namaste.

## **9. More on awakening**

Sept. 22, 2017

JANU: Unencumbered by limited perception, these journeys portray life in a larger way. Human consciousness, for the most part, has a perception of life limited to physical reality with hints of something more. These journeys partake of what brings the consciousness and perceptions of life into realities that shine light upon the truth of the existence of physical life. Possibilities many would call 'magic' are commonplace in larger realities of life.

Seeing life and identity in a larger way brings about many changes. One of the most important is that existence is not limited to the life span of a physical body. One moves beyond this perception; the mind entertains ongoing existence. Putting the sojourn in this perspective makes life planning, decision-making, and a sense of importance or significance revealed in new ways.

The conflicts in the world are seen for what they are. Solutions become apparent, otherwise seen as impossible. Difficult for those identified with the conflicts. The schism between religions and their philosophies and the issues of society can be overcome, both being the products of unenlightened human identity consciousness. All of these created

by people. Yet all of these live with the truth within them, but so identified with old patterns that the truth of their own natures are unknown to them.

Awakening is so important, our brother. It changes everything. Expanding your identity to perceive a larger life is rich beyond measure. So these journeys, you see, will continue to put the attention towards awakening. Namaste.

### **10. Choosing the larger life now**

Sept. 25, 2017

JANU: We are overcoming, if you will, the illusions, diversions, the deceptions, the distractions of incarnate life, for the true peace of the presence of the larger life and True Nature. Many consider that so-called physical death is a release from these. Yes and no, our brother, for the consciousness is imprinted and until it recovers from these disturbing influences, these patterns, their imprint continues until processed. The notion that suicide is an escape from a troubled life is an over-simplification of the transition process. Awakening assists greatly in resolving these issues while incarnate, making for a more trouble-free transition, even conscious transition, pain-free, a journey into Light.

So, you see, a journey of this nature can begin while incarnate. Replacing these troublesome patterns with ones that are joy-filled, the identity transforms from 'troubled human' to 'free and solid being' embracing the love of life. Choosing, then, is always the prerogative. Knowing what to choose, our brother, is revealed through awakening. Human suffering, conflict, is not the way of the larger life. It only continues by choice, and ignorance.

So embrace the larger life through awakening, even now. Change the imprint in the consciousness, for you do take that with you, to varying degrees. Live in the Light even while incarnate. The afterlife does not require transition. Merge the two into one through awakening. Namaste.

### **11. The collective genius of humanity**

Sept. 25, 2017 B

JANU: We are portraying for you, if you will, the scenario of heredity. The dreams and hopes and visions of so many will coalesce into a future quite unlike the entanglements of the moment. Part of the key to this is the awakening of humanity to their true power, their true genius, their capabilities as co-creators led from within, creating from that wisdom their destiny.

Many are concerned as to the future of humanity's existence on another world. With time and distance being insurmountable, there is more than one way to travel, you see. Humanity has the potential to overcome these physical realities, but moving to another world to start over, so to speak, is not the reprieve anticipated. Awakening is. Where will you find the wisdom to make these changes successfully? You will find it within you, the larger you that already knows your potential. Researching existence only within the framework of time/space will limit you to it. Reality is so much larger than that.

Humanity has all the resources it needs from the Earth to create a bright future, once it awakens to use those resources more wisely. What seems like insurmountable obstacle can turn around in a moment when a different path is understood and a more conscious humanity moves with it. Life patterns do not have to run their course, so to speak. They can be replaced with a vision and understanding of a better way. The collective genius of humanity awaits. Namaste.

## **12. The Saints of old**

Sept. 26, 2017B

JANU: We are then welcoming that which belongs to the saints of old, meaning their adopted parentage. By this we mean that which they all had in common: the tradition of serving life, enriching it, honoring it. These saints were not the only ones pure in heart and awakening consciousness, for many followed their lead but were unknown to society, to the Church, to those who were not of such consciousness. Turning your attention to the larger life with humility, commitment, while at peace brings about this change in consciousness. The divinity they served was the truth within that they owned by experiencing it directly. They served life not for reward but because it became their nature. Their Family of Life is vast and eternal; associations while incarnate are of the moment.

Humanity is headed in this direction, our brother. It will leave ignorance behind for a more profitable life. Humanity's quest for riches is a no-thing, for there is no intrinsic value. Prosperity is seen quite differently.

The churches honor these but do not own what they experienced. Male and female have passed this way, and will again, for they continue to evolve. Those who struggle to survive and at times succumb will find their peace and be lifted by those who are the Family of Life. Namaste.

## **13. Touching life patterns**

Sept. 27, 2017

JANU: We are encouraging then at this time the prolonged alignment with that which precipitates encounters with other life forms. By this we mean an openness to the patterns of life that exhibit consciousness and contribution to the flow of life. Life patterns have origins, our brother, and so do humans, including their True Natures. Awakening includes this.

When attuning to this reality, the awareness begins with essential nature of these patterns. The form follows in the experience. The life patterns are fluid and take many forms, sometimes simultaneously. So, while attuning to a form it can be a fleeting experience for the patterns we speak of are, in part, beyond time/space. So how does one perceive the essential nature of a life pattern? By touching it with your own, our brother. Whenever one pattern embraces or engages another, there is communication. There is an exchange of awareness. Let not your perception be limited by the human perception that is limited by physical form for there to be meaning and understanding.

Touching life patterns in this way quickens and awakens your consciousness so that the depth of perception becomes more complete. Sensing the presence of another not physically present is a beginning. The same is true for sensing the presence of a truth or reality in understanding beyond evidence of any source. Touching life patterns from this liberated point of view reveals reality far richer than living without this.

So, as a more conscious being touch other life patterns, including your own. Begin slowly, our brother. Namaste.

## **14. A cosmic change in human consciousness**

Sept. 28, 2017

JANU: We are assembling then at this time the notion that humanity is preparing for an apocalyptic event but mostly unaware of this. The event constitutes a cosmic shift in the perception of life. Parochial notions, perceptions, limited to daily human endeavor is going to change dramatically into the universal presence of life and interconnectedness,

personally and collectively. At first, humanity—its leaders and groups—will be confused as to beneficial response. In other words, not knowing what to make of it.

Be assured, our brother, this major change will settle down into a new perspective on life that will open the door to greater harmony and collaboration between the many elements of society. The seeming foolishness of so many in governments is the death-knell of so many misperceptions. Clarity comes from awakening, which is not born of limited and conflicting life. Humanity's consciousness is responding to a catalyst from within, connected to the larger life which is ever changing.

### **15. Evolving identity**

Sept. 29, 2017

JANU: Elevating the consciousness above and beyond the clatter and distractions of the moment paves the way for clearer communication. Not to ignore the elements of living, but to put them into perspective. Choosing, then, the reality you experience is not denial of other realities, but brings clarity to the moment, allowing for intent to be focused and engagement to be more pure. Let us proceed then in this moment of choice as we begin to announce the overtures of peace made by the assemblage from the larger life.

Humanity is destined for changes as other realities of living come to the fore. Identities will be shifting to a larger reality of being, opening the way to more profound perceptions as to the nature one is. The new possibilities and capabilities will be revealed. Life is a continuous process, not to remain stuck, so to speak, but in motion. Humanity is and will be evolving. The nature of identity is shifting. Limitations of perceptions of appearance, of differences, stature, race, intelligence will become far less important. Perceptions of the True Nature of each other will replace these limited perceptions. Mutual caring and respect and honoring of each one's abilities will take their rightful place in society.

The evolution of the elements of society is the result of the evolution of consciousness and the many characteristics of awakening. This vast resource from within is being discovered and put into play. Even the perceptions of what is important in your life are changing. "Who and what am I?" is the question of the moment. No one can answer this for you, except the Truth of who you are. Are you listening? Namaste.